



## Being Emptied

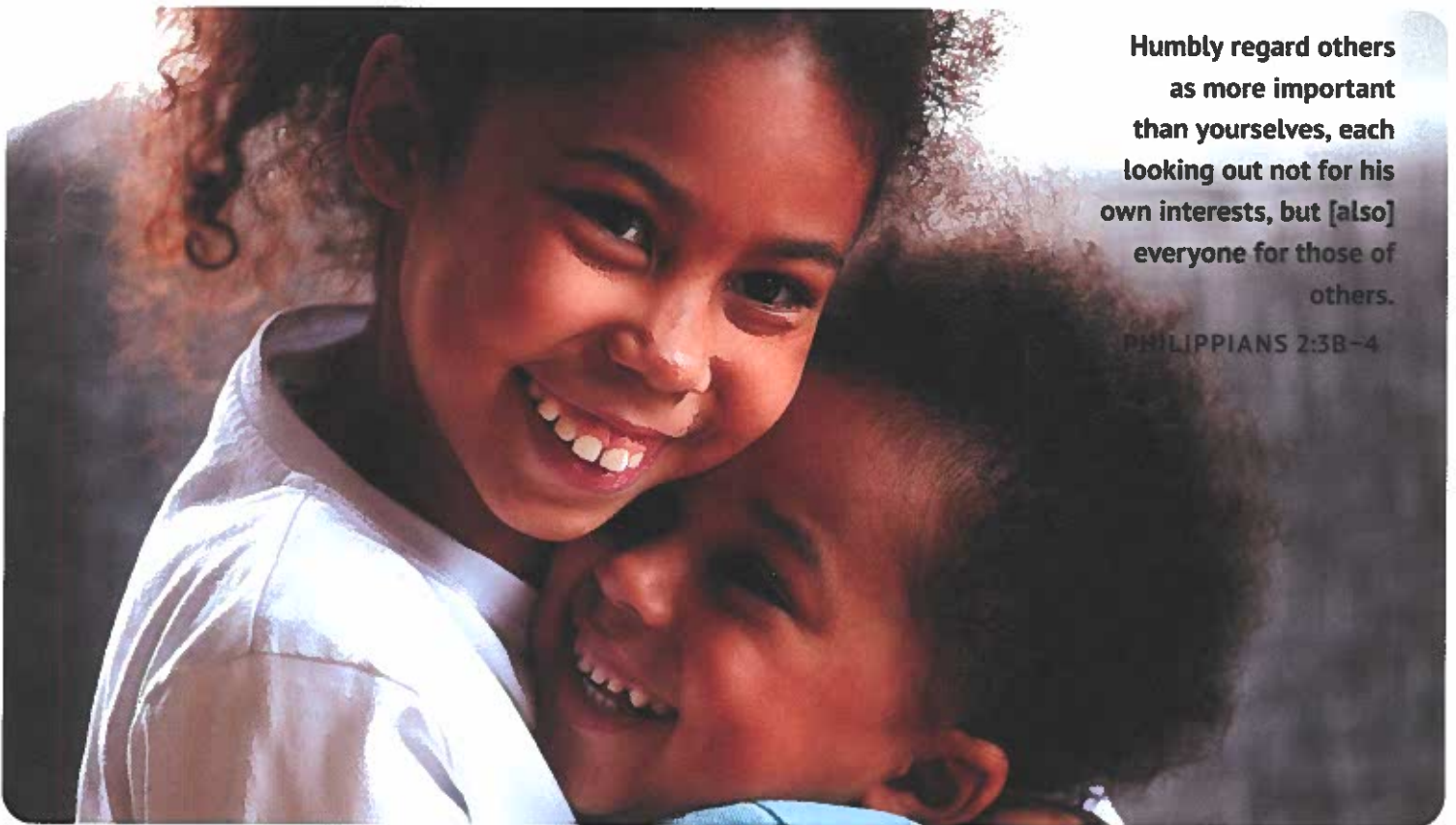
FR. JOSEPH JUKNIALIS

In his book *All I Really Need to Know I Learned in Kindergarten*, Robert Fulghum lists those basic qualities that enable us to negotiate the rest of life somewhat successfully. It's what you might expect the curriculum of kindergarten to be about: being kind, saying you're sorry, getting along with others, and sharing. In short, what we learned in kindergarten is about putting others' needs ahead of our own comfort. It's a kind of emptying of our selfishness that seems to take place.

