

# St. Brendan the Navigator Parish



June 5, 2022

Belfast ~ Camden ~ Rockland ~ Islesboro ~ North Haven  
~ Vinalhaven ~ St. Dismas Catholic Community (Maine State Prison)



## PENTECOST SUNDAY

**“The Advocate,  
the Holy Spirit  
whom the Father  
will send  
in my name,  
will teach you  
everything and  
remind you  
of all that  
I had told you.”  
(Jn 14:26)**

## Weekend Mass Schedule

(For weekend live stream schedule see p.3)

### SATURDAY

4:00pm Our Lady of Good Hope, Camden

4:00pm St. Francis of Assisi, Belfast

6:00pm St. Bernard, Rockland

### SUNDAY

8:00am St. Bernard, Rockland

8:30am St. Francis of Assisi, Belfast

11:00am Our Lady of Good Hope, Camden

11:00am St. Bernard, Rockland



## Sacrament of Reconciliation (Confession)

Half hour before weekend Masses  
or by appointment, call 236-4785.

Plus, priests are available during  
scheduled Adoration times on Monday,  
Wednesday and Thursday evenings.

## Adoration & Mass During the Week

**MONDAY LIVE STREAM** from  
Our Lady of Good Hope:  
Adoration 5:30pm, Mass 6:30pm

**TUESDAY:**  
8:00am Mass at St. Bernard

**WEDNESDAY**  
—8:00am Mass at Our Lady  
of Good Hope, Camden  
—At St. Francis of Assisi in Belfast,  
Adoration 5:30pm, Mass 6:30pm

**THURSDAY LIVE STREAM** from St. Bernard  
Adoration 5:30pm, Mass 6:30pm

**FRIDAY LIVE STREAM** Mass 8am from St. Francis

Church Doors are open  
in all three churches  
from 12pm-3pm, Monday-Friday  
Come, spend some  
quiet time with the Lord—  
pray, keep Him company...



# This Week at St. B!

## WHAT ARE THE SEVEN GIFTS OF THE HOLY SPIRIT?

The seven gifts of the Holy Spirit are, according to Catholic Tradition, wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of God. The standard interpretation has been the one that St. Thomas Aquinas worked out in the thirteenth century in his *Summa Theologiae*:



1. **Wisdom** is both the knowledge of and judgment about “divine things” and the ability to judge and direct human affairs according to divine truth.
2. **Understanding** is penetrating insight into the very heart of things, especially those higher truths that are necessary for our eternal salvation—in effect, the ability to “see” God.
3. **Counsel** allows a man to be directed by God in matters necessary for his salvation.
4. **Fortitude** denotes a firmness of mind in doing good and in avoiding evil, particularly when it is difficult or dangerous to do so, and the confidence to overcome all obstacles, even deadly ones, by virtue of the assurance of everlasting life.
5. **Knowledge** is the ability to judge correctly about matters of faith and right action, so as to never wander from the straight path of justice.
6. **Piety** is, principally, revering God with filial affection, paying worship and duty to God, paying due duty to all men on account of their relationship to God, and honoring the saints and not contradicting Scripture. The Latin word *pietas* denotes the reverence that we give to our father and to our country; since God is the Father of all, the worship of God is also called piety.
7. **Fear of God** is, in this context, “filial” or chaste fear whereby we revere God and avoid separating ourselves from him—as opposed to “servile” fear, whereby we fear punishment.

These are heroic character traits that Jesus Christ alone possesses in their plenitude but that he freely shares with the members of his mystical body (i.e., his Church). These traits are infused into every Christian as a permanent endowment at his baptism, nurtured by the practice of the seven virtues, and sealed in the sacrament of confirmation. They are also known as the sanctifying gifts of the Spirit, because they serve the purpose of rendering their recipients docile to the promptings of the Holy Spirit in their lives, helping them to grow in holiness and making them fit for heaven.



These gifts, according to Aquinas, are “habits,” “instincts,” or “dispositions” provided by God as supernatural helps to man in the process of his “perfection.” They enable man to transcend the limitations of human reason and human nature and participate in the very life of God, as Christ promised (John 14:23). Aquinas insisted that they are necessary for man’s salvation, which he cannot achieve on his own. They serve to “perfect” the four cardinal or moral virtues (prudence, justice, fortitude, and temperance) and the three theological virtues (faith, hope, and charity). The virtue of charity is the key that unlocks the potential power of the seven gifts, which can (and will) lie dormant in the soul after baptism unless so acted upon.



