

# Saint Matthew Catholic Church

February 15, 2026  
6th Sunday in Ordinary Time

"If you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift."  
Matthew 5:23-24



## Ash Wednesday - February 18th



### Mass Schedule

8:00 am  
12:00 pm  
6:00 pm bilingual

No Adoration on Ash Wednesday

## Regular Confession Times continue during Lent



Stations of the Cross  
Fridays during Lent  
English: after 8 am Mass  
Español: 5 pm



## Mass Schedule - Horario de Misas

**Weekends:** Saturday: 4:30 pm  
Sunday: 8:00 am, \*\*10:00 am  
-Spanish: 12:00 noon

**Weekdays:** Monday: \*\*6:00 pm  
Tuesday: \*\*12:05 pm  
Wednesday-Friday: \*\*8:00 am

### \*\* Ways to watch a "Live-Streamed Mass"

- [www.stmatthewausau.org](http://www.stmatthewausau.org) - near top of page "Click to Watch the Mass" on YouTube then scroll down to watch the Mass you want.
- Our YouTube Channel: "St. Matthew Wausau" Subscribe to get live-streamed notifications.

## Sacrament of Reconciliation

30 minutes before every Mass  
Saturday: 3:00 pm - 4:20 pm

### Eucharistic Adoration

Friday: 9:00 am - 5:00 pm  
(~4:30 pm: Evening Prayer,  
Divine Mercy Chaplet & Benediction)

### First Fridays

Mass in Spanish at 7:30 pm, followed by  
Flame of Love Holy Hour, followed by all  
night Adoration of the Blessed Sacrament,  
ending with Mass in Spanish at  
6 am on Saturday morning.

## Parish Office - Oficina

227 S 28th Avenue - 715-842-3148

### Office Hours - Oficina Horas

Monday - Thursday: 8:00 am - 4:00 pm  
Friday: closed

**Website:** [www.StMatthewWausau.org](http://www.StMatthewWausau.org)

**YouTube:** [St. Matthew Wausau](https://www.youtube.com/StMatthewWausau)

### TV Sunday Mass

Channel 7.4 WSAW - Sunday 9 am

### Cable TV

Channel 12: Sunday 6:30 am  
Ch 980 Public Access: Sat 6 pm & Sun 9 am

**Diocese of La Crosse:** [www.dioclc.org](http://www.dioclc.org)



# How to Make a Plan for Lent

www.goodcatholic.com/how-to-prepare-for-lent by Genevieve Netherton (edited)



There are three holy practices which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are **prayer**, **fasting**, and **almsgiving**. When you make your Lenten plan, choose something specific from each category—and you're set for a grace-filled journey to Easter.

## 1. Prayer



Lent is the perfect time to build virtuous habits. It gives us the grace to tackle what we couldn't otherwise. Since daily prayer is difficult for anyone who isn't a living saint, now is the time to counter this by developing consistent habits of prayer. Start by asking yourself: *what are my prayer habits now?*

As Catholics, we ought to pray every day. Prayer is conversation and communion with the God who made us and loves us. No relationship would flourish if we failed to spend time in the presence of a loved one, conversing with them and offering them genuine attention. If you are praying once a week at Sunday Mass or saying only a quick "Good morning, God!" as you head to work, make a simple commitment to daily prayer and don't overdo it, in case you set yourself up for failures and guilt trips.

How much time should we set aside for daily prayer? Holy priests and spiritual advisors say that fifteen minutes is the absolute minimum. If you already do this, make the Rosary a daily habit. If you already do that, maybe add a Divine Mercy chaplet or a Holy Hour before Jesus in the Blessed Sacrament.

## 2. Fasting



Fasting is largely misunderstood today. Many Catholics think that fasting is a broad category of abstinence that includes giving up social media, music while driving, Netflix, and so on. That's not really fasting, however. Now, don't get me wrong: it's important to practice discipline and self-control over the things mentioned above. When you do, you are strengthening your will and overcoming the desire for instant gratification and constant mind-numbing pleasure.

True fasting relates to food, to our physical appetite, and cannot be replaced by anything. On all Fridays throughout the year, Catholics are requested to abstain from meat (though outside of Lent, this can be substituted with another penance). However, on the Fridays of Lent, Catholics aged 14+ are **required to abstain from meat**. On Ash Wednesday and Good Friday, Catholics between the ages of 18 and 59 (with exceptions for expectant women, for example) are required to fast. We do this by having only one full meal that day and two smaller meals that, added together, do not amount to the full meal. Of course, this itself is a *moderate* form of fasting. Fasting formerly meant taking *no food*.