Unfortunately, the process isn't finished by the time we reach adulthood. We still tend to hoard, slam one another with insults, cheat in business, and neglect to apologize. In spite of that extended learning curve

that seems to take place, we slowly do take on those attitudes noted by Fulghum. Marriage can smooth our rough edges. Children's needs call for self-sacrifice. Aging tends to mellow us. And somewhere along the line we learn that talking things out works better than hitting.

Saint Paul encouraged the Philippians to take on the attitude of the Lord Jesus, who emptied himself for our sake. Still, I think much of that emptying takes place in us unconsciously. Some would say it is simply the process of life. Maybe, but then again it may be the gentle hand of God. Saint Teresa of Calcutta is said to have commented that even God can't fill what is already full. So then maybe that emptying is God's way of making room for God. ●



**Humbly regard others  
as more important  
than yourselves, each  
looking out not for his  
own interests, but [also]  
everyone for those of  
others.**

PHILIPPIANS 2:3B-4

### Reflect

***Since kindergarten, have you become better at putting others first? What do you still need to work on?***



**St. Teresa of Avila Catholic Church**  
**11600 Atwood Road,**  
**Auburn, CA 95603**  
[www.stteresaauburn.com](http://www.stteresaauburn.com)



**Rev. Arbel S. Cabasagan, Pastor**  
**Deacons: John Sheehan & Adam Crawford**

#### Mission Statement

**"As the Father has loved me, so have I loved you; abide in My Love." In Christ's Love, the Eucharistic community of St. Teresa of Avila, Auburn, embraces and welcomes all as part of God's family. We value every parishioner and strive to reflect the mercy, forgiveness, and healing of Jesus Christ.**

## Twenty-Sixth Sunday In Ordinary Time

### October 1, 2023

#### Sunday Mass

Saturday Vigil.....5:00pm  
 Sunday.....8:30am, 10:30am, 4:00pm Spanish

#### Daily Masses:

Tuesday—Friday.....8:30am

#### Sacrament of Reconciliation:

Friday.....9:00am—10:00am  
 Saturday, 3:30pm – 4:30pm, or by appointment. Call the parish office at 530-889-2254

#### Eucharistic Adoration:

Friday's.....9:00am—6:00pm

**Baptisms:** Every 3rd Saturday of the month @ 2:30pm  
 Classes, every 3rd Friday of the month @ 6:30pm. Call the parish office to register..

**Marriage:** If you are a member of our parish, please contact a priest or deacon of your choice at *least* six months in advance of your desired wedding in order to participate in a process of marriage preparation.

**Confirmation:** For teens, the Sacrament of Confirmation is a two-year preparation process; please contact our coordinator of religious education; for adults not yet confirmed, please call the parish office.

**Christian Initiation of Adults (RCIA, English):** If you are interested in learning more about the Catholic Church or becoming Catholic, contact Karen Sheehan @ 916-812-3737  
**RCIA, Spanish):** Leticia Aceves @ 530-613-4302

**Parish Office:** 11600 Atwood Rd., Auburn, CA 95603  
 (530) 889-2254, fax (530) 889-2643  
[info@stteresaauburn.com](mailto:info@stteresaauburn.com)

**Office Hours:** Monday—Friday, 8:00am—4:00pm  
 Closed for lunch 11:30am—12:30pm

**Pastor:** Fr. Arbel S. Cabasagan  
 (530) 889-2254 ext. 100  
 E-mail: [fr\\_arbel@yahoo.com](mailto:fr_arbel@yahoo.com)

**Parish Secretary:** Barbara Freuler  
 (530) 889-2254, ext. 101,  
 E-mail: [barbara\\_freuler@stteresaauburn.com](mailto:barbara_freuler@stteresaauburn.com)

**Religious Education Coordinator:** Kate Laferriere  
 (530) 889-2254, ext. 104  
 E-mail: [kate\\_laf@stteresaauburn.com](mailto:kate_laf@stteresaauburn.com)

