

ST. MICHAEL'S PARISH

Weekend Mass Schedule

Saturday: 4:00pm

Sunday:

English: 7:30am

9:00am

10:30am

Portuguese: 10:30am

Brazilian: 12:00pm



Week Day Mass Schedule

9:00am - Monday Wednesday,
Friday and Saturday

7:00am - Tuesday and Thursday

Administrator: - **Rev. Laurence "Ren" M. Tocci** -
x301 - frren@stmikes.org

Xaverian Assistant: **Rev. Anthony Lalli, S.X.**

Assistant: **Rev. Adriano Albino de Castro**
adrianoalbinocastro@gmail.com

Finance & Operations Manager: **Helena Siciliano - x304**
helena@stmikes.org

Music Director: **Donna McIntyre**
donna@stmikes.org

Parish Nurse:

Mary Ellen Bartlett
mbartlett@stmikes.org

**Faith Formation
Gr. K-5:**

Roz McHugh - x309
roz@stmikes.org

**Faith Formation
Gr. 6 - Confirmation:**

Brian Sousa - x310
brian@stmikes.org

Custodians:

Antonio Goncalves
Francisco Pinheiro

Welcome New Parishioners

We welcome you to the community of St. Michael. Please introduce yourself to the priest, call or visit the Parish Center or visit us online at www.stmikes.org to fill out a registration form. As a parish committed to the vision of stewardship, we encourage your involvement by sharing with us your God given gifts of time, talent and treasure. For detailed information about our ministries, parish activities and contact persons, refer to our parish website.

Baptisms

The Sacrament of Baptism is celebrated on the 3rd Sunday of the month at 2:00pm. Baptism catechesis for the parent(s) and godparent(s) is held on the 1st Sunday of the month at 2:00pm. Register online at www.stmikes.org or call the Parish Center and ask for Pat Conte ext. 306.

First Eucharist and Confirmation

A two year preparation process is **REQUIRED** for each sacrament. Please contact the Faith Formation office for information.

Marriage

Arrangements **MUST** be made at least 6 months prior to the intended date of the wedding. Please call the Parish Center to schedule your date and make an appointment to speak with Pat Conte our wedding coordinator.

Ministry of the Sick

Please notify us if there is a sick or aged family member or friend who would like to receive the Sacrament of the Anointing of the Sick and/or Holy Communion at home.

Sacrament of Reconciliation (Confessions)

Saturdays from 2:30 to 3:30 PM in the lower church.

RCIA

If you have not been baptized or were baptized but have not received First Eucharist, Reconciliation or Confirmation, please contact Sheila Mahoney at 978-562-3148, call or email the Parish Center.

St. Michael's Cemetery

Cemetery lots are available. For information contact Helena at the Parish Office.

21 Manning Street, Hudson, MA 01749
Phone: 978-562-2552 Fax: 978-568-1761
Faith Formation Phone: 978-562-7662
www.stmikes.org



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Saturday
4:00pm

September 1, 2018
Jose & Ana Andrade and
Victoria Santos

Sunday
7:30am
9:00am
10:30am
10:30am
12:00pm

September 2, 2018
Maria Monteiro
Maria G. Chaves
Olivia Peterson
St. Michael Parishioners
Brazilian Mass

Monday
9:00am

September 3, 2018

Wednesday
9:00am

September 4, 2018
Teresa Matias

Thursday
7:00am

September 5, 2018
St. Michael Parishioners

Friday
9:00am

September 6, 2018
Maria and José Figueiredo and
and Deceased Relatives

Saturday
9:00am
4:00pm

September 7, 2018
John O'Rourke
William Shumski

Sunday
7:30am
9:00am

September 8, 2018
Acacio & Adelaide Matias
All Deceased Relatives of the
Rinaldi & Sousa families
Antonio C. Bairos and
Filomenia P. Chaves
St. Michael Parishioners
Brazilian Mass

10:30am
10:30am
12:00pm

If you have requested a Mass intention and would like to have a family member present the gifts, please see an Extraordinary Minister of Holy Communion before the start of the Mass.



