



Totus Tuus

Summer Camp for Catholic Youth

Totus Tuus is a Catholic summer camp in the Archdiocese of Kingston filled with faith and fun! Campers will enjoy a week-long summer program packed with skits, songs, games, sports, crafts, and engaging faith activities.



DAY CAMP

Children entering grades 1-6
Monday—Friday; 9 am—2:30 pm

EVENING CAMP

Youth entering grades 7-12
Sunday—Thursday; 7—9pm

Week of July 12-17, 2020
Holy Cross Church, Kemptville



Camp Registration Fee: \$100 (Day Camp) | \$25 (Evening Camp)

Extended day care till 4 pm available for an additional \$25

For more info and to register online visit:
www.romancatholic.kingston.on.ca/totustuus

Totus Tuus

Catholic Summer Camp! Registration Open!

Our Archdiocesan Summer Camp Totus Tuus (Latin for Totally Yours) is happening this **July 12 - 17, 2020** at Holy Cross Kemptville!

A faith-based week-long camp that includes fun activities, skits, sports, crafts, music and outdoor play!

Day Camp for children (Gr. 1-6)

Mon-Fri from 9am - 2:30pm.

(\$100 for the week). With an option of extended daycare till 4pm.

Evening Camp for teens (Gr. 7-12)

Sun-Thurs from 7 - 9pm.

(\$25 for the week).

The camp will also be offered in various locations across the archdiocese during the month of July.

For more info and to register visit

www.romancatholic.kingston.on.ca/totustuus

Financial contributions to help sponsor children to attend camp are welcome.

Any questions, please contact
Nadia Gundert at 613-484-2446

Don't Give Up Chocolate for Lent

SO... WHAT IS BEST LENT EVER?

It's a totally free and totally awesome daily Lenten video program (sent straight to your email) that will help you unlock your God-given potential.

<https://dynamiccatholic.com/best-lent-ever>



Lent begins with **Ash Wednesday - 26 February 2020**

Masses Ash Wednesday: 9:35 am & 7:00 pm

Stations of the Cross during Lent will be on Thursday nights in the church (6:30 to 7:00 pm)

Beginning 27 February thru 2 April 2020.

Home Alone

While we have more means of communication and more ways to connect to the rest of the world in human history, polls and research show that many in our culture struggle with loneliness. We feel alienated from each other, alienated from ourselves, and alienated from our Maker. While loneliness looks different in our modern times, the problem is as old as human history. In this series we will look at the cause of our loneliness and what we can do to combat it.



Small Group Breakout Sessions with Fr. Andrew

In the parish hall you are invited to attend a breakout session that will further explore this theme. The session will be approximately 1 hour and 15 minutes and you are asked to remember to bring your Bible.

Two opportunities to participate. Both sessions are the same, so choose one.

Monday 17 February 2020 in the parish hall
morning 9:00 - 10:15am or evening 6:30 - 7:45 pm

PAR (Pre-Authorized Remittance)

We now have Bi-Weekly or Monthly donations options for those who wish to sign up for PAR.

Thank you to all who have signed up for our Pre-Authorized Remittance program. For your convenience we have provided PAR donation cards which you may deposit in the collection basket as a symbol of the gift you have made by Pre-Authorized Remittance. You could also simply write PAR on your empty envelope and continue to place it in the collection basket.

If you have any questions or concerns or wish to make changes or sign-up please contact Fr. Andrew Shim
parish office (613) 258-3377 or
email: holycrosskemptville@gmail.com



*You may sign up at anytime.
See registration form
in Narthex*

THE BE ATTITUDES

Ten Paths to Holiness



Albert Haase, OFM

5 Thursday Nights During Lent

Beginning 5 March thru 2 April 2020

7:00 pm to 8:30 pm in Holy Cross Parish Hall

Come and join a video presentation on the

"BE ATTITUDES" - Ten Paths to Holiness

by Albert Haase, OFM

Sign up sheets are in the Narthex

There are many paths to heaven.

Each one of us is called to discover our own unique way to grow in holiness whether it be as a parent, spouse, babysitter, beautician, bartender, or businessperson.

No matter the occupation or role we play in life, there are ten characteristics that should shine in the life of every Christian disciple. *Each independent talk* explores one or as

many as three of the ten important attitudes that will shape each one of us into the person God calls us to be, with segments focused on:

Relational and Self-giving Love

Forgiveness

Compassion, Surrender, and Being Contemplative

Living in the Present Moment and Passion for Peace and Justice

Gratitude and Your Own Unique Path to Holiness

*Albert Haase, OFM, is a former missionary to mainland China and the award-winning author of ten books including *Catching Fire*, *Becoming Flame*. He is a Preacher and presenter of parish missions and spirituality workshops as well as a spiritual director, he is currently chaplain at Cedarbrake Catholic Retreat Center in the diocese of Austin TX.*

Pray for those in need of healing

To add or remove names see "prayer for the sick list" in Narthex

Elaine Anderson; Kevin Arcand; Shirley Arcand; Robert Barbe; Albinas Beres
Georgette Berube; Anne Brennan; Bernie Brennan; Doreen Bugyra
Norma Burke; Clare Doyle; Barbara Finlayson; Ryan Forbes
Jean Marc Fortin; Martin Gaudet; May Gauthier; Karen Hill; Shirley Howard
Anne Howison; Mary Hutchings; Erroll Kennedy; Gregory Langley
Jackie Leduc; Nathan Livingstone; Gerald Loughlin; Harold MacDonald
Paul Mahabir; Dolores Martin; Hilary Morey; Shawna Nickerson
Emily Nilsson; Elena Nisi; Ann Oakley; Evelyn O'Neill; Gord Payne
Ken Payne; Kevin Pearson; Fr. Brian Price; Heather Racine
Irma Roberge; Cyndie Roobol; Dorothy Ryan; Diane Schmitz
Maurice Seguin; Pat Shafer; Brian Telford; Jeannette Twolan
Maria Vallee; Scott Walker; Keith Wheatley
Travis Wilson; Rosalie Wiseman; Betty Wright

Pray for those who have died

Liturgy Schedule			
Date	Day	Time	Mass Intention
15 Feb	Sat	5:00 pm	Kathleen Sibbald
16 Feb	Sun	9:00 am	Alfred Landry
		11:00 am	For the People
17 Feb	Mon	8:15 am	Grace Brennan & Laurie Matheson
18 Feb	Tue	No Mass Scheduled	
19 Feb	Wed	No Mass Scheduled	
20 Feb	Thur	8:15 am	Agatha Dombroski
21 Feb	Fri	6:00 pm	Adoration & Confessions
		7:00 pm	Janet Surgenson
22 Feb	Sat	5:00 pm	Joyce Green
23 Feb	Sun	9:00 am	Special Intentions (Josie Porter)
		11:00 am	For the People

Holy Cross Parish News & Information

Web page: holycrossng.com

Email: holycrosskemptville@gmail.com

Facebook page <https://www.facebook.com/holycrosschurchkemptville/>