

# Saint Therese Parish

March 26, 2023

## Fifth Sunday of Lent

St. Therese is a Spiritual Home where together we  
Worship with Joy • Work for Justice • Grow in God's Love

**Limited Office Hours Best to Contact staff via email**

### **Parish Office**

3416 East Marion Street, Seattle, WA 98122  
206-325-2711 [office@st-therese.cc](mailto:office@st-therese.cc)

**Pastor** Fr. Woody McCallister  
206-720-7275 [woody@st-therese.cc](mailto:woody@st-therese.cc)

### **Pastoral Asst for Administration/Facilities**

**M-Th: 9-4** Diane Figaro [paa@st-therese.cc](mailto:paa@st-therese.cc)

### **Pastoral Assistant - Faith Formation &**

**Liturgy** Nicole St. Hilaire  
206-720-7277 [nicoles@st-therese.cc](mailto:nicoles@st-therese.cc)

**Bookkeeper** Lauren Schulz  
206-720-7272 [bookkeeper@st-therese.cc](mailto:bookkeeper@st-therese.cc)

**Deacon Greg McNabb** 206-601-2653  
[deaconmcnabb@gmail.com](mailto:deaconmcnabb@gmail.com)

**Director Spirit Choir, Diane Figaro, SunAM/  
WedPM** 206-271-5117  
[diane.cornell.figaro@gmail.com](mailto:diane.cornell.figaro@gmail.com)

**Director "Shades of Praise" Choir**  
Kent Stevenson 206-519-4575  
[kentstevensoncasablanca@gmail.com](mailto:kentstevensoncasablanca@gmail.com)

**Calendar** Deborah Tinsley - text only 206-909-1727  
[calendar@st-therese.cc](mailto:calendar@st-therese.cc)

**Bulletin** Nancy Buckland 206-325-2711  
[bulletin@st-therese.cc](mailto:bulletin@st-therese.cc)

### **St. Therese Catholic Academy**

900 35th Avenue, Seattle, WA 98122  
[www.stcaseattle.org](http://www.stcaseattle.org) 206-324-0460

### **Principal - Admissions, Fundraising &**

**Operations:** Malcolm X. Nelson  
[mnelson@stcaseattle.org](mailto:mnelson@stcaseattle.org) 206-995-8104

### **Vice Principal - Academics & School Culture:**

Madeleine E. Tomich  
[mtomich@stcaseattle.org](mailto:mtomich@stcaseattle.org) 206-995-8100

**St. Vincent de Paul** Emergency Financial Help  
206-767-6449

**Website:** [www.st-therese.cc](http://www.st-therese.cc)

Find us on 



Rembrandt van Rijn, Dutch, (born July 15, 1606,—died October 4, 1669,

### **Parish Leadership**

#### **Pastoral Council:**

*Chair:* Trisha Tinsley .....citizencoach@gmail.com

*Vice Chair:* Rose Hesselbrock  
...rose.hesselbrock@gmail.com

<i>Secretary:</i> Evan Oakes	<a href="mailto:oakes.emo24@gmail.com">oakes.emo24@gmail.com</a>
Anthony Barr-Jeffrey	<a href="mailto:aebjeffrey@spu.edu">aebjeffrey@spu.edu</a>
Marty Koenigs	<a href="mailto:mka@seanet.com">mka@seanet.com</a>
Mercy Lazo	<a href="mailto:mercymazo8@gmail.com">mercymazo8@gmail.com</a>
Kenya Léger	<a href="mailto:kenyaleger@yahoo.com">kenyaleger@yahoo.com</a>
Joan McNabb	<a href="mailto:themcnabbs@seanet.com">themcnabbs@seanet.com</a>
Bob Penhale	<a href="mailto:robtpenhale@gmail.com">robtpenhale@gmail.com</a>
Steve Wittman-Todd	<a href="mailto:steve.wt@earthlink.net">steve.wt@earthlink.net</a>

