

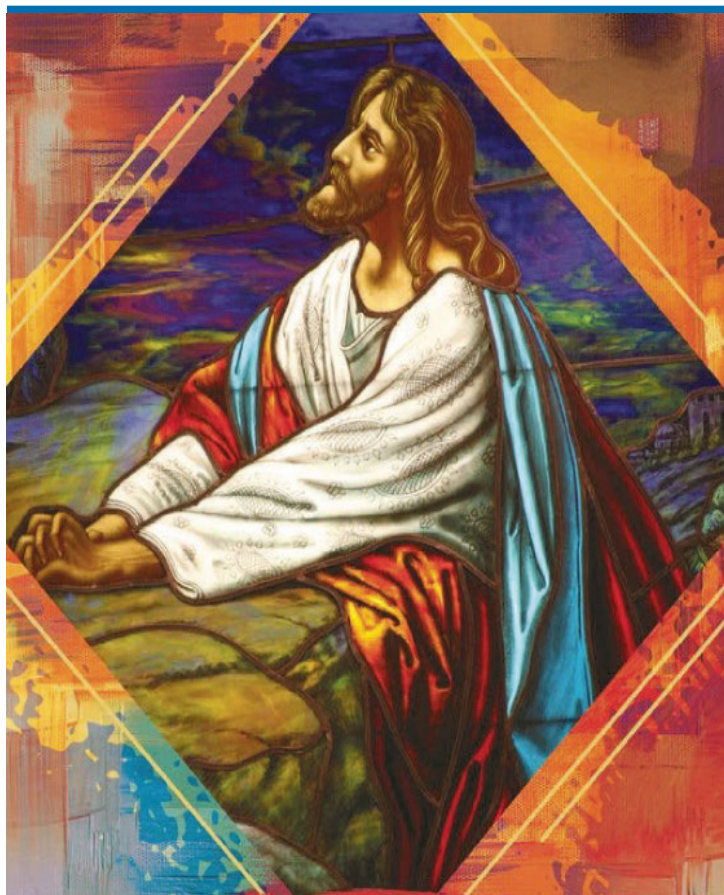
Corpus Christi Catholic Church

1005 NE 15th • Oklahoma City, OK 73117-1007
(405) 236-4301



SEVENTH SUNDAY OF EASTER
SUNDAY, JUNE 1, 2025

SUNDAY MASS 11:00AM – ZOMI MASS 1:00PM 2ND, 3RD AND 4TH SUNDAY



7TH SUNDAY OF EASTER

"I have given them the glory you gave me."
- Jn 17:22

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

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PARISH STAFF

Father Tang Zam Lian Pau, Pastor 405 236-4301
Email: pau.titus@gmail.com:
Dr. Dunn Cumby, Deacon 405 210-0834
Mr. Bernard Hollier, Deacon 405 478-2619
Mr. Benton Jones, Office Manager 405 236-4301
Mrs. Sandra Moore, Youth Director, 405 236-4301

Mr. Dwight Bell, Parish Council President 405 445-4293
Mrs. Tina Jennings, Liturgy Committee 405 343-6159
St. Vincent de Paul 405 239-2804

.Office Hours: Mon–Thurs 9-4
Friday 9-3

Church Email : corpuschristchurchokc@gmail.com

Bulletin articles can be mailed to mkmiller1612@gmail before noon on Monday.

Facebook— Corpus Christi Catholic Church

YouTube— corpuschristiokc .org

Website— corpuschristi.org

Meeting Schedules

Held in the Lange Center except as noted.