**Music Ministry:** Jean Sawyer  
 (707) 567-2541, E-Mail, [jeansawyer8@aol.com](mailto:jeansawyer8@aol.com)

**St. Joseph School:** Kristen Mendonsa, Principal  
 (530) 885-4490 E-mail: [info@saintjosephauburn.org](mailto:info@saintjosephauburn.org)

**Prayer Chain Requests:** For those in need of prayers please e-mail Diana Gouvea: [dsigncat@hotmail.com](mailto:dsigncat@hotmail.com)

**St. Vincent de Paul:** (530) 305-0130





Thank you Nick for giving Father Arbel the signed first copy of the book **"Two Chicken High—How Nick became a Wonder –Watcher "** as written and illustrated by his Mother Megan Dean.

If you are interested to have a copy of the book pls call this number 530-305-5200



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### Announcement

1. October is the month of the Holy Rosary and the rosary will be prayed each morning, during the month, Tuesday through Friday at 8:00am in the church. Everyone is invited to come join in reciting the rosary before the morning Mass.
2. On Wednesday, October 4th is the Feast of St Francis of Assisi. Fr Arbel will be attending a Diocesan Priest Convocation in Tahoe during the week so the Blessing of the Animals will take place on Sunday, October 8th on the plaza after the 10:30am Mass. While Father Arbel is away, Fr. Dare will be covering the weekday Masses and Friday Confession.
3. St Teresa of Avila Parish is pleased to display a 53 year old rosary collection during the month of October from one of our dear parishioners, Mary Dent in the wall display cases located in the vestibule near the service kitchen. As a teacher and Religious Educator for so many years; she wanted the children to learn how to pray to Mother Mary and the saints thus the collection began and grew through the years. Be sure to take time to view the rosary display.
4. During this month of the Holy Rosary, to those in need of a rosary Fr Arbel would like to make a gift of the Holy Land Rosary's at no charge-- please feel free to take one from the baskets located around the church.



### Food distribution every 4th Friday of the Month

Thank you to the Hispanic community who helped in the bagging and distribution of the food.



## October 2nd Feast of the Guardian angels

No evil shall befall you, nor shall affliction come near your tent, for to His Angels God has given command about you, that they guard you in all your ways. Upon their hands they will bear you up, lest you dash your foot against a stone. Psalm 91: 10-12

A heavenly spirit assigned by God to watch over each of us during our lives. The doctrine of angels is part of the Church's tradition. The role of the guardian angel is both to guide us to good thoughts, works and words, and to preserve us from evil. Since the 17th century the Church has celebrated a feast honoring them in October throughout the Universal Church. Since the last calendar revision this feast is Oct 2.

He has charged His angels with the ministry of watching and safeguarding every one of His creatures that behold not His face. Kingdoms have their angels assigned



to them, and men have their angels; these latter it is to whom religion designates the Holy Guardian Angels. Our Lord says in the Gospel, "Beware lest ye scandalize any of these little ones, for their angels in heaven see the face of My Father." The existence of Guardian Angels, is, hence a dogma of the Christian faith: this being so, what ought not our respect be for that sure and holy intelligence that is ever present at our side; and how great our solicitude be, lest, by any act of ours, we offend those eyes which are ever bent upon us in all our ways!

## History -1850-1868 APOSTOLIC VICARIATE IN MARYSVILLE

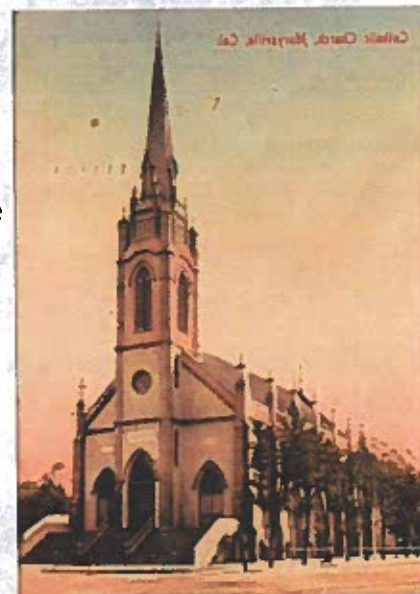
On August 10, 1850, Father Peter Augustine Anderson, O.P., celebrated the first Mass in Northern California in a private home on 5th and L streets in the city of Sacramento. Anderson was a Dominican priest and a missionary. He had been sent to California by his provincial, Father Joseph Sadoc Alemany, O.P., who later became the first American bishop in California.

