

Our Lady of Lourdes Church and School

A Catholic Tradition in the foothills of Los Angeles since 1920



March 15, 2026

Pastor

Fr. Rolly Astudillo
☎818-352-3218 x 103
✉frolly106@gmail.com

Deacons

Dn. Mar Enriquez
☎818-802-1639
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Dn. Ramon Villaseñor
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In Residence

Fr. Jiwan Kim
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Mass Schedule

Saturday Vigil Mass
5:00 pm (English)

Sunday Mass

7:00 am (English)
8:30 am (Spanish)
10:30 am (English)
12:30 pm (English)

Daily Mass

Monday through Thursday
7:45 am
Friday: 8:30 am

Parish Office Hours

Monday through Friday
8:30 am - 1:00 pm
2:00 pm - 5:30 pm

Saturday and Sunday

8:00 am - 12:00 pm
✉ollenriquezy@gmail.com
☎818-352-3218

Church Location

7315 Apperson St
Tujunga, CA 91042

Office Location

7344 Apperson St
Tujunga, CA 91042

OLL School Office Hours

✉officemanager@olltujunga.org
☎818-353-1106

Adoration and Benediction

First Fridays after 8:30 am Mass

Reconciliation

Saturdays: 3:45 pm - 4:45 pm

Rosary

After Daily Mass

Baptism and Marriages

Please call the Parish Office
☎818-352-3218

Fourth Sunday of Lent

First Reading:

1 Samuel 16:1b.6-7.10-13a

Responsorial Psalm:

Psalm 23

— The Lord is my shepherd, there is nothing I shall want

Second Reading:

Ephesians 5:8-14

Gospel:

John 9:1-41

We welcome once again our Elect for full communion in the Church at this Mass in the Rite of Scrutiny as we walk with them until Easter Time.

I traveled a lot when I was a younger priest giving retreats, conferences, and assemblies for young people and lay ministers. And on my travels, the staff would come along with me.

We are all on our journey and Lent is a Lenten journey for all of us, and especially for our Elect who will be receiving the Sacraments of Initiation: Baptism, Eucharist, and Confirmation. In this second scrutiny, I hope that there will be a real entry into the preparatory stage for the final celebrations when they will be baptized or receive Holy Communion and be Confirmed.

In today's Gospel reading, we have the journey of a man born blind who wanted to see Jesus. In the course of the encounter, the apostles were involved and the Jewish people or crowd were there too. Considering all those involved, the blind man, the apostles, and the people, not only was there one blind man but also three other groups who had some blindness in them: the apostles, the people, and the Pharisees.

The apostles. They were blind because they asked Jesus: "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither he nor his parents sinned; it is so that the works of God might be made visible through him. Instead of asking the more important question -- How can we help this blind man? -- they were looking for someone to blame: who sinned? This blind man or his parents.

The Jewish people believed that sickness is a punishment for sin, or the man born blind was punished for the sins of the parents. Jesus rejects both positions.

The Neighbors. Even though they witnessed that it was Jesus who cured the blind man, they refused to say it was Jesus. This was because they feared being expelled from the

synagogue by the Pharisees. They were afraid to say that this man was cured by Jesus Himself whom this blind man considered as a prophet.

The Pharisees. They also refused to acknowledge that Jesus had performed the miracle of restoring sight to the blind man. They suspended their belief because of their prejudices and biases against Jesus. Instead, they called Jesus a sinner because He violated the law of the Sabbath. So, they were already blind to the truth because of their dislike for Jesus.

The blind man, who was cured by Jesus because of his faith and trust in Jesus, could see with his heart. The other three could only see with their eyes but not with their hearts because fear, prejudices, biases, and their own selfish interests blinded them.

We all can have two different kinds of blindness: physical blindness as represented by the blind man himself and spiritual blindness as we see in the apostles, the parents, relatives, and friends of the blind man, and the Pharisees.

The blind man was always prepared to say, "I do not know" and this acknowledgement enabled him to look towards Jesus as the giver of true light.

We may still have a lot of questions to ask, and maybe, we don't have all the answers to those questions. It takes time to see everything clearly, to understand everything well. As Jesus was patient with the people of his time who asked questions and whose eyes were slowly opened to the truth, let us be just as patient, and we will find ourselves like the man in the Gospel who, when he was able to see, said to Jesus, "I do believe Lord," and worshiped him.

In Lent, we are all invited to redirect our hopes -- pinned in our own confident knowledge and self-trust, where God hardly has a place-- to a ready admission of our need to keep on praying, "Lord, that I may see." ❖

**Cast into the Deep
Take Up Your Cross
Deacon Ramon Villasenor**

In life, everyone needs a push to begin any project or set a goal. Likewise, in our spiritual lives, we need a push to make a change, to leave behind the old "SELF" and begin living with the new "SELF" we all received on the day of our baptism. And during each Lenten season, the Lord invites us to commit to these changes, to become the light of the world and the salt of the earth, to continue the work that Jesus began and entrusted to every Christian on earth.



And in this Lenten season, He extends that same invitation to us again in the Gospel of Luke (Chapter 9, Verses 23-25). There we find the impetus we need to begin the change He asks of us. Jesus tells us, "If anyone would come after me, let him deny himself and take up his cross daily and follow me." Many of us believe that carrying our cross each day is a symbol of pain and suffering, but Jesus explains it differently, speaking with a clarity that shakes us to our core. Jesus doesn't soften the path, nor does He disguise it.

He doesn't promise an easy life. From the beginning, He speaks to us with the truth, following Him implies the cross, it implies surrender, it implies renunciation, but it also implies true life. These words spoken by Jesus were not only for the disciples of that time; they are words intended for us too, for our time, for our concrete lives, to make positive decisions. Jesus looks at us and asks us silently, yet forcefully, "What are you doing with your life? For whom are you living? What are you truly seeking?"

Brothers and sisters, denying oneself doesn't mean despising oneself, but rather ceasing to put oneself at the center. Carrying the cross isn't about seeking pain, but about lovingly embracing the reality we face. Following Jesus isn't about fleeing the world, but about learning to live it differently. These words of Jesus should touch the heart of every person because they confront us with our priorities. We live in a world that tells us to take care of ourselves first, to think only of ourselves, to seek our comfort, to avoid suffering. And Jesus tells us the opposite: surrender, love, serve, trust.

Not because He wants to take something from us, but because He knows that only in this way can we find true life. Jesus also invites us to look at our daily crosses—not the grand and heroic ones, but the small ones: weariness, illness, difficult work, worry about our children, loneliness, misunderstanding—crosses that no one applauds, but that shape our hearts. We fail to see all of this as crosses in our lives because we live amidst haste, responsibilities, and pressures.

