



Sacred Heart

CATHOLIC CHURCH

SUNDAY, JULY 21, 2024 | DOMINGO 21 DE JULIO DE 2024

SIXTEENTH SUNDAY IN ORDINARY TIME | DECIMOSEXTO DOMINGO DEL TIEMPO ORDINARIO



Mass Schedule

WEEKENDS

Saturday: 5:00 pm (English)

Sunday: 9:00 am, 11:00 am
(English)

Domingo: 1:00 pm y 7:00 pm
(Español)

WEEKDAYS

Monday - Friday: 12:15 pm
(English)

Jueves: 7:00 pm (Español)

First Friday: 7:30 pm (Bilingual)

Holidays and Holy Days as Announced

The church is open Mon-Fri from
9:00am-2:00pm for personal prayer.

MOVED WITH PITY FOR THEM.

MK 6:34



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The Mission of Sacred Heart Church

As a richly diverse Catholic community: we gather to pray and form a local body for Christ, we share Him through sacraments, ministries, and service, we go forth to evangelize and to promote justice, all in a joyful Christ-like Spirit.

La Mision de la Parroquia del Sagrado Corazon

Como comunidad católica rica en diversidad: nos reunimos para orar y formar un Cuerpo para Cristo. Compartimos a Cristo a través de los sacramentos, los ministerios, y el servicio, vamos a evangelizar y a promover la justicia,



PARISH DIRECTORY

Main Office: (831) 424-1959

Parish Office Fax: (831) 424-0788

OFFICE HOURS

Monday– Friday: 9am - 5pm
closed 12-1pm for Lunch

Email: office@shsalinas.org

Website: www.shsalinas.org

CLERGY

Rev. Kelly Vandehey

Pastor

pastor@shsalinas.org

Rev. Ronald Green

Parochial Vicar

Deacon David Lansford

OFFICE STAFF

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Office Manager

office@shsalinas.org

Mary Scattini

Director of Religious Education

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Office Assistant

oa@shsalinas.org

YOUTH & QUINCEAÑERA MINISTRY

Leticia Flores-McPherson

(831) 737-5116

RCIA

Anthony Córdoba

rcia.93901@gmail.com

ST. VINCENT DE PAUL FOOD PANTRY

(831) 296-9628

Monday & Friday/9 - 11am

SACRED HEART SCHOOL

123 W. Market St., Salinas

(831) 771-1310

Website: www.shschool.com

Rachel Meyers

Principal

rmeyers@shschool.com

SUNDAY GOSPEL REFLECTION

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, "Come away by yourselves to a lonely place, and rest a while." For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there's more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. "Can we please get a minute to ourselves? This is not healthy!" And Jesus seems to encourage the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn't more vacation time. It's experiencing the super abundant generosity of God for us and those whom we serve.

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MEDITACIÓN SOBRE EL EVANGELIO

Con frecuencia escuchamos de los sacerdotes de nuestras parroquias o de nuestros padres e inclusive de amigos la siguiente frase: "Confiar siempre en Dios". Claro que confiamos, cuando nos va bien, cuando tenemos bonanza en nuestra vida. Pero, si llega una enfermedad, si nos quedamos sin trabajo, si muere un ser querido. ¿Confiamos? La respuesta va de acuerdo a nuestra relación personal con Dios, a nuestra fe y confianza que hemos desarrollado en nuestra vida hacia él. Ser fiel y confiar en Dios es contemplar su rostro en cada circunstancia, en cada trago amargo que pasamos y también en las cosas gratas de la familia y comunidad.

En el Evangelio de hoy, vemos cómo Jesús envía a sus apóstoles a misión para continuar su obra misionera. Y se relaciona estrechamente con la vocación del profeta Amós: "Yo no soy profeta ni uno de los hermanos profetas; soy cuidador de rebaños y trato los sicómoros" (Amós 7:14). Todo trata de la confianza plena en Dios para cumplir con lo que nos toca hacer. Siempre se muestra la misericordia de Dios al cumplir su voluntad. El Señor muestra su bondad y su amor en todo momento; pero, hay que estar alerta a su voz y a su pedido y además no llevar nada para el camino. Ahora nos diría, ni siquiera el celular ni la computadora. Solo el corazón bien dispuesto para trabajar en su viña. ¿Podremos? La tecnología debe estar a nuestro servicio, no nosotros al servicio de ella. Imitemos a los servidores públicos y parroquiales que cumplen su misión siempre confiando en Dios.

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**SAINTS AND
OBSERVANCES**

Monday: St. Mary Magdalene

Tuesday: St. Bridget, Religious

Wednesday: St. Sharbel Makhlūf,
Priest

Thursday: St. James, Apostle

Friday: Sts. Joachim and Anne,
Parents of the Blessed Virgin
Mary**LOS SANTOS Y
OBSERVANCIAS**

Lunes: Santa María Magdalena

Martes: Santa Brígida, religiosa

Miércoles: San Chárbel
Makhlouf, sacerdote

Jueves: San Santiago, apóstol

Viernes: San Joaquín y Santa Ana,
padres de la Santa Virgen María**Mass Intentions / Intenciones de Misa****SUNDAY, JULY 14**

