



## Church of the Annunciation

635-5th Avenue West, Prince Rupert, BC V8J 1V1 Phone: 250-624-3035 Fax: 250-624-6201 Email: [annunciation@citywest.ca](mailto:annunciation@citywest.ca) Website: [annunciationchurchpr.ca](http://annunciationchurchpr.ca)  
Pastor: Fr. Terry Brock 250-624-3035 Email: [tbrock@telus.net](mailto:tbrock@telus.net) Pastoral Assistant:  
Vacant Email: [annunch-pa@citywest.ca](mailto:annunch-pa@citywest.ca) Church Secretary: Tricia Dixon  
Annunciation School: 250-624-5873

### April 19, 2020 – Divine Mercy Sunday

#### Annunciation Mass Schedule & Intentions

There are daily Facebook live prayer opportunities and Sunday Mass at 10:00 am on Facebook live. Our Facebook page is entitled "Annunciation Church PR"

Mon Apr 20

Tue Apr 21

Wed Apr 22

+Bill Shrubsall

Thu Apr 23

Fri Apr 24

Sat Apr 25

+David Gaffney

Sun Apr 26

OUR PARISHONERS

#### Parish Activities

Knights of Columbus:

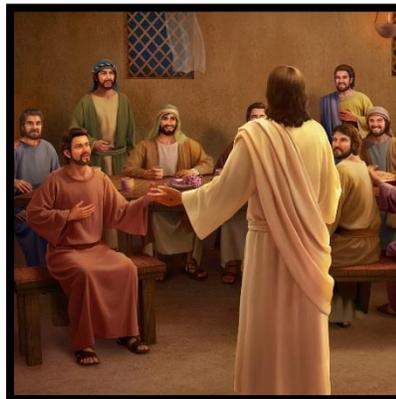
Catholic Women's League: Please check out our national website: [cwl.ca](http://cwl.ca) and provincial: [bcyukoncwl.com](http://bcyukoncwl.com).

Confessions: Every Tues, Wed and Thurs, before Mass Sat, at 4:30pm or by appointment.

Baptism: Call the office for appt. with Fr. Terry.

Matrimony: Please contact Fr. Terry at least 6 months in advance.

First Holy Communion & Confirmation: preparation has begun.



**Alleluia. Alleluia.** You believed, Thomas, because you have seen me; blessed are those who have not seen, yet believe. **Alleluia.**

## **PRAYER OF POPE FRANCIS TO MARY FOR HELP AND PROTECTION DURING THE CORONAVIRUS PANDEMIC:**

O Mary, you always shine on our path as a sign of salvation and of hope.  
We entrust ourselves to you, Health of the Sick,  
who at the cross took part in Jesus' pain, keeping your faith firm.  
You, Salvation of the Your People, know what we need,  
and we are sure you will provide so that, as in Cana of Galilee,  
we may return to joy and to feasting after this time of trial.  
Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus,  
who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross,  
to the joy of the resurrection. Amen.  
Under your protection, we seek refuge, Holy Mother of God.  
Do not disdain the entreaties of we who are in trial, but deliver us from every danger,  
O glorious and blessed Virgin.  
AMEN

**RESOURCES:** Now more than ever we must hold fast to the great virtue of hope.

In an effort to assist Catholics everywhere, we are opening our doors to make the FORMED platform free to everyone for 40 days. Sign up today and get immediate access to the best Catholic movies, faith formation videos, audio talks, and great children's videos. Go to: <https://formed.org/faithathome>

FORMED  
FAITH AT HOME

**MESSAGE FROM FR. MIKE RABINO VISITING THE SICK AND THE HOSPITAL:** To keep patients, families and staff safe and in keeping with the Provincial Health officer's recommendation for social distancing, Northern Health is limiting the number of visitors entering the hospital effective March 17, 2020.

Until further notice, the following visitor restrictions are in place in Northern Health facilities:

- Hospital Emergency Dept. (ER) , Intensive Care Unit (ICU) Critical Care areas:
  - ONE adult caregiver/support person
- Palliative Care will accommodate patient and family needs and consult with infection prevention and control.
- No visitor with a fever, cough, runny nose, sore throat or diarrhea may visit any of the above facilities.

Visit to the sick, Holy Communion and Anointing of the Sick will be accommodated upon request.