Bread and Wine in Honor of

John B. Monteiro & Deceased Relatives

Lights and Candles in Loving Memory of

João Fernandes Lage

Offertory Collection

\$5,733.26

Second Collection

9/1 & 9/2 - Parish Maintenance & Development
9/8 & 9/9 Mission Appeal (No Envelope for this collection)

9/14 & 9/15 - Clergy Benefit Trust

From the Business Office

Operating Totals From July 1st to

<u>Income</u>	<u>Expenses</u>	<u>Net Income</u>
\$80,677.51	\$89,023.23	(\$8,345.72)

Clergy Health & Retirement
Trust Collection

In two weeks, the diocese-wide collection will support the health and well-being of our 590 Boston priests. Our priests are always there for us; they share Christ's good news, joyfully perform good works, and spread good faith to all they encounter. Show your gratitude by giving generously to the collection on September 15/16. You may also make your gift online at clergytrust.org or you can donate \$25 through your cell phone by texting the word **PRIEST25 to 20222** (msg. & data rates may apply). Don't forget to find and follow the Trust on Facebook by searching "**@CergyTrust.**" Thank you in advance for your prayers and generous support of our priests through the Clergy Health and Retirement Trust.



****PARISH CENTER HOURS****

Monday/Tuesday—9:00am-3:00pm

Thursday/Friday— 9:00am- 3:00pm

Parish Office will be closed on Monday September 3rd in observance of Labor Day.

A Bit of History and a Little Light Lifting for Labor Day . . .

Labor Day was established in the late nineteenth century by the labor movement, specifically the trade unions (it is generally believed that Peter McGuire, one of the founders of the AFL, was the first one to propose the holiday). It started on a local level in 1885 and '86, then grew in 1887 to be legislated at the state level in Oregon, New York, New Jersey, Colorado, and here in Massachusetts. In 1894, Congress made the first Monday in September a national holiday: Labor Day. The purpose was to recognize the accomplishments of human industry and labor and its contribution to the up-building of American society.

Right in the middle of the growth of the celebration of Labor Day in America, the Church recognized the dignity and rights of workers and the responsibility of governments and employers to uphold those rights. In 1891 Pope Leo XIII issued his encyclical on the subject, titled *Rerum Novarum*. It has proven to be a landmark document in Church teaching, and has been reflected on by subsequent popes on the occasion of its various anniversaries.

In 1981, to commemorate the ninetieth anniversary of *Rerum Novarum*, John Paul II issued *Laborem Exercens*, re-affirming the dignity of the worker and the good of the human person as being the ultimate purpose of all industry. He also introduced the dignity of all forms of labor, recognizing that Jesus spent most of His earthly life as a tradesman, working alongside Joseph. This fact gives to all human labor the potential to become holy activity: sanctity can be achieved through the honorable and conscientious performance of one's job.

Today, we've come to have a blasé attitude toward work. We can see our contribution in the workplace as being either a cog in the wheel, and so approach our job with indifference; or else become workaholics who attack our jobs with an all-consuming mentality, as if our career is what gives our life meaning. Neither attitude is healthy for our growth as human persons. We have to be careful not to err on the side of socialism or aggressive capitalism that sees the worker as grist for the mill, nor on the other side of the same coin to exalt our work as an end to itself. Rather, work is a way in which we cooperate with the creative activity of God, Who Jesus tells us is still at work even to today. And so it's a way of growing in holiness ourselves, while also building up the Kingdom of God on Earth, making our world more human and in doing so, we give more glory to God. Happy Labor Day Weekend, everyone!

~ Fr. Ren

CHILDREN OF GOD TO BE REMEMBERED IN SEPTEMBER

Erika Carroll, Brenda Flaherty,
William Billy Hennessey
John Robert Kierstead, Geralyn Marie Landry,
Michael Low, Edward Lynch,
Thomas Lynch, Kathleen G. O'Malley,
Connie Ramig, Diane Rimkus
Robert Robbins, Christine Welch

Um pouco de história e um pouco de descanso para o Labor Day. . .

O Labor Day começou nos fins do século dezanove pelo labor movement, especialmente pela organização da união (se crê que o Peter McGuire, um dos fundadores da AFL, foi o primeiro a sugerir o dia feriado). Começou numa área local por volta de 1885/86, depois tomou força em 1887 a ser obrigatório em vários estados da América e por ultimo em Massachusetts. Em 1894, o congresso fez com que a primeira Segunda-feira de Setembro fosse feriado nacional: Labor Day. O propósito foi reconhecer os sucessos da industria humana, o trabalho e a contribuição do desenvolvimento da sociedade Americana.

