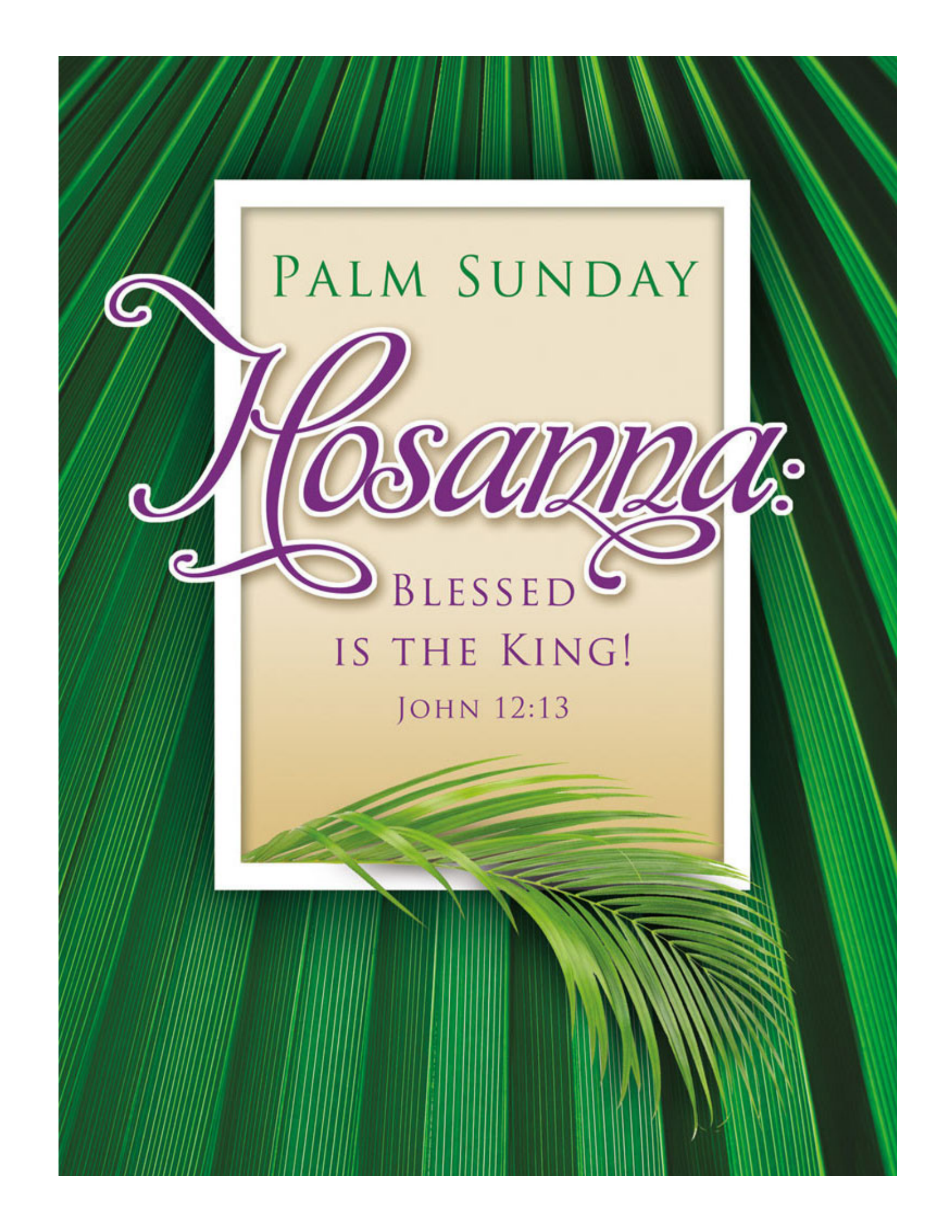




PALM SUNDAY

Hosanna:

BLESSED
IS THE KING!

JOHN 12:13

Our Lady of Sorrows

5020 Rhodes Avenue
St. Louis, MO 63109
www.olsorrows.org

Business Hours

Monday - Friday
8:00 a.m. - 4:00 p.m.
Phone (314) 351-1600
Fax (314) 351-1602

Pastor

Fr. Sebastian Mundackal



Mass Schedule

Daily

Monday—Friday 7:00 a.m.

Holy Days

7:00 a.m., 7:00 p.m.

Rectory closed on all Holy Days

Sunday

Saturday 5:00 p.m.

Sunday 10:00 a.m.

