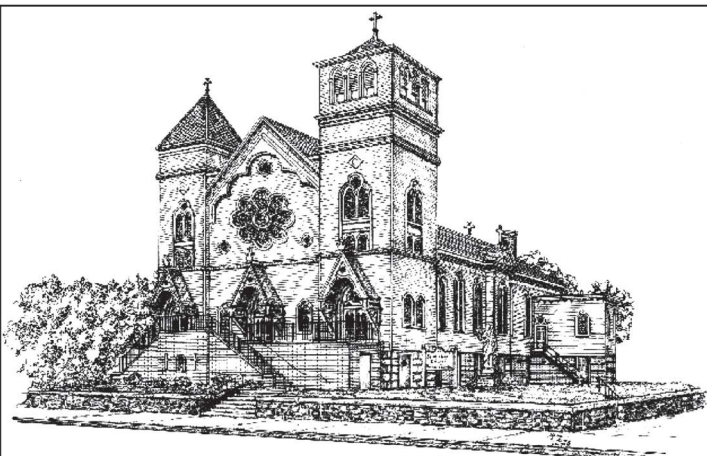


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Pastor: **Rev. Ron Calhoun** - x301
fron@stmikes.org

Xaverian Assistant: **Rev. Anthony Lalli, S.X.**
tonyblalli@comcast.net

Finance & Operations Manager: **Helena Siciliano** - x304
helena@stmikes.org

Religious Education Gr. K-5: **Pat Conte** - x309
pconte@stmikes.org

Religious Education Gr. 6 - Confirmation: **Brian Sousa** - x310
brian@stmikes.org

Director of Music: **Timothy Wirth**
wirthpharmd@gmail.com

Parish Nurse: **Mary Ellen Bartlett**
508-779-0020
mbartlett@stmikes.org

Custodians: **Antonio Goncalves**
Francisco Pinheiro

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5th Sunday
OF LENT

The dead man came out, tied hand and foot with burial bands,
and his face was wrapped in a cloth. So Jesus said to them,
"Untie him and let him go." —Jn 11:44

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



Saturday 4:00pm	April 1st Debra Braga
Sunday 7:30am 9:00am 10:30am 10:30am 12:00pm	April 2nd Manuel da Silva Melo Theodore Svenningsen III Francis Walsh & Francis Jr. Heldar Bairos & deceased relatives Brazilian Mass
Monday 9:00am	April 3rd Mahlon (Mel) Tower & Nancy Tower Simpson
Tuesday 7:00am	April 4th Jose Maria Chaves
Wednesday 9:00am	April 5th John & Michael O'Rourke
Thursday 7:00am	April 6th St. Michael Parishioners
Friday 9:00am	April 7th Maria do Car S. Barros
Saturday 9:00am 4:00pm	April 8th The Lage & Matias Family Lussier Family
Sunday 7:30am 9:00am 10:30am 10:30am 12:00pm	April 9th Virginia & Jose Sousa & deceased relatives Donald Hosmer Debra Smith, Carolina Bessett & Hazel Almeida José & Bernadina Moraes & Ermilinda Santos Brazilian Mass



Mass Schedule

Daily Mass

9:00am - Mon, Wed, Friday and Saturday – *lower church*

7:00am - Tuesday and Thursday – *lower church*

Inclement Weather Notice

If there is a delay or cancellation at the Hudson Public Schools due to inclement weather, the **daily Mass is cancelled!**

Weekend Mass Schedule

4:00pm – Saturday – upper church

7:30am – Sunday – upper church

9:00am – Sunday – upper church

10:30am – Sunday – lower church

10:30am – Sunday – upper church/Portuguese Mass

12 noon – Sunday – lower church/Brazilian Mass

Confessions are 2:30 – 3:30 pm on Saturdays

If you have requested a Mass intention and would like to have a family member present the gifts, please see a Eucharistic Minister before the start of the Mass.



Bread and Wine in Loving Memory of

Maria & Alfredo Anastascio

Lights and Candles in Loving Memory of

Jose R. Sousa & deceased relatives

Offertory Collection

\$6,048.29

Second Collection for April

April 1-2 Parish Maintenance & Development

Catholic Appeal

Through your support of the 2017 Catholic Appeal, we are able to bring the Gospel message to life. If you have yet to make a pledge to this year's Catholic Appeal, please complete a pledge form available in the back of the church or visit bostoncatholicappeal.org. As of March 27 we have reached 84% of our goal. Thank you for your prayers and support.