This Lent, Jesus invites us once again to pause and consciously choose our path—not a comfortable one, but a meaningful one, not a path of selfishness, but one of self-giving. Brothers and sisters, those who carry their cross with Jesus discover that the cross is not the end, but the step toward new life. Therefore, this Lent, let us allow Jesus to continue asking us: Are you willing to follow me? Are you willing to entrust your life to me? ❖

Parish News



News Briefs



LENT 2026

- 20, 27 STATIONS OF THE CROSS**
6PM English, 7PM Spanish
- 20, 27 K of C Fish Fry 5:30 to 7:30**
- 3/29 PALM SUNDAY** Normal Mass schedule
- 4/2 HOLY THURSDAY / JUEVES SANTO**
Mass of the Lord's Supper / Misa de la Cena del Señor. 7PM. Reposition of Blessed Sacrament following Mass.
- 4/3 GOOD FRIDAY/ VIERNES SANTO 1:15PM.** Stations of the Cross followed by the Celebration of the Lord's Passion
7PM Celebración de la Pasión del Señor
- 4/4 HOLY SATURDAY/ SÁBADO SANTO** Easter Vigil/Vigilia de Pascua 7:30 PM. (No confessions)
- 4/5 EASTER SUNDAY/ DOMINGO DE PASCUA.** Normal Mass schedule.

Around campus...

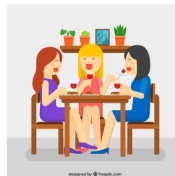
- 3/ 15 OCIA Scrutiny @ 10:30a Mass**
Confirmation Yr -1 @ 10:00a
School Mass 10:30 AM
- 3/ 16 Bingo** Doors open at 5:30P
- 3/ 20 Stations 6P Eng / 7P Span**
K of C Fish Fry 5:30 to 7:30P
- 3/ 21 Baptism Spanish 10:00 A**

A LOOK AHEAD

- 3/ 22 OCIA Scrutiny @ 10:30 AM**
Mass
Confirmation Yr -1 @ 10:00 AM
School Mass 10:30 AM
- 3/ 23 Bingo** Doors open at 5:30P
- 3/ 27 Stations 6P Eng / 7P Span**
K of C Fish Fry 5:30 to 7:30P
- 3/ 28 Edge Retreat 9:00 a—6p**

Join the Seniors 55+ Group (for single, separated, divorced and widowed women) on Saturday, March 28 for the 5PM Mass followed by dinner at a local restaurant. Meet at the hospitality patio at 4:50 p.m.

Call the parish office and leave your name, email and phone number before March 26 so we know how many to expect for dinner.



Mass Intentions

March 14-- to March 20, 2026

Saturday March 14 5:00 pm
Esperanza P. Tan †
Eleanor Calma †
Maria Bertha Maestas †
Andres Narciso †--*1st Death Anniversary*
Myra Limgenco-Simon--*Birthday Blessing*
Linda S. Santos--*Birthday Blessings*

Sunday March 15 8:30 am
Floriberta Rojas Gonzalez †
10:30 am
Veronica Brescher †
Esperanza P. Tan †
Apolinario Gerardo †--*Death Remembrance*
Angelo Aguiluz--*Spiritual Healing*
Patricia Lambengco--*Birthday Blessing*
12:30 pm

John LaForce †
Andres Narciso †--*1st Death Anniversary*
Daniel--*Spiritual Enlightenment*
Elisa Francisco--*Healing & Strength*
Fr. Rolly--*Birthday Blessing*

Monday March 16 7:45 am
Catalino † & Carmen Dizon †

Tuesday March 17 7:45 am
Stevenson Lising †--*Death Anniversary*
Daniel--*Spiritual Guidance*
Miguel Calleja--*Birthday Blessing*

Wednesday March 18 7:45 am
Benjamin Gomez †
Guadalupe Aguirre †--*Death Anniversary*
Allen Rose--*Birthday Blessing*

Friday March 20 8:30 am
Dr. Leoncio & Purificacion Cunanan--
50th Wedding Anniversary

**“Not as man sees does God see,
because man sees the
appearance but the LORD looks
into the heart.”**

1Samuel 16:7

From Scripture to life... When have I relied only on “seeing with my eyes” rather than “seeing with my heart”?

**Our Lady of Lourdes...
Pray for Us!**



The new schedule for the Spring 2026 season is now available. See the Flyer on page 16 for details.

Children and healthy relationships



Ideally, children should know what healthy relationships look like in their own lives. This example is important for them to learn how to develop their own relationships. Children need to know that everyone has the right to feel safe and respected, and that violence and abuse are never okay in any relationship or interaction. Safe adults can talk about the importance of respect and kindness, and model that in their own relationships to show children how to navigate friendships, conflict, and other interactions. For more information, read the VIRTUS® article “Domestic Violence: Part 2” at lacatholics.org/did-you-know.

Read the VIRTUS® article “Domestic Violence: Part 2 here.

Papal intentions for March

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Por el desarme y la paz

Oremos para que las naciones avancen hacia un desarme efectivo, en particular el desarme nuclear, y para que los líderes mundiales elijan el camino del diálogo y la diplomacia en lugar de la violencia..



It's LENT—What are you going to give up?

A good ol' Catholic tradition if ever there was one! As kids, the "go to" was to give up chocolate, as adults (years ago) smoking, or maybe booze. All are fine things to give up, and we encourage such actions to help keep our focus on the *penance, prayer and almsgiving*, spirit of Lent. But may we suggest taking your Lent up a notch: how about travelling with Christ as he struggles up to Calvary by attending the Stations of the Cross every Friday (6PM English or 7PM Spanish). This is an excellent adjunct to your prayer life; or maybe making your almsgiving matter more by giving for the first time or increasing your pledge amount to *Together in Mission*. Try it, you'll like it!

Fasting and Feasting Prayer

Fast from judging others; feast on Christ within in them.

Fast from emphasis on difference; feast on our bonds

Fast from fear of illness; feast on the healing power of God.

Fast from apparent darkness; feast on God's light.

Fast from words that cut down; feast on speech that uplifts.

Fast from gossip; feast on affirmations.

Fast from discontent; feast on gratitude.

Fast from pessimism; feast on hope.

Fast from anger; feast on patience.

Fast from negatives; feast on encouragement.

Fast from resentment; feast on forgiveness.

Fast from suspicion; feast on truth

Fast from self-centeredness; feast on compassion.

Fast from complaining; feast on appreciation

Fast from giving up; feast on enthusiasm.

Fast from the shadows of sorrow; feast on trust in God.

Fast from focusing on problems; feast on unceasing prayer.

Fast from anxiety; feast on faith.

"Para los católicos, la inmigración no es una cuestión política. Es una cuestión de nuestras profundas creencias religiosas". ~ Declaración del arzobispo Gómez sobre cuestiones de inmigración. Texto completo en la p. 21

"...porque yo no juzgo como juzga el hombre. El hombre se fija en las apariencias. Pero el Señor se fija en los corazones."

(1 Samuel 16,7)

De las escrituras a la vida...

¿Cuándo he confiado sólo en "ver con mis ojos" en lugar de "ver con mi corazón"?

Fasting and Abstinence for Lent:



Ash Wednesday and Good Friday are days of fasting and abstinence; All Fridays of Lent are days of abstinence.

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The age limit for fasting is from 18 to 59; for abstinence, anyone older than 14 years.

Stations of the Cross are every Friday during Lent: The English Stations of the Cross is at 6:00 pm and the Spanish Via Crucis is at 7:00 . Everyone is encouraged to participate.

Join us for Our Lady of Lourdes Fish Fry Dinner with menu and pricing for all ages and appetites! Now also serving Fish Tacos! Clam Chowder and delicious desserts are also available with separate pricing, supporting our Youth Ministry and Catholic Daughters' charitable programs. For the kids we have our usual FREE Make and Take Crafts.

