

Corpus Christi

Catholic Church

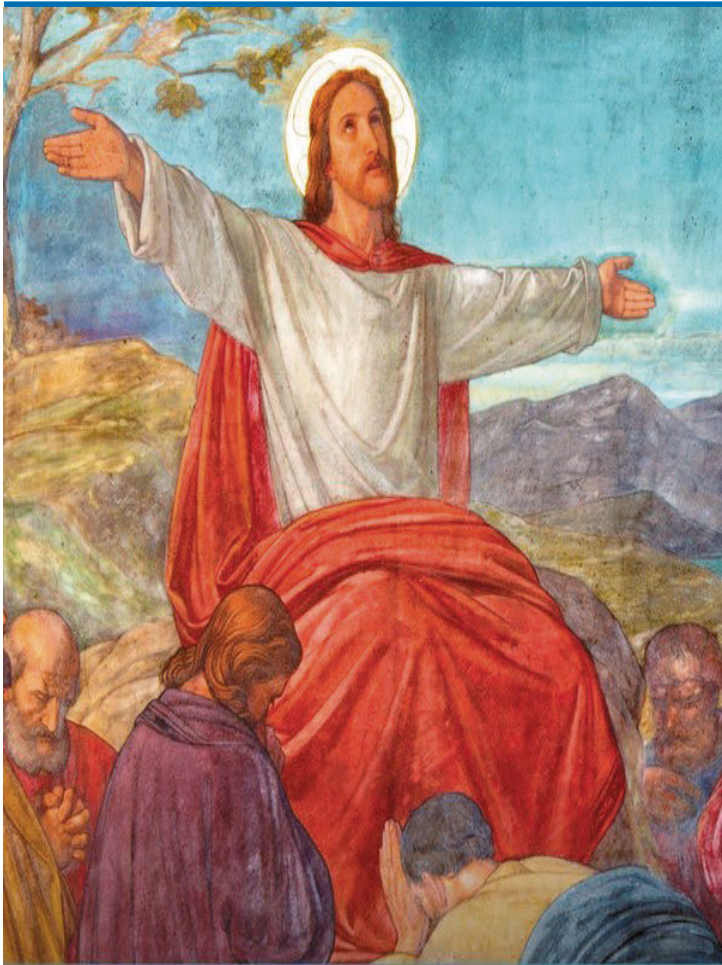
1005 NE 15th • Oklahoma City, OK 73117-1007

(405) 236-4301

GPS Location: 1616 N Kelley Ave



THE THIRD SUNDAY OF LENT
SUNDAY, MARCH 23, 2025



3RD SUNDAY OF LENT



Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did!" - Lk 13:2-3

PARISH STAFF

Father Tang Zam Lian Pau, Pastor 405 236-4301
Email: pau.titus@gmail.com:
Dr. Dunn Cumby, Deacon 405 210-0834
Mr. Bernard Hollier, Deacon 405 478-2619
Mr. Benton Jones, Office Manager 405 236-4301
Mrs. Sandra Moore, Youth Director, 405 423-3791
.Religious Ed
Mr. Dwight Bell, Parish Council President 405 445-4293
Mrs. Tina Jennings, Liturgy Committee..... 405 343-6159
St. Vincent de Paul 405 239-2804

.Office Hours: Mon–Thur 9-4
Friday 9-3

Church email address: corpuschristichurchokc@gmail.com
Bulletin Articles can be emailed to:
corpuschristichurchokc@gmail.com by Tuesday at Noon
Sunday Mass: 11 am Zomi Mass 1:00 pm 2nd, 3rd,
and 4th Sunday

Meetings Schedules

Held in the Lange Center except as noted.