FROM: <https://www.catholic.com/magazine/print-edition/the-seven-gifts-of-the-holy-spirit>

## MASS SCHEDULE & INTENTIONS (Mass times may change and intentions may need to be rescheduled) LS indicates Live Stream

Saturday, June 4, 2022 – Vigil: Pentecost Sunday			
8:00am	St. Francis	Fr. Nathan	First Saturday Mass—All Souls
4:00pm	St. Francis	Fr. Divine	Pro Populo
4:00pm	Our Lady of Good Hope	Fr. Nathan <b>LS</b>	Molly and Bill Brown by the family
6:00pm	St. Bernard	Fr. Nathan	Käthe Kruse by Anja Haubs
Sunday, June 5, 2022 – Pentecost Sunday			
8:00am	St. Bernard	Fr. Nathan	Michael Freda by Josephine Freda
8:30am	St. Francis	Fr. Divine	Living Intention for Gloria Charette by Ron, Janice & Emma Clark
11:00am	Our Lady of Good Hope	Fr. Divine <b>LS</b>	Edward Gilmore by Siobhan and Alex Gilmore
11:00am	St. Bernard	Fr. Nathan	All Souls by the parish
Monday June 6	OLGH 6:30pm	Fr. Nathan <b>LS</b>	Karin Marshall By John McKay
Tuesday June 7	St. Bernard 8:00am	Fr. Nathan	Edgar Quinones by The Brownawell Family
Wednesday June 8	OLGH 8:00am	Fr. Nathan	John McGowan by Susan Michaud
	St. Francis 6:30pm	Fr. Divine	All Souls by the Parish
Thursday June 9	St. Bernard 6:30pm	Fr. Divine <b>LS</b>	All Souls by the Parish
Friday June 10	St. Francis 8:00am	Fr. Divine <b>LS</b>	All Souls by the Parish
Saturday, June 11, 2022 – Vigil: The Most Holy Trinity			
4:00pm	St. Francis	Fr. Nathan	Victims of Uvalde TX Shooting by the Parish
4:00pm	Our Lady of Good Hope	Fr. Divine <b>LS</b>	Molly Govanus by Rosemary Bolger
6:00pm	St. Bernard	Fr. Divine	Pro Populo
Sunday, June 12, 2022 – The Most Holy Trinity			
8:00am	St. Bernard	Fr. Divine	Frank Leboeuf by Pat Leboeuf
8:30am	St. Francis	Fr. Nathan	Linus Heinz by the family
11:00am	Our Lady of Good Hope	Fr. Nathan <b>LS</b>	Living Intention for Klaus Pfeifer by Jane Spurrier
11:00am	St. Bernard	Fr. Divine	Victims of Uvalde TX Shooting by the Parish

## HIGH SCHOOL GRADUATION MASS

Sunday, **June 12th, 11:00 am** at Our Lady of Good Hope in Camden. Graduating seniors, please call the office at 236-4785!



## WEDDING BANNS

I. Peter Joseph Triolo Jr. and Emily Massimi





## AROUND THE PARISH

### THE ROCKLAND KNIGHTS OF COLUMBUS



**KNIGHTS OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Knights of Columbus Limerock Council 136 meets the 3rd Thursday at 7pm in Grispi Hall, at St. Bernard's Church, Rockland. Grand Knight is Paul Chamberlin and can be reached at (207) 691-8882 or [info@kofc136.stbrendanparish.net](mailto:info@kofc136.stbrendanparish.net)  
Website: <https://stbrendanparish.net/knights-of-columbus-rockland>

### Knights Helping Neighbors

The Rockland Council is going to implement a new program for our members, widows of our members, and parishioners. We will donate labor to help those who need help around their homes and are unable either financially or physically to do the work. This will be for smaller inside house tasks and yard projects. We will start on a trial basis to see what the need is within our parish. To see if we can help you, **contact John Ordway at Ph#404-615-4256 or email [jcmcenterpr@hotmail.com](mailto:jcmcenterpr@hotmail.com)**.