Come bring your family to be a part of our family. 6 Fridays starting February 20 from 5:30-7:30pm



Our Lady of Lourdes Parish Hall
10275 Tujunga Canyon Blvd,
Tujunga CA 91042

See the flyer on page 11 for pricing and menu selection.



Prayer for Peace

Heavenly Father, in the name of Jesus, through the intercession of Mary, bless us with peace in the world — where there is war, violence, and conflict, especially in Ukraine and in the Middle East. Bless us with peace in our hearts and help us to be instruments of your peace. Amen.

Are you, like so many of us, hooked on Star-buck's? You can drop \$5 per trip, plus tax and tip.

May we suggest brewing your own coffee at home twice a week and putting that \$10 per week toward the *Together in Mission* appeal. That would translate into \$40-45 per month or \$540 per year. That would be an excellent amount to pledge, if you've never participated before, and today is an excellent day to pledge!



Parish Stewardship:

Collections for the Month of February:

1st Week (2/1)	\$ 8,513
2nd Week (2/8)	\$ 7,289
3rd Week (2/15)	\$ 7,844
4th Week (2/22)	\$ 9,690
TOTAL	\$ 33,337

Incl Ordinary Sunday Collections and Holy Days.

Los niños y las relaciones saludables



Lo ideal sería que los niños supieran cómo son las relaciones saludables en sus propias vidas.

Este modelo es importante para que

aprendan a desarrollar sus propias relaciones. Los niños deben saber que todas las personas tienen derecho a sentirse seguras y respetadas, y que la violencia y el abuso nunca están bien en ninguna relación o interacción. Los adultos seguros pueden hablar sobre la importancia del respeto y la amabilidad, y dar ejemplo en sus propias relaciones para mostrar a los niños cómo manejar las amistades, los conflictos y otras interacciones. Para más información, lea el artículo de VIRTUS® "Violencia doméstica: Parte 2" (Domestic Violence: Part 2) en lacatholics.org/did-you-know.

[Lea el artículo de VIRTUS® "Violencia doméstica: Parte 2" \(Domestic Violence: Part 2\) aquí.](#)

**Nuestra Señora de Lourdes,
¡ORA POR NOSOTROS!**

Ayuno y Abstinencia de Cuaresma:



El Miércoles de Ceniza y el Viernes Santo son días de ayuno y abstinencia; Todos los viernes de Cuaresma son días de abstinencia.

Cuando se ayuna, a una persona se le permite comer una comida completa, así como dos comidas más pequeñas que juntas no equivalen a una comida completa. El límite de edad para el ayuno es de 18 a 59 años; por abstinencia, cualquier persona mayor de 14 años.

El Via Crucis es todos los viernes durante la Cuaresma: en inglés a las 6:00 pm; en español a las 7:00 pm. Se anima a todos a participar.



Acompáñenos a la Cena de Pescado Frito de Nuestra Señora de Lourdes

con menú y precios para todas las edades y gustos. ¡Ahora también servimos tacos de pescado! También ofrecemos sopa de almejas y deliciosos postres con precios aparte, para apoyar a nuestros programas benéficos del Ministerio Juvenil y de las Hijas Católicas. Para los niños, ofrecemos nuestras manualidades para hacer y llevar GRATIS.

Venga y traiga a su familia a formar parte de nuestra familia. 6 viernes a partir del 20 de febrero, de 5:30 p. m. a 7:30 p. m.

Nuestra Señora de Lourdes
Salón Parroquial
10275 Tujunga Canyon Blvd,
Tujunga, CA 91042

Consulte el folleto en la página 11 para conocer los precios y la selección del menú.

Es CUARESMA: ¿A qué vas a renunciar?

¡Una tradición católica de las buenas! De niños, lo ideal era dejar el chocolate; de adultos (ya pasaron los años), dejar de fumar, o quizás el alcohol. Todas estas cosas son buenas, y te animamos a que hagas esto para mantenernos enfocados en *la penitencia, la oración y la limosna*, el espíritu de la Cuaresma. Pero te sugerimos llevar tu Cuaresma a un nivel superior:

¿qué tal acompañar a Cristo en su camino hacia el Calvario asistiendo al Vía Crucis todos los viernes (6pm en inglés o 7pm en español)? Este es un excelente complemento para tu vida de oración; o quizás para que tu limosna sea más significativa donando por primera vez o aumentando tu donación a Unidos en Misión.

¡Pruébalo, te encantará!



When the Well Runs Dry

OLL Lenten Retreat
Fr, Raymond Decipeda, MMHC,

Last Saturday, on Feb 28, we had our annual OLL Lenten retreat featuring Fr. Raymond Decipeda, MMHC, pastor of St. John of God as our speaker. It was a very enlightening and spiritually uplifting morning punctuated by music, singing, and signing.

Why do we go through Spiritual Dryness and what do we do about it?

If you missed the retreat here is live stream of the first talk:

<https://www.facebook.com/StJohnofGodCatholicChurchNorwalk/videos/3090362261161338>

Also check out the brochure handed out at the retreat, The "Examination of Conscience" on pp 18-19 (English and Spanish) or click the link below for the complete brochure

<https://fathersofmercy.com/wp-content/uploads/2018/02/US-English-8.5-x-11.pdf>

<https://fathersofmercy.com/wp-content/uploads/2018/02/Spanish-8.5-x-11-.pdf>



Oración de ayuno y fiesta

Ayuna de juzgar a los demás; deléitate en Cristo dentro de ellos.

Ayuna de enfatizar la diferencia; deléitate en nuestros vínculos.

Ayuna del miedo a la enfermedad; deléitate en el poder sanador de Dios.

Ayuna de la oscuridad aparente; deléitate en la luz de Dios.

Ayuna de las palabras que deprimen; deléitate en palabras que elevan.

Ayuna de los chismes; deléitate en afirmaciones.

Ayuna del descontento; deléitate en la gratitud.

Ayuna del pesimismo; deléitate en la esperanza.

Ayuna de la ira; deléitate en la paciencia.

Ayuna de la negatividad; deléitate en el ánimo.

Ayuna del resentimiento; deléitate en el perdón.

Ayuna de la sospecha; deléitate en la verdad.

Ayuna del egocentrismo; deléitate en la compasión.

Ayuna de las quejas; deléitate en el aprecio.

Ayuna de la rendición; deléitate en el entusiasmo.

Ayuna de las sombras de la tristeza; deléitate en la confianza en Dios.

Ayuna de enfocarte en los problemas; deléitate en la oración incesante.

Ayuna de la ansiedad; deléitate en la fe.



IV Domingo De Cuaresma**Primera Lectura: 1 Samuel 16, 1. 6-7. 10-13****Salmo Responsorial: Salmo 23***– El Señor es mi pastor, nada me falta.***Segunda Lectura: Efesios 5, 8-14****Evangelio: Juan 9, 1-41**

Damos una vez más la bienvenida a nuestros Elegidos para la plena comunión en la Iglesia en esta Misa durante el Rito de Escrutinio, mientras caminamos con ellos hasta el Tiempo de Pascua.

Viajé mucho cuando era un sacerdote joven, impartiendo retiros, conferencias y asambleas para jóvenes y ministros laicos. Y en mis viajes, el personal me acompañaba.

