



REJOICE AND BE
GLAD, *FOR YOUR*
REWARD Will Be
GREAT IN HEAVEN

Matthew 5:12

St. Jane Frances de Chantal Church

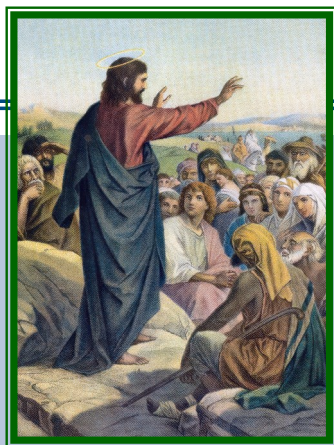
9601 Old Georgetown Road, Bethesda, Maryland 20814-1795

REV. SAMUEL C. GIESE, *Pastor* ♦ REV. JAMES M. MORGAN, *Parochial Vicar*

February 1, 2026 – Fourth Sunday in Ordinary Time

THE ORDER OF WORSHIP

FOR THE FOURTH SUNDAY IN ORDINARY TIME /YEAR A



FEBRUARY 1, 2026

Readings in *Worship* hymnal # 1118

Entrance Antiphon:

Ps 106 (105):47

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to
praise you.

First Reading:

Zep 2:3; 3:12-13

The remnant of Israel will take
refuge in the Lord.

Second Reading: 1 Cor 1:26-31

The Lord chooses the lowly.

Gospel:

Mt 5:1-12A

Today we hear the Beatitudes.
This is the heart of a disciple.
This is who we are called to be.
Peacemakers, merciful, hungering
for righteousness.

Communion Antiphon:

Mt 5:3-4

Blessed are the poor in spirit,
for theirs is the Kingdom of
Heaven. Blessed are the meek,
for they shall possess the land.

Entrance Hymn..... The Kingdom of God | # 720
.....(Sun. 5pm) Glory and Praise to our God | # 597

Gloria From Mass in Honor of St. Ignatius (Inside Hymnal back cover)
..... (Sun. 5pm) from Storrington Mass | # 257

Responsorial Psalm Psalm 146 | O. Alstott



Gospel Acclamation | O. Alstott



Preparation of the Gifts O Blest Are You | # 584
..... Parish Choir: One Faith, One Hope, One Lord – Courtney
.....(Sun. 5pm) Eye Has Not Seen | # 713

Preface Acclamation..... From Mass for the City | # 374
..... (Sun. 5pm) from Storrington Mass | # 260

Memorial Acclamation From Mass for the City | # 375B
..... (Sun. 5pm) from Storrington Mass | # 261

Great Amen From Mass for the City | # 376
..... (Sun. 5pm) from Storrington Mass | # 264

Fraction Rite..... 8am | # 311
..... Holy Cross Mass | # 381
..... (Sun. 5pm) from Storrington Mass | # 265

Communion Procession I am the Bread of Life | # 950
..... (Sun. 5pm) Ubi Caritas – B. Hurd



Meditation Hymn Take My Sacrifice – J. Cowan
..... Parish Choir: It is well with my soul – Bliss/Wilberg
.....(Sun. 5pm) Lead Me, Lord - Becker

Concluding Hymn Canticle of the Turning | # 624

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FORMED is a digital platform of Catholic videos, talks, and e-books, available at home, on the go, or from any internet connected device. Discover thousands of books, audio talks, movies, documentaries, and studies; there is something for every member of the family to help them grow closer to Christ and his Church.

Registering for FORMED is **FREE** to St. Jane de Chantal parishioners at **formed.org**

FORMED®

The Catholic Faith. On Demand.



OPENING THE WORD: 4TH SUNDAY IN ORDINARY TIME (YEAR A)

As we enter the fourth Sunday in Ordinary Time, we encounter the beautiful but challenging teachings of the Beatitudes. The Beatitudes present us with a paradox. Jesus says that the people who are suffering by the world's standards are actually blessed. In fact, the word blessed in Greek means someone who is so fortunate he or she should be envied! Listen to Michel Therrien as he offers prayer and insights on today's Gospel at watch.formed.org/videos/4th-sunday-in-ordinary-time-january-29-2017.

DAILY REFLECTIONS – THE PRESENTATION OF THE LORD

Monday, February 2 is The Presentation of the Lord. The day's action item: Resolve to be obedient to the Lord. Sign up at FORMED Daily and be inspired and renewed each morning with a short video from Dr. Tim Gray. Join this reflection by visiting watch.formed.org/videos/daily-reflections-feast-of-the-presentation-february-2-2022.