Sacrament of Penance - .By Appointment

Parish Council - 2nd Tues

Finance Council – Third Tues at 2:00 pm

Choir Practice - .Saturday at 3:00 pm

Rosary - Sunday 10:30

Religious Education - Sundays 10:00-10:50 am

Adult Bible Study Sundays -9:30 - 10:45

Adorers -4th Saturday at 1:00 pm

Liturgy– 3rd Thursday at 10:30 am

Building Committee –4th Tuesday at 6:30 pm

** PARISH COUNCIL MEETING: EVERY SECOND TUESDAY OF EACH MONTH AT 5:30 PM.

** LITURGY COMMITTEE: EVERY THIRD THURSDAY OF EACH MONTH AT 10:45 AM.

EXTRODINARY MINISTER OF THE EUCHARIST LECTORS SCHEDULE

FIRST SUNDAY-LECTORS - MARIE NICHOLS, NICHOLAS MUNG

FIRST SUNDAY -EM'S- LAKEDA RICHMOND, BILL SHELTON

SECOND SUNDAY—LECTORS—JOYCE HOLLIER, KRISTINA KOLANDASAMY

SECOND SUNDAY EM'S—NICHOLAS MUNG, ANDREW

THIRD SUNDAY—LECTORS—ALMA MOORE, THOMAS MCPHERSON

THIRD SUNDAY-EM'S—NIKKIA SHERROD, FRANKLIN SHERROD

FOURTH SUNDAY—LECTORS-KATHERINE MILLER, BLANTON NASH

FOURTH SUNDAY—EM'S-LARRY DANDRIDGE, MARIE NICHOLS

FIFTH SUNDAY—LECTORS—YOUTH (CONFIRMATION CLASS)

FIFTH SUNDAY -EM'S—ALMA MOORE, JOHN MOORE

Corpus Christi Catholic Church Breaking Bread Ministry seeks to serve the sick and the shut-in of our parish with a home cooked meal delivered to them on a biweekly basis. We also take the time to visit with the parishioners and share news about the parish. If you or someone you know needs our service, please contact any member of our team or the church office. We want to serve you. You may contact Kathy Tomlinson, Terri Neylon, Jo Graham, Jocelyn Gaines, Zitha Isingizwe or Cynthia Hollier 405 229-7801.

The CCCC funeral meal team comes together to provide service to the family and friends of our deceased parishioners with food and drink. We work in conjunction with the Funeral Mass Planning Ministry which Katherine Miller assists families with.

The Funeral Mass Planning Ministry assists families with the order and rites of a Catholic funeral service. Families are provided resources to assist in their decision making for biblical and gospel readings, music, and special requests, (i.e. streaming services, solos, and/or preferred lectors when possible). This ministry also recruits Eucharist ministers, ushers, servers, and lectors for the service. The services are always scheduled and coordinated with Fr. Titus and Deacon Cumby. Katherine Miller is the contact person for this ministry.

Pastor's Word

Let us offer ourselves the gifts of showing our repentance and renewal of life during Lent by producing fruits of love, mercy, forgiveness, and selfless service, instead of remaining like a barren fig tree in Christ's Church and so become a sacrifice sweet and acceptable to God.

Repentance is the first step in our redemption. Jesus gives us a strong warning, "If you do not repent, you will all perish as they did." We are called to abandon our false gods of money, power, and pleasure and return to the one God, Who "secures justice and the rights of all the oppressed."

Let us repent and reform our lives and produce the fruits of the Holy Spirit. With the parable of the barren fig tree, Jesus warns us that the merciful God, will not put up with us indefinitely. Although God patiently waits for sinners to repent, giving them grace to do so, He will not wait forever. Time may run out; therefore, timely repentance is necessary. Hence, one can say, "A Lent missed is a year lost from the spiritual life."

There is no better way to take the words of Jesus to heart than to go to sacramental confession, and there is no better time to go to confession than during Lent. Repentance helps us in life and in death. It helps us to live as forgiven people and helps us to face death without fear.

Lent is a time "to dig around and manure" the tree of our life to make it bring forth fruits of repentance, reconciliation, forgiveness, humble service, and sensitivity to the feelings of others. Let's make the best use of the "second Chances" God gives us.

We are given another chance to repent and return to our Heavenly Father's love through the sacrament of reconciliation, the "Sacrament of the second chance."

God Bless You

Greetings from the Corpus Christi Donut Committee

We are a Christ based group that's purpose is to provide refreshments post mass, fellowship, prayer, and outreach to new or visiting individuals.

