

## **THE FIRST SATURDAY DEVOTION**



In the July 13, 1917 apparition at Fatima, Our Lady

said, "I shall come to ask for... the Communion of Reparation on the first Saturdays." She came expressly to request this devotion when she appeared to Sister Lucia on December 10, 1925, in Pontevedra, Spain, where she was preparing to start her religious life.

### **THE MOTIVES FOR THE DEVOTION**

While Sister Lucia was in the chapel with Our Lord during part of the night of May 29-30, 1930, He explained the motivation for the devotion. This explanation answered the question posed by her confessor about why the number should be five Saturdays and not nine to correspond with the nine First Fridays, or seven to correspond with Our Lady's seven sorrows. Our Lord responded that there are five ways that people offend and blaspheme against the Immaculate Heart of Mary:

1. Offences or blasphemies against the Immaculate Conception – its denial and/or ridicule.
2. Against her perpetual virginity.
3. Against her divine maternity, refusing to accept her as the Mother of God and Mother of all mankind.
4. Those who implant in children's hearts, indifference, contempt and even hate against our Immaculate Mother.
5. Insults directed against her sacred images – displays of indifference or ridicule, and the infliction of damage to them.

### **THE ESSENTIAL ELEMENTS OF DEVOTION**

With the intention of making reparation to the Immaculate Heart for these five offenses, we are asked to:

1. Go to confession (8 days before or after and even longer, for serious reason - Jesus to Sr. Lucia)
  2. Receive Holy Communion (Vigil Masses qualify and Mass on the following Sunday as well when necessary)
  3. Pray five decades of the Rosary
  4. Keep Our Lady company for 15 minutes while meditating on the mysteries of the Rosary
- When all are not possible on the Saturday itself the Sunday following will suffice.*  
against her.

### **SPIRITUAL COMMUNION**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

### **THE GREAT PROMISE**

Our Lady promised to assist all those who will practice the devotion of the first Saturday on five

consecutive months with the graces necessary for salvation at the hour of their death.

### **PROMISE NOT A GUARANTEE OF HEAVEN**

It would be a serious mistake to think that those who practice the devotion on five consecutive First Saturdays are guaranteed passage into heaven when the moment of their death arrives. Our cooperation with grace is always required.

A life-long devotion, not merely five First Saturdays  
The promise associated with the practice of the devotion on five consecutive First Saturdays has been mistakenly construed by many to mean that, once one has completed a series of five, they have accomplished the devotion and are finished. This was not Our Lady's intention in making the promise, and has resulted in far fewer people practicing the devotion. Our regular practice of the First Saturdays is a sign of our devotion to the Immaculate Heart and a desire on our part to make reparation for the blasphemies against her.

For more information contact your  
**Parish Representative:**

or visit:

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