### BELFAST KNIGHTS OF COLUMBUS

The William S. Brannagan Council 3942 meets the 2nd Wednesday of the month after the 6:30pm Mass at St. Francis church hall. Grand Knight is Gary Boynton and he can be reached at [kofccouncil3942@gmail.com](mailto:kofccouncil3942@gmail.com) or <https://www.kofc3942.org/>



### OLGH WOMEN'S CLUB, MEETING & SPEAKER JUNE 8TH

The Women's Club at Our Lady of Good Hope will have a guest speaker at our next meeting on Wednesday, June 8, at 1:00pm. Maureen O'Donnell will be speaking about her walk on the Camino de Santiago in Portugal and Spain. All the women of the parish are invited to attend.



## WALKING WITH PURPOSE

**MAY 10th through JUNE 14th ~ 6:30pm @ OLGH**  
The *Walking With Purpose* journey will continue with a 6-week Bible Study ~ *Living in the Father's Love*.

**at Our Lady of Good Hope, Camden**

#### CONTACT:

JANET HEATH: [JMHEATH66@GMAIL.COM](mailto:JMHEATH66@GMAIL.COM)  
CHRISTINE FEE: [CHRISTINE.FEE@PORTLANDDIOCESE.ORG](mailto:CHRISTINE.FEE@PORTLANDDIOCESE.ORG)  
CAROL BROWNELL: [CBROWNELL@ROADRUNNER.COM](mailto:CBROWNELL@ROADRUNNER.COM)  
[walkingwithpurpose.com](http://walkingwithpurpose.com)

### THAT MAN IS YOU!

*That Man is You!* has concluded its Saturday morning program at Our Lady of Good Hope for this past semester. Stay tuned for details for the Fall program later this summer! FMI, **contact Joe Cammelieri at 975-4634 or email [jccam@tidewater.net](mailto:jccam@tidewater.net)**.



Lord, hear our prayer!



### PRAYER OF LAMENT FOR MASS SHOOTINGS

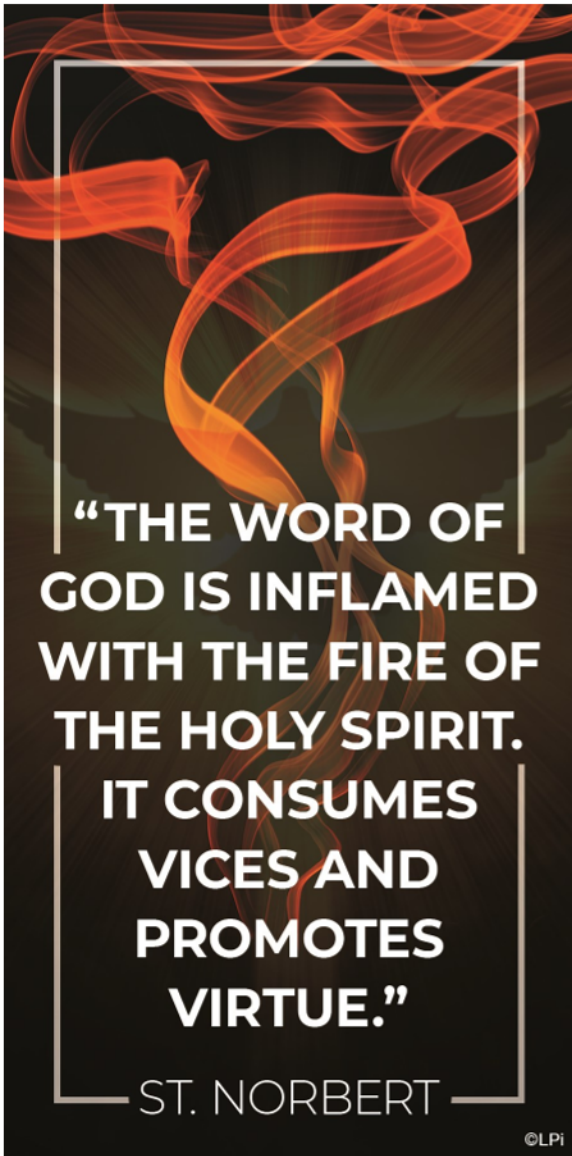
Lord, in our shock and confusion, we come before you.  
In our grief and despair in the midst of hate,  
in our sense of helplessness in the face of violence, we lean on you.  
For the families of those who have been killed we pray.  
For the shooters—help us to pray, Lord.  
For the communities that have lost members—  
their anger, grief, fear—we pray.  
For the churches striving to be your light in darkness  
beyond our comprehension, we pray.  
In the face of hatred, may we claim love, Lord.  
May we love those far off and those near.  
May we love those who are strangers and those who are friends.  
May we love those who we agree with and understand,  
and even more so, Lord, those who we consider to be our enemies.  
Kyrie Eleison. Lord, have mercy.  
Heal our sin-sick souls.  
Make these wounds whole, Lord.