Our parish ministries include: Knights of Peter Claver and Ladies Auxiliary, Adult Bible Study and Children's RE, Ushers and Choir and Breaking Bread and Zomi Community.

We meet each Sunday after mass for fun and fellowship. The first Sunday of each month we have a Happy Birthday of the month celebration. We seek parishioners in need of support, prayer, and welcome sharing of information to include all in the growth of our parish.

We are in need of others who would like to help us in our mission. It can be a single family or group of friends to participate.



Nurse's Corner

Prevent Heart Disease

There are several risk factors for heart disease, many of which can be changed. Those risk factors that cannot be changed are age, gender, family history and race. People over age 40 are at greater risk for heart disease. Heart disease is more common in males and in people with a family history of the disease. The disease is also more common in the African American population.

Those risk factors that can be controlled include obesity, elevated cholesterol levels (240 milligrams or more), high blood pressure, excessive alcohol consumption, smoking, physical inactivity, uncontrolled diabetes and stress.

Here is The Good News: You don't have to be a victim of heart disease. You can lower your risk factors, prevent heart disease and even reverse some forms of cardiovascular disease by developing a healthy lifestyle through improving your diet and establishing an exercise plan that you work consistently.

A healthy diet should consist of plenty of fruits, vegetables and foods high in fiber, low in fat, cholesterol and salt. Baked and broiled food should replace fried foods and limit the intake of butter, eggs and dairy products. Chicken, turkey and fish can be substituted for red meat and pork. Alcohol consumption should be limited to no more than one drink per day. Begin a regular exercise program. Regardless of your age, you are never too old to exercise. Walking is a highly recommended form of exercise along with swimming and bicycling. Always talk with your doctor or health care provider before beginning any exercise program. If you are a smoker, kick the habit. If your doctor has prescribed medication for you, take it as directed.

Remember there are steps you can take to improve your heart health.

Wedding Coordinator The wedding coordinator at Corpus Christi works as liaison between the priest and the bride and groom. Normal duties include assisting with the planning of the ceremony, assisting Father with the rehearsal, either for a full mass or wedding ceremony and other duties as needed. The best part is that you get to help two people and their families, have a most joyous and memorable day.

If interested in the position and like more information, or volunteer contact Dwight Bell at dlbell20603@hotmail.com


"I WAS SICK AND YOU VISITED ME"

Lynn Sanders, Amy Edison, Ben Lloyd, Pat Kemp, Edith Owens, Melanie Owens, Bervis McBride, Robert Givens, George and Kay Johnson, Kathy Davis, Mae Lois Keith, James Hollier, Greta Steward, Christopher Shelton, Fanny Everette,

Stephanie Tucker, Magnolia Cumby,
Deacon Bernie Hollier, Chris Whittaker, Bernadette Miller
Ann Murray

Please contact the Parish Office at 405 236-4301 with any Parish members to be listed.

The Serra Club of Oklahoma City
presents...




Fr. Titus Pau, Pastor
Corpus Christi, OKC
St. Robert Bellarmine, Jones
telling his priestly vocation story

"You don't have to be a member to attend."

Please join us at...
11:00 AM, Tuesday, March 18
Catholic Charities, 1232 N. Classen Blvd., 2nd Floor
Mass in the St. Theresa of Calcutta Chapel
followed by Fr. Titus's talk
then...lunch in a neighborhood restaurant

For more info, contact Richard Bernard...
(405) 823-6672
rbernard@swbell.net
facebook.com/serraokc





SAVE THE DATE
2025 Discipleship Conference

Saturday 8:30 AM - 5:00 PM | **09** | August
OKC Convention Center

Always be ready to give
a...reason for your hope.
1 Peter 3:15



STEVE CLARK+ASSOCIATES

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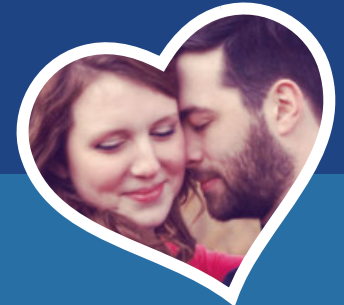
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