St. Jane Frances de Chantal OFFERTORY E-GIVING

Faith Direct eGiving is now

ParishSOFT | Giving
by Ministry Brands

To send a Mass offering online, scan the QR code using your smart phone camera or visit

[giving.parishsoft.com/
app/giving/
StJaneBethesda](http://giving.parishsoft.com/app/giving/StJaneBethesda)



ALTAR SERVERS FOR JAN. 31 AND FEB. 1

SATURDAY

5:00 pm A Krimitzas, C. Krimitzas, P. Almy

SUNDAY

8:00 am D. Driscoll, K. Nguyen, C. Nguyen

10:00 am K. Mydlarz, V. Gujda, T. Kiiza

12:00 pm L. Wolf, Ly. Wolf, **1 Server Needed**

5:00 pm V. Ugoh, R. Ugoh, **1 Server Needed**



Servers Needed - Please sign up online through the Ministry Scheduler at <https://secure.rotundasoftware.com/29/web-terminal/login/stjanedechantal>

NEW to St. Jane Frances de Chantal Church? We **INVITE** you to **REGISTER** as a **PARISHIONER!**

Joining our parish family is much more than filling out a registration form. We hope to meet you in person at either a doughnut social after Mass or another parish event, and we invite you to become an active part of our community. As a member, you will be encouraged to prayerfully consider the gifts of time, talent and treasure you might be able to give back to God through parish ministry. Registration will also ensure that your contributions are recorded properly, as well as making the process much easier when it is time for sacraments or registration for Faith Formation or when asked to be a sponsor for a Baptism or Confirmation. Registration will also ensure that you will receive important communications such as emails and our annual report.



Visit stjanedechantal.org/register





Revelation

The Kingdom Yet to Come



WINTER SCRIPTURE STUDY ON THE BOOK OF REVELATION

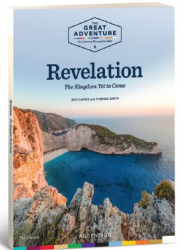
Start the new year by joining a Scripture Study exploring the Book of Revelation—one of the most fascinating, symbolic, and hope-filled books of the Bible. Together we will look at its historical context, rich imagery, and message of Christ's ultimate victory. No previous Bible study experience is needed. All are welcome!

There will be three options to participate in the 11 week study:

- 1) Virtual sessions on Sundays 7-9 PM, (Jan 11 - Mar 29)
- 2) In person sessions on Tuesdays 7- 9 PM in the Seton Center Library (Jan 13 -Mar 31)
- 3) Virtual sessions on Thursday 9:30-11:30 AM between (Jan 15 - Apr 2).

Please register online at stjanedechantal.org/scripture-study or with the parish office.

The workbook is available from Ascension press in electronic and hardcopy versions at <https://ascensionpress.com/collections/revelation-the-kingdom-yet-to-come#study-materials>.



St. Jane Frances de Chantal Church

Parish Office and Mailing Address: 9701 Old Georgetown Road, Bethesda, Maryland 20814-1795

Phone: 301-530-1550 ♦ Fax: 301-493-8953

E-mail: parish.office@stjanedechantal.org ♦ Web site: www.stjanedechantal.org

LITURGY SCHEDULE

Sunday Masses

Saturday 5:00 p.m.

Sunday 8:00 & 10:00 a.m., 12:00 noon, 5:00 p.m.

Weekday Masses

Monday – Saturday 8:30 a.m.

Holyday Masses as announced.

Sacrament of Penance

Saturday 3:45 - 4:45 p.m. & by appointment.

Children's Liturgy of the Word: during every

Saturday 5 p.m. Mass, September - May.

DR. GIULIANO GRISI, Director of Liturgy & Music

DEVOTIONS

Rosary: Monday – Saturday 8:00 am.

First Friday:

Exposition of the Blessed Sacrament after
8:30 a.m. Mass; Benediction 10:00 a.m.

First Saturday Fatima Devotion:

After 8:30 a.m. Mass.

ST. JANE DE CHANTAL SCHOOL

301-530-1221

9525 Old Georgetown Road

Bethesda, MD 20814-1723

MRS. CATHERINE SKIBO, Principal

Grades Pre-K-8

BULLETIN SUBMISSION DEADLINE

The Friday that is nine days prior to publication on a Sunday.

PARISH ADVISORY BODIES

Pastoral Council: DR. CYNTHIA TRACY, Chair

Finance Council: MRS. M. ANNE STRAND, Chair

School Board: DR. LOREN WILKERSON, Chair

SODALITY

MRS. SUZIE NALLS, Chair

SETON CENTER FOR RELIGIOUS EDUCATION

301-530-9100

9625 Old Georgetown Road,

Bethesda, MD 20814-1725

MR. JAMES CAULFIELD, DRE

Grades K - 8, Youth Ministry (Grades 9 - 12),

Faith of Our Toddlers, Special Religious Education,

Rite of Christian Initiation of Adults, Adult Faith

Formation.

PASTORAL CARE OF THE SICK

Please call the parish office (301-530-1550) when a parishioner is in the hospital, a nursing home, or confined to home and wishes to receive a visit or any of the sacraments.