Todos estamos en nuestro camino, y la Cuaresma es un camino cuaresmal para todos, y especialmente para nuestros Elegidos, quienes recibirán los Sacramentos de Iniciación: Bautismo, Eucaristía y Confirmación. En este segundo escrutinio, espero que se inicie la etapa preparatoria para las celebraciones finales, cuando serán bautizados o recibirán la Sagrada Comunión y serán Confirmados.

En el Evangelio de hoy, narramos el viaje de un hombre ciego de nacimiento que deseaba ver a Jesús. Durante el encuentro, estaban ahí los apóstoles y la multitud judía. Considerando a todos los involucrados, el ciego, los apóstoles y el pueblo, no solo había un ciego, sino también otros tres grupos con cierta ceguera: los apóstoles, el pueblo y los fariseos.

Los apóstoles. Estaban ciegos porque le preguntaron a Jesús: “Maestro, ¿quién pecó para que éste naciera ciego, él o sus padres? Jesús respondió: Ni él pecó ni tampoco sus padres. Nació así para que en él se manifestaran las obras de Dios”. En lugar de preguntar la pregunta más importante - ¿Cómo podemos ayudar a este ciego? – buscaban a alguien a quien culpar: ¿quién pecó? ¿Este ciego o sus padres?

El pueblo judío creía que la enfermedad es un castigo por el pecado, o que el hombre nacido ciego fue castigado por los pecados de sus padres. Jesús rechaza ambas posturas.

Los vecinos. Aunque presenciaron que fue Jesús quien curó al ciego, se negaron a decir que fue Jesús. Esto se debía a que temían ser expulsados de la sinagoga por los fariseos. Tenían miedo de decir que este hombre fue curado por el mismo Jesús, a quien este ciego consideraba un profeta.

Los fariseos. Ellos también se negaron a reconocer que Jesús había realizado el milagro de devolverle la vista al ciego. Suspendieron su creencia debido a sus prejuicios y aprensión contra Jesús. En cambio, lo llamaron pecador por violar la ley del sábado. Así que ya estaban ciegos a la verdad debido a su aversión por Jesús.

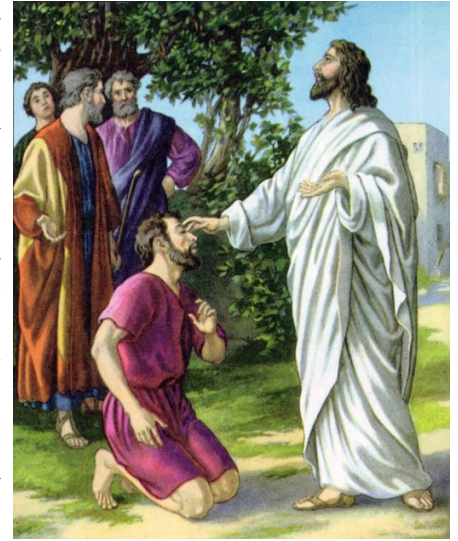
El ciego, que fue curado por Jesús gracias a su fe y confianza en Él, podía ver con el corazón. Los otros tres solo podían ver con los ojos, pero no con el corazón, porque el miedo, los prejuicios, su terquedad y sus propios intereses egoístas los cegaban.

Todos podemos tener dos tipos de ceguera: la ceguera física, representada por el propio ciego, y la ceguera espiritual, como vemos en los apóstoles, los padres, familiares y amigos del ciego, y los fariseos.

El ciego siempre estaba dispuesto a decir: “No sé”, y este reconocimiento le permitió mirar a Jesús como el dador de la verdadera luz.

Puede que aún tengamos muchas preguntas que hacer, y tal vez no tengamos todas las respuestas. Se necesita tiempo para verlo todo con claridad, para comprenderlo todo bien. Así como Jesús fue paciente con la gente de su tiempo que hacía preguntas y cuyos ojos se abrieron lentamente a la verdad, seamos igual de pacientes y nos encontraremos como el hombre del Evangelio que, cuando pudo ver, le dijo a Jesús: “Creo, Señor”, y postrándose, lo adoró’.

En Cuaresma, todos estamos invitados a redirigir nuestras esperanzas —basadas en nuestro propio conocimiento y confianza en nosotros mismos, donde Dios apenas tiene cabida— a una pronta admisión de nuestra necesidad de seguir orando: “Señor, que pueda ver.” ❖



Pescando en lo Profundo

Toma tu Cruz

Diácono Ramon Villaseñor

En la vida, toda persona necesitamos un impulso para comenzar cualquier proyecto o proponernos un propósito. Así también en nuestra vida espiritual necesitamos un impulso para hacer un cambio de vida, dejar atrás el viejo "YO" y comenzar a vivir con el nuevo "YO" que todos adquirimos el día de nuestro bautismo. Y en cada tiempo de cuaresma el Señor nos invita a proponernos esos cambios de vida, para convertirnos en luz del mundo y sal de la tierra para continuar la obra que Jesús comenzó y que encomendó a todo cristiano sobre la tierra.



Y en este tiempo de cuaresma, Él nos vuelve a hacer esa misma invitación, en el Evangelio de Lucas. (Cap. 9, Vers. 23-25) encontramos ese impulso que necesitamos para comenzar ese cambio que Él nos pide. Ahí, Jesús nos dice, ¡Si alguno quiere venir detrás de mí, niéguese a si mismo, tome su cruz cada día Y sígame! Muchos creemos que cargar con nuestra cruz cada día es símbolo de dolor, de sufrimiento, pero Jesús nos lo explica de otra manera, y nos habla con una claridad que estremece, Jesús no suaviza el camino, no lo disfraza.

No promete una vida fácil. Desde el inicio nos habla con la verdad, seguirlo implica cruz, implica entrega, implica renuncia, pero también implica vida verdadera, estas palabras dichas por Jesús no fueron solo para los discípulos de aquel tiempo, son palabras para nosotros también, en nuestros tiempos, para nuestra vida concreta, para tomar decisiones positivas, Jesús nos mira y nos pregunta en silencio, pero con fuerza, ¿qué estás haciendo con tu vida? ¿Para quién estás viviendo? ¿Qué es lo que realmente estás buscando?

Hermanos, negarse a sí mismo no significa despreciarse, sino dejar de ponerse en el centro, cargar la cruz no es buscar el dolor, sino asumir con amor la realidad que nos toca vivir, seguir a Jesús, no es huir del mundo, es aprender a vivirlo de otra manera, esas palabras de Jesús son las que deben tocar el corazón de toda persona, porque nos enfrentan con nuestras prioridades, nosotros vivimos en un mundo que nos dice cuídate primero, piensa solo en ti, busca tu comodidad, evita el sufrimiento. Y Jesús nos dice lo contrario, entrégate, ama, sirve, confía.

No porque Él quiera quitarnos algo, sino porque sabe que solo así se encuentra la vida verdadera. Jesús nos invita también a mirar nuestras cruces cotidianas no las cruces grandes y heroicas sino las pequeñas, el cansancio, la enfermedad, el trabajo difícil, la preocupación por los hijos, la soledad, la incomprensión, cruces que nadie aplaude pero que van formando nuestro corazón, todo esto no lo alcanzamos a ver como cruces en nuestra vida, porque vivimos en medio de prisas, de responsabilidades y presiones.