Confessions

Tuesday 6:45—7:00 a.m.; Saturday 4:00—4:45 p.m.

By appointment anytime

PARISH STAFF

Rev. Sebastian Mundackal, Pastor
sebastianosb@yahoo.com

Rev. Andrew Sigmund, Retired
andrewjsigmund@gmail.com

Deacon Dan Skillman, Pastoral Associate
skillmand@olsorrows.org

Mrs. Anna Barringer, Business Manager
olscan@sbcglobal.net

Mrs. Mary Ann Rachas, Bulletin Editor
rectory@olsorrows.org

Mr. Greg Schweizer, Director of Music
gregschweizer@hotmail.com

SOUTH CITY CATHOLIC ACADEMY

Mrs. Laura Hirschman, Principal
lhirschman@sccastl.org

5821 Pernod Ave
St. Louis, MO 63139
314-752-4171
www.stlsouthcitycatholicacademy.org

OTHER HELPFUL NUMBERS

Corinne Bardgett , Parish Council	481-0335
Prayer Chain	330-9275
Parish Helpers	351-4673
Medical Equipment Needs	752-4660
Martha Ministry (funeral luncheons)	351-4673
St. Vincent de Paul (assistance line)	289-6101 mailbox 1123

Eucharistic Adoration: The Adoration Chapel, located in the South Sacristy, is open on weekdays; call the rectory for specific hours. Please come & spend some time in prayer before the Blessed Sacrament.

Sacramental Policies:

For details on sacramental policies for infant baptism, adult initiation, anointing of the sick, Christian marriage, or religious vocations, stop by the rectory or visit our website: www.olsorrows.org.

Bulletin Articles:

Should be submitted by 9am Tuesday morning prior to the weekend the article is to run. Articles may be emailed to bulletin@olsorrows.org, faxed to 314.351.1602, or dropped off at the Rectory office.

From the Pastor's Desk

Introduction to Holy Week

Today begins the most holy week of the Christian year. The Church all over the world in silence and deep prayer begins the Journey to Jerusalem together with Jesus. The foremost character of this week is deep contemplation and silence—I would say THE SACRED SILENCE. Many times this week we kneel down, bow, and even prostrate in silence to understand the mysteries of the Holy Week. I earnestly request all of you to enter into these mysteries with deep prayer, silence, and contemplation. Please do make an extra effort to join together to worship as a parish family. I invite you all to join to worship on Holy Thursday, Good Friday, and Easter Vigil.

Palm Sunday

We will celebrate Palm Sunday with blessing of the palms and a small procession into the church, which reminds us of Jesus' solemn entry into the Jerusalem temple to begin his passion. The narration of the passion of Jesus will call us to focus our attention to him alone this week. Let us make our journey with Jesus carrying our own pains, disappointments, and deaths with us to the Triduum. For some, the pain is personal. For others, a loved one may be suffering, even dying. For others, the year has brought personal and professional disappointments. Some may have experienced all sorts of deaths — from the loss of a loved one to the death of a marriage or dream. Carry all that to the Lord. It's your passion.

Holy Thursday

In this holy day, we celebrate three important gifts from Jesus. They are the commandment of love and service, the Eucharist, and gift of priesthood. Today's Mass is also called the Mass of the Lord's Supper. Why is this Mass different from every other Mass this week? The tabernacle is empty; the oils brought from the chrism Mass at the Cathedral will be presented; the washing of the feet; there is a procession of the Blessed Sacrament and the stripping of the altar to remind us of the passion. Please do find some time to spend in silent prayer in front of the Eucharistic Lord. The altar of reposition is a reminder of Gethsemane where Jesus called his disciples to pray with him.



Good Friday

According to the Church's ancient tradition, the sacraments are not celebrated today or tomorrow. The altar is kept bare, without cloths, candles, and flowers or cross. Today's liturgy consists of three parts: passion readings, veneration of the cross, and the communion service. We continue our Triduum journey. Yesterday's liturgy concluded in silence, and today we pick up where we left off in silence. Today's celebration proclaims the passion and the victory. We do not venerate solely the cross itself but also what it means to us.

Holy Saturday

On Holy Saturday, the Church waits at the Lord's Tomb, meditating on his suffering and death. The altar is left bare, the sacrifice of the Mass is not celebrated. Only after the solemn vigil during the night, held in anticipation of the resurrection, does the Easter celebration begin, with a spirit of joy that overflows into the following period of fifty days.

