

St. Anthony Parish

April 19, 2020
Divine Mercy Sunday

2320 N. Cedar Street, Spokane, WA 99205

Phone: 509-327-1162

Website: stanthonyspokane.org

Office

Pastor: Rev. Jose Millan
jmillan@dioceseofspokane.org
Pastoral Assistant: Deacon James Schwarzer
jschwarzer@dioceseofspokane.org
Chaplain to the Vietnamese Community:
Rev. Vincent Van Dao Nguyen
vdao@dioceseofspokane.org
509-328-1467
Financial Admin: Norm Seeberger
Office Manager: Tierney McNeiece
tmcneiece@dioceseofspokane.org
Hours: 8:30 AM-12:30 PM Monday-Thursday

Trinity School

2315 N. Cedar Street
Spokane, WA 99205
327-9369
Principal: Sandi Nokes
trinityspokane.com
Sacramental Prep: Sr. Consuela SMMC
Email: cberube@dioceseofspokane.org
Youth Group: Dana Mannino — 263-0830

Worship Schedule

MASSES:
Saturday 4:30 PM
Sunday 8:00, 11:00 AM
1:00PM in Vietnamese
Tuesday – Thursday 8:00 AM
Friday 8:45AM
Monday 8AM Communion Service

Clause for a Christian Will

I give, devise and bequeath to St. Anthony Catholic Parish-Spokane, a non-profit corporation under the laws of the State of Washington, (describe the amount of gift or specific item or property), for the exclusive use of St. Anthony Parish and/or Trinity School, Spokane.

Prayer to St. Anthony

O Holy St. Anthony, gentlest of Saints, your love for God and Charity for His creatures, made you worthy, when on earth, to possess miraculous powers. Encouraged by this thought, I implore you to obtain for me (request). O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the sweet Infant Jesus, who loved to be folded in your arms; and the gratitude of my heart will ever be yours. Amen.

Sacraments:

Baptism: Contact the parish office
Reconciliation:
Saturdays 3:30 PM
Other times by appointment
Marriage:
Please contact the parish office at least four months before desired wedding date.



St. Vincent de Paul

For assistance: call 216-1093
To attend a meeting, or learn more please call Mike Cain 323-9014
<http://sasvdpspokane.wordpress.com>

Parish Pastoral Council

Jim Money-maker-C
Steve Moser
Dutch Alles
Mary Mannino
Cindy Ecklund
Connie Anderson
Rick Mannino
Duny Nguyen
Allen Barrom
The Parish Council meets every Third Wednesday, except July & August

Welcome to our Parish Community. Thank you for your presence and your support.

APRIL 12, 2020 EASTER SUNDAY OF THE RESURRECTION OF THE LORD

Daily Readings

Saturday, April 11

The Easter Vigil in the Holy Night

Ezekiel 36:16-17a, 18-28

I shall sprinkle clean water upon you and I shall give you a new heart.

Romans 6:3-11

Christ, raised from the dead, dies no more.

Matthew 28:1-10

He has been raised from the dead and is going before you to Galilee.

SUNDAY, APRIL 12

EASTER SUNDAY OF THE RESURRECTION OF THE LORD

Acts of the Apostles 10:34a, 37-43

We ate and drank with him after he rose from the dead.

Colossians 3:1-4

Seek what is above, where Christ is.

John 20:1-9

He had to rise from the dead.

MONDAY, APRIL 13

Acts of the Apostles 2:14, 22-33

God raised this Jesus; of this we are all witnesses.

Matthew 28:8-15

Go tell my brothers to go to Galilee, and there they will see me.

TUESDAY, APRIL 14

Acts of the Apostles 2:36-41

Repent and be baptized, every one of you, in the name of Jesus Christ.

John 20:11-18

I have seen the Lord, and he said these things to me.

WEDNESDAY, APRIL 15

Acts of the Apostles 3:1-10

What I do have, I give you: in the name of the Lord Jesus, rise and walk.

Luke 24:13-35

They recognized Jesus in the breaking of the bread.

Call JoAnn Martell: 216-9741

PLEASE KEEP IN YOUR PRAYERS:

Mary Sandstrom, Pat Stringer, Timothy Paul, Chris Smith, John Lyons, Karen Stokes, Christina Schuh, Rhea Sandstrom, Laine Carlson, Mary Louise Lovejoy, Callie Anderson, Pete Murphy, Michael Curry, Sharon Silzel, Andy Murphy, Halla Miller, Herbert Colburn, Tonya Newel, Joan McCann, Kristie Jesmore, Roy Anderson Jr., Rose Schmitz, Dan Mitchell, & Bruce Dalsanders.

