

*Week Two:*  
**To Seek and To Save**

**Psalm 145:17-19**

✠ The Lord is gracious and merciful.

The Lord is just in all his ways, merciful in all his works. ✠

The Lord is near to all who call upon him, to all who call upon him in truth. ✠

He fulfills the desire of all who fear him; he hears their cry and saves them. ✠

**Conversation Starter**

1. What is your most treasured memory?
2. What is your most terrible memory?



*Zacchaeus in the Tree, (Greek Orthodox Icon)*

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**WRAP with the Gospel - Luke 19:1-10**

Jesus came to Jericho and intended to pass through the town. Now a man there named Zacchaeus, who was a chief tax collector and also a wealthy man, was seeking to see who Jesus was; but he could not see him because of the crowd, for he was short in stature. So he ran ahead and climbed a sycamore tree in order to see Jesus, who was about to pass that way. When he reached the place, Jesus looked up and said to him, "Zacchaeus, come down quickly, for today I must stay at your house." And he came down quickly and received him with joy. When they all saw this, they began to grumble, saying, "He has gone to stay at the house of a sinner." But Zacchaeus stood there and said to the Lord, "Behold, half of my possessions, Lord, I shall give to the poor, and if I have extorted anything from anyone I shall repay it four times over." And Jesus said to him, "Today salvation has come to this house because this man too is a descendant of Abraham. For the Son of Man has come to seek and to save what was lost."

Write .....

Reflect .....

Apply .....

Pray .....





Welcome home

# The Light is On For You

## Examination of Conscience

Confession can seem intimidating for a lot of people, but with some simple preparation, it can be a healing encounter with Christ that fills us with peace. Pray that God will give you peace and help you make a good confession.

Reflect on ways you have harmed your relationship with God, yourself & others using the question below.

- + Do I pray to God every day? Have I thanked God for His gifts to me?
- + Did I put my faith in danger through readings contrary to Catholic teachings or involvement in non-Catholic sects? Did I engage in superstitious practices: palm-reading or fortune-telling?
- + Did I take the name of God in vain? Did I curse or take a false oath?
- + Did I miss Mass on Sundays or holy days of obligation through my own fault? Am I attentive at Mass? Did I keep fast and abstinence on the prescribed days?
- + Did I disobey my parents and lawful superiors in important matters?
- + Did I hate or quarrel with anyone, or desire revenge? Did I refuse to forgive? Was I disrespectful?
- + Did I get drunk? Did I take illicit drugs?
- + Did I consent to, recommend, advise or actively take part in an abortion?
- + Did I willfully look at pornography, entertain impure thoughts or engage in impure conversations or actions? Did I use artificial means to prevent conception?
- + Was I unfaithful to my spouse? Did I engage in sexual activity outside of marriage?
- + Did I steal or damage another's property? Have I been honest and just in my business relations?
- + Have I been responsive to the needs of the poor and respected the dignity of others?
- + Did I tell lies? Did I sin by calumny, or detraction, of others? Did I judge others rashly in serious matters?
- + Have I envied other people?



### How do I go to Confession?

**Confess** your sins aloud to the priest, who listens lovingly on behalf of Christ and the Church.

**Receive Penance**, the prayers or good deeds the priest gives you to begin healing the relationships hurt by your sins.

**Pray an Act of Contrition**, a simple expression to God that you are sorry for your sins and that you resolve to leave sin behind and live in the light!

**Receive Absolution**, the words the priest speaks which reconcile you to God and the Church.

### An Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.