

# Saint Therese Parish

January 21, 2024

## THIRD SUNDAY IN ORDINARY TIME

St. Therese is a Spiritual Home where together we  
Worship with Joy • Work for Justice • Grow in God's Love

**Limited Office Hours Best to Contact staff via email**

### **Parish Office**

3416 East Marion Street, Seattle, WA 98122  
206-325-2711 [office@st-therese.cc](mailto:office@st-therese.cc)

**Pastor** Fr. Woody McCallister  
206-720-7275 [woody@st-therese.cc](mailto:woody@st-therese.cc)

**Pastoral Asst. for Administration/Facilities**  
**M-Th: 9-4** Diane Figaro [paa@st-therese.cc](mailto:paa@st-therese.cc)  
206-720-7270

**Pastoral Assistant - Faith Formation**  
**Liturgy & Parish Life** Nicole St. Hilaire  
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**Bookkeeper** Lauren Schulz  
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**Deacon Greg McNabb** 206-601-2653  
[deaconmcnabb@gmail.com](mailto:deaconmcnabb@gmail.com)

**Director, Spirit Choir, Diane Figaro,**  
**SunAM/WedPM** [diane.cornell.figaro@gmail.com](mailto:diane.cornell.figaro@gmail.com)

**Director, Shades of Praise Choir**  
Kent Stevenson 206-519-4575  
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**St. Mary Facilities** David Mead  
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**Calendar** Deborah Tinsley - text only 206-909-1727  
[calendar@st-therese.cc](mailto:calendar@st-therese.cc)

**Bulletin** Nancy Buckland [bulletin@st-therese.cc](mailto:bulletin@st-therese.cc)

**St. Therese Catholic Academy**  
900 35th Avenue, Seattle, WA 98122  
[www.stcaseattle.org](http://www.stcaseattle.org) 206-324-0460

**Principal - Admissions, Fundraising & Operations:** Malcolm X. Nelson  
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**St. Vincent de Paul** Emergency Financial Help  
206-767-6449

**Website:** [www.st-therese.cc](http://www.st-therese.cc)



### **Parish Leadership**

#### **Pastoral Council:**

**Chair:** Rose Hesselbrock...[rose.hesselbrock@gmail.com](mailto:rose.hesselbrock@gmail.com)  
**Vice Chair:** Marty Koenigs.....[mka@seanet.com](mailto:mka@seanet.com)  
**Secretary:** Evan Oakes.....[oakes.emo24@gmail.com](mailto:oakes.emo24@gmail.com)

Anthony Barr-Jeffrey	<a href="mailto:aebjeffrey@spu.edu">aebjeffrey@spu.edu</a>
Gary Edwards	<a href="mailto:garyedwards41@gmail.com">garyedwards41@gmail.com</a>
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Mercy Lazo	<a href="mailto:mercymlazo8@gmail.com">mercymlazo8@gmail.com</a>
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Orlando Morales	<a href="mailto:orlando@refugeechoir.org">orlando@refugeechoir.org</a>
Sharon Spence-Wilcox	<a href="mailto:spencewilcox@icloud.com">spencewilcox@icloud.com</a>
Steve Wittman-Todd	<a href="mailto:steve.wt@earthlink.net">steve.wt@earthlink.net</a>

#### **Finance Council:**

Carol Wood.....[2cdwood@gmail.com](mailto:2cdwood@gmail.com)

#### **Stewardship Commission:**

(contact Diane Figaro..... [paa@st-therese.cc](mailto:paa@st-therese.cc))

#### **Faith Formation & Evangelization:**

Bernard Koontz .....[bernard.koontz@gmail.com](mailto:bernard.koontz@gmail.com)

#### **Liturgy Commission:**

Deacon Greg McNabb.....[deaconmcnabb@gmail.com](mailto:deaconmcnabb@gmail.com)

#### **Social Justice Commission:**

Sam Lawrence.....[sam.lawrence@cytoviva.com](mailto:sam.lawrence@cytoviva.com)

#### **School Commission:**

BJ Montoya ..... [bjmontoya@mac.com](mailto:bjmontoya@mac.com)

