

## FIFTH SUNDAY IN ORDINARY TIME



Your  
**light**  
must  
**shine**

FEBRUARY 5

before others, that they may  
see your good deeds and  
glorify your heavenly Father.

5<sup>th</sup> Sunday in Ordinary Time  
Word of the Lord Missal, pg. 190

ENTRANCE**Table of Plenty** Dan SchutteRefrain

Come to the feast of heaven and earth!  
Come to the table of plenty!  
God will provide for all that we need,  
here at the table of plenty.

1. O come and sit at my table  
where saints and sinners are friends.  
I wait to welcome the lost and lonely  
to share the cup of my love.
2. O come and eat without money;  
come to drink without price.  
My feast of gladness will feed your spirit  
with faith and fullness of life.
3. My bread will ever sustain you  
through days of sorrow and woe.  
My wine will flow like a sea of gladness  
to flood the depths of your soul.
4. Your fields will flower in fullness;  
your homes will flourish in peace.  
For I, the giver of home and harvest,  
will send my rain on the soil.

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RESPONSORIAL PSALM

“The just man is a light in darkness, a light to the upright.”

PREPARATION**Whatsoever You Do** Willard F. JabuschRefrain

Whatsoever you do to the least of my people,  
that you do unto me.

1. When I was hungry, you gave me to eat;  
When I was thirsty, you gave me to drink.  
Now enter into the home of my Father.
2. When I was homeless, you opened your door;  
When I was naked, you gave me your coat.  
Now enter into the home of my Father.
3. When I was weary, you helped me find rest;  
When I was anxious, you calmed all my fears.  
Now enter into the home of my Father.

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COMMUNION**Here I Am, Lord** Dan Schutte

1. I, the Lord of sea and sky, I have heard my  
people cry. All who dwell in dark and sin  
My hand will save. I, who made the stars of  
night, I will make their darkness bright.  
Who will bear my light to them? Whom shall I  
send?

Refrain

Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night. I will go,  
Lord, if you lead me. I will hold your people in my  
heart.

2. I, the Lord of snow and rain, I have borne my  
people's pain. I have wept for love of them.  
They turn away. I will break their hearts of stone,  
Give them hearts for love alone. I will speak my  
word to them. Whom shall I send?

3. I, the Lord of wind and flame, I will tend the  
poor and lame. I will set a feast for them. My  
hand will save. Finest bread I will provide Till  
their hearts be satisfied. I will give my life to  
them. Whom shall I send?

Text: Based on Isaiah 6. Text and music © 1981, OCP. All rights reserved.

Recessional**Thanks Be to God** CHARIS/Stephen Dean

1. Thanks be to God whose love has gathered us  
this day; Thanks be to God who helps and guides  
us on our way. Thanks be to God who gives us  
voice that we may thank him: Deo gratias, Deo  
gratias, Thanks be to God most high.

2. Thanks be to God for all the gifts of life and  
light; Thanks be to God whose care protects us  
day and night. Thanks be to God who keeps in  
mind us who forget him: Deo gratias,  
Deo gratias, Thanks be to God most high.

3. Thanks be to God who knows our secret joys  
and fears; Thanks be to God who when we call  
him always hears. Thanks be to God our rock and  
strength ever sustaining: Deo gratias, Deo  
gratias, Thanks be to God most high.

Music: CHARIS; Text and music © 1994, Stephen Dean. Published by OCP.  
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## Our Lady of Sorrows

5020 Rhodes Avenue  
St. Louis, MO 63109  
[www.olsorrows.org](http://www.olsorrows.org)

### Business Hours

Monday - Friday  
8:00 a.m. - 4:00 p.m.  
Phone (314) 351-1600

### Pastor

*Fr. Sebastian Mundackal*



## Mass Schedule

### Daily

Monday—Friday 7:00 a.m.

### Holy Days

7:00 a.m., 7:00 p.m.

Rectory closed on all Holy Days

### Sunday

Saturday 5:00 p.m.

Sunday 8:00 a.m. and 10:00 a.m.

### Confessions

Tuesday 6:45—7:00 a.m.; Saturday 4:00—4:45 p.m.

