

St. Laurence Catholic Parish
Kindergarten Faith Formation
Week 14 Lesson Plan



Liturgical Season of Lent Lesson

Essential Question (“EQ”):

Why and how do Catholic Christians celebrate the Season of Lent?

CATECHIST PREPARATION

To prepare for this week’s lesson:

- Prepare your adult heart and mind ahead of the lesson by watching [WHAT IS THE PURPOSE OF LENT?](#) or [PREPARING FOR LENT](#) both by Fr. Mike Schmitz, *and* reviewing the [40 SIMPLE LENTEN TRADITIONS FOR FAMILIES](#) for easy to implement activities you may wish to adopt as a family during this Lenten Season.

For encouragement throughout the season, you may also want to consider signing up for the [BEST LENT EVER](#) (it’s free!) through *Dynamic Catholic* or [FOLLOW POPE LEO XIV ON SOCIAL MEDIA](#) for a special 40 day journey this coming season.

- Review the appropriate grade-level learning targets from the *Catechetical Framework for Lifelong Faith Formation* (CFLFF) posted at the end of this lesson plan and on the Catechist website at <https://stlaurence.org/the-catechist> for [KINDERGARTEN](#). Keep these targets in mind as you prepare for and progress through the weekly lesson, making discussion points based upon these specific age-appropriate targets.
- Establish a comfortable learning space in your classroom for your session.
- Create a [Prayer Table](#) (or check out [How to Make a Prayer Table for Kids](#)) in a special corner of the classroom. Keep a Bible reverently displayed there to be used for readings in your lessons. When proclaiming *The Word* to children, it is more impactful to read directly from the Bible and not just from their workbooks. This gives them the sense that this is not just any book, but rather the Word of God.
- Reflect upon the Scriptural passage that today’s lesson is based upon or extends. Incorporate your understanding of this passage into your teaching today with your learners.

[Matthew 22: 36-39](#) (*The Greatest Commandment*)

Supplies you may want to have on hand before beginning the Lesson:

- A *Catholic* family or children’s Bible (go to [USCCB](#) for approved Bible translations); on campus, we use the [ST. MARY’S PRESS CHILDREN’S BIBLE](#).

Each classroom is equipped with a set of Bibles which are located in the “CCE” storage cabinet or closet. Bring the Bibles out before your learners arrive and have them ready for use with each weekly lesson. Make a habit of always reading Scripture (even those passages in the student textbook) from the Bible, having students practice navigating their way around the Bible ‘library’ when appropriate developmentally.

- An electronic device with reliable internet access (i.e., an in-class mounted TV or TV cart if a video will be watched as part of the lesson)
- Art or any unlined paper
- Crayons, markers and pencils as needed (located in the “CCE” storage closet in your room and your class bin)
- Lesson GPS manipulatives (Resources not found in the classroom *will be placed in your class bin weekly by staff*)



BEGINNING THE LESSON with CIRCLE OF GRACE

Raise your hands above your head and then bring your outstretched arms slowly down. Extend your arms in front of you and then behind you; embrace all of the space around you then slowly reach down to your feet, knowing that God is in this space with you. This is your Circle of Grace. You are in it.

GUIDED PLAY to the SACRED (GPS)

Children learn through play. *Guided Play to the Sacred (GPS)* is a mode of play guided by the catechist to lead children to the Sacred, to God. Many of our kindergarteners and some older children are not reading ready. *Call to Faith* textbook and *Guided Play to the Sacred (GPS)* together are the core of the weekly lesson. This is the compass that guides the lesson in a way in which the children can interact. Further activities such as videos, coloring sheet, crafts and more can also be included in the lesson.

Today’s lesson will convey **Call to Faith, Jesus Comes (p.16-17)**. As Catechist, your role is to help children understand the weekly lesson. You can convey the content of the Call to Faith textbook in a variety of creative ways that are appropriate and effective for your learners.

- Share today’s Essential Question: *Why and how do we celebrate the Season of Lent?*
- *Last time we learned that Jesus wants us to be more like him in this world – can anyone remember some of the ways which we can do that?*
- **Read Matthew 22:36-39** (The Great Commandment) from the *St. Mary’s Press Catholic Children’s Bible* in the classroom.
 - Ask Questions and affirm positive answers:
 - *Does anyone know what this passage of Jesus from the Bible is called?*
 - *Who does Jesus say that we should love?*
 - *How should we show that love?*