#### **Finance Council:**

Carol Wood.....2cdwood@gmail.com

#### **Stewardship Commission:**

John Russell.....jvrussell85@gmail.com

#### **Faith Formation & Evangelization:**

Bernard Koontz .....bernard.koontz@gmail.com

#### **Liturgy Commission:**

Deacon Greg McNabb.....deaconmcnabb@gmail.com

#### **Social Justice Commission:**

Sam Lawrence.....sam.lawrence@cytoviva.com

#### **School Commission:**

BJ Montoya .....bjmontoya@mac.com

## Parish Events

- Thu Mar 23 **Mass at St. Therese 5:30pm**
- Sun Mar 26 5th Sunday in Lent \*8:30am & Noon**  
Combined Shades/Spirit Choir Practice 10am
- Wed Mar 29 Combined Spirit & IC Choir Practice 5:30pm  
**Mass at Immaculate Conception 6pm**
- Thu Mar 30 Mass at Immaculate Conception 8am**  
**Mass at St. Therese 5:30pm**
- Sun April 2 Palm Sunday 8:30am & \*Noon**
- Mon Apr 3 Wise Ones Meeting 11am
- Thu Apr 6 **Holy Thursday Immaculate Conception 7pm**
- Fri Apr 7 **Good Friday at St. Therese 7pm**
- Sat Apr 8 Easter Vigil at St. Therese 8:30pm
- Sun Apr 9 Easter Sunday Mass at IC 9:30am**  
**Easter Sunday Mass at St. T \*11:30am**

\*This Mass will be Livestreamed

**The chalice is back during Lent, but please refrain from receiving if you are ill. While we cannot mandate masks at Mass, we encourage people to wear a mask indoors.**

## St. Therese Stations of the Cross

Looking to be more prayerful this Lenten Season? Come and join Sharon, Mercy, Josie, Cezanne, Carla and Bei in praying the Stations of the Cross Black Catholic Women Give Witness. Sunday afternoon (March 26 and April 2) at 1:30 pm at St. Therese. Prayer materials will be provided. Simply show up and we'll share sacred time together.

## SMALL GROUPS FOR LENT

Below is a list of groups that will be meeting during Lent. To join, please contact the leader of the group.

**Mondays**, 11am on Zoom, John Lewis  
contact: johnlewis11@comcast.net

**Tuesdays**, 7pm on Zoom/in person, Melinda Sechrist  
contact: mksechrist@sechristdesign.com

**Wednesdays**, 7pm on Zoom, Tom and Rose Hesselbrock  
contact: tomandrose2@mac.com

**Wednesdays**, 8:15pm on Zoom, Jen and Dave Tawatao  
contact: jen.s.tawatao@gmail.com

**Thursdays**, 7pm on Zoom, John Russell and Ann Kuder  
contact: jvrussell85@gmail.com or alkuder@hotmail.com

## March 26, 2023

### FIFTH SUNDAY OF LENT

READING 1 EZ 37:12-14

RESP. PSALM 130:1-2, 3-4, 5-6, 7-8

READING 2 ROM 8:8-11

GOSPEL JN 11:1-45

8:30am Fr. Woody McCallister  
*Spirit Choir*

Noon Fr. Woody McCallister  
*Shades of Praise Choir*

*No Mass at Park Shore March 24*  
*Reconciliation for Immaculate Conception*  
*and St. Therese Parishioners at IC*  
*Saturday, March 25, 11am*

We Livestream Noon Mass on 1st and 3rd Sundays of the month and 8:30am Mass on 2nd, 4th and 5th Sundays. Livestreamed at: <https://www.facebook.com/StThereseParishSeattle/>!