## Parish Events

- Thu Jan 18 Mass at Immaculate 8am  
Mass at St. Therese 5:30pm  
Finance Council Meeting 6:15pm
- Sat Jan 20 Caring for Our Common Home Work Party  
9:30am – Noon
- Sun Jan 21 Third Sunday in Ordinary Time**  
**8:30am & \*Noon**
- Wed Jan 24 Spirit Choir rehearsal 5:30pm  
Mass at Immaculate 6pm
- Thu Jan 25 Mass at Immaculate 8am  
Liturgy Committee meeting 4pm  
Mass at St. Therese 5:30pm
- Fri Jan 26 Mass at Park Shore 11am
- Sun Jan 28 Fourth Sunday in Ordinary Time**  
**\*8:30am & Noon**
- Wed Jan 31 Spirit Choir rehearsal 5:30pm  
Mass at Immaculate 6pm

\*This Mass will be Livestreamed

**January 21, 2024**

## THIRD SUNDAY IN ORDINARY TIME

READING 1 JON 3:1-5, 10  
RESP. PSALM PS 25:4-5, 6-7, 8-9  
READING 2 1 COR 7:29-31  
GOSPEL MK 1:14-20

8:30am Fr. Woody McCallister  
Spirit Choir

Noon Fr. Woody McCallister  
Shades of Praise Choir

Mass at Park Shore January 26 11am

Reconciliation for St. Therese  
Parishioners by Appointment

We Livestream Noon Mass on 1st and 3rd Sundays of the month and 8:30am Mass on 2nd, 4th and 5th Sundays. Livestreamed at: <https://www.facebook.com/StThereseParishSeattle/>

## Our Common Home Work Party

Let us gather this Saturday for our monthly celebration of God's creation by caring for our grounds here at St. Therese.

We'll mow, clip and cut and ooh and aah over the new playground, weather permitting.

No lunch this Saturday. John Russell



## Tiny Home Project 2024

We have a January 29, 2024 date to volunteer in building another Tiny Home, and helping hands are welcome. Contact Sam Lawrence [sam.lawrence@cytoviva.com](mailto:sam.lawrence@cytoviva.com) or Rosemary Adamski [rad-amski22@gmail.com](mailto:rad-amski22@gmail.com) with your interest.



Thank you!  
Rosemary

## Liturgical Ministry Schedule January 21, 8:30 and Noon Masses

### Deacon or Lay Presider

8:30am Deacon Greg McNabb  
Noon Deacon Greg McNabb

### Eucharistic Ministers

8:30am Jim Yearby, VOLUNTEER NEEDED  
Noon Sharon Spence-Wilcox, Robert Beers

### Lectors

8:30am Lucelia Thompson, Meredith Thompson  
Noon James Willis, Carol O'Brien

### Greeters

8:30am Gary Edwards, Margaret Carter  
Noon Lucita & Jim Valiere

### Hospitality

8:30am Jesse & Nicole Thompson/St. Hilaire  
Noon Gloria Okada

Livestream Host Noon Mass Nicole St. Hilaire



## **ST. VINCENT DE PAUL**

### **A BEAUTIFUL STORY**

We recently helped a neighbor who was struggling with various issues in her life and was unable to pay her rent. Thanks to your donations, we were able to pay her entire rent. Then something special happened. She found out that a lady she knew also could not pay her rent. So, she decided to renovate her basement so this lady would have a place to live. The renovation was slow, so she was concerned that the lady would have no place to live in the meantime. To cover the interim period, she invited the lady to live in her living room and this is where the lady is living until the renovation is completed. A true example of Christian love.

If you would like to continue to assist us, especially in helping with rents to avoid homelessness, you can do so by contributing, at the north and south entrances of the church and on our collection day, the third Sunday of the month. You can also donate by mailing your gift to St. Therese Parish, 3416 E. Marion St., Seattle, WA 98122 or online via the parish website [www.st-therese.cc](http://www.st-therese.cc) where you will find specific information about donating to the conference. For food donations which continue to be important, please see below. For help for your family or friends as noted above please call 206-767-6449.

**God Bless and We Will Be There.**

**Robert Mackin [rmackinatty@yahoo.com](mailto:rmackinatty@yahoo.com)**

### **DROP OFF TIME FOR SVdP FOOD DONATIONS**

The pickup of nonperishable food every Sunday is at 1:00pm for food donations left outside the church after 8:30am that morning. All food should be left at the south entrance of the church for St. Mary's Food Bank.



### **Food Bank Delivery Volunteers Needed**

The Food Bank at St. Mary's is always in need of volunteers to help deliver groceries to people who are not mobile enough to come to the Food Bank themselves. St. Therese delivers bags of groceries to about 30 people at 4 locations each Thursday morning from 9-11 a.m. If you are seeking an opportunity to help those in need and are available during our delivery window, please contact Rose Hesselbrock at [rose.hesselbrock@gmail.com](mailto:rose.hesselbrock@gmail.com) to sign up for training and to be added to the schedule. Most volunteers are only scheduled once a month so the time commitment is very manageable. We look forward to having you join our delivery team!