Included in the congregation of that first Mass was the Honorable Peter Burnett, the first Governor of California. He was so convinced that Catholicism had come to Sacramento to stay that he gave Father Anderson a plot of land on 7th and K streets, which became the future site of the first of four churches named after Saint Rose of Lima, the patron saint of the seminary at which Augustine studied in Kentucky.

In 1850, the city of Sacramento was a mission of the church of Saint Francis, in San Francisco. Today, it is the See city of the Catholic Diocese of Sacramento, comprising 42,000 square miles of territory.

The first of the four churches was a simple wooden frame structure that went up rapidly enough and came right down again with a strong wind. Unfortunately, Father Anderson didn't live long enough to see the church; he died of exhaustion and sickness while helping the sick during a cholera epidemic in Sacramento, just three months after he arrived. He was, in the full sense of the word, a martyr of charity — and recognized as such as early as 1850.

On September 27, 1860, after 10 years of sending missionaries into Northern California from San Francisco, the Marysville vicariate was established. It included all of Northern California and most of the State of Nevada. The first Vicar Apostolic was Bishop Eugene O'Connell who had previously been a professor at All Hallows Seminary in Dublin, Ireland. His reaction to being named Bishop was: "I am condemned to the mines!"



**St. Pio of Pietrelcina** had many personal battles with the devil (and even devils) in his lifetime. His dealings with Satan were so prolific and disturbing that he often wrote about him in letters. A perfect example is one occasion when a demonically possessed woman came and tried to assault Padre Pio.

These encounters had a profound effect on the humble friar. He often used his experiences to advise those under his spiritual care, and his thoughts on how to confront the devil are just as relevant today as they were when he spoke about them in the last century. In our own daily lives, whether at work, at home, or out with our friends, we face battles as we are confronted by sin and temptation.

Here are just a few words of wisdom from Padre Pio on the devil and temptation that we should all take into consideration in such moments:

*"The human soul is the battlefield between God and Satan."*

*"The devil is like a rabid dog tied to a chain; beyond the length of the chain he cannot seize*

*anyone. And you: keep at a distance. If you approach too near, you let yourself be caught."*

*"The Devil does not want to lose this battle. He takes on many forms. For several days now, he has appeared with his brothers who are armed with batons and pieces of iron. One of the difficulties is that they appear in many disguises..."*

*"Don't let the many snares of this infernal beast frighten you. Jesus, who is always with you, and who will fight with and for you, will never permit you to be tricked and overcome."*



*Aaron, Norma & Kathleen*

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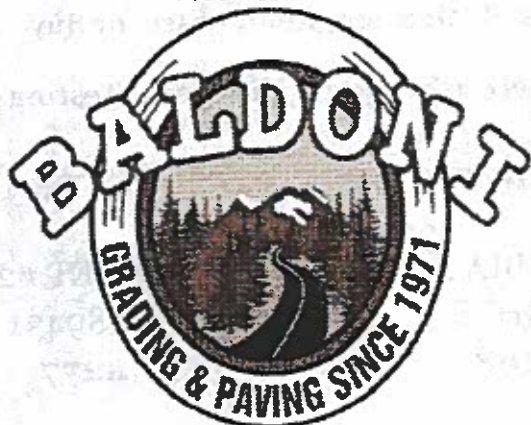
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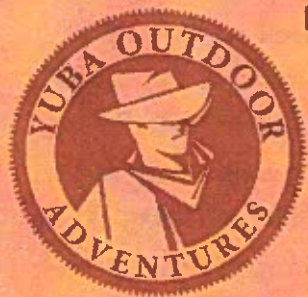
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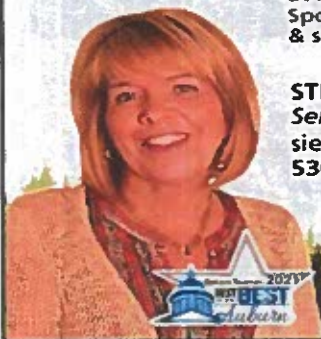
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DRE#02058747