As Mike Aquilina wrote in his article "[Introduction to Lent: Why do Catholics have to fast?](#)":

*The Bible spells out specific spiritual benefits of fasting. It produces humility. (Ps 69:10) It shows our sorrow for our sins. (1 Sam 7:6) It clears a path to God. (Dan 9:3) It is a means of discerning God's will (Ezr 8:21) and a powerful method of prayer. (8:23) It's a mark of true conversion. (Jl 2:12)*

*Fasting has its health benefits, but it's not the same as dieting. Fasting is something spiritual and far more positive. Fasting is a spiritual feast. It does for the soul what food does for the body.*

If fasting still sounds intimidating, be encouraged. Keep yourself going strong all forty days by *not* fasting on the Sundays of Lent. In fact, Sundays in Lent are not officially part of the forty days. (If they were, Lent would be forty-six days long.)

Consider taking on some hardcore fasting. Maybe pick a few more days during Lent to practice the Ash Wednesday/Good Friday fast. Maybe have one or two meals a day on one particular day of the week. Some people manage to do a bread-and-water fast at least once a week. If this sounds too overwhelming, you can simply stick to the requirements of the Church and do them *well*, with your whole heart and soul.

## 3. Almsgiving



In all the excitement over fasting and giving things up, almsgiving is often forgotten. Yet almsgiving is a crucial work of charity that we Christians are called to participate in.

Jesus praised the poor widow who gave "all she had" to the temple treasury. (Luke 21:1-4) St James reminded us that faith must go hand-in-hand with good works, such as care for the poor:

*What does it profit, my brethren, if a man says he has faith but has not works? Can his faith save him? If a brother or sister is ill-clad and in lack of daily food, and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what does it profit? (James 2:14-16)*

Lent is an important time for almsgiving, and each of us must give according to our situation. I was reminded by my parish priest that almsgiving is not the tithing you're already doing, it's giving above and beyond what you normally give. It is a true penance. This isn't easy to say, but when we give alms, we are supposed to give not merely from our "plenty," but enough to make it hurt, or at least pinch.

But who to give to? Do you have trouble finding trustworthy causes? When it comes to monetary gifts, *we do have to be cautious about where our funds go*. Some organizations support things that contradict Church teaching and harm souls, and some are not transparent about their use of funds. Thankfully, the *Lepanto Institute* has created [a helpful report on trustworthy causes](#). I have found it to be a good resource.

The *Knights of Columbus* give 100% of your donation to charity, since they cover their own fees. You can specify which cause you want your money to go to, or leave it to them to put towards the cause that is most in need at that moment.

It's going to be a fruitful Lent. When we're mentally and spiritually prepared, it's easier to stick with our resolutions. Do things that help you. If you need visual reminders, consider making some for yourself. Many people benefit from the "note-on-the-bathroom-mirror" tactic. Choose a Bible verse for Lent and stay inspired that way.



Pray about what alms you can give and to who. Discuss it with Jesus. "Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver." (2 Corinthians 9:7)

*St Elizabeth of Hungary caring for the poor, from the main altar of St Elisabeth Cathedral in Košice, Slovakia (photo credit: [Of/CC BY-SA 3.0](#))*

**Parish Staff (715-842-3148)**

**Pastor:** The Very Rev. Sebastian Kolodziejczyk  
padreseko@icloud.com

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cristomariafelahe@icloud.com

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**Deacon:** Deacon Tom Tierney - ttierney@diolclergy.org

**Pastoral Care:** Dorothy Giallombardo & June Pritzl  
dorothy@stmatthewausau.org

**Parish Secretary:** Joy Orozco - joydre@stmatthewausau.org

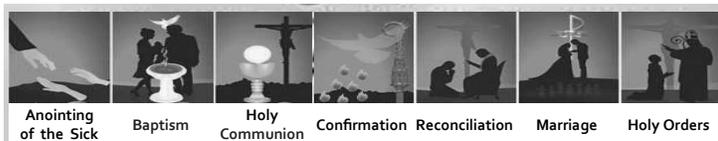
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**Bulletin Submission:** 1 pm Monday for the next Bulletin  
To get bulletin link emailed to you: [www.parishesonline.com](http://www.parishesonline.com)



Anointing of the Sick    Baptism    Holy Communion    Confirmation    Reconciliation    Marriage    Holy Orders

**CELEBRATION OF THE SACRAMENTS**

**Call the Parish Office (715-842-3148) to make arrangements for:**

✚ **Confession** - by appointment outside of scheduled Confession times.