FROM: <https://www.faithward.org/prayers-for-mass-shootings-and-violence/>



Fr. Nathan March participated in an ecumenical prayer vigil at the Camden Village Green on Thursday, May 26<sup>th</sup>. Members of the local faith community and State Representative Vicki Doudera offered thoughts and prayers honoring the victims of recent school and racial shootings. A bell was rung for each of those who perished.





**“THE WORD OF  
GOD IS INFLAMED  
WITH THE FIRE OF  
THE HOLY SPIRIT.  
IT CONSUMES  
VICES AND  
PROMOTES  
VIRTUE.”**


— ST. NORBERT —

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June 6th

**MARY**  
Mother of the church



THE WIND AND FIRE OF THE HOLY SPIRIT  
MUST CONTINUALLY BREAK DOWN THOSE BARRIERS  
THAT WE CONTINUE TO BUILD BETWEEN US;  
WE MUST CONTINUALLY PASS  
**FROM BABEL TO PENTECOST.**

— POPE BENEDICT XVI

©LPI



**INVITE THE HOLY SPIRIT  
INTO YOUR LIFE**

©LPI



**JUNE**  
MONTH OF THE  
SACRED HEART

**Feast of the Sacred Heart  
is June 24th**

Feast of the  
Immaculate Heart  
is June 25th

**DID YOU  
KNOW?**

THE AIM OF THE  
DEVOTION OF THE  
IMMACULATE HEART  
OF MARY IS TO  
UNITE HUMANKIND  
TO GOD THROUGH  
MARY'S HEART.



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## 2022 Catholic Appeal

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 OR make your gift online at  
[portlanddiocese.org/give](http://portlanddiocese.org/give)

## THANK YOU!

Due to a generous donation from parishioners Lou and Cathy Castellani, building improvements have finally begun on the Sacred Heart Center at St. Bernard Church in Rockland, **thank you Lou and Cathy!** It is with such donations that we can maintain our many parish buildings. Donations to the building fund can be made payable to St. Brendan the Navigator, with "Building Fund" in the memo line.

## FACILITIES UPDATE



## MAGNIFICAT APPRECIATION!

Have you seen the May 2022 copies of the *Magnificat* Magazine that were in our Churches this past month? **We thank parishioner Karen Phelan for that effort and coordination!**  
 NOTE: The parish will be getting some June copies of *The Magnificat Magazine* and there is an opportunity for parishioners to purchase annual subscriptions at a much reduced rate. Please contact the parish office (call 236-4785 or email [stbrendan@portlanddiocese.org](mailto:stbrendan@portlanddiocese.org)) if you would be interested in a reduced-rate subscription or if you can help coordinate this effort.



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# FORMED

PICK OF THE WEEK

June 5, 2022

WATCH

BAPTISM IN THE HOLY SPIRIT & FIRE

Jesus came to baptize us in the Holy Spirit, and the power and grace that comes from baptism in the Holy Spirit changes lives. Explore the meaning of this sacrament in this episode of *The Wild Goose*!



LEARN

FORMED NOW! DOES FAITH TAKE A VACATION?



As many of us embark on sunny vacations, it's important to make sure our faith remains front and center in our lives. Since it's easy for us to be distracted by the excitement of the summer rhythm, Dr. Ben Akers and Dr. Scott Hefelfinger discuss what we can do to make sure we don't let the spiritual life take a back seat.

LISTEN

FAN OR FOLLOWER? YOUR RELATIONSHIP WITH JESUS BY JEFF CAVINS

In this talk, Jeff Cavins shares how he has come to see that Jesus wants us to surrender every bit of our own comfort to follow Him. We are all fans of Jesus, but how many of us are truly his disciples?