BAPTISMS

Second and Fourth Sunday at 1:30 p.m.

Parents are required to attend a pre-Baptismal instruction class.

MATRIMONY

Couples are required to attend a Marriage Preparation Program prior to marriage. Please make arrangements with one of the parish priests at least six months in advance. Do not set a date until you have met with the priest.

HOLY ORDERS AND RELIGIOUS LIFE

If you believe that you or someone you know has a vocation to the priesthood or religious life, contact the archdiocesan Vocations Office (202-636-9020), the archdiocesan Delegate for Consecrated Life (301-853-4576), or one of your parish priests, or visit www.adw.org/allvocations.

NEW PARISHIONERS

We welcome new parishioners! All new parishioners are asked to complete a registration form available in the narthex of the Church, online, or come to the parish office. Please notify the parish office of a change of address, or if you plan to move out of the parish.

IN OUR PARISH

*Can't find the bulletin you brought home from church?
Want to keep up on what's happening in the parish even
when you are away on vacation or sick in bed?
Visit our parish website, www.stjanedechantal.org to view
a copy of the bulletin and for more information on parish
events and organizations.*

WELCOME NEW PARISHIONERS

St. Jane de Chantal Parish welcomes those who have recently registered in our parish:

- ◆ Mary K. Waters
- ◆ John & Frances Hrastar
- ◆ Serefino Cambareri
- ◆ Jude Quiah & Rina Gain

If you attend Mass at St. Jane Frances de Chantal regularly, we encourage you to register as a member. Please complete a registration form, which can be found in the Church gathering space, at the parish office, or online at www.stjanedechantal.org/register, and send in your completed form or email this to parish.office@stjanedechantal.org.

JOB SEARCH ASSISTANCE PROGRAM

The job search program conducted by the Pastoral Council's Social Concerns Committee to help Parishioners is now in motion. If you are interested in helping others find a new job/career opportunity, OR you are seeking help in finding a new job, please contact the , Wes Chin via email (wmchin987@gmail.com) or a note sent to Wes thru the parish office or in the weekend collection basket. Just include your name (first name only if you wish) and contact information. **Current jobs wanted are:**

- ◆ Former **Fed. IT Project. Mgr.** (20+ yrs), passionate about Financial and Budget Management. Pursuing a position in **Finance, Business, Accounting, Budget Analysis, or Data Analytics** to support decisions, and advance company agendas.
- ◆ **Urban economist and public affairs strategist** (17+ years) advising U.S. and international stakeholders on sustainability and public policy. Master's in Urban Economics; former professor at a Catholic univ in Argentina (12 yrs). **Seeking mission-driven external affairs/communications roles.**
- ◆ **Current Pharmacy Technician with experience (10 yrs) and BS in food service technology. Former Gen. Mgr., Sales, and Quality Assurance Manager looking to return to career in food service Industry.**
- ◆ Former **Software Dev Mgr.**, team leader with master's degrees in Math, Comp Science, and AI PHD candidate, 25 years of systems dev and programming experience while training and mentoring other IT professionals, looking for another **job in Info Tech.**

RELIGIOUS ITEMS STORE

The Ladies of Charity, St Jane de Chantal, will open their Religious Items Pop-Up Store on Sunday, February 8th after the 10 am & 12 noon Masses in the Church Narthex.

General Religious items will be featured including prayer books (one highly recommended by Father Giese), Bibles for adults and children, rosaries and rosary cases, crucifixes, holy water bottles, rosary bracelets, holy cards, Baptism, First Holy Communion, Confirmation and sympathy cards. New items will include a few books for adults and children of Saints depicted on the Church-stained glass windows, holy card holders and cross and crucifix necklaces.

WEDDING ANNIVERSARY MASS TO CELEBRATE THE VOCATION OF MARRIAGE - Saturday, February 14, 2026

Bishop Evelio Menjivar-Ayala will celebrate the Annual Wedding Anniversary Mass to honor the Vocation of Marriage on Saturday, February 14, 2026, at 10:00 a.m. at the Basilica of the National Shrine of the Immaculate Conception. This Annual Mass is a celebration of the living vocation of all couples who provide a Catholic witness to the beauty of the Sacrament of Matrimony. All married couples and their families are welcome, regardless of how long you have been married. Couples are invited to register with the parish office by February 6, 2026, to attend the Mass and/or request a certificate in honor of their anniversary year, by sending an email to parish.office@stjanedechantal.org or call 301-530-1550.

