



Saint Stephen Protomartyr School FRIDAY NOTES SEPTEMBER 26, 2025



Congratulations to our newest inductees of SSP STARS. This unique nomination comes from the *Holly Hills Neighborhood Facebook* page:

This is Yuki and tonight she was attacked by another dog in the neighborhood. I tried to pull the dog off her as it continued to bite, but her leash slipped out of my hand and she took off running home with the attacking dog chasing her.

Thankfully Yuki knew the way home, my husband was home and heard the commotion on the front porch. He found her pinned by the neck against our front door. He intervened quickly to get her inside and we got her to the vet. Everything could have been far worse, but I hope it never happens again.

I am sharing because I want to deeply thank the neighbors who came out to help when they heard me yelling and saw the dogs running away, especially the young teen boys on bicycles near St. Stephen who helped me find my phone, which I dropped in the commotion, and brought it to me as I continued running in the direction of home. If those are your boys, please hug and thank them for us.

Please lock your storm doors, keep your dogs fenced in, and make sure they're up to date on vaccinations.

Thank you again to good neighbors raising good humans. 🙏



Who were those local heroes? SSP Seventh graders **Tommy Cuniff & Trey Rector**. Thank you for being great ambassadors for the SSP School community.

WEEK IN PREVIEW 9/28—10/3, 2025

SUNDAY 9/28 Sunset Youth Mass 4:30 pm



MONDAY 9/29

Lunch: French Toast Sticks **Alternative:** Bagel with Cream Cheese or **Salad:** Spinach

TUESDAY 9/30

Grades 2 & 4 Mass Servers: Molly Finney

Lunch: Crispy Chicken Strips **Alternative:** BLT Wrap or **Salad:** BLT

WEDNESDAY 10/1 PTO Meeting 7 pm

Lunch: Popcorn Chicken **Alternative:** Chicken Caesar Wrap or **Salad:** Chicken Caesar

THURSDAY 10/2

All School Mass Servers: John Lian & Bryce McMahon
Lunch: Cheese Bosco Stick **Alternative:** Taco Wrap or **Salad:** Taco

FRIDAY 10/3 First Fun Friday—Prayer Walk @ 2pm
Palmer Music—Band

Lunch: Papa John's Sausage Pizza **Alternative:** Cheese Pizza or **Salad:** Chef

HOMEWORK CLUB In order for your student to attend Homework Club, it is **REQUIRED** for the parent to sign up using the Google Form. We will no longer be calling home if your student is not signed up and wants to attend homework club. Homework club is held on Mondays, Tuesdays, and Wednesdays. **Parent sign up cut off for any day will now be 12 Noon.** This allows the staff time to coordinate students attending homework club and making sure they will have homework to complete. Calls will be made to parents picking up their students from homework club, if they finish their homework before 4pm. Aftercare students will be sent to aftercare once their homework is completed.