**FORMED.ORG** easy, **FREE**, sign-up:

- Go to [formed.org](http://formed.org) with a web browser,
- Click on Sign up (upper right of page),
- Click on "I belong to a parish"
- Find your parish: Find "St. Brendan the Navigator Parish 7 Union St. Camden, ME" and highlight/ enter
- Enter your name and email and click "Sign up" and follow prompts.

## OLGH BIBLE STUDY

A new Adult and Teen Bible study series has begun at Our Lady of Good Hope in Camden. The topic is St. Paul's Letter to the Romans. In this letter, Paul explains what he calls "The Gospel of God." Do you wonder what that means? How would you describe God's good news? Come learn more with us in this study. If you have questions or you want to receive a weekly email about the study contact Mary Smyth, [mlstocme@gmail.com](mailto:mlstocme@gmail.com).



Links to all the lessons are at:

<https://www.youtube.com/channel/UCWBZb5JjCipL4U46qIQCHug>

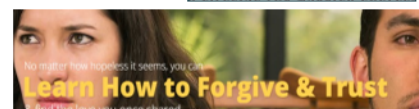
## READINGS FOR THE WEEK OF JUNE 5, 2022

Sun: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34/1 Cor 12:3b-7, 12-13  
 Monday: Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 6, 6-7/Jn 19:25-34  
 Tuesday: 1 Kgs 17:7-16/Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16  
 Wednesday: 1 Kgs 18:20-39/Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19  
 Thursday: 1 Kgs 18:41-46/Ps 65:10, 11, 12-13/Mt 5:20-26  
 Friday: 1 Kgs 19:9a, 11-16/Ps 27:7-8a, 8b-9abc, 13-14/Mt 5:27-32  
 Saturday: Acts 11:21b-26; 13:1-3/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mt 5:33-37

## HELP FOR COUPLES

How can you help a couple whose marriage seems stuck in misery?

Couples can slowly drift apart or are torn apart by terrible words or actions. For many, it has been years since they knew the joy of a loving relationship. Retrouvaille is a Christian peer ministry of Catholic origin that is helping couples put the pieces back together. Over 76% of those who attend the weekend are still married five years later. Over 95% would recommend a weekend to a struggling couple. **Our next weekend is August 12, 2022 in the Greater Boston area.** FML: [retrouvaille@gmail.com](mailto:retrouvaille@gmail.com) or call 1 (800) 470-2230





## LITURGY OF THE EUCHARIST (MASS TIMES)



**St. Bernard**  
150 Broadway,  
Rockland, ME 04841

**Saturday 6:00pm**  
**Sunday 8:00am & 11:00am**  
Tues 8am & Thurs 6:30pm



**Our Lady of Good Hope**  
7 Union Street,  
Camden, ME 04843

**Saturday 4:00pm**  
**Sunday 11:00am**  
Mon 6:30pm & Wed 8am



**St. Francis of Assisi**  
81 Court Street,  
Belfast, ME 04915

**Saturday 4:00pm**  
**Sunday 8:30am**  
Wed 6:30pm & Fri 8am

### PASTORAL STAFF

Staff email addresses: [firstname.lastname@portlanddiocese.org](mailto:firstname.lastname@portlanddiocese.org)

**Fr. Nathan D. March, Pastor**  
207-236-4785

**Fr. Divine Esua Fossoh, Parochial Vicar**  
207-930-7044

**Deacon Robert Cleveland**

### OFFICE

**Address:** 7 Union St. Camden, ME 04843

**Phone:** 207-236-4785 **Fax:** 207-236-9422

**For Parish Social Worker,** Jeanne Denny, 207-390-1763

**Office Hours:** M,T & Th- 8:30am-3:30pm, Wed.- 8:30am - 12:30pm

**Email:** [stbrendan@portlanddiocese.org](mailto:stbrendan@portlanddiocese.org)

**Belfast Rectory:** 207-930-7044

**Website:** <http://www.stbrendanparish.net>

**Facebook:** <https://www.facebook.com/stbrendanparishmaine>

**Parish email list:** Contact Christine Fee at [christine.fee@portlanddiocese.org](mailto:christine.fee@portlanddiocese.org)

**Additional St. Francis email list:** Contact the office.

**Staff email addresses:** [firstname.lastname@portlanddiocese.org](mailto:firstname.lastname@portlanddiocese.org)

### PASTORAL LIFE & FAITH FORMATION STAFF

Christine Fee, Pastoral Life Coordinator

Sr. Kathleen Luppens, Parish Catechetical Leader

### ADMINISTRATIVE STAFF

Karol Skoby, Business Coordinator

Penny Wolfe, Office Manager

Paula Williamson, Safe Environment Coordinator

Michael Colson, Custodial

John Maas, Custodial

Rich Norman, Soup Kitchen Supervisor

Jeanne Denny, Social Worker (Contact: 207-390-1763)

### SACRAMENTAL LIFE

**Baptism:** If you are planning to have a child baptized please call the Parish Office, 207-236-4785, two months prior to the birth.

