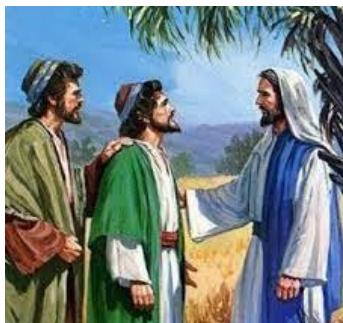


**Sunday
17 October 2021**

**Twenty-Ninth Sunday
In Ordinary Time
Year B**



Parish website:
www.altonacatholic.org.au

Please note that everything in this bulletin is subject to change.

First Reading

Isaiah 53:10-11

Today's reading comes from the end of the fourth of the Songs of the Suffering Servant. Despite being crushed, the servant can see the light for his suffering will justify many.

Second Reading

Hebrews 4:14-16

Today's second reading is a reassurance that Jesus is truly our compassionate high priest. Having shared our human weakness, we may share in his divinity. Let us then approach God's throne of grace.

Gospel Reading

Mark 10:35-45

Today's gospel contains the request of James and John for places of honour in the Kingdom. All Jesus promises the sons of Zebedee is that they will drink the same cup which he himself will drink. The gospel finishes with Jesus' call to serve and not to be served.

This week, dioceses around the world (including our own) will launch consultation processes for the 2023 Synod of Bishops in Rome. This marks the commencement of local participation in the two year journey towards the 2023 Synod of Bishops.

Melbourne's Redemptorist Community will livestream its annual St Gerard's Feast Day Blessing on Facebook for the second consecutive year due to COVID-19. Families are invited to send in their intentions (prayers) for the Redemptorist community to include in their prayer services and Masses. Details: www.majellan.media/majellan-day/ People can view on Saturday from 11am by following Majellan Publications' Facebook page.

Readings: Sunday, 17 October 2021

First Reading: Isaiah 53:10-11
Second Reading: Hebrews 4:14-16
Gospel Reading: Mark 10:35-45

Readings: Sunday, 24 October 2021

First Reading: Jeremiah 31:7-9
Second Reading: Hebrews 5:1-6
Gospel Reading: Mark 10:46-52

Please note: Due to the latest Government Restrictions, there will be NO MASSES until further notice.

While many of us are unable to gather for Mass and prayers, you are invited to consider ways of supporting your local Church. We understand that this is a difficult time for everyone.

If you are able to continue supporting financially you can do so by Bank Transfer to St. Mary Help of Christians Parish Church Account:

BSB: 083347

Account: 644 449 954

Reference: Your Thanksgiving Envelope Number (if you have one) or your full name.

If you would like to support Fr. Michael directly, these are the bank details:

St. Mary Help of Christians Parish House Account:

BSB: 083347

Account: 644 390 868

Thank you for your understanding and consideration.

"For the Son of Man did not come to be served, but to serve and to give his life as a ransom for many." (Mark 10:45)

If you held a mirror up to your life, would it reflect God's love and mercy? If you are struggling with this, try changing your attitude from "I want more" to "thank you God for everything you have given me, I have enough to share". This change in perspective will bring you joy through service to others. Pray daily to become less self-centered and to become more God-centered.

Lockdown Light - Week Seven:

A weekly series bringing 'light' to this lockdown. Well and truly done with sourdough starters? Not interested in another DIY project?



To help fill the void during lockdown, each week we'll suggest some inspiring content to bring 'light' to this difficult time. Pop on the kettle and check out the recommendations at www.bit.ly/LockdownLight

Meditation on Jesus on zoom.

Meditation on the name Jesus has helped many to ease the distress caused by Pandemic. Those who wish to join zoom meditation may contact Fr. Gilbert.

Email: gilbertcarlo@gmail.com

Fr. Gilbert Carlo SVD.

Please click this link for the latest edition of *Along the Track – Joseph 2: With a Father's Heart*

For previous editions of *Along the Track* please – [Click here](#)

A message from Aid to the Church in Need Australia:

That Catholic Shop is an exciting development of ACN Australia. It is a go-to shop for Catholic gifts and devotional items. From Sacramental gifts, statues, books, rosaries, Christmas items and more, there is something for everyone. The purchases you make at TCS go to support the work of *Aid to the Church in Need* to keep the faith alive in those places where it is most at risk. To browse our full range visit: www.thatcatholicshop.com.

The Chosen
Season 1

Come and Join us on Zoom to encounter the story of Jesus and His First Followers.

Date: 18 Oct - 6 Dec (8x Mondays)
Time: 7:30 - 9:15pm
Cost: God's shout
Book: <https://www.trybooking.com/BUMYR>

Anniversaries:

Antonio Lobianco; Gena Bennett, Edward Bennett, Patrick Foy, Gregory Cuthbert; Josie Rudd

Prayers Offered For The Sick:

Laurie Sammut

Latest update from the Archdiocese of Melbourne regarding Covid-19 Restrictions (Update #47 - 10 Sept) can be viewed on our parish website www.altonacatholic.org.au under the heading 'Covid 19 Restrictions'.

A message from Aid to the Church in Need Australia: One Million Children Praying the Rosary:

ACN invites you to join the prayer campaign 'One Million Children Praying the Rosary' for unity and peace in the world on the 18th of October. Be part of this prayer campaign and join many others! Register and learn more at: www.aidtochurch.org/one-million-children

'Mindfulness & Meditation' via Zoom, Saturday 23 October 2021, 10am-2pm. When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. This is a day of reflection in the practice of Mindfulness & Meditation, and we invite you to come prepared to be still and journey within. This event is led by Paola Cheng, a qualified meditation teacher, spiritual director and social worker, who brings an inclusive and gentle approach to her sessions. Heart of Life Centre for Spiritual & Pastoral Formation. Cost \$40. Book and pay via website: www.heartoflife.melbourne, email: info@heartoflife.melbourne or phone 9890 1101.

A message from Aid to the Church in Need Australia: As we approach the month of Holy Souls, consider arranging Masses for your deceased loved ones and for the Holy Souls in Purgatory. For over fifty years, ACN has passed on the Mass offerings of the Catholic people, to poor priests, who have no other means of material support. In return, these priests offer Masses for the intentions of the donor. Each year, over 400,000 priests, ten per cent of the world's priests, are supported by 1.5 million Mass offerings. One hundred percent of every Mass offering is sent directly to the priest in need. To arrange your Masses visit: www.aidtochurch.org/Masses



Our Parish Prayer

Almighty God, deepen in our hearts our love of Mary Help of Christians.

Through her prayers and under her protection,

may the light of Christ shine over our land.

May Australia be granted harmony, justice and peace.

Grant wisdom to our leaders and integrity to our citizens.

Bless especially those who care for the poor and who seek to promote justice and peace for all who call Australia home.

We ask this through Christ Our Lord.

Amen.

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