**Homework
Club**

 **SIGN UP!**

 **SignUpGenius**

CLICK ON the icons above to Sign Up or Volunteer

October

**St. Stephen
Protomartyr**

**FOOD IN
FOCUS**



Daily alternative

Monday – Spinach Salad

Bagel & Cream Cheese

Tuesday –BLT Salad

BLT Wrap

Wednesday– Chicken Caesar

Chicken Caesar Wrap

Thursday –Taco Salad

Taco Wrap

Friday – Chef Salad

Cheese Pizza



MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceforstudents.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Did you know? The largest pumpkin ever grown weighed 1,140 pounds!				
ST. LOUIS BLUES SPECIAL Hockey Sticks (French Toast) Hockey Puck (Sausage) Goalie Fruit Hat Trick Hash Brown 6	Meatball Sub Sandwich Fresh Broccoli with Dip Mandarin Oranges Chilled Pudding 7	Popcorn Chicken Yogurt with Blueberries French Fries Fresh Veggies with Dip 1	Cheese Stuffed Bosco Stick Fresh Veggies with Dip Orange Wedges Yogurt 2	PAPA JOHNS PIZZA pepperoni Fresh Veggies with Dip Apple Slices Oven Baked Cookie  3
Emoji Waffle Golden Hash Brown Sweet Strawberries Mini Blueberry Muffin 13	Baked Chicken Leg Golden French Fries Fresh Veggies with Dip Mandarin Oranges 14	Chicken Rings Golden Corn Apple Slices Sparkling Jell-O 8	Orange Chicken Steamed White Rice Seasoned Broccoli Vanilla Wafers 9	PAPA JOHNS PIZZA Sausage Fresh Veggies with Dip Apple Slices Oven Baked Cookie 10
Pancake & Sausage Bites Golden Hash Brown Frosty Peaches Yogurt 20	Dinosaur Chicken Nuggets Fresh Broccoli with Dip Pineapple Tidbits Vanilla Wafers 21	Mini Chicken Tacos Fiesta Rice Sweet Corn Frosty Strawberries 15	Goopy Cheese Pizza Tossed Salad Grapes Chilled Pudding 16	 17
Fluffy Pancake Pork Sausage Patty Fresh Blueberries Creamy Yogurt with Granola 27	Crispy Chicken Strips Golden French Fries Garden Salad Ice Cream Cup 28	Pizza Quesadilla Tossed Salad Crisp Grapes Cinnamon Goldfish 22	 23	 24
		HALLOWEEN SPECIAL Ghoulish Hot Dog Spider Legs (Fries) Freaky Fruit (Fruit Cocktail) Halloween Treat 29	HALLOWEEN SPECIAL Boo Burger Skeleton Bones (Fries) Bat Teeth (Corn) Witch's Surprise 30	PAPA JOHNS PIZZA pepperoni Fresh Veggies with Dip Apple Slices Oven Baked Cookie  31

**PTO
TRIVIA**
FUN TIMES, GOOD CAUSE:
"ITS FOR THE KIDS!"

SCAN ME



OCTOBER 11, 2025

DOORS OPEN 6PM

\$30/PLAYER \$240/TABLE

INCLUDES SNACKS, BEER, WINE & SODA

TICKETS



St. Stephen's Protomartyr - 9/28 Fundraiser

St. Stephen's Protomartyr has partnered with STL CITY SC to set up a fundraising night at Energizer Park! Join family and friends as CITY2 continues their journey for the MLS Next Pro Cup.

- \$5 from each ticket sold through this link will go back to St. Stephen's Protomartyr
- CITY2 matches are all General Admission seating, typically limited to the East Side lower bowl (first come, first serve)
- Gates open one hour prior to kickoff
- [NEW Family-themed Approach](#)
- Energizer Park [Bag Policy](#)

Please reach out to *Ryan* at Ryan@stlcitysc.com with any questions!

TICKETS ARE NOW REFUNDABLE

[VIEW MORE](#)

Sep 28, 2025
Sun • 4:00 PM

LAFC2 at St. Louis CITY2
Energizer Park • St. Louis, MO

[VIEW TICKETS](#)

Super Surge Selective Sacrament Sessions

Fr. Aaron Nord is offering a special opportunity for students who have not yet been baptized Catholic, or who are baptized but have not received the sacraments of Reconciliation, First Communion, & others.

His goal is to guide small groups of students in the faith, helping them prepare to celebrate the sacraments alongside their classmates.

Session Dates – First Semester

Fridays after school 3:00–4:00 pm

- October 10, 17, 24
- November 7, 14, 21
- December 5, 12

For more information, please contact [Mr. Sturgill](#).



West County Psychological Associates

Support for Students and Parents in High School and College Transitions

Fall can be a stressful time for families. Freshmen are adjusting to their new school environments and older students are re-starting campus life and academic responsibilities after their summer break. West County Psychological Associates offers support for individuals and families as they navigate life's transitions and challenges.

If you're a parent concerned about these changes or a young adult facing many unknowns, you don't have to do it alone! Call us today to schedule an appointment or learn more about how we can help support you and your family during this time of transition.

Help is available, call (314) 275-8599.

Office staff is available to take your call Monday-Friday, 8:00 a.m. – 4:00 p.m.
Or feel free to message the office at <https://wcpastl.com/contact-us/>



Lauren Chacón, MSW, LMSW specializes in providing mental health services to older adolescents and adults experiencing life transitions, relationship issues, trauma, grief, and loss.

In addition to her practice at WCPA, Lauren has significant experience counseling at a local university's student center. She deeply understands the stresses and worries of students, and empathetically partners with clients toward building their strength and finding their passion.

You can email Lauren at lauren@wcpastl.com.