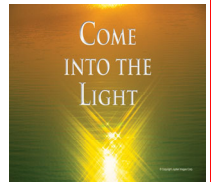
Easter Vigil

This vigil is called the mother of all vigils. The great Easter vigil has four parts: the service of light, liturgy of the word, liturgy of baptism, and the liturgy of the Eucharist. This celebration is overflowing with word, symbol, and ceremony.

I hope and pray that each and every one of us will experience a spiritual renewal and joy in this most holy time of the year. I assure you all of my love and prayers in this Holy Week in every Easter Mass.

Happy Easter!

Sebastian





This Week @ OLS

Monday, March 29 Monday of Holy Week

Readings: *Is 42:1-7; Ps 27:1-3, 13-14; Jn 12:1-11*

7:00 a.m. †Jack Reilly

Tuesday, March 30 Tuesday of Holy Week

Readings: *Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38*

7:00 a.m. †Evelyn Loubek

Wednesday, March 31 Wednesday of Holy Week

Readings: *Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25*

7:00 a.m. Special Intention

Thursday, April 1 Holy Thursday

Readings: *Chiasm Mass: Is 61:1-3a, 6a, 8b-9; Ps 89:21-22, 25, 27; Rv 1:5-8; Lk 4:16-21*
Lord's Supper: Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15

7:00 p.m. †

Friday, April 2 Friday of the Passion of the Lord

Readings: *Is 52:13 — 53:12; Ps 31:2, 6, 12-13, 15-17, 25; Heb 4:14-16; 5:7-9; Jn 18:1 — 19:42*

7:00 p.m. †

Saturday, April 3 Holy Saturday

Readings: a) *Gn 1:1 — 2:2 [1:1, 26-31a]; Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35; or Ps 33:4-7, 12-13, 20-22; b) Gn 22:1-18 [1-2, 9a, 10-13, 15-18]; Ps 16: 5, 8-11; c) Ex 14:15 — 15:1; Ex 15:1-6, 17-18; d) Is 54:5-14; Ps 30:2, 4-6, 11-13; e) Is 55:1-11; Is 12:2-6; f) Bar 3:9-15, 32 — 4:4; Ps 19:8-11; g) Ez 36:16-17a, 18-28; Ps 42:3, 5; 43:3-4 or Is 12:2-3, 4bcd, 5-6 or Ps 51:12-15, 18-19; h) Rom 6:3-11; i) Ps 118:1-2, 16-17, 22-23; Mk 16:1-7*

8:00 p.m. †Frank Vilimek

servers: TBD

lectors: TBD

Sunday, April 4 Easter Sunday of the Resurrection of the Lord

Readings: *Acts 10:34a, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9 or Mk 16:1-7*

8:00 a.m. †Lorraine Sekarski

10:00 a.m. †Hazel Feldt

servers: TBD

lectors: TBD

SUN 3/28	Presence: The Mystery	11:15 am	Band Room
MON 3/29			
TUE 3/30			
WED 3/31			
THU 4/1			
FRI 4/2			
SAT 4/3			
SUN 4/4			

Sharing our Faith in Jesus,
Caring for our Community, Building on Tradition



www.facebook.com/olsorrows

Parish Mission Statement: We, the Catholic community of Our Lady of Sorrows, are disciples of Jesus Christ through our Baptism. Nourished by Word and Sacrament we seek to form adults, teens, and children in the ways of the Gospel, while welcoming new members to our parish and our Catholic faith. As a Eucharistic people, guided by the Holy Spirit, we minister to all, especially the ill, elderly, and those in need, through works of fellowship, charity and justice. We strive to continue the mission of our parish begun a century ago through the prayerful intercession of Mary, Our Mother.

Welcome!

We welcome our devoted and faithful parishioners, neighbors who come regularly to support our mission, all St. Louisans of all faiths, and our visitors. Serving you in this beautiful church of Our Lady of Sorrows is a great privilege.

- Fr. Sebastian Mundackal, pastor
- Fr. Andrew Sigmund, retired in residence
- Deacon Dan Skillman, permanent deacon

Contributions

In lieu of dropping your contribution envelopes in the collection basket at Sunday mass, you can mail them to the rectory, drop them in the mail slot located on the interior rectory door, or set up Online Giving. If you need technical support to set up Online Giving, you can contact Our Sunday Visitor at 1-800-348-2886 option 4.

Thank you for your continued generosity, prayers, and patience.