- *Why do you think this is Jesus' greatest commandment?*
- Read *Changing Ourselves (Call to Faith p.16)*.
 - Ask Questions and affirm positive answers:
 - *What is Lent?*
 - *What do we try to do during Lent?*
 - *Who do we try behave like during Lent?*
- Begin *Guided Play to the Sacred (GPS)*. Use the *Lent Sensory Box Playset* resources to teach and learn about Lent.
- Read the playset book provided, *Make Space for Jesus*, to the children.
 - Ask Questions and affirm positive answers:
 - *What color is the Church dressed in during Lent?*
 - *What are ways that we can behave more like Jesus during Lent? (Make time for God, pray, share our gifts, feed and care for others, give up something important to us)*
 - *How long is Lent and when does Lent end?*
- Discuss the story with the children and invite them to share their thoughts about what Lent is - questioning them about how the Church looks, how we make room for God during Lent, when Lent ends and what Jesus teaches us about caring for others, especially during Lent.
- Using the *Lent Sensory Box Playset* cards provided, read each one out loud, in turn, displaying the corresponding sensory box item shown on the card. Invite the children to share their thoughts and what they know or understand about Lent, reinforcing the topics covered.
- Pass around the *Lent Sensory Box* and, in turn, inviting each child (if they want to participate) to draw out an item from the box. Have them share with the others what the item means to them and how it relates to them celebrating the Season of Lent. Each child should replace the item they drew out back into the box before passing it on to the next learner.
- Finish your lesson by celebrating the *Gather and Go Forth!* prayer sections on the *Celebrate Lent (Call to Faith p.17)* page.

At the end of the session, put the playset away. This is to be used during guided sessions only.

FURTHER ACTIVITIES

- **Song** [THE LENT SONG](#)
- **Video** [WHAT KIDS SAY ABOUT LENT AND EASTER](#) , [LENT WITH BR.FRANCIS](#) or [HOLY KIDS: LENT!](#)
- **Craft** [PRAY FAST GIVE](#) or [CATHOLIC ICING](#)

CONCLUDING THE LESSON

Restate the Essential Question: *Why and how do we celebrate Lent?*

Invite the children to answer the question so as to assess their understanding of the lesson.

Circle of Grace (Above): Repeat

CLOSING PRAYER

Gather together in your dedicated prayer space and ask the children to quiet their minds and hearts as you pray together. Begin with the **SIGN OF THE CROSS** and recite a favorite prayer, choose one from the **COMMON PRAYERS BY GRADE**, sing the **OUR FATHER** or ask the children to offer up their **INTERCESSORY INTENTIONS**. Conclude by praying the **SIGN OF THE CROSS**



APPENDIX

Want to extend your lesson in class or at home about this topic? Check out these additional resources which can be used at the Catechist's discretion, if desired:

- ***Catechist Preparation Videos/Resources:*** [WHAT IS THE PURPOSE OF LENT?](#), [LENT: WHY DO WE PRAY, FAST & GIVE ALMS?](#), [THE BIBLICAL ROOTS OF ASH WEDNESDAY](#), [LENT: CATHOLIC CENTRAL](#), [THE SIGNIFICANCE OF ASH WEDNESDAY](#), [PREPARING FOR LENT](#) and [FOUR REASONS FOR FASTING](#), [BEST LENT EVER](#), [FOLLOW POPE FRANCIS ON TWITTER](#), [CATHOLIC HISTORY OF FAT TUESDAY, MARDI GRAS, ASH WEDNESDAY & LENT](#)
- ***Videos:*** [LENT CALENDAR: KIDS TALK ABOUT LENT](#), [GIVING UP SOMETHING FOR LENT FOR KIDS](#), [WHAT KIDS SAY ABOUT LENT & EASTER](#), [CATHOLIC KIDS MEDIA: ASH WEDNESDAY](#), [ASH WEDNESDAY AND LENT IN 60 SECONDS - LEGO](#), [MY TIME WITH JESUS: LENT](#), [WHAT IS LENT?](#)
- ***Crafts/Activities:*** [CATHOLIC ICING LENTEN ACTIVITIES](#), [LENTEN PRAYER CHAIN](#), [LENTEN PRAYER CHAIN 2](#), [LENTEN PRAYER CHAIN 3](#), [LOYOLA PRESS](#), [CHILD FUN](#), [LENT NOTES](#), [LENTEN PRAYER BOOK](#), [40 DAYS OF LENT CROSS](#), [PRAY FAST GIVE](#),



LEARNING TARGETS FOR THIS LESSON

Learners will understand that:

Key Targets

- Jesus was born, died, and went to heaven. (CCC#437; 525; 599; 604-05; 613; 619; 623)¹
- All living things eventually die. (CCC#658; 682; 997; 1016)

¹ Catechism of the Catholic Church; paragraph number identification.

- Jesus came to save and to forgive all people. (CCC#561; 620-621; 846; 851; 1421; 1427)
[Circle of Grace]
- God forgives people when they say they are sorry. (CCC#1424; 1431; 1496)
- On Holy Thursday Jesus met with his friends to share a special meal. (CCC-none)
- Some people did not know that Jesus was God's Son. They hurt and killed him
- Jesus Christ died on Good Friday and rose from the dead on Easter Sunday.



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