Dear Parishioners and Friends:

The location of today's gospel passage is the small hamlet of Bethany, which is just the other side from the Mount of Olives outside of Jerusalem. Scholars theorize that when Jesus went to the festivals in Jerusalem He would stay at the home of Lazarus and his sisters Martha and Mary. They became good friends and the fact that Martha was a good cook certainly made the visits most pleasant.

I lived in Jerusalem for two months and recall vividly my visit to this humble abode. Therefore, every time I read about Bethany my mind takes me back to the spot where Jesus once walked.

This passage once again demonstrates just how human Jesus was. At Lazarus' death Jesus cried. The death of His friend moved Him with the deepest of emotions. Jesus would then turn to His Father in prayer and call forth Lazarus from the tomb. "Unbind him and let him go free." (If you are reading this before Mass, I suggest you now pick up the Missal and turn to page 88 and read today's gospel.) John 11&12.

May I take this opportunity to personally invite you to hear Jesus' words to Lazarus applied to YOU. This Sunday, April 2 at 4:00 p.m. the parish has invited four priests to be present to help you and your family to free yourselves from your sins and be better prepared to celebrate the Pascal Mystery of Jesus' death and resurrection. Come and hear Jesus say to YOU: "Unbind him and let him go free."

Fr. Ron St. Pierre

Temporary Administrator

Estimados paroquianos e amigos:

O local da passagem do evangelho de hoje é na pequena aldeia de Betânia, que fica do outro lado do monte das Oliveiras fora de Jerusalém. Os doutores da lei dizem que quando Jesus ia às festas em Jerusalém ficava em casa de Lázaro e de suas irmãs Marta e Maria. Eles ficaram bons amigos e o facto de que Marta era uma boa cozinheira certamente tornava a visita mais agradável.

Eu vivi em Jerusalém por dois meses e ainda recordo vividamente a minha visita a esta humilde residência. Todas as vezes que leio a respeito de Betânia a minha mente leva-me aos lugares por onde Jesus andou.

Esta passagem nos mostra uma vez mais o quanto humano era Jesus. Jesus chorou com a morte de Lázaro. A morte do Seu amigo O emocionou com profundas emoções. Jesus então se volta para o Seu Pai em oração e ordena a Lázaro que saia do túmulo "tirem-lhe as ligaduras e deixam-no ir livre." (Se vós estais lendo este boletim antes da missa, eu aconselho-vos a pegar no missalete e abram-no na página 88 e leiam o evangelho de hoje.) João 11&12.

Permitam-me ter esta oportunidade de pessoalmente vos convidar a ouvir as palavras que Jesus falou a Lázaro e apliquem-nas para vós mesmos.

Neste Domingo dia 2 de Abril às quatro horas da tarde a nossa paróquia convidou 4 padres a estarem presentes para ajudar-lhes a vós e às suas famílias para vos livrar-des dos pecados para ficarem bem preparados para celebrar os Mistérios Pascais da morte e ressurreição de Jesus. Venham para escutar Jesus a dizer-vos: "tiram-lhes as ligaduras e deixam-lhes ir livres".

Que a Paz de Jesus fique convosco.

Padre Ron St. Pierre

Administrador temporário

Readings for the Week of April 2, 2017

Sunday: Ez 37:12-14/Ps 130:1-8/Rom 8:8-11/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

Monday: Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-6/Jn 8:1-11

Tuesday: Nm 21:4-9/Ps 102:2-3, 16-21/Jn 8:21-30

Wednesday: Dn 3:14-20, 91-92, 95/Dn 3:52-56/Jn 8:31-42

Thursday: Gn 17:3-9/Ps 105:4-9/Jn 8:51-59

Friday: Jer 20:10-13/Ps 18:2-7/Jn 10:31-42

Saturday: Ez 37:21-28/Jr 31:10-12abcd, 13/Jn 11:45-56

Religious Education

Please pray for our candidates for Confirmation (Level II) as they end their last class on April 9th and prepare for retreat on April 29th at the Fatima Shrine. We ask that you continuously pray for their strength and perseverance. Our young people are faced with many circumstances everyday that challenge their faith, probably more than most of us have experienced in our formative years. Let us make it known to our young parishioners how much we care for them as a parish family and how much we value them and their relationship with Jesus.