**Marriage Preparation and Ceremony:** All couples planning a wedding should contact the parish office at least one year prior to their planned wedding date so that the church or mission can be reserved and the necessary preparation can be discussed.

**Anointing the Sick /Communion at home:** If you know of a parishioner in need, please call the Parish Office, 236-4785.

**Sacrament of Reconciliation:** Available during the half -hour before every weekend Mass or by appointment.

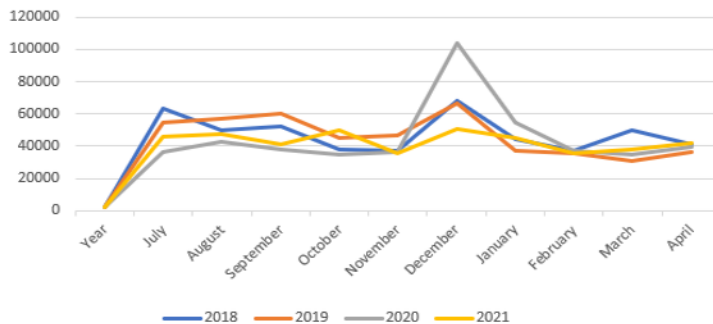
**TO RECEIVE PARISH-WIDE EMAILS,** send an e-mail with your name and church you attend most often to Christine Fee at [Christine.Fee@portlanddiocese.org](mailto:Christine.Fee@portlanddiocese.org)

**TO ADD NAME TO PARISH PRAYER CHAIN** send an email to [stbrendan@portlanddiocese.org](mailto:stbrendan@portlanddiocese.org).

## COLLECTION REPORT

<https://stbrendanparish.weshareonline.org/>

Monthly Collections July-April 2018-2022



## ST. BERNARD SOUP KITCHEN

For the week of May 16th we provided the following meals.  
M - 61, T - 46, W - 55, T - 60, F - 57

Thank you to all our dedicated volunteers . If you can't volunteer how about making a donation to help with our rising costs.  
Want to help? Rich Norman, 691-6400

**Soup Kitchen donations week of 5/16/22: \$195.00**

## JOB OPENING: SOUP KITCHEN ASSISTANT

**JOB OPENING!**

We are actively seeking an assistant for the St. Bernard Soup Kitchen. Approximately 8-10 hours per week. Major duties include, but not limited to, sorting of inventory and distributing to where it will best be used by our community, and food pick-up at various locations. This person will also be trained as back-up to the Soup Kitchen Supervisor. Candidate must have Serve Safe Training or be willing to attain it. To apply, contact Karol Skoby at the parish office, 236-4785.

## SUPPORT OUR PARISH WITH AMAZONSMILE

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<https://smile.amazon.com/ch/61-1575634>

## SECOND COLLECTION, JUNE 5TH SEMINARIAN & ECCLESIASTICAL STUDENTS

**Support our seminarians  
the weekend of June 4/5!**



"The Spirit gave them ability." Is the Holy Spirit preparing you to share the Lord's mission as a priest, deacon, or in the consecrated life?

Contact Fr. Greg Dube, Director of Vocations, (207)-773-6471 or at email [vocations@portlanddiocese.org](mailto:vocations@portlanddiocese.org) or

Facebook: VocationsME Website: [www.portlanddiocese.org/vocations](http://www.portlanddiocese.org/vocations)



## Coastal Medical Clinic

### Walk-in Clinic

#### Hours of Operation

Mon.-Thurs.

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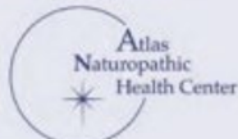


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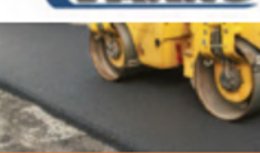
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