## 2<sup>nd</sup> Sunday in Ordinary Time -- January 14, 2024 -- MLK Jr. Weekend Reflection

by Sharon & Eric Wilcox

On the third Monday every January, our nation honors the legacy of Reverend Dr. Martin Luther King Jr. with a federal holiday. Today, we stand together as a couple and as members of the St. Therese and St. Mary's parish family, to share a few thoughts and highlights on how the Rev. Dr. King's legacy as servant leader, spiritual guide, champion of non-violence, social justice activist, and family man continues to touch us both individually and collectively. And as it turns out, the readings for this 2<sup>nd</sup> Sunday of Ordinary Time bear relevance to Dr. King's journey and message.

Let's start with some facts you may not know about Martin Luther King Jr., gleaned from a biography entitled *The Seminarian*:

- His birth certificate identified him as Michael which then became Martin in much the same way as Jesus gave Simon the new name, Cephas.
- Growing up in Ebenezer Baptist Church where his father was pastor and his mother was the organist and choir director, Martin was immersed in his community's religious traditions.
- At 15 years old, Martin was already exhibiting his gift for giving speeches and debating. However, at this point in his life, he had little desire to follow in the footsteps of his father and grandfather and become a preacher.
- Nevertheless, he witnessed his father engage in opportunities to fight for social change, and this was underscored by his own experience of a bus ride from Dublin GA to Atlanta GA where he was told to get up and give his seat to white passengers and forced to stand in the back of the bus for the entire trip. Still at this point, Martin was unsure if he wanted to pursue a religious path.
- Some years later, he revealed, "I revolted against the emotionalism of Negro religion, the shouting and the stomping. I didn't understand it, and it embarrassed me." He considered careers outside the church such as law and medicine.
- Before entering Morehouse College at the age of 15, Martin experienced integrated churches and communities while working a summer job on a tobacco farm in Connecticut. This exposure to the comparatively tolerant culture of the north vs the south was a significant influence on his perspective on the human condition.
- While Martin saw becoming a minister as an obligation, he concluded that the black pulpit, if used correctly, could have a far greater effect on society. He didn't so much want to become a preacher because of a deep abiding faith in God. Instead he saw the ministry as the best way to combat segregation and inspire change.

In contrast to this sentiment, Andrew Young (pastor, civil rights activist, politician, diplomat), tells us that his friend Martin was "first of all a man of faith, a preacher of the Gospel of Jesus with its hope in a resurrection not only of his spiritual body, but also the social expansion of the ideals by which he preached and lived." "Millions were moved by his powerful oratory, ... nothing less than the voice of God coming through the life of one of his young, humble, and obedient servants." Similar to Samuel being guided by Eli to recognize and respond to God's call, God accompanied Martin through his education and evolution, not permitting any word of his to be without effect.

God was also present with Paul on his journey to salvation, in the many messages he shared with humankind. His letter to the Corinthians reminded that community that our human bodies are temples of the Holy Spirit; that it's not just what we do with our physical parts but that our use of our mental, intellectual, emotional capacity..., how we care for and share those aspects of ourselves, should be guided by our moral compass, our conscience. Our conscience speaks to us in whispers and shouts, whether we take action or fail to take action, we hear that conscience in our heart and soul, sometimes offering encouragement, sometimes mercy, always reminding us of what's right and just, what is truth and love. Similarly, Dr. King issued a call to conscience about the moral issues of our country and beyond.

**(from “Beyond Vietnam: A Time to Break Silence”)** *“We are now faced with the fact that tomorrow is today. We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there “is” such a thing as being too late. This is no time for apathy or complacency. This is a time for vigorous and positive action.”*

This message Dr. King delivered 50 years ago is still relevant, is still urgent, is still one we must heed as we strive to build the desired beloved community of justice and truth in our city, state, nation, and world. Policies and practices grounded in fear and denial, clinging to the status quo or systems and structures of injustice, mass incarceration, LGBTQ discrimination, war and genocide, inequities in healthcare, housing, and education; food insecurity; environmental exploitation and climate crisis, and the ongoing pandemic of racism which underlies many of these stains on the fabric of our humanity. With all this pain and trauma, we may feel drawn to the phrase fierce urgency! Well hold up now... and consider how Dr. King himself responded to the injustices of his time. His message was a call for action, not merely activity; there is a subtle difference. For decades now, we have seen how the so-called powers-that-be have twisted activities by individuals and communities in an effort to fight injustice, and responded by increasing rather than reducing or eliminating the sources of harm. We must recognize that along with speed and eagerness, we must also be thoughtful and have a sense of purpose and context so that the actions we take are meaningful, sustainable, and effective (Louis Gomez, The Fierce Urgency of Now).