By appointment anytime

## PARISH STAFF

**Rev. Sebastian Mundackal**, Pastor  
[sebastianosb@yahoo.com](mailto:sebastianosb@yahoo.com)

**Rev. Andrew Sigmund**, Retired  
[andrewjsigmund@gmail.com](mailto:andrewjsigmund@gmail.com)

**Deacon Dan Skillman**, Pastoral Associate  
[skillmand@olsorrows.org](mailto:skillmand@olsorrows.org)

**Mrs. Anna Barringer**, Business Manager  
[parishoffice@olsorrows.org](mailto:parishoffice@olsorrows.org)

**Mrs. Mary Ann Rachas**, Bulletin Editor  
[rectory@olsorrows.org](mailto:rectory@olsorrows.org)

**Mr. Greg Schweizer**, Director of Music  
[gregschweizer@hotmail.com](mailto:gregschweizer@hotmail.com)

## SOUTH CITY CATHOLIC ACADEMY

**Mrs. Laura Hirschman**, Principal  
[lhirschman@sccastl.org](mailto:lhirschman@sccastl.org)

5821 Pernod Ave  
St. Louis, MO 63139  
314-752-4171  
[www.stlsouthcitycatholicacademy.org](http://www.stlsouthcitycatholicacademy.org)

## OTHER HELPFUL NUMBERS

<b>Maureen Ragsdale</b> , Parish Council	314-780-1289
<b>Prayer Chain</b>	314-330-9275
<b>Medical Equipment Needs</b>	314-752-4660
<b>Martha Ministry</b> (funeral luncheons)	314-304-4541
<b>St. Vincent de Paul</b> (assistance line)	314-289-6101 mailbox 1123

**Eucharistic Adoration:** The Adoration Chapel is located in the South Sacristy; call the rectory for specific hours. Please come & spend some time in prayer before the Blessed Sacrament.

### Sacramental Policies:

For details on sacramental policies for infant baptism, adult initiation, anointing of the sick, Christian marriage, or religious vocations, stop by the rectory or visit our website: [www.olsorrows.org](http://www.olsorrows.org).

### Bulletin Articles:

Should be submitted by 9 a.m. Tuesday morning prior to the weekend the article is to run. Articles may be emailed to [bulletin@olsorrows.org](mailto:bulletin@olsorrows.org) or dropped off at the rectory office.

## From the Pastor's Desk

When Jesus presents the images of salt and light in today's Gospel from Matthew, he is describing some of the primary characteristics for his community of followers. As salt adds flavor to food, so Christians are to bring hope and meaning to their world. As light reveals what is hidden in darkness, so Christians are to bring wisdom and truth to others. To be Christian is not to sit back, give thanks and savor God's blessings. Just as salt and light are gifts from God for everyone, those who follow Christ are to be agents of God's love for all. Saint Paul describes this further, teaching that we might begin by embracing humility and vulnerability. Isaiah calls us to be generous and to work for justice. These are the characteristics of a "city set on a mountain," a community of salt and light.

**Lamps and Bushel Baskets:** Jesus uses the present tense, "you are" salt of the earth and light of the world. This can be troubling to hear, upon a little reflection, when we already suspect that we are not. It's easy to see how often we fail to truly be salt and light for others. This can lead to discouragement and a fear of failing again. But Jesus says that being salt and light is God's gift, and not our own accomplishment. He notes the "bushel basket" that prevents the light of the lamp from being seen. We have created and received all

kinds of patterns of thinking and behaving that block our capacity to be light for others. But these patterns do not define us. Whatever our faults, we are primarily God's beloved and gifted people. We can have hope that God will assist us in addressing our "bushel basket," to overcome what blocks our ability to love others. Jesus' Good News for us is that we are ultimately not the bushel basket, but the lamp.

**City on a Mountain:** Often, we envision Jesus' imagery of salt and light applied to the life of individual Christians. This is indeed appropriate. However, along with "salt of the earth" and "light of the world," we hear of a "city set on a mountain." Clearly, these images are also directed to Christian communities. A parish, for example, is called to have a visible, caring presence in its local area. As salt and light, a community of faith can add its own flavor and wisdom to its surroundings. A faith community can have its own "bushel basket" too. This might include unresolved internal conflicts, or a lack of welcoming to strangers, or just being too internally focused. These can prevent the community from demonstrating God's love. However, just as with individuals, God can lead the faithful to address these obstacles and to become salt and light more fully for their neighborhood.