✚ **Baptism** - Baptisms take place the 2nd Sunday of each month.

The Baptism Preparation Class must be attended by parents. Godparents are encouraged to attend. **You must register at least one week before the class by calling the Parish Office.**

**Next Baptism Class: Tuesday, March 10th at 6:00 pm.**

✚ **Bautismo** - Los bautismos se llevan a cabo el segundo domingo de mes. Para los bautismos los padres y padrinos deben tomar una clase y no faltar a misa los domingos. Los padrinos deben presentar comprobante de que recibieron el sacramento de la Confirmación y no pueden estar viviendo juntos. Para mayor informes y registrarse para la clase llame a Joy at 715-842-3148

✚ **Marriage** - Contact Fr Sebastian 6 months in advance.

✚ **Anointing of the Sick and Home Communion Visits**

- \* **Anointing of the Sick** - for those seriously ill and before a scheduled surgery.
- \* **Holy Communion Visits to the Homebound** - for those at home, a rehab center, assisted living facility, or nursing home.
- \* **Hospital Visits** - If you are anticipating a hospital stay, call and let us know. The hospital doesn't always inform us.
- \* **In Need of Extra Prayer?** - Our prayer group is always ready to pray for you! **Call Bonnie: 715-675-9876.**

**MASS INTENTIONS**

**Mass Intention Dates Available in March**

If you would like to have a Mass offered for someone who is living or deceased, or for a special intention, call Joy at 715-842-3148.

Suggested stipend is \$20 per Mass.

**Eucharistic Revival - A Minute with Jesus**

**Jesus Will Help Us Believe What We Cannot Understand**

The Lord always comes in to strengthen and confirm our faith in response to our desire to believe. He actually even uses our hesitation in accepting His true Presence in the Eucharist to bring us to a deeper, more lively faith in the truth of this mystery.

**Let's pray this right now and every day this week:**

"Jesus, please strengthen my faith to believe that You are truly present in the Holy Eucharist."

This week, read how Jesus responds to those who are questioning the mystery of the Eucharist in John 6:52-59

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*Youth and Young at Heart*

**Eucharistic Adoration**

**Come to Holy Name Church**  
**Sunday, March 1st**  
**6:00 - 8:00 pm**

This evening is geared towards middle and high school youth, but all are welcome to attend.

Food and games will follow in Simmons Hall.

Hosted at Holy Name of Jesus Parish.

*Come, let us adore Him.*



## This Week at Saint Matthew Parish

### Wednesday, February 18 - Ash Wednesday - Fast & Abstinence

**Men's Morning Bible Study** - McGarty Hall: 6:00 am  
**Ray's Breakfast Club** - Breakfast Bear Restaurant: 9 am  
**Marlene's Breakfast Club Will Not Meet Today**

### Thursday, February 19

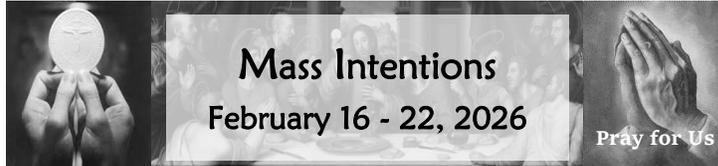
**Bible Study** - Our Lady of Guadalupe Room: 9:00 am  
**Peacemakers Quilters** - Our Lady of Guadalupe Room: 1:00 pm  
**Healing Fire of the Spirit Prayer Grp** - Angelorum: 6:30 pm

### Friday, February 20

**33 Days to Morning Glory Retreat** - McGarty Hall: 9:00 am  
**Spanish Stations of the Cross** - 5 pm

### Sunday, February 22

**Youth Choir Sings at 10 am Mass**



Mon, Feb 16 - 6:00 pm - Special Intention GR  
 Tue, Feb 17 - 12:05 pm - †Dawn Wood

**Wed, Feb 18 - 8:00 am - †Randy Thompson**

**Ash 12:00 pm - †Jack Neuens**

**Wednesday 6:00 pm - †James & †Virginia Sobkowiak Schlaw**

Thu, Feb 19 - 8:00 am - †Helen C. Lawrence

Fri, Feb 20 - 8:00 am - †Dr. Kenneth Fabian

Sat, Feb 21 - 4:30 pm - †Virginia Hofmann

Sun, Feb 22 - 8:00 am - St Matthew Parishioners

10:00 am - †John Giallombardo

*Spanish* - 12 noon - †Rodolfo y †Roberto Aguilera

Pray for Us

### Sharing God's Blessings

Thank you for your support!