Bem no meio do crescimento da celebração do Labor Day na américa, a igreja reconhece a dignidade e os direitos dos trabalhadores e a responsabilidade do governo e das companhias valorizar estes direitos. Em 1891 o Papa Leo XIII emitiu na sua enciclica o tema, intitulado *Rerum Novarum*. Está provado ser um ponto de referência documentado como um ensinamento da igreja, e tem sido reflectido na subsequência dos Papas nas ocasiões dos variados aniversários.

Em 1981, em comemoração do 19 aniversário do *Rerum Novarum*, S. João Paulo II emitiu o *Laborem Exercens*, reafirmando a dignidade do trabalhador e o lado bom do ser humano como o principal propósito de toda a industria. Ele tambem introduziu a dignidade de todo o tipo de trabalho, reconhecendo de que Jesus passou a maior parte da Sua vida na terra como comerciante, trabalhando ao lado de S. José. Este facto dá a todo o trabalho humano o potencial de ser uma santa actividade: A santidade pode ser alcançada através da honrada e consciente habilidade do trabalho de cada pessoa.

Hoje em dia temos uma indiferente atitude em relação ao trabalho. Podemos ver a nossa contribuição no local de trabalho como uma roda sempre a rolar, que nos faz ir por trabalho com uma certa indiferença, ou falta de vontade; ou então virmos a ser viciados do trabalho que atacamos o nosso emprego com uma mentalidade de consume, como que a nossa carreira é o mais importante na nossa vida. Nenhuma das atitudes são saudáveis para o nosso crescimento como pessoas humanas. Temos que ter cuidado pra não errar no lado do socialismo ou no agressivo capitalismo que considera os trabalhadores como um moinho de farinha, ou do outro lado da moeda para elogiar o nosso trabalho como o fim de si mesmo. Por sua vez o trabalho é uma forma de cooperar com a activa criatividade de Deus, Aquele que Jesus nos diz que está sempre em trabalho ainda hoje. E é uma forma de nós crescer-mos em santidade, ao mesmo tempo construindo o Reino de Deus na terra, tornando o nosso mundo mais humano e fazendo-o, damos mais glória a Deus. Um feliz fim de semana de Labor Day para todos!!!

~ O padre Ren

SEPTEMBER 2, 2018



FAITH FORMATION

Classes begin for grades K—5 Sunday, September 16.

Registration for all classes is ongoing through the month of August. Online registration can be found at www.stmikes.org.

For more info, contact: Brian at brian@stmikes.org or Roz at roz@stmikes.org at 978-562-7662.



Seen them?

Want to turn yourself in?

**Please contact Brian at
brian@stmikes.org or
Roz at roz@stmikes.org
Or call ~ 978-562-7662**

Is the Lord calling you to make a difference

Unable to volunteer? Not enough time?



Consider making a donation to our Faith Formation Scholarship Fund to help those who are in need of some support. Donations cover the cost of textbooks, supplies and retreats.

Please contact the Faith Formation Office for more info.

FAMILIES WELCOME!!!

. . . Although it doesn't always feel that way, does it?

Mass can be stressful for families with young children—

But we want to make going to church a more “kid-friendly” experience.

So beginning October 2nd, the 9:00 Mass will be a dedicated Family Mass ~

* The first and third Sundays of each month will feature a children's homily, specially tailored to elementary-school kids (kindergarten-age through fourth grade) *

* The second and fourth Sundays will offer a Children's Liturgy of the Word: Kids—and parents are welcome, too—will be invited to go to the lower chapel with trained and vetted adults to hear biblical readings and a lesson that's specially geared for younger ears. *



Readings for the Week of September 2, 2018

Sunday: Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 [1a]/Jas 1:17-18, 21b-22, 27/Mk 7:1-8, 14-15, 21-23

Monday: 1 Cor 2:1-5/Ps 119:97, 98, 99, 100, 101, 102 [97]/Lk 4:16-30

Tuesday: 1 Cor 2:10b-16/Ps 145:8-9, 10-11, 12-13ab, 13cd-14 [17]/Lk 4:31-37

Wednesday: 1 Cor 3:1-9/Ps 33:12-13, 14-15, 20-21 [12]/Lk 4:38-44

Thursday: 1 Cor 3:18-23/Ps 24:1bc-2, 3-4ab, 5-6 [1]/Lk 5:1-11

Friday: 1 Cor 4:1-5/Ps 37:3-4, 5-6, 27-28, 39-40 [39a]/Lk 5:33-39

Saturday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c [Is 61:10]/Mt 1:1-16, 18-23 or 1:18-23



TWENTY-SECOND SUNDAY IN ORDINARY TIME



**Coming soon to a pew
Near you!!**

What? ~ Town Hall Meeting

Where? ~ St. Michael Parish

When? ~ Sept. 20, 2018

Time: ~ 7:00pm

Who: ~ All Parishioners!!