### All Things New – Parish Feedback Summaries

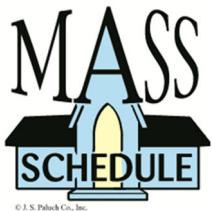
A team of nearly 50 volunteers, including religious orders, Kenrick-Glennon Seminary faculty and staff, associate pastors, permanent deacons, and lay people recently synthesized all the information the Archdiocese of St. Louis has received regarding its 178 parishes during the All Things New process. Information gathered included feedback from key parish leaders, parish listening sessions, online surveys, individual letters, and emails. All of this is geared toward Archbishop Rozanski making a well-informed, discerned decision for the spiritual well-being of the Archdiocese, looking at the feedback of the people and the needs of the Archdiocese.

Volunteers were asked to follow four guidelines: that they offer a fair representation of what people said; include the real contradictions and tensions reflected in the feedback; offer the good ideas and key insights shared; and ensure they are concise. Volunteers were not allowed to synthesize any information for parishes in their own planning area. Every parish feedback summary is now public at:

<https://allthingsnew.archstl.org/planning-process/planning-areas/planning-area-4>  
(This link is also available on our website)

The All Things New planning committee is expected to refine the draft models to one model per planning area. Armed with the feedback summaries, parish workbooks and financial data, the team will analyze each model to ensure each one has the resources to sustain the new structure. The question to be answered, whether they have the resources to invest in a more vibrant parish staff and ministries than what they currently have. Another round of draft model options will be shared with the priests in early February, with a period of feedback and the final proposed plan expected after that. Other factors will come under consideration, including redrawing maps of the Archdiocese and priest reassessments.

It is expected that by the end of April, Archbishop Rozanski will have met with Consultors to review final draft models, and then he will have a month to pray and discern before announcing a final decision on May 28, the feast of Pentecost. Implementation of these plans will take effect beginning in Fall 2023 through 2026.



**Monday, February 6 St. Paul Miki and Companions, martyrs**

*Readings:* Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56

7:00 a.m. †Gene Zelinski

**Tuesday, February 7 Weekday**

*Readings:* Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13

7:00 a.m. †Joseph F. & Kathryn Darpel

**Wednesday, February 8 St. Jerome Emiliani; St. Josephine Bakhita, virgin**

*Readings:* Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23

7:00 a.m. †The Reilly Family

**Thursday, February 9 Weekday**

*Readings:* Gn 2:18-25; Ps 128:1-5; Mk 7:24-30

7:00 a.m. †Louise Niewoener

**Friday, February 10 St. Scholastica, virgin**

*Readings:* Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37

7:00 a.m. Special Intention (AW)

**Saturday, February 11 Our Lady of Lourdes**

*Readings:* Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10

5:00 p.m. †Marc Tarcia

servers: E. Cline, N. Payne

lectors: Margaret Yohe & Sr. Judy Bell

**Sunday, February 12 Sixth Sunday in Ordinary Time**

*Readings:* Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-37 [20-22a, 27-28, 33-34a, 37]

8:00 a.m. Parishioners & Friends of OLS Parish

servers: L. Meyer, B. Mangum, G. Imbula

lector: John Asbury

10:00 a.m. †Robert Rice

servers: M. Ekeocha, O. Ekeocha, N. Williams

lectors: Phil Klevorn & Denise Klevorn

# This Week @ OLS

<b>SUN 2/5</b>	Coffee and Donuts Bible Study Basketball (instruct.) Pickleball	10:00 am 11:30 am 12:00 pm 6:00 pm	Cafeteria Band Room Faenger Hall Faenger Hall
<b>MON 2/6</b>	Pickleball/Exercise The Chosen Basketball Practice The Chosen	9:00 am 1:00 pm 4:00 pm 7:00 pm	Faenger Hall Notre Dame Rm Faenger Hall Notre Dame Rm
<b>TUE 2/7</b>	Pickleball/Exercise Quilting Pickleball Parish Council St. Vincent de Paul	9:00 am 5:00 pm 6:00 pm 7:00 pm 7:30 pm	Faenger Hall Rectory Faenger Hall S/S Rooms Band Room
<b>WED 2/8</b>	Quilting Pickleball/Exercise Southside Basketball Women's Guild Boy Scouts	8:00 am 9:00 am 5:45 pm 6:45 pm 7:00 pm	Rectory Faenger Hall Faenger Hall Cafeteria Band Room
<b>THU 2/9</b>	Legion of Mary Pickleball/Exercise Basketball Practice Cub Scouts Private Event Girl Scouts Care of Creation Respect Life Ministry	8:45 am 9:00 am 4:00 pm 5:15 pm 6:00 pm 6:00 pm 6:30 pm 7:00 pm	Notre Dame Rm Faenger Hall Faenger Hall Notre Dame Rm Band Room Cafeteria S/S Rooms Notre Dame Rm
<b>FRI 2/10</b>	Pickleball/Exercise SCCA	9:00 am 1:00 pm	Faenger Hall Faenger Hall
<b>SAT 2/11</b>	Valentine Love Baskets Private Event	9:00 am 6:00 pm	Cafeteria Faenger Hall
<b>SUN 2/12</b>	Bible Study Cub Scouts Pickleball	11:30 am 12:30 pm 6:00 pm	Band Room Cafeteria Faenger Hall