Our Lady of Sorrows, Pray for Us

E-mail Account for Bulletin Submissions

If you wish to submit content to the bulletin via e-mail, please use the new address: bulletin@olsorrows.org. This account will strictly be for bulletin articles. Please direct all other inquiries for the parish staff to rectory@olsorrows.org or olscan@sbcglobal.net.

Baptismal Preparation

The next Baptismal Preparation Evening is **MONDAY, APRIL 12** from 7:00-8:00 p.m. in the Rectory. If you need to have your child (under 7) baptized, please call 351-1600 to sign up for our next preparation opportunity.



Online Giving

Sign up for Online Giving by visiting our parish website at www.olsorrows.org and selecting the online giving link. If you need technical support, you can contact Our Sunday Visitor at 1-800-348-2886, option 4, or contact Anna Barringer in the rectory at 351-1600.



The rectory office will be closed on Friday, April 2nd in observance of Good Friday. The office will reopen at its regular time on Monday, April 5th. Thank you.



Pray for the Sick

Please remember the following people in your prayers:

Baby Oliver	Kenny Mehring	Bob Reichelt
Carl Brown	Angela Mendoza	Robert Seeber
Mike Cebulski	Richard Messmer	Pamela Spieckerman
Mary Ann Chibnall	Julia Michalka	
Gary Harbstreet	John Moran	
Linda LeGrand	Rose Rehagen	

Join us in praying for the deceased members of our parish community:

Leonard Kinealy
Sheryl Peltz

To all who mourn their loss, we extend our deepest sympathy and prayers during this difficult time. We call on Mary, Our Lady of Sorrows, to comfort you in your grief.



Eucharistic Adoration Chapel

The Eucharistic Adoration Chapel **will be open every first Friday from 8am-5pm** with the Blessed Sacrament exposed. On other days when the Blessed Sacrament is not exposed, you may access the sanctuary through the chapel for quiet prayer.



Ministers Needed

Lectors, Altar Servers and Greeters are needed to serve at our **Services on Holy Thursday, Good Friday, Holy Saturday and Easter Sunday Masses**. Sign-up sheets are available in the Sacristy. Please place your name and phone number by your ministry on the sheet(s) that you are available to serve. Thanks and have a Blessed Easter! Any questions, call Barb Rimkus at 752-4647.





March 28 – Palm Sunday

Blessing of palms at every Mass. Meditation on the Holy Shroud at 6 p.m. with Fr. Sebastian.

April 1 – Holy Thursday

Mass of the Lord's Supper at 7 p.m., followed by eucharistic adoration from 8 p.m. to midnight. Will be live-streamed.

April 2 – Good Friday

Day of fasting and prayer. Stations of the Cross at 12 noon. Stations of the Cross will be live-streamed. Solemn celebration of the Passion of the Lord at 7 p.m. Message given by Pastor Brent Roam of One Family Church STL. Mass will be live-streamed.

April 3 – Easter Vigil

Mass at 8 p.m. Mass will be live-streamed. **Please remember there will be no Mass at 5 p.m. on April 3rd.**

April 4 – Easter Sunday

Mass at 8 a.m. and 10 a.m. Mass at 10 a.m. will be live-streamed.

*Please join us
for these sacred celebrations*

Live-Stream

When using Our Lady of Sorrows Church for a wedding, baptism or memorial mass, we have the capability to live-stream the event so those that cannot attend may view it.

Please contact the rectory office at 351-1600 for more information.

Invitation To Parishioners For Adoration of the Blessed Sacrament on Holy Thursday

On Holy Thursday night after the celebration of the Mass, the Church worldwide plunges into the Sorrowful Mysteries of Jesus' Passion and Death.

In our own parish we will observe Eucharistic Adoration following the Mass and lasting until midnight. The church will be open at the Rhodes door and the Holy Eucharist will be in repose at the Our Lady of Sorrows side altar.

Jesus awaits us. Jesus invites us to bring the 1st Sorrowful Mystery -- The Agony in the Garden -- to life in our lives. Jesus invites us to pray with Him not because He needs us but because He knows that we need Him and He desires to be with us in this time of prayer and sacrifice.

Jesus is drawing us to Himself -- to bring us into the Garden of Gethsemane to pray with Him.

We have precious gifts in our freedom to worship, in the safety to come and go to church, and in our beloved parish being alive and open for us on this night. For those of us who are able to come on Holy Thursday night to Eucharistic Adoration it would be a shame to squander the gifts available to us.