**We all make wonderful promises to God so long  
as nobody says anything to us, and all goes well...**

### What is the Catholic view on cremation?

Cremation of the dead body is something new to Catholic Christian tradition. The early Church retained the Jewish practice of bodily burial. The basis for this rule was simply that God has created each person in His image and likeness, and therefore the body is good and should be returned to the earth at death (Gen 3:19). Moreover, our Lord Himself was buried in the tomb and then rose in glory on Easter. A strong belief in the body as the temple of the Holy Spirit, as well as the belief in the resurrection of the body, support the Church's continued reverence for the human body. From early Christian days cremation was viewed as a pagan practice and a denial of the doctrine of the Resurrection. That's why cremation was expressly forbidden by the Catholic Church until recent years. Therefore, Christians buried their dead both out of respect for the body and in anticipation of the resurrection at the Last Judgment. The old 1917 Code of Canon Law (No. 1203) prohibited cremation and required the bodies of the faithful to be buried. The new Code of Canon Law (1983) stipulates, "The Church earnestly recommends that the pious custom of burying the bodies of the dead be observed; it does not, however, forbid cremation unless it has been chosen for reasons which are contrary to Christian teaching" (No. 1176.3). In 1997 the Holy See granted permission to U.S. bishops to allow funeral Masses in the presence of cremated remains. A rite of committal for cremated remains is provided as an alternative in the current funeral rite. The cremated remains should be buried in a grave or entombed in a mausoleum or columbarium. The practice of scattering cremated remains on the sea, from the air, or on the ground, or keeping cremated remains in the home of a relative or friend of the deceased are not the reverent disposition that the Church requires.





WASHINGTON – Since 1973, the Catholic Church in the United States has observed **October as “Respect Life Month.”** This year, Bishop Michael F. Burbidge of Arlington, chairman of the U.S. Conference of Catholic Bishops’ (USCCB) Committee on Pro-Life Activities invites Catholics to commemorate the 50th anniversary of Respect Life Month by embracing “radical solidarity” with women facing difficult or challenging pregnancies.

Bishop Burbidge echoes Saint John Paul II, who coined the term “radical solidarity” in reference to the care owed to vulnerable pregnant women: “In firmly rejecting ‘pro-choice’ it is necessary to become courageously ‘pro woman,’ promoting a choice that is truly in favor of women. ... The only honest stance, in these cases, is that of radical solidarity with the woman.”

While our efforts must remain strong to end legalized abortion, Bishop Burbidge affirmed the personal responsibility of all Catholics to “thoroughly surround mothers in need with life-giving support and personal accompaniment.”

**Saint Joseph School choir** - Singing last September 27th on the Feast Day of Saint Vincent the Paul



## St. Joseph's 3rd Annual

# Oktoberfest

**Saturday, October 21st.  
St. Joseph Parish Hall**

5:00pm No Host Bar

6:00pm Dinner

Beer Glazed Bratwurst OR Chicken Apple Sausage,  
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## Saint Vincent the Paul

Thank you saint Vincent the Paul Society for providing a home ticket to an El Salvadorian Man who wants to spend the last days of his life in his Home country.

Our Parish Saint Vincent the Paul have helped a lot of people who needs assistance for their House Rent and Utilities. This year they spend more than 34 thousand dollars to help those who are in need.





## Catholic Traditions

### What is the rosary and its meaning in prayer?

The rosary is taken from the Latin word "rosarium" which means "crown of roses" or "garland of roses." To us members of the Catholic Faith, the Rosary is a form of prayer that we use along with its namesake prayer beads.

All throughout the history of the Catholic Church, many popes and saints have encouraged praying the Rosary. As we begin to understand and appreciate the Rosary and pray it more frequently, we come to see the true meaning of its meditations. We begin to appreciate how its prayers are reminders not only of Mary the Mother of God but of Christ himself.

Through Mary, we are led to a closer relationship with her son, Jesus. The Rosary is an invitation for us to present our needs to God and to love Him more. When we recite the twelve prayers that form the decade of the rosary, we need to deeply reflect on the mystery associated with that decade.