Stations of the Cross at Immaculate Conception, Fridays, 6pm, thru March 31

## Liturgical Ministry Schedule for 5th Sunday of Lent, 3/26/2023

### Lay Presiders

8:30am Deacon Greg McNabb  
Noon Sharon Spence-Wilcox

### Eucharistic Ministers

8:30am Amy Postel, Felix Koontz  
Noon NEED VOLUNTEER, James Willis

### Lectors

8:30am Lucelia Thompson, Jim Yearby  
Noon Sue Jackels, Josie Morales

### Greeters

8:30am Jerry Stanton, Leo  
& Esperanza Lazo  
Noon Ashley Tracy, Mary Springer w/  
Lindsay Schaub

### Hospitality

8:30am Mike & Melinda Sechrist  
Noon NEED VOLUNTEER

**Livestream 8:30 Mass Host** Susan Koenigs  
**Bread Baker** None Needed



## It's not too late to join the combined choir for Triduum

Singers are needed to fill the choir for the Easter Celebration. If you would like to participate musically in the liturgy for Triduum, consider joining the choir. Please contact [Diane Figaro](#) or [Kent Stevenson](#) as soon as possible. All voices are welcome. Choir rehearsals have already begun but we need more people who are available and can commit to the practice schedule below. The two St. Therese Choirs join with the Immaculate choirs for a combined choir during Triduum. It would be great to have you sing with us!

Sunday, March 26, 10:00-11:30am — With Shades and Spirit Choir @ St. Therese

Wednesday, March 29, 5:30-7:30pm — With Spirit and Immaculate Family Choir @ St. Therese

## Regulations for Fast and Abstinence during Lent

**Good Friday, April 7**, is a day of fast and abstinence. Fridays of Lent are also days of abstinence. Fasting is to be observed by all eighteen years of age and older, who have not yet celebrated their sixtieth birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed. Abstinence is observed by all fourteen years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast & abstinence, the parish priest should be consulted. Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism or of renewal of Baptism at Easter. (Code of Canon Law, 1249-1252) .

## **ST.VINCENT de PAUL**



### **HELLO PARISH - PLEASE ADD SOME PRAYERS FOR THE HEALTH OF OUR BELOVED SISTER KATHLEEN**

Sister Kathleen Pruitt, CSJP, is a valued member of our St. Therese St. Vincent de Paul Conference. She is our friend and known for her kindness. She collects donations that are contributed by the parish. Our conference members look to Sister Kathleen for her depth of knowledge regarding the principles and practice of our Catholic faith. She is in London, England, where she traveled recently as part of her responsibilities as a member of the CSJP leadership team. Unfortunately, she suffered a fall and fractured her hip. She is scheduled for surgery soon. She is in good spirits, and we know she will appreciate your prayers. Thank you all.

Monday the 20th was one of our best food donations of the year for the Food Bank at St. Mary's. Outstanding contributions from the parish and our friends at Leschi Market made for a jam-packed carload.

If you would like to continue to assist our St. Therese Conference of St. Vincent de Paul, especially with rents to prevent homelessness and other needs of neighbors, you can do so by contributing at the north and south entrances of the church and on our collection day the third Sunday of the month. You can also donate by mailing your gift to Sr. Kathleen-SVdP, 3514 E. Marion St., Seattle, WA 98122 or by doing so online via the parish website [www.st-therese.cc](http://www.st-therese.cc) where you will find specific information about donating to the conference. For food donations please see below. For help for your family or friends please call 206-767-6449.

**DROP OFF TIME FOR SVdP FOOD DONATIONS** The pickup of nonperishable food every **Sunday is at 1:00pm** for food donations left outside the church after 8:30am that morning. All food should be left at the south entrance of the church to support St. Mary's Food Bank.



### **St. Therese Tiny House Build – April 17, 2023**

The Saint Therese Social Justice Commission is sponsoring a Build Day at the Hope Factory on Monday, April 17<sup>th</sup>, and 10-12 volunteers are needed. The Hope Factory, sponsored by Sound Foundations, is the place in SODO where Tiny Homes are built in an assembly line fashion. Sound Foundations partners with the Low Income Housing Institute (LIHI) to provide these Tiny Homes to villages across the region, and they do amazing work! Volunteers can expect to work at an assigned work station from approximately 8:45 AM to 2:30 PM with a break for lunch. No special skills are needed – just a willingness to help. The Hope Factory has Team Leaders that will show you the rest. The Social Justice Commission will provide boxed lunches for the participants. We are excited about this opportunity to roll up our sleeves and take one small but tangible step towards providing a safe home for at least one of our unhoused neighbors. This promises to be a fun and rewarding experience, and we hope to make it a regular event on the St. Therese calendar. The address for the Hope Factory is **5 S. Nevada St., Seattle, WA 98134** (right next to the Grand Central Bakery Wholesale store on E. Marginal Way). We are filling up fast so if you are interested, please contact Sam Lawrence at [sam.lawrence@cytoviva.com](mailto:sam.lawrence@cytoviva.com) as soon as possible.