Please come to adore Jesus in the Eucharist.

Please come to rest in Jesus' presence, to lay your burdens before Him.

Please come to savor the beauty, the sacredness, and the life of our parish.



Healing Mass

Since the first Saturday of April is Easter vigil, the **next Healing Mass** will take place on **Saturday, May 1st at 10:00 a.m.**

**March 28: Palm Sunday of the Lord's Passion-
Humility**

Dynamic Catholic, Alive! – Humility

While Jesus was experiencing crucifixion, suffering the death of one who was a criminal, people reviled Him saying, "You who would destroy the temple and rebuild it in three days, save yourself, if you are the Son of God, [and] come down from the cross!" St. Thomas Aquinas once wrote that the cross exemplifies every virtue. Humility was certainly among those virtues. Just as Jesus experienced a most humble birth in a manger surrounded by animals, He also suffered a most humble death. The King of Kings and Lord of Lords is judged by a governor and suffers the death of a criminal. He could have come down from the cross and freed Himself of the pain. Instead, He humbled Himself and died for you, for me, for all people. One of the best responses we can have as we gaze upon the Crucified One is silence and contemplation. We adore You, O Christ, and we praise You, because, by Your holy cross, You have redeemed the world.

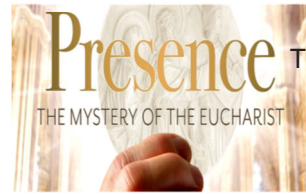


archstl.org/dynamic



As you journey through Lent, hopefully your hearts and minds have settled into the pattern of prayerfulness and penance and planning to care for the poor. Covenant Network can help you stay the course during this season of self-denial with inspirational and devotional programming including the daily Mass, the Rosary, the Divine Mercy Chaplet and other prayers. You can also hear faith-nourishing programs on Scripture, the saints and Church history.

Tune into AM 1080 or 92.7 FM this Lent to help prepare your heart for Easter.



Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. ***Presence: The Mystery of the Eucharist*** is a powerful video that explores the truth and beauty of Christ's real presence in the Eucharist and invites us into an intimate union with God himself.

This 3-part video series will be shown during Lent after the Sunday 10AM Mass. Families with children are welcome as are all parishioners. Please consider this as a wonderful tool for Lent to inspire discussions at home, inspire prayer and a new appreciation for Jesus' amazing gift to us, which we will celebrate during Holy Week and beyond. **One Part of the Series (30 minutes) will be shown each Sunday.**

Sunday's: March 14, 21, 28
(Part 1, Part 2 and Part 3)

In the Band Room: 11:15 AM to 12:15 PM

For more information, please contact:
CONNIE STOFFEL at (314)799-1858

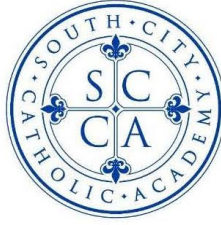
Wear masks - - We will be social distancing

Hope everyone's Lenten Journey has been a beautiful one thus far. This is a reminder to bring in your CRS Rice Bowl with donations on Easter weekend through the following weekend. CRS Rice Bowl helps so many do so much.



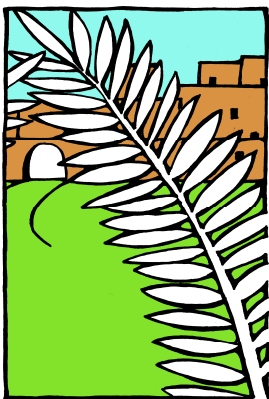
We thank you for your generosity.
Here's to a Glorious Easter Season!!

Your Social Justice Committee



Please pray for the following South City Catholic Academy 8th grade candidates who are preparing for the Sacrament of Confirmation. They will receive the sacrament April 2021.

Steven B.
Christopher B.
Rose B.
Bridget D.
Madison F.
Tony G.
Aiden G.
Monte G.
Claudia H.
Andrew L.
John M.
Malik M.
Stephen N.
Stella N.
Kailey R.
Anna R.
Clayton S.
Katherine W.