**Sharing our Faith in Jesus,  
Caring for our Community,  
Building on Tradition**

## Praying the Rosary

We are praying the rosary before the 7:00 a.m. weekday Masses. We begin at 6:30 a.m.

Please join us as we gather in prayer to keep Our Lady of Sorrows Parish open.

**Parish Mission Statement:** We, the Catholic community of Our Lady of Sorrows, are disciples of Jesus Christ through our Baptism. Nourished by Word and Sacrament we seek to form adults, teens, and children in the ways of the Gospel, while welcoming new members to our parish and our Catholic faith. As a Eucharistic people, guided by the Holy Spirit, we minister to all, especially the ill, elderly, and those in need, through works of fellowship, charity and justice. We strive to continue the mission of our parish begun a century ago through the prayerful intercession of Mary, Our Mother.

# SUNDAY OFFERING

**Sunday, January 29, 2023**

<b>Envelopes:</b>	<b>\$ 2,728.</b>
<b>Loose:</b>	<b>\$ 526.</b>
<b>Online:</b>	<b>\$ 1,180.</b>
	<b>\$ 4,434.</b>

**Thank you for your sacrificial gift  
to our parish!**

## Welcome!

We welcome our devoted and faithful parishioners, neighbors who come regularly to support our mission, all St. Louisans of all faiths, and our visitors. Serving you in this beautiful church of Our Lady of Sorrows is a great privilege.

- Fr. Sebastian Mundackal, pastor
- Fr. Andrew Sigmund, retired in residence
- Deacon Dan Skillman, permanent deacon

## E-mail Account for Bulletin Submissions

If you wish to submit content to the bulletin via e-mail, please use the new address: [bulletin@olsorrows.org](mailto:bulletin@olsorrows.org). This account will strictly be for bulletin articles. Please direct all other inquiries for the parish staff to [rectory@olsorrows.org](mailto:rectory@olsorrows.org) or [parishoffice@olsorrows.org](mailto:parishoffice@olsorrows.org).



## Baptismal Preparation

The next Baptismal Preparation Evening is **MONDAY, FEBRUARY 13** from 7:00-8:00 p.m. in the Rectory. If you need to have your child (under 7) baptized, please call 314-351-1600 to sign up for our next preparation opportunity.

## Online Giving

Sign up for Online Giving by visiting our parish website at [www.olsorrows.org](http://www.olsorrows.org) and selecting the online giving link. If you need technical support, you can contact Our Sunday Visitor at 1-800-348-2886, option 4, or contact Anna Barringer in the Rectory at 314-351-1600.



## Contributions

In lieu of dropping your contribution envelopes in the collection basket at Sunday mass, you can mail them to the rectory, drop them in the mail slot located on the interior rectory door, or set up Online Giving. If you need technical support to set up Online Giving, you can contact Our Sunday Visitor at 1-800-348-2886 option 4.

Thank you for your continued generosity, prayers, and patience.