### The Mysteries

The Joyful Mysteries include the Annunciation (Luke 1:26-38), the Visitation (Luke 1:40-56), the Nativity (Luke 2: 6-20), the Presentation of Jesus in the Temple (Luke 2:21-39), and the Finding of the child Jesus in the Temple (Luke 2:41-51) prayed on Monday and Saturday.

The Sorrowful Mysteries include the Agony in the Garden (Matt 26:36-46), the Scourging at the Pillar (Matt: 27:26), the Crowning of Thorns (Matt 27:29), the Carrying of the Cross (John 19:17), and the Crucifixion (Luke 23: 33-46) prayed on Tuesday and Friday

The Glorious Mysteries include the Resurrection (Luke 24:1-12), the Ascension (Luke 24:50-51) the Descent of the Holy Spirit (Acts 2:1-4) the Assumption of Mary into heaven (Rev. 12) and her Coronation (Rev. 12:1)

### prayed on Wednesday and Sunday

The Luminous Mysteries include the Baptism of Jesus in the Jordan (Matt 3:13-16), the Wedding at Cana (John 2:7-8), Proclamation of the Kingdom (Matt 5:3-6), the Transfiguration (Matt 17:1-2), and the Institution of the Eucharist (Luke 22: 19-20) prayed on Thursday

Rosaries are not just beads or a prayer that we recite during the month of October (the month dedicated to praying the Rosary) Many spiritual battles have been won because of this symbolic act. Many hearts have been touched and many discouraged people have been uplifted because of the Rosary.

Praying the rosary therefore is not just simply about reciting prayers. It involves reflecting on the grace of God. Praying is a powerful act that lets us develop and strengthen our relationship with God and the rosary offers the same beautiful reward. By praying the Rosary, we meditate on the events in the life of Jesus and this lets us know God more.



### Saint Francis of Assisi

Francis did not try to abolish poverty, he tried to make it holy. When his friars met someone poorer than they, they would eagerly rip off the sleeve of their habit to give to the person. They worked for all necessities and only begged if they had to. But Francis would not let them accept any money. He told them to treat coins as if they were pebbles in the road. When the bishop showed horror at the friars' hard life, Francis said, "If we had any possessions we should need weapons and laws to defend them." Possessing something was the death of love for Francis. Also, Francis reasoned, what could you do to a man who owns nothing? You can't starve a fasting man, you can't steal from someone who has no money, you can't ruin someone who hates prestige. They were truly free. When he had a dream that this tiny man in rags held up the tilting Lateran basilica, he quickly called Francis back and gave him permission to preach.





**October 1, 2023**

## **TWENTY- SIXTH SUNDAY IN ORDINARY TIME**

### **MASS INTENTIONS**

Saturday	09/30	5:00pm	+	Bonnie Bradley
Sunday	10/01	8:30am	+	Erna Faye D'Amato
		10:30am		Mom's Ministry
		4:00pm		For The Faithful
Tuesday	10/03	8:30am		Debbie Symes
Wednesday	10/04	8:30am	+	Rita Semprich
Thursday	10/05	8:30am		Peter & Mary Coelho
Friday	10/06	8:30am	+	Bonnie Bradley

### **LITURGICAL MINISTER SCHEDULE October 7th & 8th, 2023**

#### **Cross Bearers**

Saturday, 5:00pm:	Jack Shanahan
Sunday, 8:30am:	Manley's
Sunday, 10:30am:	Aiden Villamor, Olivia Santiago, Thomas Huckins

#### **Eucharistic Ministers**

Saturday, 5:00pm:	Mary Jo & Jennifer Buettner, Hans Peter
Sunday, 8:30am:	Tim Towne, Bill Knapp
Sunday, 10:30am:	Mario Villamor, Lisa Avila, Nati Magowan
Sunday, 4:00pm	Trino & Ana Cazares

#### **Lectors**

Saturday, 5:00pm:	Elaine Frenna, Vern Psuty
Sunday, 8:30am:	Pat Kyser, Vickie Stokes
Sunday, 10:30am:	Vissia Villamor, Claire Allison

#### **Sacristans**

Saturday, 5:00pm:	Steve McCullough
Sunday, 8:30am	Julia Eggert
Sunday, 10:30am	Chuck Manzer



**Schedule**

Click here

### **Twenty-Sixth Sunday in Ordinary Time**

#### **Reading 1:**

Thus says the LORD:

You say, "The LORD's way is not fair!"