Jesús en esta cuaresma nos invita nuevamente a detenernos, y a elegir conscientemente el camino, no un camino cómodo sino un camino con sentido, no un camino de egoísmo sino de entrega. Hermanos y hermanas quien carga su cruz con Jesús descubre que la cruz no es el final, es el paso hacia la vida nueva. Por eso en esta cuaresma permitamos que Jesús nos siga preguntando, ¿estás dispuesto a seguirme? ¿estás dispuesto a confiarme tu vida?❖

Saint of the Week

March 17

St. Patrick, Bishop

<https://www.youtube.com/watch?v=6m9woDYcesE>



St. Patrick, the "Enlightener of Ireland," lived a life defined by radical forgiveness and relentless faith. Born in Roman Britain around 385 AD, his life was upended at sixteen when he was captured by pirates and sold into slavery in Ireland.

During six years of isolation as a shepherd, Patrick turned to prayer, finding a profound spiritual sanctuary in the midst of his suffering.

After escaping back to his homeland, he was called back to Ireland by a divine vision known as the "Voice of the Irish," where the people who once held him captive pleaded for his return. Patrick chose to answer this call with mercy rather than bitterness, eventually establishing his episcopal throne in Armagh in 444 AD.

He famously used the three-leaved shamrock to explain the Holy Trinity and is credited with banishing "snakes"—a metaphor for paganism—from the island. Today, his legacy stands as a testament to the transformative power of faith and perseverance.

Catholic Kids Bulletin



Attention Parents and Grandparents:

Catholic Kids Bulletins for you to use with your little ones in Church or at home are available every week in the side racks of the Church.

Pick one up today!"

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OLL live stream Mass is available on  **YouTube**

Saturdays at 5:00 PM in English and

Sundays at 8:30AM for Spanish Mass.

If you are unable to attend Mass in person or if you want to listen to the homily again, access the live streamed Mass. Simply visit our website and click on the "Live Stream" button on the homepage or go to www.youtube.com/@ollchurch.

March 2026

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1 Second Sunday of Lent	2 Monday of the Second Week in Lent	3 Tuesday of the Second Week of Lent	4 Wednesday of the Second Week of Lent	5 Thursday of the Second Week of Lent	6 Friday of the Second Week of Lent	7 Saturday of the Second Week of Lent Retreat (Spanish)
8 Third Sunday of Lent 10:30 - 1st Scrutiny (OCIA)	9 Monday of the Third Week of Lent	10 Tuesday of the Third Week of Lent	11 Wednesday of the Third Week of Lent	12 Thursday of the Third Week of Lent 7p Penance Svc	13 Friday of the Third Week of Lent	14 Saturday of the Third Week of Lent
15 Fourth Sunday of Lent (Laetare) 10:30 - 2nd Scrutiny (OCIA)	16 Monday of the Fourth Week of Lent	17 Tuesday of the Fourth Week of Lent	18 Wednesday of the Fourth Week of Lent	19 Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary	20 Friday of the Fourth Week of Lent	21 Saturday of the Fourth Week of Lent
22 Fifth Sunday of Lent 10:30 - 3rd Scrutiny (OCIA)	23 Monday of the Fifth Week of Lent	24 Tuesday of the Fifth Week of Lent	25 Solemnity of the Annunciation of the Lord	26 Thursday of the Fifth Week of Lent	27 Friday of the Fifth Week of Lent	28 Saturday of the Fifth Week of Lent
29 Palm Sunday of the Lord's Passion	30 Monday of Holy Week	31 Tuesday of Holy Week	1 (April) Wednesday of Holy Week	2 Holy Thursday-Evening Mass of the Lord's Supper Mass begins at 7:00p	3 Good Friday of the Lord's Passion Liturgy (Engl) starts at 1:15p Liturgy (Spanish) starts at 7:30p	4 Holy Saturday At the Easter Vigil in the Holy Night of Easter Easter Vigil Liturgy starts at 6:30p





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2026
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OUR LADY OF LOURDES
KNIGHTS OF COLUMBUS

FISH FRY

EVERY FRIDAY DURING LENT

FEB. 20, 27, MARCH 6, 13, 20, 27

5:30 – 7:30PM

10275 Tujunga Canyon Blvd.
Tujunga

Adults \$15
Juniors \$12
Kids \$10

Try a
FISH TACO!

ADULT PLATE \$15

2 Fish Fillets
French Fries
Cole Slaw
Salad Bar
Additional Fish Fillet \$3

JUNIOR ADULT PLATE \$12

1 Fish Fillet
French Fries
Cole Slaw
Salad Bar

KIDS PLATE \$10

1 Fish Fillet
French Fries
Cole Slaw

FISH TACOS

Turn your fish fillet
into a fish taco
(at no extra charge)
at the Taco Bar

CLAM CHOWDER BOWL

Sponsored by
OLL Youth Group

DESSERTS

Sponsored by
Catholic Daughters

COMPLIMENTARY Coffee and Punch

DRINKS - Water, Sodas, Beer, Wine & Spirits for purchase in Knights' bar.

Arts and Crafts Make 'n Take by Kathy Koch



A SPECIAL LENTEN ENCOUNTER NIGHT



TUESDAY, MARCH 18 7:00 PM

Join Deacon Augie and Praisephile Music Ministry
for a sacred hour of Adoration, accompanied by
uplifting music and peaceful reflection.

Come together in the presence of Jesus,
who teaches and guides us toward a transformative
experience in His kingdom through His wisdom,
love, and healing touch. All are welcome to participate
in this special time of worship and spiritual communion

• *God is Forgiveness*

St. Bede Catholic Church

215 Foothill Blvd.

La Canada, CA 91011

Forgiveness



Dominican
Sisters of Peace
Sisters and Associates
in Mission

OPPeace.org

FROM

Ashes

TO

Alleluia

A Lenten Journey Toward Reconciliation

Reflections, actions and prayers to accompany us on our Lenten Journey toward reconciliation, as we move towards repairing what is broken in ourselves, and then to mending our relationships. ***Click on any of the images to Enter the Journey***

Week 4: Reconciliation in Community

*Healing
is never
just personal.*



Dominican
Sisters of Peace
Sisters and Associates
in Mission

Lenten Action | Week 4

Listen deeply.

Learn one
new story.



Dominican
Sisters of Peace
Sisters and Associates
in Mission

Lenten Scripture | Week 4

“We have
been called to
heal wounds
and **unite**
what has
fallen apart.”

St. Francis of Assisi





Buy a Box. Support Our Cause.

Every box of See's Candies purchased through our Yum-Raising shop sends up to 50% profit back to our fundraiser and delicious, premium sweets right to your door. It's a win-win!



Treat yourself and support us!
Order HERE





OUR LADY OF LOURDES SCHOOL

Parent & Me Class

Infant– 4 years old
4 Week Program
Tuesdays
10 a.m. – 12 p.m.
March 3, 10, 17, 24

\$25 PER CLASS

A Bright Beginning for Your Child!

Join us for a special Parent & Me class designed for our youngest children and their caregivers. This joyful program offers a gentle introduction to school through play, music, stories, and simple prayer—all within a loving Catholic environment.

Why Choose Us

- Guided play & sensory activities
- Music & movement
- Story time & prayer
- Parent connection & community

Now Enrolling
Limited Spots Available!

For more information & registration:
www.ollschooltujunga.org





Spring 2026 Presentations

Friday, April 24, 7-9pm

Father Tim Grumbach

Who is the Holy Spirit?