Our Lady of Sorrows, Pray for Us

## Pray for the Sick

Please remember the following people in your prayers:

Patty Anton	Jay Hahn	Emily Oster
Justin B.	Gary Harbstreet	Carol Padberg
Cindy Reilly Berry	Kathleen Hendren	Jeff Pagano
Sue Bunch	Chris Kirchner	Shirley Pelly
Mike Cebulski	Joy Kullman	Kevin Reilly
James A. Coyle	Linda LeGrand	George Reinarman
Darrell Curtis	Vlad Mattingly	Christopher Seitz
Sean D.	Audrey Mehan	Ethan Wagner
Tom Davis	Kenny Mehring	Jurlean Wiatr
Rick Gahn	Anthony Mendoza	Krissy Wilson
Audrey Hacker	Julia Michalka	Charlie Yanko

Join us in praying for the deceased members of our parish community:

Robert Topp

To all who mourn their loss, we extend our deepest sympathy and prayers during this difficult time. We call on Mary, Our Lady of Sorrows, to comfort you in your grief.



## Eucharistic Adoration Chapel

The Eucharistic Adoration Chapel **will be open every first Friday from 8am-5pm** with the Blessed Sacrament exposed. On other days when the Blessed Sacrament is not exposed, you may access the sanctuary through the chapel for quiet prayer.



Thank you.

## Evangelization 101 Workshops

The Archdiocesan Office of Evangelization and Discipleship is hosting free Evangelization101 workshops throughout the Archdiocese this spring.

This workshop will help parishioners learn the basic skills to evangelize and accompany others with confidence and to proclaim the Good News.

The workshops will be held from 9 am to noon on Saturday mornings. The content will be the same at each workshop, so plan to attend just one.

For information and to register, visit [archstl.org/evangelization](http://archstl.org/evangelization)

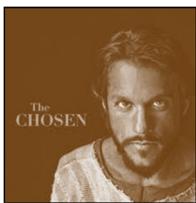
Feb. 11: Cathedral Basilica of Saint Louis

March 18: Margaret Mary Alacoque in south St. Louis County

March 25: St. Gerard Majella in Kirkwood

April 1: St. Francis Xavier "College" Church

April 15: St. Raphael the Archangel in So. St. Louis



**"THE CHOSEN" CONTINUES...  
and you are invited to be among  
them:**

Episode 8:  
**Monday, February 6**

Please join us (and bring a friend) either at 1:00PM or 7:00PM in the Notre Dame Room.



**Come and See What They Saw. Be Among THE CHOSEN.**

With Lent approaching, we would like to invite you to join us for Season 2 of "The Chosen." Walk with Jesus and His followers during this Holiest season of the Church year. Let God touch you in a new and personal way.

**Where:** OLS Notre Dame Room

**When:** EVERY Monday Feb 13 thru April 3 either at 1:00PM OR 7:00PM

**Why:** Because you are among "The Chosen" to come and invite others.

(For those who were not able to join Series 1, we encourage you to watch as many episodes as you can prior to joining Season 2 so that the characters are familiar to you. Season 1 can be viewed at: [AngelStudios.com](https://AngelStudios.com); Peacock; or Prime Video.)

Blessings of Peace,  
Sue Dunn and Mary Ellen Mueller

**Valentine Cards**

Here is a picture of the Valentine cards that ladies from our parish made in our new Penny Brennell craft room. These Valentine cards will be sent to shut ins from our parish and will also be for sale at coffee and donuts this weekend. The price will be three cards for five dollars.



**A Big Love Basket Thank You!!**

Thank you to everyone who gave of their time, talent and treasure throughout the past year.

Your support of Love, in this ministry, is greatly appreciated.

Much Joy,  
The Love Basket Committee

**O.L.S. Valentine Love Baskets 2023  
(to help those in need)**

Our Valentine Love Baskets collection will be held on:

**Saturday, February 11, 2023  
9:00 am – 11:00 am in the Cafeteria**

This collection of food and other helpful items will be distributed throughout our neighborhoods to those who are in need of assistance during this time of year.

Here is a list of suggested items for donation:

- Ham, chicken, canned meats, peanut butter
- All varieties of canned goods: vegetables, fruits, stew, chili, pastas
- Breakfast cereals, oatmeal, bottles of juice
- Boxed noodles, crackers, breads
- Staple items: sugar, flour, coffee, tea, hot chocolate mix, etc....
- Plastic wrap, aluminum foil, paper towels, napkins, storage bags, dish detergent
- Toiletries: shampoo, bath soap, toothpaste, toothbrushes, toilet tissue
- Fresh fruit, fresh vegetables

Please join us if you can. We are always in need of volunteers to pack and/or deliver the donated items.