EVANGELIZATION LECTURE SERIES

**Saturday,
February 14
12:00 – 1:30 pm
in
Caulfield Hall**

Light lunch will be served

Fr. Christopher Seith, Sating John Paul II Seminary

Presents

Rekindling Wonder: Touching Heaven in a Screen Saturated World

Everyone knows the horror of boredom. We are terrified of silence, fearful of hearing a voice telling us that we are alone, that we are unloved, unseen; that meaninglessness lies beneath the surface of all our activities. Yet our instinct to drown out that voice with noise and distractions, which would seem to be the only possible solution, prevents us from hearing another voice speak into our fears.

In his talk, Fr. Seith will examine how our digital devices are designed to imprison us within a despairing world, and how Christ can set us free by animating us to live in love.

Living in love, we can navigate the complexities of our digital world without becoming enslaved to a life of boredom, and can instead live in wonder at the love of God, present in all things.



BAPTISM & CONFIRMATION SPONSOR FORMS/LETTER REQUESTS

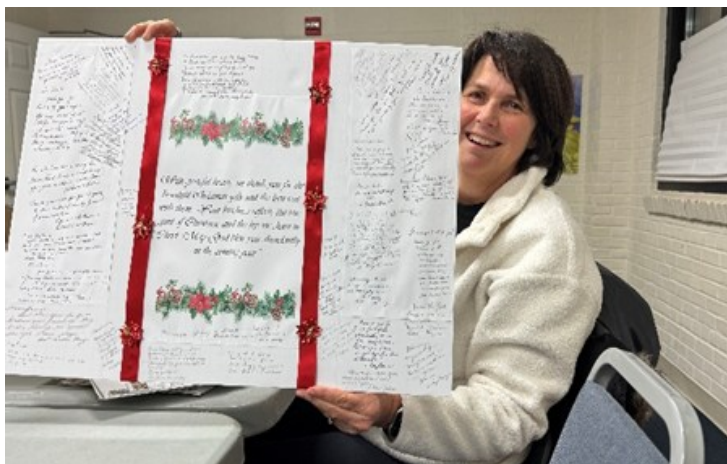
Many parishes require those who would serve as a sponsor/godparent for Baptism or Confirmation to obtain a letter of good standing from their own parish or to obtain the signature of the pastor on a form declaring that the prospective sponsor/godparent is a registered and active member of the parish. Those seeking a letter of good standing or the signature on a form **must be a registered and active member of St. Jane de Chantal parish for six months prior to the request.** Also, children of registered parishioners who are 22 years or older need to be registered in their own name and be active too for a letter or signature on a form to be furnished.

MEN'S MINISTRY PROGRAM

Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Then we invite you to join us on Saturday, February 7, and every first Saturday of each month at the Caulfield Hall for Men's Fellowship, a program designed for all men of the community, doors open at 6:30 am for coffee, doughnuts, and fellowship. The meetings will begin at 7:00 am and end at 8:00 am. Stay tuned to our parish calendar for a schedule of all monthly meetings. It is never too late to start the program.

THE PARISH CHRISTMAS GIVING TREE THANKS YOU

Sodality collected over 309 gifts which were given to 8 organizations and provided financial gifts of \$5,000 to 5 charities. The recipients included: the Christ House, Assumption Outreach Center in southeast DC, Gift of Peace, Sasha Bruce Youthwork, St. Francis Xavier in southeast DC, the Gabriel Project, Sisters of Charity, St. Augustine in DC, the Little Sisters of the Poor, St. Martin's Cloak, the National Center for Children and Families in Bethesda, Queen of Peace, and Catholic Charities of West Virginia. This parish-wide effort to give to others in need is always appreciated. Multiple groups of Sodalists coordinated outreach to charities for gift requests, advertising, fund-raising, last minute shoppers, drivers for gift delivery, tag makers, and tree decorators (Junior Sodalists). Thank you all for the gifts, and for the love they represent. The organizations we support are always extremely grateful to our parishioners.



The Sisters of Charity acknowledged their appreciation with a tri-folder full of signatures. Thank you to St. Jane's!

SNOW POLICY FOR WEEKDAY MASSES

If the Federal Government is closed due to inclement weather, St. Jane de Chantal will not hold the 8:30 am weekday Mass. Please stay safe at home, and allow our snow removal crews to clear and treat our parking lots and walkways. If the Federal Government is opening on a delayed schedule, St. Jane will hold the 8:30 am Mass.

GABRIEL PROJECT CRIB

For the month of January (January 5-February 1), the Gabriel Project will collect needed items for pregnant mothers and their families that are struggling to make ends meet. In the narthex, a display crib has been set up where parishioners can place donations of diapers, wipes, infant formula, new and gently-used clothing for infants and siblings up to 14 years old, children's books, small toys, and small baby and maternity accessories, as well as essentially needed grocery gift cards. These families make tough decisions based on foreseen needs for both their toddlers and for the future needs of their unborn child. Let us help them choose life. If you have any questions or would like to find out how you can volunteer and be a blessing to mothers and families in need, visit www.gpmoco.com, or email Cynthia Masison at c_masison@yahoo.com.