**CATECHESIS OF THE GOOD SHEPHERD ASSOCIATION OF CANADA:** would like to share their newsletter *Resources for the Domestic Church*, which can be found at: <https://www.cgsac.ca/post/april-2020-newsletter>. This is one way to continue to serve families while we are "fasting" from our life together. They have also launched a new website [cgsac.ca](http://cgsac.ca) with a section for parents. Please check it out

**CATHOLIC INDEPENDENT SCHOOLS – PRINCE GEORGE (CISPG) IS NOW HIRING FOR THE 20202021 SCHOOL YEAR:** There is one **Principalship** position left to fill in Prince Rupert.

CISPG is also employing **full-time Classroom Teacher positions** at many of our eight community schools. If you are interested or know someone who would be interested in working in our CISPG schools, head to our website for the posting details and to complete our online application <http://cispg.ca/careers/>

**ANNUAL VOCATION DISCERNMENT RETREAT:** for Young People will be held on

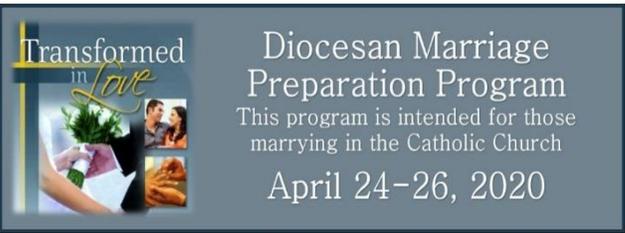
**May 8-10, 2020,** (moved from the long weekend of previous years) at Camp Morice, Fort St. James. It will be facilitated by Father Terry Brock, Vocation Director. Also present will be the Franciscan Sisters of the Eucharist FSE and Most Reverend Stephen Jensen. **The status of this event will be posted soon.**

Cancelled

**DEATH ANNOUNCEMENT:** Isabel Montesano has passed away at 86 years of age. She is survived by her four children who are overwhelmed with grief for their dear mother. The children are daughters: Marie, Patricia, Anna & son, Robert.

**DIOCESAN MARRIAGE PREPARATION WEEKEND:**

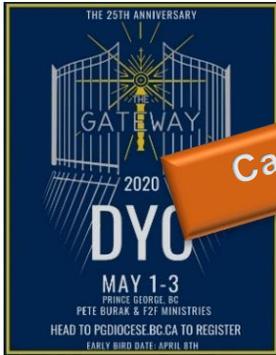
Cancelled



Transformed in Love

Diocesan Marriage Preparation Program  
This program is intended for those marrying in the Catholic Church  
April 24-26, 2020

**DYC 2020:**



THE 25TH ANNIVERSARY  
GATEWAY  
2020  
DYC  
MAY 1-3  
PRINCE GEORGE, BC  
PETE BURAK & F2F MINISTRIES  
HEAD TO PGDIOCESE.BC.CA TO REGISTER  
EARLY BIRD DATE: APRIL 8TH

Cancelled

**The Gateway:**

**“I came that they may have life and have it abundantly.”**

**John 10:10**



The Steiner Family from Fraser Lake. They are living up near the north pole, ministering to the people there. On Easter Sunday, the sun shone through their window and on the table it reads, Alleluia ...

## **ADVICE FROM THE SAINTS ON SPIRITUAL COMMUNION:**

St. Teresa of Avila wrote in *The Way of Perfection*: "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you."

St. Jean Vianney said: " If we are deprived of Sacramental Communion, let us replace it, as far as we can, by spiritual communion, which we can make every moment; for we ought to have always a burning desire to receive the good God. Communion is to the soul like blowing a fire that is beginning to go out, but that has still plenty of hot embers; we blow, and the fire burns again."

St. Thomas Aquinas distinguished the physical and spiritual reception of the Eucharist, and described Spiritual Communion as, "an ardent desire to receive Jesus in the most holy sacrament and lovingly embrace him".

St. Leonard of Port Maurice said: "If you practice the holy exercise of spiritual Communion several times each day, within a month you will see your heart completely changed."

Benedict XVI recommended making Spiritual Communions in *Sacramentum caritatis*:

"Even in cases where it is not possible to receive sacramental communion, participation at Mass remains necessary, important, meaningful and fruitful. In such circumstances it is beneficial to cultivate a desire for full union with Christ through the practice of spiritual communion, praised by Pope John Paul II and recommended by saints who were masters of the spiritual life".