**For more information:**

Please call Marjorie @ 481-1453 or Sue @ 481-0180

There will be volunteers in the front of the Parish Hall to collect the donated items. You may pull your car up in front of the Parish Hall and volunteers can take them out of your car for you.

**THANK YOU!**  
The Love Basket Committee 2023



### Want to be a Jonah Prayer Minister?

Jonah Prayer Ministry is a parish based prayer ministry that offers training and support from the Catholic Renewal Center. After training, Jonah Prayer Ministers pray with fellow parishioners who request prayer support. Jonah Prayer Ministry builds up parish prayer life and calls Catholics forth to pray as scripture encourages. "For where two or three are gathered together in My Name, I am there in their midst," Mathew 18:20.

Jonah Prayer Ministers Training is available to all Parishioners who have an application signed by the pastor.

The next Jonah Training is scheduled for **February 11 & 18, 2023, 9am - 3pm at the Catholic Renewal Center**. For more information and to receive a Jonah Training application, please call Catholic Renewal Center at 314-801-8688 or email [catholicrenewal@archstl.org](mailto:catholicrenewal@archstl.org) or call Sue Dunn at 314-304-4541.

Other Jonah Prayer Ministry training dates are as follows:

**April 29, 1-Day Training 9am - 4pm**

**August 12 & 19, 2-Day Training 9am - 3pm**

**October 7, 1-Day Training 9am - 4pm**



### WINTER OUTREACH A Ministry of Mercy

Encouraged by our Catholic Social Teachings: "*Option for the Poor and Vulnerable*," will you be one of God's chosen to support St. Louis Winter Outreach as a Ministry of Mercy. *"As long as you did it to one of these the least of my brethren, you did it to me."* (MT 25:31-46)

As Winter approaches, our homeless "brethren" will spend cold days and nights on the streets of St. Louis. In an effort to give them comfort, **we invite you to help provide meals** to an overnight shelter during the coldest months. **Drivers are also needed to deliver the meals to Americorps Shelter** (1315 Ann Street) on the following days:

**LAST DATE: SATURDAY, FEB 11 (1pm drop off)**

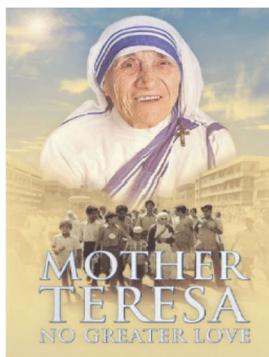
Please consider joining our Ministry of Mercy by providing one or more of the following: 9 x13 Casserole (meat, vegetable or breakfast); Dessert-12 to 24 servings. (Food items may be store-bought.) **All dishes must be brought baked, frozen, wrapped, and marked.** Food is to be dropped off at Our Lady of Sorrows Parking Lot at 1pm. If needed, arrangements can be made to drop off or picked up ahead of time.

For more information, to share a dish and/or be a driver, please contact Mary Ellen Mueller at 314-374-1712 or email [maryem@brick.net](mailto:maryem@brick.net).

### OLS Respect Life Ministry Movie Night

**Friday, February 17 - 7:00 PM**

**Our Lady of Sorrows Cafeteria - 5020 Rhodes Ave.**



Twenty-five years have passed since the death of Mother Teresa of Calcutta, sparking a renewed interest in this spiritual giant of the 20th century. Filmed on five (5) continents and featuring unprecedented access to both institutional archives and the apostolates of the Missionaries of Charity, this film reveals not just who Mother Teresa was, but how her singular vision to serve

Christ in the poor continues to be realized through the Missionaries of Charity today. This is far more than a documentary film. It is at once a soaring tribute to a spiritual icon, a powerful witness of authentic Christian charity and a guidepost for all who seek hope in our turbulent times.

**FREE – All are welcome! For more information, call or text Diana 314-330-9275.**

### White House Women's Retreat May 25-28



Do you find it difficult to find time to truly relax, quiet your mind and talk to God? A retreat at White House is the perfect opportunity to the find peace, quiet and inspiration your soul is looking for. It's like a 3-day vacation with God! Join the ladies of our parish on our first retreat from May 25 to May 28. Retreats at White House are silent, guided retreats based on the Spiritual Exercises of St. Ignatius. All of your meals are provided and everyone receives their own private accommodations. There is no set fee to attend; White House operates on a free-will offering basis.