COLLECTION FOR THE LOCAL HOMELESS!

Let the least among us not be forgotten during the cold winter months.

The Elizabeth Ann Seton Sodality Unit is collecting new underwear and socks to be distributed to the homeless and poor through the Bethesda Cares Clothing program around St. Valentine's Day.

Please drop off or ship contributions by February 1st!

**To: EAS Underwear Drive,
9403 Fresno Rd, Bethesda MD 20814**
There will be a bin by the door, emptied frequently.

If you would like confirmation that your amazon or other delivery arrived, please include a 'gift tag' with your email address.

Requested items are:

- Socks (Everyone prefers men's winter socks, they are warmer and last longer!)
- Men's underwear sizes S-XXL
- Men's undershirts sizes s-XXL
- Women's underwear sizes S-XL



In addition, new toiletries such as toothpaste, toothbrushes, lotion, ChapStick, shampoo, conditioner, razors, and deodorant can be accepted.

Any extra underwear will be given to Suburban Hospital, where they are used for the homeless who come into the emergency room & need fresh clothing.

PARISH OFFICE VOLUNTEERS NEEDED

Occasionally, the Parish Office needs a few hours of weekday help in covering the front desk (answering the phone, sorting the mail, and greeting visitors). There is also a seasonal need for volunteers who are willing to assist with stuffing and sorting of parish mailings, and completing occasional bulletin inserts. If you have some free time and are interested, please contact the Parish Office at 301-530-1550. Training and reference materials will be provided.

REMEMBER IN PRAYER

. . . those who are sick, and all those in our nursing homes and hospitals, especially Beth B, Alexie Longoria, Redentor Bautista, Colleen Patton, Ernest Yambot, Pedro Gonzalez, Kathleen Lagerloft, Ashley Mican, Kim B., Cynthia Wesson, Vivi Allen, Sally-Ann Thomas, Ronald Campbell Jr., Chaz Decoteau, Tyren Jones, Michele Cole, Jessica Stevenson, Carol Blume, Larry Blume, Dallas Gilbert, Rosa Lecuona, and Bill Jacques.

. . . those who have died, especially Hunter & Jeannette Bryant, Marie Kelley, Karen Fisher, Philippe Pradel, Mary Hyland, Caroline Tice, Sandra MacDonald, Storrow Sommer, Barbara White, Pauline Kuta, Patricia Broderick, Mary Commins, Mark Navolio, Jack Fitzgerald, George Wahl, Kevin Maloney, Frederick Barronn III, Mary Ellen Maher, Joseph R. Manno, Jean V. Bort, Josefina Sistoza, Alan Kelley, Frank Kalisz, Marcia Naranjo, Bob Flynn, Thomas Jansen, Michele Cole, Jacob Varghese, Joseph Malone Jr., Jaime Cuzzi and Connie Relacion.

IN OUR LITURGY & MUSIC MINISTRIES

Visit the Music Ministries page at www.stjanedechantal.org/ministries/music-ministry for information on the many music ensembles at St. Jane.

IN OUR FAITH FORMATION PROGRAMS

Visit the Faith Formation page at stjanedechantal.org/faith-formation/ for information on the various programs, registration forms and calendars.

EMPLOYMENT OPPORTUNITY: ADRE

The Office of Religious Education here at St. Jane de Chantal Parish is looking to hire a dynamic Assistant to the Director of Religious Education (ADRE). Working under the supervision of the Director of Religious Education (DRE) the ADRE will support the Faith Formation program of the parish and all its functions to ensure a robust and successful catechetical program. The ADRE will foster relationships with our school, schoolteachers and staff, clergy, catechists, parents, and our Faith Formation students with care and enthusiasm. The ADRE will work in the Seton Center Office of Religious Education on a part-time basis (19/week). For more information on qualifications and general duties for this position, please visit recruiting.ultipro.com/ARC1012ARCHW/, type "St. Jane" on the search box and scroll to locate the job listing. Interested candidates can send cover letter and resume to james.caulfield@stjanedechantal.org.

IN OUR BLUE RIBBON SCHOOL

Check out the St. Jane de Chantal School website at www.dechantal.org to get information on admissions, see what each classroom is studying, and more.

KEYBOARDING CLASS

Keyboarding Class 2026 starts Thursday, January 8 and runs until Thursday March 26. Learn to keyboard using the "home row keys"! Class will take place in the STEM Lab from 3 to 4:45pm on Thursdays. Available to students in grades 4-8. Any snow days will be made up at the end of class. 12 Lessons for \$250. Checks made payable to Nancy Ramsayer or Venmo at @Nancy-RamsayerBurch-1. Questions? Please email Nancy Ramsayer at nramsay@dechantal.org.