A Catholic Conference for all adults, ages 20 through 120, focused on the gift of Holy Hope! Come and join with almost 2000 other Catholic men and women for a full day filled with five powerful talks, incredible Christian Music, and the fellowship of thousands who unite their hearts in Holy Hope. Holy Mass, Confessions and Adoration will all be included in this amazing day of grace. Go to www.HopeConferences.com to get more information and register.

**September 15, 2018
8:00 a.m. to 6:00 p.m.
Lowell Memorial Auditorium**

Ministry Meetings—All are welcome

Adoration of the Blessed Sacrament every **Monday after the 9:00am Mass until noon time**, in the lower church.

Catholic Daughters will meet **Thursday, September 6th at 12:00pm** in the Parish Center.

Ladies Sodality will host Our Father's Table at New Hope Community Church in Marlboro on **Thursday, September 6th from 4:00-6:00pm**.

St. Vincent de Paul will meet **Saturday, September 8th after the 4:00pm Mass**.

Prayer Shawl will meet **Wednesday, September 12th at 1:00pm** in the lower church.

St. Michael Parish hosts Our Father's Table at New Hope Community Church in Marlboro on **Thursday, September 13th from 4:00—6:00 pm**.

RELAXING MADE EASY

In these days of stress and anxiety for many of us here are a few "suggestions" you can use "anytime" no matter where you are.

STOP TO BREATHE: Breathe in to the count of 5 and then breathe out for the same count. You can imagine you are breathing in peace and vitality with each breath and breathing out your tension with each exhalation.

DO DEEP MUSCLE RELAXATION: Sit your self down in a quiet place, tighten and then relax one muscle group at a time. Go from your feet to your head, tightening each muscle group for 15 seconds, then relaxing it and move on to the next group.

USE YOUR IMAGINATION: Take a few minutes to escape...in your mind. Place yourself in a peaceful setting, such as laying on a beach, in a garden, on top of a mountain or curled up by a cozy fire. Imagine the sights, sounds, and smells and picture yourself perfectly relaxed.

STRETCH AWAY STRESS: Stretching tired or tense muscles can make you feel instantly refreshed.

Facing your life with relaxation in mind will help you manage stress on a day to day basis. Here are some tips for keeping tension at bay. 1. Avoid clutter. 2. Accept the things you cannot change. 3. Look for the learning opportunity in every challenge. 4. Simplify your schedule. 5. Take time for yourself each day. 6. Spend time with positive people.

Finally here are some hints to unwind at home!!!!

Wear comfortable clothes

Light scented candles

Listen to your favorite music

Use aromatherapy

Dab a bit of lavender on your wrist

Read something inspiring

Reflect on the joys in your life

Play with your pet

Take a bubble bath

Marvel at the night sky

Work on a hobby

Blow bubbles

Laugh out loud....then laugh again and again and again

Sip a cup of hot tea or hot chocolate

Do yoga

Write down pleasant thoughts

Go for a walk

Phone a close friend

Give yourself a facial

Meditate and talk to God one on one...He is always listening!!!!!!

Sunday Throughout The Week

Sharing the Gospel

Wash your hands before you eat! Did you know that rule came from God, so that we would stay healthy? In today's Gospel, the Pharisees liked to wash their hands and follow God's rules, only because they liked to show off. Don't be like those Pharisees. When you follow God's rules, do the right thing out of love for God.

Prayer

Dear God, help me to keep my heart clean, full of love for you and other people.

Something to Draw

Draw a picture of yourself cleaning up the dishes after a meal.



Puzzle

Find the matching pair.



Mission for the Week

The next time you wash your hands, thank God that he made rules to keep us all safe, healthy and happy.



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