To register, call Diana Wagner 314-330-9275 or visit [www.whretreat.org](http://www.whretreat.org) to find additional dates.



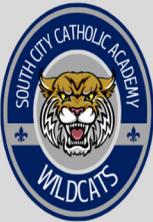
## **SOUTH CITY CATHOLIC ACADEMY ATHLETIC ASSOCIATION UPDATE**

FEBRUARY 2023

### REGISTRATION IS NOW OPEN FOR:

- GOLF (Grades 2-8)
- TRACK & FIELD (Grades 3-8)

REGISTRATION CLOSES ON FEBRUARY 15TH!



**In addition to SCCA students,  
registration is open to parishioners of  
Our Lady of Sorrows, St. Joan of Arc,  
and Church of the Magdalen (South City).**

To register or for more information on our programs,  
please visit the SCCA Team Sideline page by scanning  
the QR code or visiting:

[https://www.teamsideline.com/sites/cycsouthcentral/  
content/23819/Org-South-City-Cath-Academy](https://www.teamsideline.com/sites/cycsouthcentral/content/23819/Org-South-City-Cath-Academy)

You may also contact our Program Director at:  
[sccaathletics.register@gmail.com](mailto:sccaathletics.register@gmail.com)



### **American Red Cross Blood Drive**

American Legion Post 111 and  
Knights of Columbus Council 2119  
at  
American Legion Post 111  
7300 Lansdowne - Shrewsbury, MO 63119  
Monday, February 13, 2023  
2:30 p.m. to 6:30 p.m.

For an appointment, call the Red Cross at 800-733-2767 or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter Sponsor Code: **AmericanLegionPost111**

### **Parish Registration**

Are you new to our neighborhood or parish community? We'd love to welcome you into our parish family!  
Fill out the form below, drop it in the collection basket, and our staff will reach out to you soon.

**Name:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

The Christmas season has passed, but the assistance requests from our Neighbors in Need continues.

Pantry items such as canned fruits and vegetables, canned soups and meat are always in demand.

Rent and utility payment assistance are oftentimes asked for. Several government programs have run out of money recently, so without that funding available any longer, our needy neighbors will turn to us for help. These types of requests can and do impact our money reserves, so cash donations are certainly always appreciated and welcomed.

Food donation baskets are located inside the doors of church, monetary donations can be added to the collection baskets, dropped off at the rectory or made online at the Our Lady of Sorrows website, [www.olsorrows.org](http://www.olsorrows.org)

Any questions on how you can further help or get involved with St. Vincent de Paul, contact Deacon Dan or Chris Wagner, 314-330-9406.

Thank you for your prayers and support.



### **Happy Anniversary!**

Couples celebrating **over 50 years** of marriage in January:

Michael & Mary Ronhausen	Jan 25	54 years
Dominic & Rosemary Grana	Jan 8	51 years
Thomas & Leona Davis	Jan 5	50 years

Join in congratulating all our couples who are celebrating their milestone wedding anniversaries this month. Others will be recognized in the coming months for 5, 10, 15, 20, 25, etc. anniversaries. If any of the below information is not correct, or if your anniversary has been left off the list, please let the rectory know.

Mark & Renee Amoroso      Jan 12      5 years

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	<p><b>SOUTHSIDE TRUE VALUE HARDWARE</b></p> <p><i>Good Neighbor - Good Advice</i></p> <p><b>351-0204</b></p>
<p>6401 Hampton Ave., 1 blk. N. of Loughborough St. Louis, MO 63109, M-F: 8-8, Sat: 8-6 / Sun: 10-3</p>	
<p><b>JEFFERY A. RONECKER, D.M.D. FAMILY DENTISTRY</b></p>	

Sign up  
[www.coursera.org](http://www.coursera.org)

**Say Good-bye to Clogged Gutters!**

**\$99 Installation\***

**Receive a \$100 Visa gift card with your FREE in-home estimate**

\*Does not include cost of material. Expires 12/31/02.

**Call today for your FREE estimate and in-home demonstration**

**CALL NOW 314-549-8449**

\*Guaranteed not to clog for as long as you own your home, or we'll clean your gutters for free.

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For further information, please call the Parish Office.