**The Parish Center electric typewriter needs servicing. The best repair shop is in Bremerton - and only open on Thursday, Friday & Saturday. If you might be going that way in coming weeks, please contact [office@st-therese.cc](mailto:office@st-therese.cc). The need is for transporting the typewriter both ways (could be two different people) and wouldn't be in the same week. The machine is heavy. Thank you!**



*I planted the seed, Apollos watered it, but God has been making it grow.*

*So neither the one who plants nor the one who waters is anything, but only God, who makes things grow.*

*The one who plants and the one who waters have one purpose, and they will each be rewarded according to their own labor. St. Paul in his First Letter to the Corinthians*

### Happy Fifth Week in Lent!

Ann and I attended the celebration of Almeeda Jones' life last Saturday (March 18). Her daughter Sandra talked about her mother at the end of Mass; here is a sample of her words. The unabridged eulogy is at [st-therese.cc](http://st-therese.cc).

"Before my Mom could sow into us, someone had to sow into her. Unfortunately, she had a rough start when her parents were unable to care for her. She moved from family member to family member from the West Coast to the East Coast and back to the West Coast. At around seven years old, she was invited by a little friend to go to church where she learned of a Father that would love her unconditionally. She was given a little prayer book, which she kept throughout the years. That was the beginning of someone sowing into her life seeds of faith. At age 11, she was adopted by parents who loved and cared for her. She grew up in Bremerton, where she made lifetime friends that sowed seeds of trust and love.

In high school she worked in her father's restaurant that catered to the Black navy service men who were stationed in Bremerton. One day when she was working, a young man - you guessed it - Fred Douglas Jones caught her eye while playing pool with his buddies. The country boy from Tallahassee Florida fell quickly in love with Almeeda. He sowed seeds of true love and hope and joy.

After the navy, they joined the Catholic Church and were guided by a loving couple who sponsored them. This was the foundation they knew they needed for our family.

Mom went to school to become a nurse. She trusted God would provide her strength and knowledge to complete her education while raising five children. She became a Critical Care Nurse and used her faith to encourage her patients and their families.

They joined St Therese. She poured into every one of our friends. She began sowing and watering seeds of her strong faith through teaching catechism, participating in Girl Scouts, PTO, Choir, Parish Council and many other activities.

You may have sat at our dinner table for a meal that she lovingly prepared. She gave advice, was a shoulder to cry on, an ear to listen. And yes, she would pray for you. She sowed into many of us, and it all started with an invitation to a small child to come meet a Heavenly Father that would love, guide and direct her 92-year journey.

So now it's your turn to take that seed of faith she sowed into you and spread to others. Seeds of love, faith, strength, wisdom, hope, grace, humility, joy and so much more."

### Parish Collections this fiscal year:

	July thru February '23	July thru February '22
Collections and Gifts Income	\$298,728	\$295,722
Net Income	(\$ 957)	(\$ 31,658)
Savings Reserve	\$85,645	\$85,112

Dear friends,

Thank you to the 26 people from Immaculate Conception Parish and the 80 people from St. Therese Parish who responded to our recent survey about “weekday Mass”, i.e. celebrations of the Eucharist that take place APART FROM Sundays. The results are in, and it looks like there’s really no good reason to make any changes to our weekday worship schedule at this time. Alas, whether we gather on Wednesday mornings, noon, or evenings, or Thursday mornings, noon or evenings, or Friday evenings, it looks like there will never be more than 3-5 people willing and able to come and participate. (Note: I didn’t offer Friday mornings or noon as an option, because it would conflict with already-scheduled Masses for STCA and for Park Shore Assisted Living. Also, I am usually out of town during MY “weekend”, which is Mondays and Tuesdays, so I didn’t offer that option either.)