Sacrament of Penance - .By Appointment

Parish Council - 2nd Tues 5:30pm

Finance Council – Third Tues at 2:00 pm

Choir Practice - .Saturday at 3:00 pm

Rosary - Sunday 10:30

Religious Education - Sundays 10:00-10:50 am

Adult Bible Study Sundays -9:30 - 10:45

Adorers -4th Saturday at 1:00 pm

Liturgy– 3rd Thursday at 10:30 am

Building Committee –4th Tuesday at 6:30 pm

EXTRORDINARY MINISTER OF THE EUCHARIST- LECTORS SCHEDULE

MINISTERS JUNE 8

LECTORS: JOYCE HOLLIER, KRISTINA KOLANDASAMY
EUCCHARISTIC MINISTERS: NICHOLAS MUNG, ANDREW SIAM

MINISTERS JUNE 15

LECTORS: ALMA MOORE, THOMAS MCPHERSON
EUCCHARISTIC MINISTERS: NIKKIA SHERROD, FRANKLIN SHERROD

Pastor's Word

Today we celebrate the Ascension of the Lord Jesus in Heaven after promising his disciples the Holy Spirit as their source of Heavenly power and commanding them to bear witness to him throughout the world by their lives and preaching. But the ascended Jesus is still with us through his indwelling Holy Spirit as he has promised, *"I am with you always; yes, to the end of time."* Today's feast is a celebration of Jesus' final glorification after his suffering, death, and Resurrection—a glory in which we, too, hope to share.

The event of the Ascension is recorded in the first chapter of the Acts of the Apostles. First, Jesus instructed his apostles to *remain in Jerusalem and wait for the baptism by the Holy Spirit* so that they might become his *"witnesses to the ends of the earth"* by the power of the Holy Spirit. Then *a cloud took Jesus from the sight* of the disciples and two Heavenly messengers in white garments gave them the assurance of Jesus' *"second coming"* or return in glory.

Paul explains the theological meaning of Jesus' exaltation, giving us the assurance that day one, we, too, will be ascending to Heavenly Glory, provided we fulfill the mission entrusted to us by the ascending Lord.

Luke 24:46-53 describes how Jesus ascended into Heaven after giving his final blessing and missionary command to his disciples. The command was to *"proclaim the Good News to the whole creation,"* *"to be his witnesses,"* and *"to make disciples of all nations."*

We, Christians must be proclaimers and evangelizers of the Good News, preaching with words and proclaiming with our Lives. Let us ask the guidance of the Holy Spirit, as we bear witness to Jesus by our transparent Christian lives.

We are Catholics, we have been given the Sacraments as tools to save us and others in Jesus Christ.

Your Gifts Week of May 25, 2025

General: 6,144.00 SVDP: 320.00

Attendance: 177

Catholic Appeal

Goal: 35,000 Collected: 14,797

Parish Participation Goal: 25%


Our Actual Participation: 16%

Safe Environment

In an effort to support a safe environment, not only in our church, but in the communities where we live, work, and play, the Archdiocese of OKC adopted an online training program developed by Compass Child Protection. This program addresses five separate areas which include: Recognizing and Preventing Child Abuse; Professional Behaviors and Boundaries; Elderly Abuse; Domestic Abuse; and Human Trafficking. Each of us through personal contact, hearsay, or media coverage know of individuals who have been victimized in our communities. Through awareness and knowing how to safely report such activities, we can be proactive in improving our own quality of life in said communities.

Each year, volunteers along with church ministry and church leadership are required to complete a training session in one of these areas. The Safe Environment Facilitator is available to provide assistance to whom ever is in need. Certification runs from August 1 through July 31.

Anyone who would like further information or assistance may contact Beverly A. Prudom-Carter at bapc.safeenviron@gmail.com.




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If you are experiencing suicidal thoughts, please contact the Suicide Hotline at 800-273-8255.



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Nurse's Corner

Tips to avoid Getting Sick

Spring has sprung and you may start to experience a stuffy nose, sinus pressure, chills, sweats, aches and pains. No one wants to be sick, but let's face it. Colds, flu and nasty viruses are around.

There are some things you can do to help your immune system keep you healthy.