OLSY

Our Lady of Sorrows Youth Ministry (OLSY)

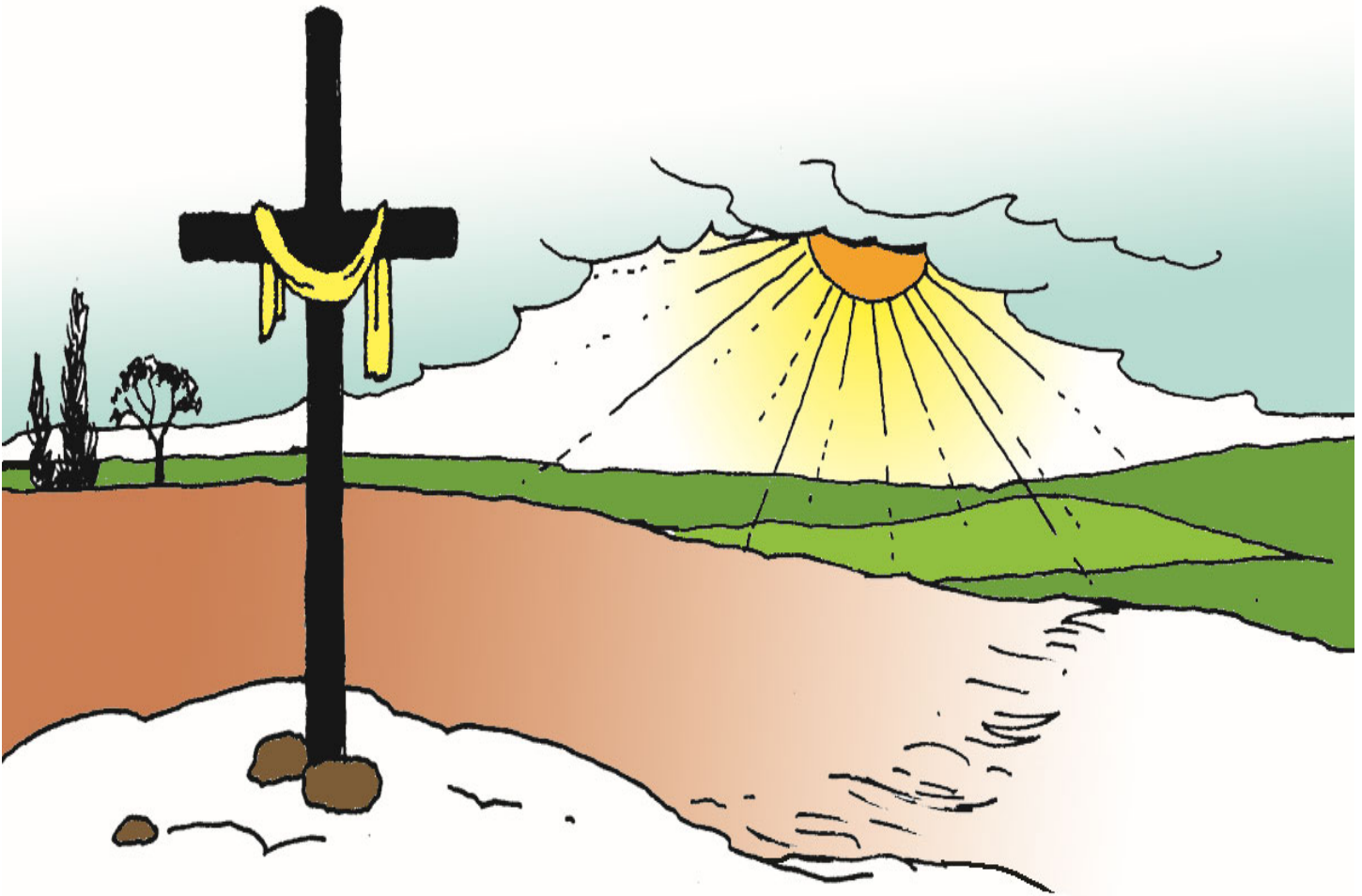
The OLS Youth Ministry 8th grade/high school group (OLSY) will be meeting on the third Sunday of each month. Eighth graders and high schoolers, please feel free to join us. Bring friends!

*****Our Meetings will be held from 6-7:30 at OLS with social distance guidelines in place*****

If you would like to receive more information, please contact Mary Kabbaz or Rachel Schoenberger.

Mary: 314-614-6120 or marymargaret21@swbell.net

Rachel: 314-556-1811 or beautifulmountain96@gmail.com



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Parish Registration

Are you new to our neighborhood or parish community? We'd love to welcome you into our parish family! Fill out the form below, drop it in the collection basket, and our staff will reach out to you soon.

Name: _____ **Phone Number:** _____

Address: _____

E-mail address: _____