CLASS DUES

Class dues make a big impact! They help fund your child's holiday celebrations, classroom activities, and thoughtful teacher gifts. We kindly ask each family to contribute dues for each enrolled child so every classroom experience is supported. *Congratulations to Pre K4 for achieving 100% participation!!* To make your payment, please visit <https://store17346555.ecwid.com/Class-Dues-c35460884>.

SCHOOL HIGHLIGHTS**1st Grade**

Last week the 1st grade had an exciting field trip to the Smithsonian National Postal Museum.

5th Grade

Last Thursday the 5th grade had a fabulous field trip to I-Fly. Through a STEM lesson and a STEM lab 5th graders learned about the physics of skydiving, aerodynamics, terminal velocity, and had the opportunity to fly twice.

CYO BASKETBALL HIGHLIGHTS

The De Chantal JV Mid-Atlantic Boys played in the 40th Annual Georgetown Prep basketball tournament, a long running tradition founded and organized by De Chantal Class of '72 Gregg Dyer. In a competitive field of 16 CYO and school teams from the DMV, the De Chantal boys got to the championship and won second place due to their teamwork and strong effort. Let's go!



Saint Jane DeChantal Catholic School *Used*
SCHOOL UNIFORM

Sunday, February 1
9 am - 3 pm

At the Seton Center, back parking lot.

Check out Duke's Den for all your Spirit Wear needs!
<https://store17346555.ecwid.com/>

SALE

Saint Jane DeChantal Catholic School FOUNDED 1953
Think. Believe. Become.

January 26th through February 2nd

1st grade is sponsoring a
Diaper Drive
for the Christ Child Society

Want to see your favorite teacher in a diaper?

We are collecting diapers of all sizes, with a special need for Newborn, Size 1, and Size 2. Students may bring donations to their classroom over the next two weeks. The homeroom that collects the most diapers will earn a fun prize: they get to choose a lucky teacher to dress like a baby at carpool!

NATIONAL CHRIST CHILD SOCIETY
WHERE LOVE LEADS TO ACTION

IN OUR ARCHDIOCESE

For more information on vocations, education, family, youth, social concerns, & other events in the Archdiocese of Washington, visit www.adw.org.

DIACONATE COME AND SEE WORKSHOPS

Any Catholic man interested in learning more about the Permanent Diaconate is welcome to attend a Come and See meeting held at various locations throughout the archdiocese during the months of January - early March. For more information, registrations, and for dates and locations, visit adw.org/vocations/deacons/formation-program or scan the QR Code registration link for more details.



ARCHDIOCESE SEEKING COORDINATOR OF LIFE ISSUES

The archdiocese is hiring a Coordinator of Life Issues to support our parish communities in their mission to defend life from conception to natural death including, but not limited to, abortion, end of life issues and the death penalty. The candidate must be a practicing Catholic with excellent communication skills including public speaking on behalf of Catholic causes. Please forward your resume and letter of interest to: calla-russl@adw.org For more information on this role as well as others, please see our career site: <https://adw.org/about-us/resources/career-opportunities/>.

16TH ANNUAL LOURDES ANOINTING MASS FOR THE SICK

Lourdes Anointing Mass for the Sick The Federal Association of the Order of Malta cordially invites the sick, disabled, and elderly of the archdiocese to receive the Sacrament of Anointing at the 16th annual Lourdes Anointing Mass on Saturday, March 21st, 2026 at 10:30 AM at Our Lady of Mercy Church in Potomac (9200 Kentsdale Dr., Potomac, MD 20854). Our Lady of Mercy is completely accessible for mobility aids and there is plenty of free parking. Members of the Order of Malta will be present to help people throughout the morning. There will be an anointing and a blessing with Lourdes water for the sick, disabled, and the elderly in attendance. Family, friends, and caregivers are invited. A light luncheon reception will be offered to everyone after Mass in the Parish Hall. There is no charge for the day. If you have any questions, please contact: Barbara Ritschel (202) 674-2931 or email her at barbaraff@live.com.

WORLDWIDE MARRIAGE ENCOUNTER EXPERIENCE

March 20-22, 2026. Your marriage deserves this kind of attention! There is a \$100 non-refundable application fee with the opportunity to make a donation. To apply online go to www.moments4marriage.org Or call: 301-500-0871.

ENTERING CANAAN DAY OF PRAYER AND HEALING

Have you experienced guilt, shame, regret or sadness after abortion? Do you feel that God can never forgive you? Women who have gone through an abortion are invited to a Day of Prayer and Healing, a post abortion retreat for women in English on April 25, 2026 from 9:00am - 6:00pm. In this retreat you will find the Sacraments, a witness talk, and a caring retreat team in a safe environment characterized by peace and trust, and free from judgment, to be able to heal the negative emotions that come after abortion. When you register, you will be given a confidential location. For more information, contact Project Rachel Ministry, sponsored by the Roman Catholic Archdiocese of Washington: **301-982-2008**; email for **Women**: hope@adw.org; for **Men**: prmwashington@adw.org; or register using the QR code. Suggested donation is \$40.00.