Try the following 6 tips to avoid getting sick:

1. Drink plenty of pure water. Not beverages made from water like tea, coffee or carbonated water, but fresh, pure water. We need water to survive. It is the base of all our body fluids like blood and our digestive juices. Water helps our food to digest and our bodies to eliminate waste. Because tap and bottled water can be contaminated, be safe and consider purchasing a water filter that reduces chlorine, pesticides, and herbicides.
2. Eat healthy, fresh food. A healthy diet is important in helping your immune system fight illness. Balancing your diet is the key. Focus on fresh fruits and vegetables, lean meat, seafood, and beans.
3. Talk to your doctor about the benefits of taking a digestive enzyme. They allow your food to be broken down and nutrients absorbed by the body.
4. Consider taking a probiotic. Introducing friendly bacteria into the digestive system improves how we absorb vitamins, and nutrients so our overall immunity is increased. This is thought to support health and wellness through immune-system protection, allergy reduction and provide effective and enhanced nutrient absorption.
5. Use nasal irrigation. This form of nasal cleansing can clear your nasal passages, and relieve nasal dryness.
6. Keep your hands germ free. Handwashing is the best way to eliminate germs from your hands. But soap and water are not always readily available. The best alternative to handwashing is the use of antimicrobial hand wipes. These wipes can be used to clean all touched surfaces, and wipe your hands.

"I WAS SICK AND YOU VISITED ME"

Lynn Sanders, Amy Edison, Ben Lloyd, Pat Kemp, Edith Owens, Bervis McBride, Melanie Owens, Robert Givens, Kathy Davis, George and Kay Johnson, Mae Lois Keith, James Hollier, Greta Steward, Chris Shelton, Stephanie Tucker, Deacon Bernie Hollier, Chris Whittaker, Bernadette Miller, Carol Manning and Henry Gabriel.

Pray for 2025 Deceased Members: Dorothy Jones, Magnolia Cumby, Ann Delois Murray, Fanny Everette.

Eternal Rest Grant unto them Oh Lord may your perpetual light shine upon them.
Please contact the Parish Office at (405) 236-4301 with any members to be listed.

Corpus Christi Catholic Church Breaking Bread Ministry seeks to serve the sick and the shut-in of our parish with a home cooked meal delivered to them on a biweekly basis. We also take the time to visit with the parishioners and share news about the parish. If you or someone you know needs our service, please contact any member of our team or the church office. We want to serve you. You may contact Kathy Tomlinson, Jo Graham, Jocelyn Gaines, Zitha Isingizwe or Cynthia Hollier 405 229-7801.

The Funeral Mass Planning Ministry assists families with the order and rites of a Catholic funeral service. Families are provided resources to assist in their decision making for biblical and gospel readings, music, and special requests, (i.e. streaming services, solos, and/or preferred lectors when possible). This ministry also recruits Eucharist ministers, ushers, servers, and lectors for the service. The services are always scheduled and coordinated with Fr. Titus and Deacon Cumby. Katherine Miller is the contact person for this ministry.

The CCCC funeral meal team comes together to provide service to the family and friends of our deceased parishioners with food and drink. We work in conjunction with the Funeral Mass Planning Ministry which Katherine Miller assists families with.



STEVE CLARK+ASSOCIATES
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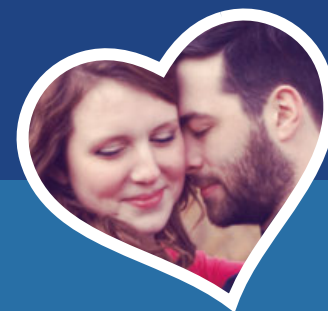
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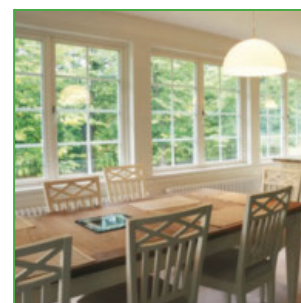
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