

# St. Cecilia's Catholic Church

stceciliascatholicchurch.org  
20 Holloway Ave  
PO Box 52  
Sabin MN 56580

Fr. Todd Arends, Pastor  
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## Fourth Sunday in Ordinary Time February 1, 2026

### Calendar

#### 2/2/26 Monday

Mal 3:1-4  
Heb 2:14-18  
Lk 2:22-32

#### 2/3/26 Tuesday

2Sm 18:9-10,14,24-25,  
30-19:3  
Mk 5:21-43

#### 2/4/26 Wednesday

2Sm 24:2, 9-17  
Mk 6:1-6

#### 2/5/26 Thursday

1Kgs 2:1-4, 10-12  
Mk 6:7-13

#### 2/6/26 Friday

Sir 47:2-11  
Mk 6:14-29

#### 2/7/26 Saturday

1Kgs 3:4-13  
Mk 6:30-34

#### 2/8/26 Sunday

Is 58:7-10  
1Cor 2:1-5  
Mt 5:13-16

**Mass Intentions:** If you would like to have Masses said for living or deceased family members, or other intentions please send your intentions to Assumption Parish Office. Mass stipends are \$10 per Mass.

**Prayer Chain:** If you have someone who needs to be added to the Prayer Chain please call:  
Darlena Arends: 218.443.3441  
Rose Beck 218.789.7440

**Victim Assistance** If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, please contact local law enforcement. In addition, Cindy Hulst LSW, the diocesan Victim Assistance Coordinator is available at (218) 281-7895. (24hour confidential number).

### Middle Schoolers join us for a NET Retreat.

The NET Team is coming to Assumption in Barnesville on February 15 from 10:30am to 6:30pm.

Retreat Theme: Known | Prayer

God wants to form a relationship with us. Like any relationship, our relationship with God is fostered through regularly spending time with Him and speaking to him. Prayer is the foundation of our relationship with God; through prayer, God will lead us to live the abundant life He has planned for us.

A meal and snacks will be provided!

If you would like to attend please let Fr. Todd know.

### Mass Intentions

#### No Mass

8:30am  
**Assumption**

8:30am  
**Assumption**  
5:30pm  
**St. Cecilia's**

8:30am  
**Assumption**

8:30am  
**Assumption**  
9:45am  
**Care Center**

5:00pm  
**Assumption**

9:00am  
**Assumption**  
10.30am  
**St. Cecilia's**

+ Jane Salber

+ Terry Gehrig

+ Isaac Paul Benedict

+ Duke & Nancy Kava

+ Betty Bodine

For all married couples

+ John & Jeanette Kava

For the People

+ Isaac Paul Benedict

### Liturgical Ministries

#### February 8

##### Eucharistic Ministers:

Tami H., Steve H., Mary Lou T.

##### Lector:

Arlen K.

##### Altar Servers:

Cooper, Evan

##### Sacristans:

Bryan K.

##### Money Counters:

Rose B.

#### February 15

##### Eucharistic Ministers:

Curt S., Karen O., Jeff W.

##### Lector:

Bryan K.

##### Altar Servers:

Evan, Sam

##### Sacristans:

Steve H.

##### Money Counters:

Bryan K.

#### February 22

##### Eucharistic Ministers:

Bryan K., Tami H., Steve H.

##### Lector:

Greg A.

##### Altar Servers:

Cooper, Taylor

##### Sacristans:

Jacob V.

##### Money Counters:

Rose B.

#### March 1

##### Eucharistic Ministers:

Curt S., Karen O., Jeff W.

##### Lector:

Mary Lou T.

##### Altar Servers:

Sam, Evan

##### Sacristans:

Bryan K.

##### Money Counters:

Bryan K.

#### Ushers for January

Bryan K., Jeff W.

### Holy Hour For Peace

5:30pm Tuesday February 3 St. Cecilia's

7:00pm Thursday February 5 Assumption

"Your faith matters. Your prayers matter. Your acts of love and works of justice matter,"  
Archbishop Paul S. Coakley, president of the  
U.S. Conference of Catholic Bishops.



**The Fourth Week in Ordinary Time**

In teaching from the mountain, Jesus signifies that he, like Moses, is the giver of God’s authoritative law. Unlike Moses, however, Jesus claims that this teaching authority is his own. With the frequent use of the formula, “You have heard that it was said...But I say to you...” Jesus proclaims that he himself is the word of God. Within this Sermon on the Mount, the Beatitudes are the most essential proclamation of Jesus. They share the good news of the kingdom of heaven, which is good news especially for those who have little esteem in the eyes of the world—the meek, the merciful, the mourning, and the poor in spirit. Those who suffer for the sake of proclaiming this good news shall be rewarded greatly. If we share in the suffering and death of Christ, in solidarity with those who suffer in the world, we too shall share in his resurrection and life.