How does the Holy Spirit work in our lives?

Friday, May 29, 7-9pm

Deacon Augie Won

What is Purgatory and the Church's Teaching on It?

Where is it in the Bible?

Friday, June 12, 7-9pm

Jose Pulido - Author

*How to Evangelize Anyone: Proven Skills and
Techniques That Make Bringing the Faith
to Others Easy and Enjoyable*

Knights of Columbus Meeting Room

(1/2 block south of OLL Church)

10275 Tujunga Canyon Blvd., Tujunga, CA 91042

Invite a friend! Snacks and adult beverages
available—or bring your own.

Scan QR code for upcoming topics and dates.



To RSVP, text the **TOT Coordinator** at **818-434-0714**
or email **OLLTheologyOnTap@gmail.com**

NO Theology On Tap during July and August

Our Lady of Lourdes School
presents

A Night of Glamour

Theme: Roaring 20s, The Great Gatsby

honoring

Tony & Candy Piscitelli

for the Helen Lund Community Excellence Award

Cocktails • Dinner • Dancing
Silent & Live Auctions

21 and older only

Saturday, 18 April 2026

Doors open at 6pm

Complimentary signature drink from 6-7pm

Knights of Columbus Parish Hall

10275 Tujunga Canyon Blvd

Tujunga, CA 91042

ollgala.com

EXAMINATION OF CONSCIENCE

- | | | | |
|--|---|--|--|
| <ul style="list-style-type: none"> ◇ Did I deny or doubt God's existence? ◇ Did I refuse to believe God's revelation? ◇ Did I believe in (or use) horoscopes, fortune telling, good luck charms, tarot cards, Ouija boards or reincarnation? ◇ Did I deny that I was Catholic? ◇ Did I abandon the Catholic Faith for any period of time? ◇ Did I fail to pray daily? ◇ Did I blaspheme God or take God's name in vain, curse or break an oath or vow? ◇ Did I miss Mass on a Sunday or on a Holiday of obligation through my own fault? ◇ Am I always reverent in the presence of the Most Blessed Sacrament? ◇ Was I voluntarily inattentive at Mass? ◇ Did I arrive at Mass late through my own fault? ◇ Did I leave Mass early? ◇ Did I do unnecessary servile work on Sunday? ◇ Did I disobey or disrespect my parents or legitimate superiors? ◇ Did I neglect my duties to my husband, wife, children or parents? ◇ Did I fail to actively take an interest in the religious education and formation of my children? ◇ Have I failed to educate myself concerning the teachings of the Church? ◇ Did I give a full day's work in return for a full day's pay? ◇ Did I give a fair wage to my employee(s)? ◇ Did I give scandal by what I said or did, especially to the young? ◇ Did I contribute to anyone's abandoning of the Catholic Faith? ◇ Was I impatient, angry, envious, unkind, proud, | <ul style="list-style-type: none"> jealous, revengeful, hateful toward others or lazy? ◇ Did I give bad example, abuse drugs, drink alcohol to excess, fight or quarrel? ◇ Did I physically injure or kill anyone? ◇ Have I had an abortion, or advised or supported an abortion? ◇ Did I participate in or approve of the grave evil known as "mercy killing," euthanasia or doctor assisted suicide? ◇ Did I attempt suicide or physically harm myself? Did I willfully entertain impure thoughts and desires? ◇ Did I dress immodestly or provocatively? ◇ Did I use impure or suggestive words? ◇ Did I tell impure stories or listen to them? ◇ Did I deliberately look at impure television, internet, plays, pictures or movies? ◇ Did I deliberately read or send impure material? ◇ Did I perform impure acts by myself (masturbation) or with another (adultery, fornication or sodomy)? ◇ Did I marry or advise another to marry outside of the Church? ◇ Did I abuse my marriage rights? ◇ Was I unfaithful to my marriage vows? ◇ Have I kept company with someone else's spouse? ◇ Did I practice artificial birth control or was I or my spouse permanently sterilized (tubal ligation or vasectomy)? ◇ Did I steal, cheat, help or encourage others to steal, cheat, or keep stolen goods? ◇ Have I made restitution for stolen goods? ◇ Did I deliberately fail to fulfill my contracts or to pay my bills? Did I give or accept bribes? Did I rashly | <ul style="list-style-type: none"> gamble or speculate or deprive my family of the necessities of life? ◇ Did I tell lies? Deliberately in order to deceive or injure others? (slander or calumny) ◇ Did I commit perjury? ◇ Did I vote in accordance with a properly informed conscience, in a way consistent with the teachings of the Church, in regard to the sanctity of marriage and of human life issues? ◇ Was I uncharitable in thought, word or deed? ◇ Did I gossip or reveal the faults or sins of others? (detraction) ◇ Did I fail to keep secrets that I should have kept? ◇ Did I eat meat knowingly on the Fridays during Lent or on Ash Wednesday? (Ages 14+) ◇ Did I fast as required on Ash Wednesday and Good Friday? (Ages 18-59) ◇ Did I fail to receive Holy Communion during the Easter Season? ◇ Did I fail to confess my sins at least once a year? ◇ Did I receive Holy Communion in the state of mortal sin? ◇ Did I receive Holy Communion without fasting for one hour or more from food and drink? (water and medicine are permitted) ◇ Did I make a bad Confession by deliberately not telling all the mortal sins I had committed? ◇ Did I fail to contribute to the support of the Church? ◇ Have I forgiven those who have hurt or harmed me or my loved ones? | <ul style="list-style-type: none"> his sins simply and forthrightly (if mortal sin, give kind and approximate number). 4. The priest will give you some advice and will assign you a penance. 5. The penitent will next pray the Act of Contrition (see prayer below). 6. The priest then gives the penitent absolution. 7. The priest will then say: "Give thanks to the Lord, for He is good." 8. The penitent responds: "His mercy endures forever." The priest will then dismiss you. 9. The penitent carries out the assigned penance. |
|--|---|--|--|

Act of Contrition

O my God, I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of Heaven and the pains of hell. But most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

Prayer After Confession

Almighty and Merciful God, Whose mercy is boundless and everlasting and of Whose goodness the riches are infinite, I thank You because You have so graciously pardoned all my sins and restored Your Heavenly favor. I am awed by Your divine compassion and the incomprehensible love of Your Son, which has led Him to institute so gentle and powerful a remedy for sins. In union with all the gratitude that has ever ascended to You from truly penitent hearts, I proclaim Your merciful praises on behalf of all in Heaven, on earth and in purgatory, for ever and ever. Amen.