5:00pm (Vigil) Daniel Cazarez†, Petra Valdriz†
9:00am Primo Pisares†, Reynaldo Tongol†, Juan Cisneros Esquivel†,
 Knights of Columbus Council #1948
11:00am Petra Valdriz†, Dolores Losoya†, Pete & Pearl Herrera†,
 James Daniel Echeveria Sr.†
1:00pm Mamita Yangtse†, Luis Lazarot†, Valente Sanchez†,
 Gerardo Armenta†
7:00pm Leobardo Mendez†, Esmeralda Gonzalez & Family (Int)

MONDAY, JULY 22

12:15pm Palcido Tenat†, Petra Valdriz†, Jaime Lozadot

TUESDAY, JULY 23

12:15pm Eustolia Castillo†, Henry Perez (B)

WEDNESDAY, JULY 24

12:15pm Communion Service

THURSDAY, JULY 25

12:15pm Communion Service
7:00pm Filemon Altamiranot†, Josefina Zamarripat†,
 James Matthew Echeveria (Int), James Sr. & James Jr. Echeveriat†
 Eraclio Martinez & Family (Int)

FRIDAY, JULY 26

12:15pm Vicenta Santa†

SUNDAY, JULY 28

5:00pm (Vigil) Ermelinda Camara (B)
9:00am Primo Pisares†, Reynaldo Tongol†, Jimmy Mazzuca (B)
11:00am Jose Salinas Rojot†, Roberto Salinas Capiot†,
 Audelia Raya Moralest†, Noe Moncada Rayat†
1:00pm Mamita Yangtse†, Julio, Diana, Maria, Victor Gonzalez (Int)
7:00pm Leobardo Mendez†, Marco Lara Beltran (B)

Mass Intentions received through July 11, 2024

Weekly Readings

Sunday: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/Eph 2:13-18/Mk
 6:30-34

Monday: Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn
 20:1-2, 11-18

Tuesday: Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/Mt 12:46-50

Wednesday: Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and 17/
 Mt 13:1-9

Thursday: 2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt
 20:20-28

Friday: Jer 3:14-17/Ps 19:8, 9, 10, 11/Mt 13:18-23

Saturday: Jer 7:1-11/Ps 84:3, 4, 5-6a, and 8a, 11/Mt 13:24-
 30

Lecturas de la Semana

Domingo: Jr 23, 1-6/Sal 22, 1-3. 3-4. 5. 6 (1)/Ef 2, 13-18/Mc
 6, 30-34

Lunes: Cant 3, 1-4 o 2 Cor 5, 14-17/Sal 62, 2. 3-4. 5-6. 8-9/
 Jn 20, 1-2. 11-18

Martes: Miq 7, 14-15. 18-20/Sal 84, 2-4. 5-6. 7-8/Mt 12, 46-
 50

Miércoles: Jr 1, 1. 4-10/Sal 70, 1-2. 3-4. 5-6. 15 y 17/Mt 13,
 1-9

Jueves: 2 Cor 4, 7-15/Sal 125, 1-2. 2-3. 4-5. 6/Mt 20, 20-28

Viernes: Jr 3, 14-17/Sal 18, 8. 9. 10. 11/Mt 13, 18-23

Sábado: Jr 7, 1-11/Sal 83, 3. 4. 5-6. y 8. 11/Mt 13, 24-30

Weekly Events / Eventos durante la Semana

MONDAY, JULY 22

6:30pm— Grupo de Oracion in the Parish Hall

TUESDAY, JULY 23

Devotions to Our Lady of Perpetual Help before 12:15pm Mass

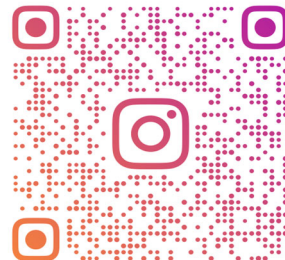
WEDNESDAY, JULY 24

1:00pm Legion of Mary

FRIDAY, JULY 26

Devotions to the Sacred Heart of Jesus before 12:15pm Mass

6:00pm Confessions



SACREDHEARTWOW

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Diocese of Monterey
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Phone numbers

- Santa Cruz (831) 431-6939
- Seaside (831) 393-3110
- Salinas (831) 422-0602
- Watsonville (831) 722-2675
- San Luis Obispo (805) 541-9110

www.catholiccharitiesdom.org

Weekly Collection – Colecta Semanal July 7, 2024

General Collection	\$7,076.42
Friday (Catholic Charities)	\$327.70

AMA 2024

Goal	\$37,500.00
Total Promised	\$63,915.00
Received	\$54,077.00
No. Of Donors	365
Total Rebate back to Sacred Heart	\$16,242.00

REFLECTION ON STS. ANN & JOACHIM

THE ROLE OF GRANDPARENTS IN COMPLETING THE FAMILY UNIT

In their home, Mary came into the world, accompanied by the extraordinary mystery of the Immaculate Conception. Mary grew up in the home of Joachim and Anne; she was surrounded by their love and faith: in their home she learned to listen to the Lord and to follow his will. Saints Joachim and Anne were part of a long chain of people who had transmitted their faith and love for God, expressed in the warmth and love of family life, down to Mary, who received the Son of God in her womb and who gave him to the world, to us. How precious is the family as the privileged place for transmitting the faith! - Pope Francis



IS GOD CALLING ME TO BE A PRIEST

How do I know if God is calling me to be a Priest

“Vocations are born in prayer and from prayer; and only in prayer can they persevere and bear fruit.”
—Pope Francis

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