**Weekly Minimum Amount Needed per Budget: \$11,073.00**

|                             |            |
|-----------------------------|------------|
| Envelopes (February 8)..... | \$8,639.00 |
| Offertory.....              | \$1,549.00 |
| Ash Wednesday.....          | \$41.00    |
| Solemnity of Mary.....      | \$10.00    |
| Candles.....                | \$791.00   |



Let today be the day you give up who you've been for you who can become.

**Blended Ash Wednesday**

"THE ASHES MEAN I'M A SINNER. THE SHAPE OF THE CROSS MEANS I HAVE A SAVIOR."  
 - FR. MIKE SCHMITZ

## Daily Mass Readings

### Monday, February 16

Jas 1:1-11/Ps 119/Mk 8:11-13

### Tuesday, February 17 - Seven Holy Founders of the Servite Order

Jas 1:12-18/Ps 94/Mk 8:14-21

### Wednesday, February 18 - Ash Wednesday

Jl 2:12-18/Ps 51/2 Cor 5:20-6:2/Mt 6:1-6, 16-18

### Thursday, February 19

Dt 30:15-20/Ps 1/Lk 9:22-25

### Friday, February 20

Is 58:1-9/Ps 51/Mt 9:14-15

### Saturday, February 21 - St Peter Damian, Bishop/Doctor of Church

Is 58:9-14/Ps 86/Lk 5:27-32

### Sunday, February 22 - 1st Sunday of Lent

Gn 2:7-9; 3:1-7/Ps 51/Rom 5:12-19/Mt 4:1-11



## Ash Wednesday - Liturgical Ministers

| February 18<br>8:00 am                          | February 18<br>12:00 pm          | February 18<br>6:00 pm                        |
|---|----------------------------------|---|
| <b>Lectors</b>                                  |                                  |   |
| Henry Wanserski                                 | Pat Loy                          | Mary Holm-Ramiro Patino                       |
| <b>Musicians</b>                                |                                  |   |
| Bill Dohr<br>Dorothy Giallombardo               | Lynn Meyer<br>Annette Southworth | Marie Stubbe<br>Andrea Huebner                |
| <b>Ushers and Greeters</b>                      |                                  |   |
| Chuck Miller<br>Jack Reeves                     | Don Baur<br>Mary Radtke-Baur     | Randy Krueger<br>Tom Brzezinski<br>Pat Ruesch |
| <b>Altar Servers</b>                            |                                  |   |
| Al Seubert                                      | Eddie Vue                        | Gary Koy                                      |
| <b>Extraordinary Minister of Holy Communion</b> |                                  |   |
| Joy Orozco                                      |                                  | Kim Sliwicky                                  |

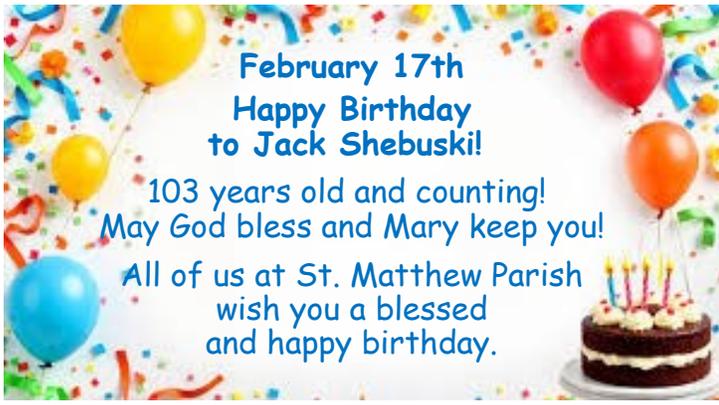
## Liturgical Ministers

| Saturday, February 21<br>4:30 pm                | Sunday, February 22<br>8:00 am          | Sunday, February 22<br>10:00 am                  |
|---|---|--|
| <b>Lectors</b>                                  |   |  |
| Jeanne Alexejun                                 | Bernie Dohr                             | Joel Stroup                                      |
| <b>Musicians</b>                                |   |  |
| Eben Soper<br>Dorothy Giallombardo              | Bill Dohr<br>Annette Southworth         | Sara Schmitt<br>Youth Choir                      |
| <b>Ushers and Greeters</b>                      |   |  |
| Marie Burish<br>Brian Mleziva<br>John Bocke     | Jody Babl<br>Dennis Janssen<br>Tom Line | Jack Reeves<br>Chuck Miller<br>Kevin Ellenbecker |
| <b>Altar Servers</b>                            |   |  |
| Nolen Mleziva<br>Logan Mleziva                  | Joey Huebsch<br>Rydan Sondelski         | Anthony Hanneman<br>Sam Hanneman                 |
| <b>Extraordinary Minister of Holy Communion</b> |   |  |
| Judy Koy  | Al Seubert                              | Paul Sliwicky                                    |
| <b>Children's Liturgy of the Word</b>           |   |  |
| SCRIP: Dave Burish<br>Josie Ollhoff             |   | Jeannie<br>Kathy Miilu                           |