The readings share a very clear common theme: God chooses the side of the lowly and downtrodden. Zephaniah beckons the lowly and righteous to seek refuge in God, knowing that God cares for them. Jesus also proclaims that these same people shall be the first to inherit the kingdom of God. In reflection on the Christian community at Corinth, Paul recognizes that God chooses “the weak of the world to shame the strong.” The Beatitudes are some of the most consoling and encouraging words in the gospels, and a reminder of God’s desire to care for us when we are at our most broken down. Life can be full of challenges, heartbreak, and drudgery. Jesus desires to meet us precisely in that slog, promising us that the kingdom of God is there. Trusting in the love and mercy of God, we can continue to follow the teachings of Jesus because we know that God will be with us in whatever difficulties life presents.

God gives us everything we need to respond to God’s invitation, even when we doubt ourselves and our abilities. Let us pray that we may use the gifts God has given us to bring about God’s kingdom in our world today.

**Life**

|           |      |
|-----------|------|
| Megan H.  | 2-9  |
| Scott S.  | 2-11 |
| Amanda V. | 2-11 |
| Kathy A.  | 2-16 |
| Grant K.  | 2-21 |
| Donna S.  | 2-24 |
| Tami H.   | 3-1  |

**Love**

|                  |     |
|------------------|-----|
| Steve & Karen O. | 2-3 |
|------------------|-----|

**Pictorial Directory**

We are still working on updating our pictorial directory. Again, a huge thank you to Mike Benedict for taking pictures as well as to Tami Hauf for entering all of the biographical information into a spread sheet for easy access.

It is our goal to include every parishioner in the directory. If you were unable to have your picture taken earlier it is not to late, you are welcome to submit a picture for the directory by emailing it to Fr. Todd at frtodda@gmail.com

**2026 DIOCESAN ANNUAL APPEAL:  
IN CHRIST, WE ARE ONE!**

This year’s Diocesan Annual Appeal (DAA) theme, “**In Christ, We Are One**”, comes from Pope Leo XIV’s motto and first homily as Pope, “Look to Christ!... Listen to his offer of love and become his one family: in the one Christ, we are one.” Jesus prayed to his Father, “that they may all be one” (John 17:21), so that “the world may believe that you sent me.” Our union with Jesus and each other witnesses to the love of God present in our world.

“We have much to do here in northwest Minnesota to live out Christ’s mission, but we are not alone. Your gift to the DAA is a concrete expression of our unity, which strengthens our communion and helps the love of Christ reach every corner of our diocese.

-Most Reverend Andrew Cozzens, Bishop of Crookston



Please give attention to an important mailing that will soon be delivered to your home. Complete the in-pew envelope today or make a gift online by using the QR code or visiting [www.crookston.org/DAA](http://www.crookston.org/DAA).

Trust in the *Lord*  
with all your *Heart*  
- Proverbs 3:5

**Women’s Lenten Retreat:  
Learn to Recognize God’s Presence  
in Everyday Life**

Join us at St. Joseph’s Church, Moorhead, MN on Saturday, February 28th, for a transformative morning featuring Barb Schmitz, author of *Everyday Encounters with the Lord*. Barb will guide us to recognize Christ’s presence in our daily lives. Barb Schmitz is a Catholic author and speaker from northwest Minnesota in the Diocese of Crookston. She is the writer of *Everyday Encounters with the Lord*, a heartfelt collection of reflections on recognizing God’s presence in daily life. Barb leads a prayer group at her parish and shares practical ways to deepen faith through ordinary moments. Her mission is to inspire others to open their hearts to God’s gentle nudges and discover the miracles hidden in everyday encounters. She is also the mother of Father Matthew “Matt” Schmitz, Pastor of Sacred Heart (East Grand Forks), Holy Trinity (Tabor), and St. Francis (Fisher) in the Diocese of Crookston. Barb has been a dedicated member of Serra, promoting vocations within the diocese and serving as Vice President of Publications and Communications since April 2023.

Check-in for the retreat starts at 8 am with Mass at 8:30 am.

Welcome! Our warmest welcome to all who worship with us. We appreciate your participation. If you would like to join our parish community, please fill out this form and place it in the collection basket or mail to St. Cecilia’s, PO Box 52, Sabin MN, 56580

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_