Prayer Network Visits to the Homebound



An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Stewardship

The Parish is currently in the process of moving our giving online. We will keep you updated here on our progress. Online giving will include being able to donate to the General operating fund for the Parish, and to the Vietnamese Community. We will be reviewing the continuation of quarterly envelopes for parishioners. Thank you for all of your past generosity and we look forward to your continued financial support of St. Anthony Parish.

THURSDAY, APRIL 16

Acts of the Apostles 3:11-26

The author of life you put to death, but God raised him from the dead.

Luke 24:35-48

Thus it was written that the Christ would suffer and rise from the dead on the third day.

Saturday, April 18

Acts of the Apostles 4:13-21

It is impossible for us not to speak about what we have seen and heard.

Mark 16:9-15

Go into the whole world and proclaim the Gospel to every creature.

FRIDAY, APRIL 17

Acts of the Apostles 4:1-12

There is no salvation through anyone else.

John 21:1-14

Jesus came over and took the bread and gave it to them, and in like manner the fish

We Pray for the members of our Parish who are sick or dying, especially for:

Dan Mitchell

What is a Perfect Act of Contrition?

On March 20th, Pope Francis live-streamed a message regarding the issue of people who cannot get to confession because of the COVID-19 lockdown. The Holy Father reminded us of the traditional Catholic teaching on the power of making a perfect act of contrition. He remarked, "This is the right time, the opportune moment. An act of contrition done well, and our souls will become white like the snow."

What is a perfect act of contrition? The Catechism of the Catholic Church states that perfect contrition is present when our sadness for sin results from our love for God above all else. In short, perfect contrition is hatred for sin because we love God. On the other hand, imperfect contrition is the result of fear, which is to say, I am sad for my sins because I am afraid of Hell. One type of contrition results from love. The other results from fear.

When we go to sacramental confession, imperfect contrition is sufficient to receive the pardon of our sins. However, in extraordinary circumstances when we cannot get to confession, we can make an act of perfect contrition which is sufficient to have our sins forgiven. It is important to note that a perfect act of contrition includes the intention to receive sacramental confession at the very first opportunity. All mortal sins, forgiven through the act of perfect contrition, must be mentioned to the priest in confession as soon as possible.

The fact that we can always make an act of perfect contrition in a situation like the COVID-19 pandemic is very consoling. At this time of plague and being unable to go to the Sacrament of Penance, Pope Francis instructs us to make a perfect act of contrition and promise God, "I will go to confession afterward, but forgive me now. And immediately you will return to a state of grace with God."

This generosity on the part of God has been needed at various times throughout history. In the plagues of Middle Ages, in the midst of various wars, and in places where priests were scarce, the ability to make a perfect act of contrition was a healing salve for sinners in love with God.

That same healing salve is available to all of us at this difficult time of pandemic.

How to Make a Perfect Act of Contrition

1 —Call to mind your sins.

2 —Reflect on God's tremendous and unconditional love for you and how your sin offends that love.

Express your sorrow for disappointing God.

3 —Make the intention to go to sacramental confession as soon as it is possible for you with the intention of mentioning any mortal sins forgiven through your perfect act of contrition.

4 —Pray an Act of Contrition.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.



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Day of Reflection and Planning

For Your Spiritual and Corporal Needs

Saturday, April 4 • 8:00am-1:30pm
Immaculate Heart Retreat Center

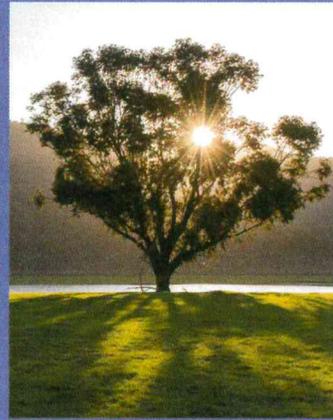
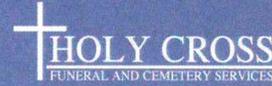
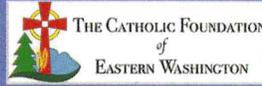
FREE

Please join us for this spiritual day of preparation with multiple speakers on a wide variety of end-of-life topics such as: Preparing for Eternity, Catholic Health Directives, Will Preparation & Estate Planning, Leaving a Legacy, Grieving the Loss of Loved Ones, Finding God's Mercy in Death, and What Do We Do When a Loved One Dies?

Pre-Registration Greatly Appreciated!

Contact Lindsey Klemmer at
lklemmer@dioceseofspokane.org
or 358-7343

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