How to go to Confession

1. The priest will greet you.
2. The penitent says: "Bless me, Father, for I have sinned." You then say how long it has been since your last Confession.
3. The penitent tells the priest

Examen de conciencia

◇ ¿He negado o dudado de la existencia de Dios?	◇ o perezoso; he tenido coraje, envidia, celos, venganza, o he odiado al prójimo?	◇ salario justo a mis empleados?	◇ han lastimado a mis seres queridos?
◇ ¿He rehusado creer en la revelación de Dios?	◇ ¿He dado mal ejemplo?	◇ ¿He fallado deliberadamente en cumplir con mis contratos o en pagar mis cuentas?	Cómo Confesarse
◇ ¿He creído o consultado en horóscopos, en la limpia con el huevo, en los que leen las cartas, el futuro, la tabla de ouija, o en la reencarnación?	◇ ¿He abusado de drogas o licor; he peleado o discutido?	◇ ¿He dado o aceptado sobornos?	1. Saludo del sacerdote.
◇ ¿He negado que soy católico?	◇ ¿He herido físicamente o he matado a alguien?	◇ ¿He malgastado en juegos del azar?	2. El penitente dice: “Perdóneme, Padre, porque he pecado. Hace (PERÍODO DE TIEMPO) desde mi última Confesión.”
◇ ¿He abandonado la Fe Católica por algún período de tiempo?	◇ ¿He tenido o aconsejado a otros a procurar un aborto?	◇ ¿He privado a mi familia de sus necesidades diarias?	3. El penitente dice sus pecados y contesta cualquier pregunta pertinente que el sacerdote le haga.
◇ ¿He desesperado de o presumido de la misericordia de Dios?	◇ ¿He participado en o aprobado el mal grave de eutanasia (“matar por piedad”)?	◇ ¿He dicho deliberadamente mentiras para engañar o dañar a otros?	4. El sacerdote aconseja y da una penitencia al penitente.
◇ ¿He dejado de orar por largo tiempo?	◇ ¿He intentado suicidarme?	◇ ¿He dado falso testimonio?	5. El penitente dice el acto de contrición. (Ver abajo.)
◇ ¿He fallado en mis oraciones diarias?	◇ ¿Me he lastimado deliberadamente?	◇ ¿He fallado en votar a conciencia bien formada de acuerdo a las enseñanzas de la Iglesia, y en respeto a la santidad de la vida humana?	6. El sacerdote da la absolución al penitente.
◇ ¿He blasfemado, usando el nombre de Dios en vano, o he roto un juramento?	◇ ¿Por voluntad propia me he entretenido en pensamientos o deseos impuros?	◇ ¿He sido poco caritativo de pensamiento, palabra u obra?	7. El sacerdote dice: “Da gracias a Dios, porque es bueno.”
◇ ¿He faltado a Misa los domingos o días de precepto sin razón seria?	◇ ¿Me he vestido inmodestamente o provocativamente?	◇ ¿He chismorreado o revelado faltas o pecados de otros?	8. El penitente contesta: “Porque es eterna su misericordia.” Entonces el sacerdote despide al penitente.
◇ ¿He fallado en guardar reverencia en la presencia del Santísimo Sacramento?	◇ ¿He usado palabras malas o insinuantes?	◇ ¿He fallado en guardar secretos que se me han confiado?	Acto de Contrición
◇ ¿He estado inatento en la Misa?	◇ ¿He contado o escuchado chistes impuros o historias impuras?	◇ ¿He comido carne los viernes de cuaresma o Miércoles de Ceniza?	Señor mío, Jesucristo, Dios y Hombre verdadero, Creador, Padre y Redentor mío, por ser quién eres y porque te amo sobre todas las cosas, me pesa de todo corazón haberte ofendido; propongo firmemente nunca más pecar, apartarme de todas las ocasiones de pecado, confesarme y cumplir la penitencia que me fuera impuesta. Amén.
◇ ¿He llegado tarde a Misa?	◇ ¿He visto deliberadamente películas, revistas, videos o sitios pornográficos en el internet?	◇ ¿He fallado en ayunar el Miércoles de Ceniza y el Viernes Santo?	Oración después de la Confesión
◇ ¿Me he ido antes de terminar la Misa?	◇ ¿He cometido actos impuros – solo (masturbación), o con otros (fornicación, adulterio, sodomía)?	◇ ¿He fallado en recibir la Sagrada Comunión en el tiempo Pascual?	Ofrezco, Señor, mi vida, obras y trabajos, en satisfacción de todos mis pecados, y, así como lo suplico, así confío en tu bondad y misericordia infinita, que los perdones, por los méritos de tu preciosísima sangre, pasión y muerte, y me des la gracia para enmendarme, y perseverar en tu santo amor y servicio, hasta el fin de mi vida. Amén.
◇ ¿He hecho trabajos innecesarios en los domingos?	◇ ¿Contrahe matrimonio o aconsejé a otro a casarse fuera de la Iglesia?	◇ ¿He recibido la Sagrada Comunión en el estado de pecado mortal?	
◇ ¿He desobedecido o faltado el respeto a mis padres o superiores?	◇ ¿He sido infiel a mis votos matrimoniales?	◇ ¿He fallado en confesar por lo menos una vez al año?	
◇ ¿He descuidado mis obligaciones hacia mi esposo, esposa, hijos o padres?	◇ ¿He andado con el cónyuge del prójimo?	◇ ¿He recibido la Sagrada Comunión sin haber ayunado una hora antes? (se permite el agua y medicina)	
◇ ¿He fallado en poner interés en la educación religiosa de mis hijos?	◇ ¿He usado contracepción, o he sido o mi cónyuge ha sido esterilizado permanentemente?	◇ ¿He hecho una mala Confesión, escondiendo pecados mortales?	
◇ ¿He fallado en educarme con relación a las enseñanzas de la Iglesia?	◇ ¿He robado, engañado, animado a otros a robar, o me he quedado con bienes robados?	◇ ¿He fallado en contribuir debidamente a las necesidades de la Iglesia?	
◇ ¿He sido causa de escándalo por lo que dije o hice, especialmente delante de los jóvenes?	◇ ¿He fallado en dar restitución por bienes robados?	◇ ¿He rehusado perdonar a los que me han lastimado o	
◇ ¿He sido la causa de que alguna persona haya abandonado su Fe Católica?	◇ ¿He fallado en dar el máximo en mi trabajo por el salario recibido?		
◇ ¿He sido impaciente, cruel,	◇ ¿He fallado en pagar un		



Save Your Pull Tabs for Us

You can make a difference in the lives of the families at the Pasadena Ronald McDonald House. A small, yet significant way companies, schools, organizations, families and individuals can become involved is to "pull" for the Pasadena Ronald McDonald House.

Anyone can collect Pull Tabs and bring them to the large container at the back of the church or give them to an OLL student or member of the Catholic Daughters.

We collect tabs of all sizes from soda cans, Cat and dog food cans, food cans, etc.

FUN FACTS:

It takes 1,267 pull tabs to make a pound
1 million pull tabs, laid end to end, is 16 miles long
1 million pull tabs, when recycled, will provide a nights lodging for 25 families at the Pasadena Ronald McDonald House!

One tab on its own may not be worth much,
but if we all "pull together" we can make a difference!



Contact:

Ann Ross

818-957-5565



Pasadena
Ronald
McDonald
House

STATEMENT ON IMMIGRATION ISSUES BY ARCHBISHOP JOSÉ H. GOMEZ

Statements and actions from the new administration in Washington have caused fear in our parishes, schools, and communities. That is not good for anybody. I pray that our leaders will proceed with restraint and compassion, with respect for the law, and with respect for the rights and dignity of all concerned.

No one wants violent criminals living in our communities. But any enforcement actions should be prudent, and should be matched by immediate action in Congress to fix our immigration system, which has been broken for decades now.

"For Catholics, immigration is not a political issue. It is a matter of our deeply held religious beliefs."