TO DUST YOU SHALL RETURN...

**ASH WEDNESDAY**  
*Miércoles de Ceniza*

AL POLVO VOLVERÁS...





**Lost and Found**

Check out the table in the Angelorum with Lost & Found items you may have left behind!

**Items not picked up will be disposed of on Monday, February 16th.**



**Men's Club Meeting**  
Thursday, February 26th  
6:00 pm in McGarty Hall

LENT

**Regulations for Fasting & Abstinence**

**During the Season of Lent:**

1. Catholics age 14 and older are to "*abstain from meat*" on Ash Wednesday, all Fridays in Lent, and Good Friday.
2. In addition to abstaining from meat, Catholics in good health, ages 18 to 59, are to "*fast*" on Ash Wednesday & Good Friday.  
Fasting consists of eating only one full meal. Two smaller snacks that do not add up to a single full meal is permitted, if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted.



**Easter Flowers Donations**

Flowers add beauty and meaning to the Easter Liturgical Celebration and you can donate them in honor of a living or deceased loved one.

The "Easter Lily" a symbol of Christ's resurrection, rises from a single bulb representing Christ rising from the tomb. An ancient belief was that white lilies appeared where drops of blood fell from Christ's body after the crucifixion.

**To donate Flowers, provide the following information:**

- your name
- the name of the person you are honoring or in memory of
- place this information in an envelope along with a donation
- on the outside of the envelope write: "Easter Flowers"
- put envelope in weekend collection, mail or take to Parish Office

**Thank you for your donations!**

**FASTING AND Feasting**



Lent is a time to fast from certain things and to feast on others. It is a season in which we should:

- ✠ Fast from facts that depress, feast on truths from Sacred Scripture that uplift.
- ✠ Fast from lethargy; feast on enthusiasm.
- ✠ Fast from thoughts that weaken; feast on God's promises that inspire.
- ✠ Fast from shadows of sorrow; feast on the sunlight of serenity.
- ✠ Fast from thoughts of illness; feast on the healing power of God.
- ✠ Fast from problems that overwhelm; feast on prayer that strengthens.



**Welcome "Wausau Wellness Center" to our Scrip Family**

The store is located on 512 S 17th Ave, Wausau and is owned by our Parishioners, Justin & Tana Loew. They are offering a \$50 Gift Card at 10% Rebate. At this time it will be a special order, but should arrive at St Matt's within a week. If we have a demand, we will stock it at St Matt's. Check out their services, supplements, smoothie bar, groceries and other resources!

**Next Scrip Sale: February 21st & 22nd**  
in the Angelorum after weekend Masses and available Monday-Thursday in the Office.



**Men's Breakfast Group**

**Ray's Breakfast Club**

All men are invited to join us for breakfast on **Wednesday, February 18th at 9 am at Breakfast Bear Restaurant**

Join us the 3rd Wednesday of each month at various restaurants for good food and good fellowship!



**St Anne's Fish Fry** - 700 W Bridge Street, Wausau  
Dine In or Take Out: 4-7 pm each Friday of Lent but **not Good Friday** [www.stannesausau.org](http://www.stannesausau.org)  
To Order call Fri 1-6 pm: **715-849-3930 Ext 6**  
Deliveries Available in Wausau (fees)

- **St Patrick's Parish**, 136058 Halder Drive, Mosinee off Hwy 153 west of Mosinee - Fridays during Lent & Good Friday (Feb 20 - April 3) 4:00 - 7:30 pm - **715-693-2765** Dine In and Carry Out
- **St John the Baptist Parish**, 117 N 4th Ave, Edgar - Fridays during Lent & Good Friday (Feb 20 - April 3) - 4:00-7:30 pm - **715-352-3111** Dine In and Carry Out



**Marlene's Breakfast Club**

**No Meeting in February**  
due to the restrictions of Ash Wednesday.  
Looking forward to gathering together on March 18.

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