HOPE AFTER ABORTION

Having unresolved feelings about your abortion experience? You just don't feel forgiven? Feelings of guilt, shame, regret and sadness return? The Project Rachel Ministry of the Archdiocese of Washington, is for those women and men who have experienced an abortion and are suffering from these unresolved feelings. Please contact the Project Rachel Ministry at 301-982-2008 or email

at ProjectRachel@adw.org. Contacts are confidential due to the personal nature of this experience. For more information, visit www.hopeafterabortion.com.

NATIONAL SHRINE GROTTO OF OUR LADY OF LOURDES LENTEN RETREAT: PONDERING WITH MOTHER MARY

The National Shrine Grotto invites you to join us for a Day of Retreat on Saturday, February 28th with Retreat Master Fr. Dwight Schlaline! Fr. Dwight Schlaline is the pastor of the historic Sacred Heart Basilica (aka "Conewago Chapel") located near Hanover, PA. He has served as a priest of the Harrisburg Diocese since June 2010; first at St. Patrick Church in Carlisle, then at Our Lady of the Visitation in Shippensburg, and now in Hanover. A fellow overthinker, Fr. Dwight asks, "Has someone ever said: You think too much. Why don't you just let it go?" Have you ever tried to stop ruminating about something but just couldn't do it? It's possible to be free from overthinking. Visit www.nsgrotto.org/events for more information. **Come out and let's see what God can do to heal our minds and hearts.** Questions? Contact Lisa Rush at 301-447-5521 or l.m.rush@msmary.edu. Registration: \$35 | With Lunch: \$50.

PROJECT SUPPORT COORDINATOR NEEDED FOR CUA

Catholic University of America needs a half-time **Project Support Coordinator** for the Fulton J. Sheen Excellence in Preaching Initiative. Experience working with parish or diocesan projects, and social media skills are needed. Please contact: Richard Howick, Director of the Archbishop Fulton J. Sheen Excellence in Preaching Initiative, Howick@cua.edu.

SMALL GROUP FACILITATOR TRAINING

February 28 and March 21,

Carrie Hansen, Clinical Social Work/Therapist, MA, MSW, LCSW-C, will share wisdom and experience facilitating small groups. This two-session training will take place on Saturdays, February 28 & March 21, from 10:00 am – 3:00 pm at the Archdiocese of Washington Pastoral Center, 5001 Eastern Avenue, Hyattsville, MD. Learn the art of compassionate listening, managing group sharing, and keeping God at the center of parish-based spiritual support

groups. Please note that all group offerings are subject to the discretion and approval of the parish pastor. There is a fee of \$20 to help defray the cost of lunches. Please register using this link. Questions? Please contact The Office of Family Life at 301-853 4499 or flm@adw.org.

BEREAVEMENT SUPPORT GROUPS

Starting February 17, Blessed Sacrament Catholic Church is offering 8 bereavement sessions. The focus of the sessions is to honor the life of your lost loved one. Although it can be difficult, attendees tell the story of their loss, review photos that reveal the special relationship that existed with their loved one and explore how their loved one influenced their life. This program is for adults who have experienced the death of a parent, spouse, child, sibling or significant other. The next series will begin Tuesday February 17, 2026, and continue for eight consecutive Tuesdays through April 7, 2026 from 7:00-8:30 PM. The meetings are VIRTUAL. For more information or to sign up contact Jim Hoffman at hoffmanjpc@gmail.com or call cell: (202) 577 – 2213.

STEWARDSHIP

"Blessed are they who are what they are and do what they do, for the sake of the kingdom!" The Gospel today assures good stewards that their suffering and their service on behalf of the kingdom will be rewarded!

POOR BOX: MONSIGNOR CHRISTOPHER FUND

The Poor Box this weekend, January 31 and February 1, will benefit the Monsignor Christopher Scholarship Fund, which provides need-based scholarships to our parish school. You may also make your reoccurring or one-time gifts online at <https://giving.parishsoft.com/App/Giving/stjanebethesda>.

SECOND COLLECTION: MAINTENANCE

The second collection this weekend, January 31 and February 1, is our monthly collection to help with the repair, maintenance and increased sanitation of our parish facilities. You may make your maintenance collection gift online at <https://giving.parishsoft.com/App/Giving/stjanebethesda>.

BE THE LIGHT



appeal.adw.org #adwappeal

Next weekend, February 7 and 8, parishioners will be asked prayerfully to make their commitment to the 2026 Annual Catholic Services Appeal. Please take a brochure after Mass this weekend, or visit appeal.adw.org, to learn more about how the Appeal benefits our parish and serves people in need throughout our communities in the area. It is our goal that every parish family will participate this year, no matter the amount. All gifts will be credited towards our parish goal. Thank you in advance for your generous response to ***Be the Light: The 2026 Annual Catholic Services Appeal!***



PARISH CALENDAR

Sunday, February 1 – Saturday, February 7, 2026

View "Complete Parish Calendar" at www.stjanedechantal.org.