For Catholics, immigration is not a political issue. It is a matter of our deeply held religious beliefs. Jesus Christ commanded us to love God as our Father and to love our brothers and sisters, especially the most vulnerable, and regardless of what country they came from or how they got here. Our love for Jesus compels us to continue our works of love and service in our parishes, schools, and other ministries.

The Catholic Church has long been committed to working with our national leaders for immigration reform that is just and humane. My commitment also continues, and we look forward to working with the new administration and Congress.

In this current moment of uncertainty, the U.S. bishops have provided good practical guidance. We have gathered this guidance and other resources on our website. Please visit: lacatholics.org/immigration/.

May Our Lady of Guadalupe, Mother of Jesus and Mother of all the peoples of the Americas, keep us close to her Son in this moment. And may she help us to work together as neighbors, in a spirit of unity, to truly become one nation under God.

*Archbishop Jose H Gomez
January 23, 2025*

[Compendium of Catholic Social Teaching on Immigration with additional resources.](#)



DECLARACIÓN SOBRE TEMAS DE INMIGRACIÓN

POR ARZOBISPO JOSÉ H. GÓMEZ

Las declaraciones y acciones de la nueva administración en Washington han causado miedo en nuestras parroquias, escuelas y comunidades. Eso no es bueno para nadie. Rezo para que nuestros líderes procedan con moderación y compasión, con respeto por la ley y con respeto por los derechos y la dignidad de todos los involucrados.

Nadie quiere criminales violentos viviendo en nuestras comunidades. Pero cualquier acción coercitiva debe ser prudente y debe ir acompañada de una acción inmediata en el Congreso para arreglar nuestro sistema de inmigración, que ya no funciona desde hace décadas.

Para los católicos, la inmigración no es una cuestión política. Es una cuestión de nuestras creencias religiosas profundamente arraigadas. Jesucristo nos ordenó amar a Dios como nuestro Padre y amar a nuestros hermanos y hermanas, especialmente a los más vulnerables, sin importar de qué país vengan o cómo llegaron aquí. Nuestro amor por Jesús nos obliga a continuar nuestras obras de amor y servicio en nuestras parroquias, escuelas y otros ministerios.

La Iglesia Católica ha estado comprometida durante mucho tiempo a trabajar con nuestros líderes nacionales para una reforma migratoria que sea justa y humana. Mi compromiso también continúa y esperamos trabajar con la nueva administración y el Congreso.

En este momento actual de incertidumbre, los obispos estadounidenses han brindado una buena orientación práctica. Hemos recopilado esta guía y otros recursos en nuestro sitio web. Visite: lacatholics.org/immigration/.

Que la Virgen de Guadalupe, Madre de Jesús y Madre de todos los pueblos de América, nos mantenga cerca de su Hijo en este momento. Y que ella nos ayude a trabajar juntos como vecinos, en un espíritu de unidad, para convertirnos verdaderamente en una nación bajo Dios.

*Arzobispo José H Gómez
23 de enero de 2025*

CATHOLIC CHARITIES L.A. OFFERS IMMIGRATION INFO SESSIONS, CONSULTATION CLINICS & CITIZENSHIP WORKSHOPS TO SUPPORT IMMIGRANT COMMUNITY

In an ongoing effort to support and stand in solidarity with our immigrant brothers and sisters, Catholic Charities of Los Angeles is hosting a series workshops to share information about the current immigration landscape, how to prepare and offer legal services. The workshops are free and open to those who need support or provide support to the immigrant community.

- **Weekly: Immigration Assistance Workshop** – every Wednesday from 9 a.m. to 4 p.m. at Curacao Business Center (1625 W. Olympic Blvd., Suite 501, Los Angeles, CA 90015) – APPOINTMENT REQUIRED – please call (213) 251-3476
- **Twice a Month: Immigration Services Workshop** – every 1st and 3rd Wednesday of every month at Catholic Charities L.A. (1530 James M Wood Blvd., Los Angeles CA 90015) – APPOINTMENT REQUIRED – please call (213) 251-3484
- **Monthly: Immigration Services Workshop** – St. Margaret's Center (10217 S. Inglewood Ave, Inglewood, CA 90304) – APPOINTMENT REQUIRED – please call (310) 672-2208
- **Asylum Application Services** – ongoing support for those from Afghanistan, Pakistan or Iran; please contact Lutfullah Mangal at 213-318-5713 or Lmangal@ccharities.org

Catholic Charities of Los Angeles is a multicultural, linguistically diverse organization with staff members who culturally represent the communities they serve. Immigration and Refugee Services staff members are fluent in Arabic, Armenian, Chinese, Farsi, Spanish and Vietnamese. For more information, please visit <https://catholiccharitiesla.org/irr-immigration-and-refugee-services/> or call (213) 251-3575.

CARIDADES CATÓLICAS L.A. OFRECERÁ SESIONES DE INFORMACIÓN DE SOBRE INMIGRACIÓN, CLÍNICAS DE CONSULTA Y TALLERES DE CIUDADANÍA

En un esfuerzo continuo de apoyar y solidarizarnos con nuestros hermanos y hermanas inmigrantes, Caridades Católicas de Los Ángeles presentarán una serie de talleres para compartir información sobre la situación actual de la inmigración, cómo preparar y ofrecer servicios legales. Los talleres son gratuitos y están disponibles para todos que necesitan apoyo o los que ayudan a la comunidad migrante.

- **Cada miércoles: Taller de Asistencia de Inmigración** – todos los miércoles de 9 a.m. a 4 p.m. en Curacao Business Center (1625 W. Olympic Blvd., Suite 501, Los Angeles, CA 90015) – CITA REQUERIDA – llame al (213) 251-3476
- **Dos veces al mes: Taller de Servicios de Inmigración** – cada primer y tercer miércoles del mes en la oficina de Caridades Católicas de Los Ángeles (1530 James M Wood Blvd., Los Angeles CA 90015) – CITA REQUERIDA – llame al (213) 251-3484
- **Servicios para ayuda con la Solicitud de Asilo** – apoyo continuo a las personas procedentes de Afganistán, Pakistán o Irán. Por favor, póngase en contacto con Lutfullah Mangal por 213-318-5713 o Lmangal@ccharities.org.

Caridades Católicas de Los Ángeles se una organización multicultural y lingüísticamente diversa con personal que representa culturalmente a las comunidades a las que sirven. Los miembros del personal de los Servicios de Inmigración y Refugiados hablan con fluidez árabe, armenio, chino, farsi, español y vietnamita. Para obtener más información, visite catholiccharitiesla.org/spanish o llame al (213) 251-3575.

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Confirmation/ Youth Ministries	Geraldo & Geraldine Salazar	lourdesconfirms@gmail.com	818-606-5165
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Devocion al Santo Nino	Eleanor Graf	grafea@hotmail.com	818-235-7962
Divine Mercy	Blanca Marco	bmarcoemoll@gmail.com	818-307-0807
English Bereavement Ministries	Brenda Mikhail	brendamikhail@msn.com	818-352-5265
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Environment Leader	Lynh Dinh	dinhantruong1@yahoo.com	818-352-3218
Eucharistic Ministry	Jackie Pensanti	dipensanti@yahoo.com	818-686-2450
Extraordinary Ministry of the Sick	Patricia Marquez	patipamisi@yahoo.com.mx	818-233-7847
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Junior Legion of Mary	Cel Cabrera	celcabrera911@gmail.com	818-913-9479
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