My gut instincts tell me that the main reason for this is that SO many of our parishioners make a long-ish drive in order to get to church. It’s worth the time and trouble for a full Sunday Mass experience, but it’s hard to justify making the effort for a 20-25 minute weekday Mass. Even so, weekday Masses are STILL a good thing to do, and I will continue to make them available at Immaculate Conception on Wednesdays at 6 PM and Thursdays at 8 AM and at St. Therese at 5:30 PM, until further notice.

Since most of us are NOT able to gather TOGETHER for weekday Masses, I’d like to encourage everybody, as a spiritual exercise, to go, whenever you have the chance, to look up, read through, and PRAY through the Scripture readings for daily Mass. You can find them on the website of the United States Conference of Catholic Bishops ([www.usccb.org](http://www.usccb.org)). Just click the date on the “Daily Readings” calendar, and those texts will come up right on your screen.

Peace,

(Fr.) Woody

## FIRST EUCHARIST PREP SESSIONS

ALL SESSIONS ARE IN  
THE CHURCH

CONTACT NICOLE IF  
YOUR CHILD IS NOT  
REGISTERED  
[NICOLE@ST-THERESE.CC](mailto:NICOLE@ST-THERESE.CC)

**march 20**

*We Are Called, We Are  
Chosen*  
Ritual of Enrollment  
6pm to 7:30pm

**april 22**

*Let Your Light Shine*  
Retreat and Practice  
9am to 12pm

**april 3**

*We Are The Body Of Christ*  
Baking and Breaking of  
Bread  
6pm to 7:30pm

**april 23**

*Welcome to the Table  
of the Lord*  
First Eucharist  
8:30am and 12pm

**april 17**

*We Are Many Parts*  
Synthesis and gestures of  
the Mass  
6pm to 7:30pm



## Parent Pages

### *Preparing the environment of the Domestic Church\**

\* The term "Domestic Church" refers to the family, the smallest body of gathered believers in Christ. Though recovered only recently, the term dates back to the first century AD. The Greek word *ecclesiola* referred to "little church." The early Church understood that the home was fertile ground for discipleship, sanctification, and holiness.

# Lent with Young Children

Walking with young children through Lent is one of the areas where I still tread with great care after a quarter of a century of listening to God with these little ones. Not only do we need to take great care in offering them only what they are able to process, we also need to take care that what we give them is the fullest proclamation of the kerygma, or good news, that Lent has to offer. While adults and children who have reached the age of reason have a need and a desire for moral exhortation, our little ones aren't ready for that. Certainly they can eat the way the family eats, but the idea of "giving up" something for Lent isn't going to resonate. That doesn't mean that Lent has no meaning for them, it does mean that our approach will be different. We will approach Lent as a time of preparation for the greatest feast of Easter. The feast where we celebrate Jesus' death and resurrection.

From our early days in the atrium together we begin making a great announcement of the Paschal Mystery. Christ has died, Christ is risen. Everything in our life of faith hinges upon this greatest mystery. It is something that we adults have had many years to internalize. This helps make it possible for us to bear the focus on individual moments of Christ's passion because we know what happens later. Our youngest children need a more tender approach in order to enter the Paschal Mystery. One way we can do this is to always keep the death and resurrection of Jesus together, even in the same sentence. Not only do our little ones need this approach, but they also remind us of the



*see reverse for more*



rightness of keeping these words together because the Paschal Mystery is one event as proclaimed in the life of the church.

At the very heart of the Paschal Mystery is love, and we know how very rich our little ones are in love so how can we make this match. The parable of the Good Shepherd helps us focus on a deep meaning of laying down one's life. With our early readings and shared reflections with young children we omit the verses that pertain to evil and the wolf and focus on the ordinary ways the Good Shepherd shows extraordinary love every day. First, by knowing each sheep so well, he calls them each by name and leads them out. He goes ahead of them and the sheep follow because they know his voice. There's a real intimacy here that we can relate to in our family life. We love to be together and our ears are especially attuned to hear the voices of those we most love. Together we can focus on listening more closely to the voice of the Good Shepherd during Lent and carry that habit of close listening into the Easter season. If a child becomes distressed over the death of Jesus, we return to this parable where Jesus says He gives His life, it's not taken from Him. We also remember together that Jesus is risen!