May God Bless you always,

Brian Sousa, CRE-Gr. 6-Confirmation

St. Michael's Choir

We rehearse on Saturdays at 3:00pm, and welcome any parishioner who wishes to help sing praise to God! If you have any questions or would like more information, feel free to come see me after Mass.

Tim Wirth, Director of Music

Stations of the Cross

Every Friday in Lent at 3:00 and 7:00 pm in the Upper Church

Stations of the Cross with the Portuguese community takes place every Friday at 6:00pm in the Lower Church.

MASS REQUESTS

It is that time of the year again when we begin taking Mass bookings to remember loved ones. Any and all Masses beginning July 1 to December 31, 2017 are available. The Masses will be filled on a first come first serve basis. The office will open APRIL 3 at 9:00 a.m.. You can come to the Parish Center or call between the hours of 9-3 on that Monday. The Masses are \$10.00 each. **Please do not call and leave messages ahead of time or send money and requests in the mail.** Thank you for your attention to this matter.

Ministry Meetings—All are welcome

Adoration of the Blessed Sacrament every **Monday after the 9:00am Mass until noon time**, in the lower church.

St. Vincent de Paul will meet **Saturday, April 1st after the 4:00pm Mass.**

Portuguese Cursillo Prayer Service will be **Wednesday, April 5th at 7:00pm** in the Lower Chapel.

Prayer Shawl will meet **Wednesday, April 5th at 1:30** in the lower church. **Please note the change in date.**

Catholic Daughters meeting on **Thursday, April 6th at 12:00pm** in the Parish Center. This meeting will be a baby shower.

Ladies Sodality will host Our Father's Table at New Hope Community Church in Marlboro on **Thursday, April 6th from 4:00 to 6:00pm.**

St. Michael's Parish will host Our Father's Table at New Hope Community Church in Marlboro on **Thursday, April 13th from 4:00 to 6:00pm.**

PARISH PENANCE SERVICE

The Parish Reconciliation Service will be Sunday, April 2nd at 4:00pm in the upper church. All parishioners are invited to participate in this Faith-filled Lenten Service.



****PARISH CENTER HOURS****
Monday/Tuesday/Thursday/Friday
9:00am-3:00pm

FIFTH SUNDAY OF LENT

SEASONAL AFFECTIVE DISORDER

If you've been feeling down, irritable or low on energy or if you've been craving sweet or starchy foods or sleeping more or less than usual, you may be experiencing seasonal affective disorder (SAD), a type of depression that's common in the winter months.

If you are, you're not alone. As the hours of daylight decrease and the temperature outside gets chilly during the winter many people experience symptoms like these. The duration and severity can vary significantly from one person to another—but the good news is that you don't have to suffer until spring. You can take steps now to ease these symptoms.

Expose yourself to light. Since a shortage of sun exposure is part of what triggers SAD, sit by a bright window or go out for a walk during the day. The theory is that if you sit in the daylight (ideally first thing in the morning) this will suppress the release of melatonin (which makes you sleepy) and trigger the release of brain chemicals that are linked to a more upbeat mood.

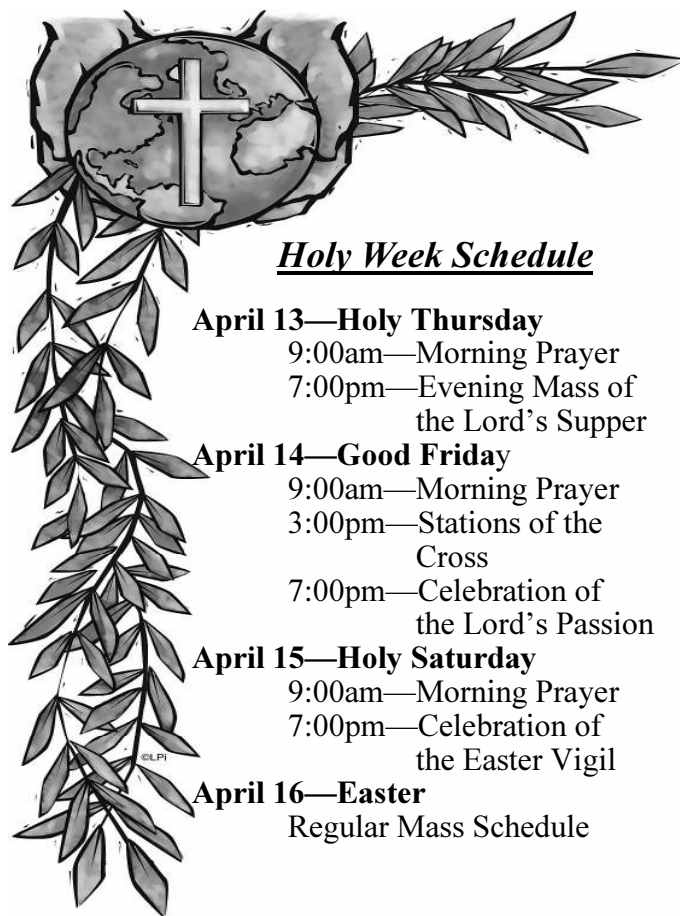
Stick with a healthy diet. Rather than indulging in lots of creamy, cheesy, starchy, or sugary comfort foods, make or order satisfying, produce-based items. Choose vegetable soups and stews, baked or roasted apples and pears, and you'll get the hearty and filling sensations that you want without consuming excessive calories.