Dr. King made it clear that like Samuel and Eli, like the psalmist, like Paul and the Corinthians, like John and the disciples... *“Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.”*

God created each of us as a unique human being, with our own talents, our own gifts, to be nurtured and shared for the benefit of others. These gifts vary widely, some of us are speakers, others are listeners; some create art and music, others perform and entertain; some design, others construct and build; some rescue and heal, others wonder and experiment; some have a way with words, others are number crunchers... These lights that we've been given to shine and make our world a better place, they are meant to be nurtured with love and shared with love. Sometimes we aren't quite sure who's calling us and where we are meant to go. Let us make time to pause... to feel God gazing lovingly upon us, to invite God in as we breathe a little slower and heed our moral compass, welcoming the ever-present mercy and grace, and allowing the Spirit to guide our path.

We invite all to take a deep breath in, then exhale. And we close with this prayer from Dr. King:

*“Use me, God. Show me how to take who I am, who I want to be, and what I can do, and use it for a purpose greater than myself.” Amen!*



# Thriving Conference



**Bethany  
Green Lake**

SAT, FEB 3 | 9AM-3PM  
\$30



**Navigating the tween and teen years can be tough.**

Gather in community at the Thriving Conference to gain insights from expert speakers, participate in discussions, and learn skills that lead to flourishing. This event is especially for parents, caregivers, and those who work with tweens and teens.

Hosted by Bethany Community Church  
and the Faith Formation Project



[churchbcc.org/thrivingconference](https://churchbcc.org/thrivingconference)

On Saturday, February 3, the Faith Formation Project will be partnering with Bethany Community Church to host the Thriving Conference. This is open to anyone who has adolescents in their lives and wants to hear from expert speakers and engage in meaningful conversations around important topics. Mark Oestreiker will be giving the keynote and there will be four Seattle Pacific University professors leading breakout sessions.

Other breakout sessions will focus on topics like parental self-care, food and body image, listening to teens, and supporting families in crisis.

If you are a parent of an adolescent (like me) or work with teens in some capacity, this will be a great resource. Faithful parenting is hard, and we don't have to do it alone.

Click [here](https://churchbcc.org/thrivingconference) to learn more about the event and register.

Katherine M. Douglass  
Associate Professor of Educational Ministry and Practical Theology



# ST. THERESE CATHOLIC ACADEMY

*IGNITING FAITH, MINDS & DREAMS SINCE 1927*

## ***We Shall Overcome, Someday***

January 12, 2024

Thursday's prayer service was about Freedom Fighters, as we approach MLK weekend. As a school community, we want to take a deeper dive into the Black Catholics who are on their way to Sainthood. Venerable Pierre Toussaint (1776-1853), Servant of God Mother Mary Elizabeth Lange (1784-1882), Venerable Henriette Delille (1813-1862), Venerable Fr. Augustus Tolton (1854-1897), Julia Greeley (1833 and 1848-1918), and Sr. Thea Bowman, FSPA (1937-1990).

Yesterday, we began our focus on Sister Thea Bowman. In an interview with Joe Smith in 1988, Sister Thea Bowman wrote:

When Martin Luther King Jr. was in my house where I live, I was in Wisconsin. I missed it. My friends and neighbors were there. They were present when he came into my little three-mile town and sat down with the people of my little town because they, too, were important. Although they were poor, although they were oppressed, although they didn't have ways and means to effect change, he saw in my folks potential. Because of the inspiration he brought, people were able to stand up and claim their dignity, to make an impact on the government and effect change.

This excerpt stuck with me as the St. Therese students ended their prayer service singing *We Shall Overcome*. I reminded the students that I, along with them, have the luxury of just singing freedom songs, but for our parents, grandparents, great grandparents, these were more than just songs. These were the tools necessary to keep getting up in the morning, to keep to a non-violence regimen, to fight against inequality, to give St. Therese the opportunity to survive and thrive. Still today, the fight goes on. Though the enemy has changed its face slightly, we know that we must keep going. Our family before us did it for us, and we must continue for the generations to follow. With all the war in the world today, I pray for the day we all walk hand in hand some day.

-Mr. Malcolm X. Nelson & Ms. Madeleine Tomich

***We can do all things through Christ who strengthens us!***