One of my atrium families was preparing to go to Holy Thursday with two small boys. Mom and dad decided to put them in pajamas because they would be getting home a little after bedtime, and they thought about what they would see and hear and how to prepare them. In the comfort of home, they got out a pitcher, basin and towel. Each member of the family took a turn washing the feet of the others. I wonder how children of three years and 18 months feel when they wash their parents' feet. When they wash each other's feet? I wonder what they heard and focused on during the long gospel reading later that evening. Dying on the cross was the final act of sacrifice of Jesus, but it wasn't the only sacrifice. He poured his life out for us every day. All of His time all of His attention, all of His love.

Especially in the small ways of living with us day by day. During the last supper he washed our feet. He fed us. He refreshed us and loved us. After His death, He rose from the dead so that we may remain with Him always. We who are caregivers need first to receive this love of Jesus for ourselves so that we may in turn proclaim it to the children in our lives little by little, even drop by drop.



- Susan Stuhlstatz Reese, CGSUSA Board of Trustees Chair, Formation Leader, and Catechist





## **Lenten Reflection**

"This week, as we continue to celebrate Women's History Month, we took a closer look at women who were activists and politicians, breaking barriers to ensure that their voice, and the voice of the people they represented, were truly heard. This example of activism, seen in many leaders before us, has never been more clearly demonstrated than in the life of Jesus himself. Jesus was an agent of change who challenged the status quo to see more clearly God's plan. This meant stepping on the toes of the Pharisees and religious leaders at the time. This meant elevating the voices of those who were overlooked.

These four activists did the same in all of their spheres. They elevated the voices of those on the margins, and that is what it means to be a missionary disciple. At St. Therese, we aim to we lead by example. We are proud to showcase these agents of change because we know that many of our own youth will one day be the leaders of our nation, setting the laws that affect the voiceless. Check out the short bios below to learn more about Rep. Paulette Jordan, Shirley Chisolm, Grace Lee Boggs, and Mariá Elena Salinas. Thank you to our fifth grade leaders this week who shared with us the achievements of these outstanding women.

1) Rep. Paulette Jordan - An Indigenous-American politician and activist, who served in the Idaho House of Representatives as a member of the Idaho Democratic Party for 4 years. Her engagement as a Native leader extends beyond the region to include national organizations. She is a Senior Executive Board representative, Finance Chair and Energy Initiative Chair for the National Indian Gaming Association, serving her third consecutive term.

2) Shirley Chisholm - An African-American politician who, in 1968, became the first black woman to be elected to the United States Congress. She served seven terms from 1969-1983. In 1972, she became the first black candidate for a major-party nomination for President of the United States, and the first woman to run for the Democratic Party's nomination. She also taught college courses in a variety areas at the all-women Mount Holyoke College in Massachusetts.

3) Grace Lee Boggs - A Chinese-American author, social activist, philosopher and feminist. She had written many books about activist literature and books, and founded the National Organization of an American Revolution. She is regarded as a key figure in the Asian American Movement. Former President Barack Obama issued a statement and praised her work for "her leadership in the civil rights movement, to her ideas that challenged us to all lead meaningful lives." He added that Boggs "understood the power of community organizing at its core."

4) Mariá Elena Salinas - A Latina-American broadcast journalist, news anchor and author, called the "Voice of Hispanic America" by the NY Times for her accolades in journalism. One of the most recognized Hispanic female journalists in the United States, she has been working for more than three decades in the U.S. and Latin American countries and has interviewed Latin American heads of state, rebel leaders, dictators and every U.S. President since Jimmy Carter.

- Principal Malcolm X. Nelson & Vice Principal Madeleine Tomich