Hear now, house of Israel:

Is it my way that is unfair, or rather, are not your ways unfair?

When someone virtuous turns away from virtue to commit iniquity, and dies, it is because of the iniquity he committed that he must die. But if he turns from the wickedness he has committed, and does what is right and just, he shall preserve his life; since he has turned away from all the sins that he has committed, he shall surely live, he shall not die.

#### **Reading 2:**

Brothers and sisters:

If there is any encouragement in Christ, any solace in love, any participation in the Spirit, any compassion and mercy, complete my joy by being of the same mind, with the same love, united in heart, thinking one thing. Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but also for those of others.

Have in you the same attitude that is also in Christ Jesus.



### **Sunday Offertory For:**

September 24, 2023: \$ 7,432  
Online Offering: \$ 2,125

**Total: \$ 9,557**

**Thank you for your Contributions**

# Dear Padre,

**Where does Church teaching on angels come from? Where did we get their division into classes and the concept of the guardian angel?**

The *Catechism of the Catholic Church* states that the existence of angels is “a truth of faith” known in both Scripture and Tradition (CCC 328). Here is an ancient definition: An angel is a mighty, concentrated personality standing in God’s presence, ready to do his bidding instantly.

Jesus famously speaks of what we take to be the guardian angels of children. He says the angels of these children always look on the face of God (see Matthew 18:10). Angels took care of Jesus (see Matthew 4:11).

The Church understands angels to be spirits. Angel means “messenger,” and angels are servants of God. Different classes of angels are mentioned in the Bible (for example, Ephesians 1:21 and 3:10, and Colossians 1:16). We speak of Michael, Raphael, and Gabriel as archangels because the jobs God gave them to do were so important.

The Church holds that Satan is a fallen angel (CCC 391). Jesus tells us Satan “was a murderer from the beginning and does not stand in truth, because there is no truth in him” (John 8:44). ●



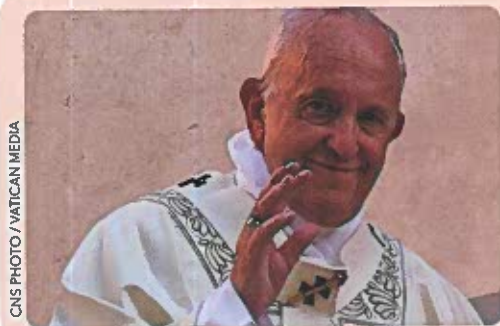
REMIATA SEDAKOVA / SHUTTERSTOCK

**The Redemptorists / DearPadre.org**

## **Daybreaks inspires during our Church’s holiest seasons.**

Leading Catholic voices inspire the faithful with daily reflections & prayers for Advent and Lent. Including: Fr. Ron Rolheiser, Dr. Mary Katharine Deeley, Sr. Dianne Bergant, Fr. Paul Turner, and more at [Liguori.org](http://Liguori.org).

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
October 2	October 3	October 4	October 5	October 6	October 7	October 8
<i>The Holy Guardian Angels</i>	<i>Weekday</i>	<i>St. Francis of Assisi</i>	<i>Weekday</i>	<i>Weekday</i>	<i>Our Lady of the Rosary</i>	<i>Twenty-seventh Sunday in Ordinary Time</i>
Zec 8:1–8	Zec 8:20–23	Neh 2:1–8	Neh 8:1–4a,	Bar 1:15–22	Bar 4:5–12,	Is 5:1–7
Mt 18:1–5, 10	Lk 9:51–56	Lk 9:57–62	5–6, 7b–12	Lk 10:13–16	27–29	Phil 4:6–9
			Lk 10:1–12		Lk 10:17–24	Mt 21:33–43



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## **A WORD FROM POPE FRANCIS**

**Today let us look at our hands, so often empty of love, and let us try to think of some free gift that we can give without expecting anything in return. That will please the Lord. And let us ask him: “Lord, let me rediscover the joy of giving.”**

**HOMILY, ROME, JANUARY 6, 2018**