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**WHY IS IT**

A man wakes up after sleeping  
under an ADVERTISED blanket  
on an ADVERTISED mattress  
and pulls off ADVERTISED pajamas  
bathes in an ADVERTISED shower  
shaves with an ADVERTISED razor  
brushes his teeth  
with ADVERTISED toothpaste  
washes with ADVERTISED soap  
puts on ADVERTISED clothes  
drinks a cup  
of ADVERTISED coffee  
drives to work  
in an ADVERTISED car  
and then . . .  
refuses to ADVERTISE  
believing it doesn't pay.  
Later if business is poor  
he ADVERTISES it for sale.

**WHY IS IT?**

This weekly bulletin  
is weekly bulleti

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**BEST NURSING HOMES**  
U.S. News  
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Learn How Boutique Senior Living Is Perfect For You  
**314-353-7225**  
[www.altenheimstlouis.org](http://www.altenheimstlouis.org)  
**5408 S. Broadway, St. Louis**

An advertisement for MDMedAlert. It features a woman smiling while holding a smartphone. To her right is a circular GPS tracking device with a map and the word 'HELP' on it. The background shows a grocery store aisle. The text includes: 'If You Live Alone You Need MDMedAlert!', '24 Hour Protection at HOME and AWAY!', '✓ Ambulance Solutions as Low as \$19.95 a month', '✓ Police ✓ Fire', '✓ Friends/Family FREE Shipping', 'FREE Activation', 'NO Long Term Contracts'. A large red asterisk on the left says 'I have peace of mind... Mom remains independent!'. At the bottom, it says 'CALL NOW! 800.809.3352' and 'GPS Tracking w/Fall Detection Nationwide, No Land Line Needed EASY Set-up, No Contract 24/7 365 Monitoring in the USA'.

*Keller Apothecary*  
5346 Devonshire, St. Louis, MO 63109      352-5201  
**Paula Weaver** - Parishioner & OLS Parent  
Fast, Friendly Pharmacy - WE DELIVER

An advertisement for FINDaPARISH.com. On the left, a close-up photograph shows a silver computer keyboard and a white computer mouse with a black scroll wheel. To the right of the image is a large blue rectangular box containing the website's name in white, bold, sans-serif capital letters. Below this, centered text in a blue serif font reads "The Most Complete Online National Directory of Catholic Parishes". At the bottom, a thick blue horizontal bar contains the text "CHECK IT OUT TODAY!" in white, bold, sans-serif capital letters.

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Patronize *One of Our Advertisers*

Thank you for advertising in  
our church bulletin.  
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The image shows two separate business logos side-by-side. On the left is the Bieg Plumbing Company logo, which features the word "Bieg" in a large, stylized script font above the words "PLUMBING COMPANY" in a smaller, sans-serif font. A graphic of a water drop is integrated into the letter "g". On the right is the Imo's Pizza logo, which includes a cartoon illustration of a chef holding a pizza, the words "IMO'S PIZZA" in a large serif font, and the phone number "832-9677" below it. Below the logos is the address "5806 HAMPTON AVENUE" and the services offered "CARRY OUTS & DELIVERIES".

An advertisement for LeafGuard Gutters. It features a large 'Thank You' message from CatholicMatch Missouri. The ad includes a 'Good-bye to Clogged Gutters!' section with a \$99 installation offer, a 'LeafGuard' product shot, and a 'Get it. And forget it.' slogan. It also contains a 'Leave a Review' button and a 'Leave a Comment' section.

The banner features three distinct sections. The left section for Hoffmeister Colonial Mortuary has a light blue background with a black horse-drawn carriage silhouette. It contains the company name in large serif letters, 'COLONIAL MORTUARY' below it, and the tagline 'Helping people is our business.' with a small heart. Below this is contact information: 'Conveniently located at 6464 Chippewa in St. Louis Hills 314.832.7770' and the website 'www.hoffmeistercolonial.com'. The middle section for Bieg Plumbing Company has a grey background and features the company name in a stylized script font with a flame graphic, followed by 'PLUMBING COMPANY' and 'Commercial & Residential' with phone number '(314) 487 - 4564'. The right section for Imo's Pizza has a white background with a cartoon chef holding a pizza. It displays the company name in large bold letters, the phone number '832-9677', and the address '5806 HAMPTON AVENUE' along with 'CARRY OUTS & DELIVERIES'.