

TOP TEN

REASONS TO USE

NATURAL FAMILY PLANNING



1.

- IT IS GREEN, ORGANIC, AND NATURAL – NO ADDED HORMONES OR DEVICES ARE USED.

2.

- IT IS COMPARITIVELY INEXPENSIVE – IT HAS A ONE-TIME COST RATHER THAN CONTINUAL COSTS.

3.

- IT STRENGTHENS A COUPLE'S RELATIONSHIP – IT FOSTERS COMMUNICATION AND INTIMACY.

4.

- IT IS A SHARED RESPONSIBILITY – THE COUPLE BECOMES A FERTILITY TEAM.

5.

- IT IS EFFECTIVE – IT SUCCESSFULLY HELPS COUPLES AVOID OR ACHIEVE PREGNANCY.

6.

- IT IS EMPOWERING – IT TEACHES WOMEN AND MEN ABOUT THEIR BODIES.

7.

- IT IS A DIAGNOSTIC TOOL – IT HELPS IDENTIFY AND TREAT GYNECOLOGICAL AND REPRODUCTIVE DISORDERS.

8.

- IT IS SIMPLE AND EASY TO LEARN – ANY WOMAN WITH ANY TYPE OF CYCLE CAN USE IT.

9.

- IT IS COUNTER-CULTURAL – IT PROVIDES FREEDOM TO EXPRESS AUTHENTIC LOVE.

10.

- IT KEEPS WITH THE CATHOLIC CHURCH'S TEACHING ON HUMAN SEXUALITY – IT UPHOLDS GOD'S DESIGN FOR SEX AS UNITIVE AND PROCREATIVE.



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