C = Church ♦ CH = Caulfield Hall ♦ CGS = Gathering Space ♦ CLL = Church Lower Lobby
 CRH = Christopher Hall ♦ SMR = Scanlan Meeting Room ♦ MR = Music Room
 SCH = School ♦ NMR = Nalls Meeting Room ♦ DCR = De Chantal Room (cafeteria)
 OC = Outdoor Chapel ♦ RF (AF) = Reyes Athletic Field ♦ PG = Parish Grounds
 RBR = Rectory Board Room ♦ SC = Seton Center for Religious Education
 (LL) = Lower Level ♦ (UL) = Upper Level ♦ V = Online/Virtual

SUNDAY, FEBRUARY 1

8:00 am Mass C
 9:00 am Used Uniform Sale SC/LL
 10:00 am Sodality Mass C
 11:00 am OCIA Meeting SC/Library
 12:00 pm Mass C
 5:00 pm Mass C
 6:00 pm HSYG SC
 7:00 pm Winter Scripture Study Groups V

MONDAY, FEBRUARY 2

8:30 am Mass C

TUESDAY, FEBRUARY 3

8:30 am Mass C
 6:00 pm Confirmation Parent's Meeting CH
 6:00 pm Faith Formation (Gr.1-8) SCH
 7:00 pm Winter Scripture Study Groups SC/Library

WEDNESDAY, FEBRUARY 4

8:30 am Mass C
 4:15 pm Church of St. Louis CCD SC/LL;UL
 7:30 pm Contemporary Ensemble Rehearsals MR

THURSDAY, FEBRUARY 5

8:30 am Mass C
 9:30 am Winter Scripture Study Groups V
 7:30 pm Parish Choir Rehearsals C

FRIDAY, FEBRUARY 6

8:30 am Mass C
 9:00 am First Friday Adoration C

SATURDAY, FEBRUARY 7

6:30 am Men's Fellowship CH/OC
 8:30 am Mass C
 9:00 am First Saturday Fatima Devotions C
 9:30 am SPRED Meeting SC/LL
 10:00 am First Reconciliation C
 10:00 am My French Classes SC/UL & SCH
 3:45 pm Confessions C
 4:30 pm Church of St. Louis 1st Communion Prep CH
 5:00 pm Vigil Mass C
 6:30 pm French Mass (Church of St. Louis) C

POPE FRANCIS

The poor in spirit is the Christian who does not rely on himself, on material wealth, is not obstinate in his own opinions, but who listens with respect and willingly defers to the decisions of others. If in our communities there were more of the poor in spirit, there would be fewer divisions, disagreements and controversies! Humility, like charity, is an essential virtue for living together in Christian communities. The poor, in this evangelical sense, appear to be those who keep alive the objective of the Kingdom of Heaven, offering a glimpse of it revealed as a seed in the fraternal community which favours sharing over ownership. I would like to emphasize this: to favour sharing over ownership. Always having the heart and hands open, not closed. When the heart is closed, it is a shrunken heart. It doesn't even know how to love. When the heart is open, it is on the path of love.

Pope Francis, Angelus,
 Saint Peter's Square,
 Sunday, 29 January 2017

READINGS

Feb. 8

Reading I

Is 58:7-10

Reading II

1 Cor 2:1-5

Gospel

Mt 5:13-16

INTENTIONS

Sun., Feb. 1 – Sat., Feb. 7

Sunday 8:00 am Parishioners
 10:00 am Emmanuel Nwizu /D
 12:00 pm Michael Merola /D
 5:00 pm Kathy Magenheim /L
 Monday 8:30 am John & Suzanne Fox /L
 Tuesday 8:30 am Lisa Tennant /L
 Wednesday 8:30 am Joseph Dias /L
 Thursday 8:30 am The Rowe Family
 Friday 8:30 am Kevin Costlow
 Saturday 8:30 am Tess Ellis & Family
 5:00 pm Sr. Vincent DePaul Malecky /D

WHOEVER BOASTS SHOULD BOAST IN THE LORD

1 Corinthians 1:31

ALTAR SERVERS

Sat., Feb. 7 – Sun., Feb. 8

Saturday 5:00 pm A Krimitzas, C. Krimitzas, B. Flynn
 Sunday 8:00 am D. Driscoll, M. Driscoll, M. Backer
 10:00 am C. Donlon, M. Almy,
 M. Raimundo-Egeberg
 12:00 pm D. Irebe, D. A. Mukono, P. Almy
 5:00 pm G. Balignot, V. Ugoh, R. Ugoh