Stay active. Don't hibernate or stay cooped up inside. Bundle up and enjoy winter activities like ice skating, snowshoeing, building a snowman with your kids, or going for a walk in the snow. Get together with friends and see movies or go to museums. Engage in fun activities with your kids at home like playing board games or doing arts and crafts while drinking hot cocoa or tea.

Leave stress behind at bedtime. Exercise in the morning or at least three hours before going to bed. Take time to downshift before bed by reading a book, taking a warm bath, gentle stretching, listening to calming music, take time to meditate and pray in quiet. Turn off your thoughts, sit quietly, close your eyes and relax.

Seek professional help. If you can't beat feelings of SAD see a psychologist who specializes in cognitive behavioral therapy, which can improve SAD and may have longer-lasting benefits than those suggested above.

Article courtesy of National Sleep Foundation.....
www.sleepfoundation.org/sleepdisorders



Holy Week Schedule

April 13—Holy Thursday

9:00am—Morning Prayer

7:00pm—Evening Mass of
the Lord's Supper

April 14—Good Friday

9:00am—Morning Prayer

3:00pm—Stations of the
Cross

7:00pm—Celebration of
the Lord's Passion

April 15—Holy Saturday

9:00am—Morning Prayer

7:00pm—Celebration of
the Easter Vigil

April 16—Easter

Regular Mass Schedule

CATHOLIC DAUGHTERS SPONSORING AMERICAN CHOP SUEY SUPPER

On April 29th following the 4:00 p.m. Mass the Catholic Daughters of America Court St. John Eudes will be sponsoring **AN AMERICAN CHOP SUEY SUPPER**. Supper will include not only their chop suey but also salad, rolls, dessert, coffee, tea or water. It will be held in the Parish Center. Seating is limited. PLEASE RSVP by April 24, 2017 to Kay Russell @ 857-205-2035. Cost is \$8.00 per adult, \$5.00 per child and \$15.00 for a family of 4. Please make checks payable to Court St. John Eudes.

Proceeds will allow these wonderful women to continue their charitable works here at St. Michael Parish.

Children of God to be Remembered in April

Flavio Batista

Donny DesRocher

William Hoffman

Diane Kendall

Baby Megan Lento

Stephen M. Martin

Casy Scheid

Mary Helen Wolkovich (baby)

Donald Des Roche

Sunday Throughout The Week

 Read the Gospel and Color

Sharing the Gospel

Instead of telling people he was the Savior, Jesus showed them. By raising Lazarus from the dead, Jesus sent a message loud and clear. Jesus was the Savior they had all been waiting for. He was filled with God's love and power, and many people believed in him.

Prayer

Thank you for showing me that you are my Savior, Jesus.

Something to Draw

Draw a picture of Lazarus wrapped up like a mummy, walking to Jesus.



Puzzle

Find and circle these words from today's Gospel:

GOD'S SON
SICKNESS
RISE

LAZARUS
MARY
MARTHA

BELIEVES
WEEPING
WRAPPED

S A O E T R H I E T Y
T W R A P P E D H O N
O E K R W Y A O Y U T
B E L I E V E S T S H
H P T S A O M Y N I E
T I H E U N A J H C S
U N S V M A R Y L K O
O G K H E I T D W N U
T P A Y N O H S Y E A
I S D L A Z A R U S H
G O D S S O N F E S R

Mission for the Week

Write the words, "God can do anything" on a piece of paper.
Read it
every morning.



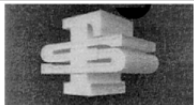
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