

St. John the Evangelist Catholic Church



February 19, 2023

ST. JOHN THE EVANGELIST CATHOLIC CHURCH
photo by SJE Parishioner DEAN TORMEY

7TH SUNDAY IN ORDINARY TIME

PARISH MISSION STATEMENT:

St. John the Evangelist Parish is a welcoming and responsive faith community, nourished by the Word of God and the Eucharistic Table. We are open and trusting in the love of Jesus Christ to advance the power of the Holy Spirit, within the Parish and beyond, by living the Gospel.

PARISH INFORMATION

ST. JOHN THE EVANGELIST CATHOLIC CHURCH

5751 Locust Avenue
Carmichael CA 95608-1320
Parish Office: (916) 483-8454
Web: www.sjecarmichael.org
Email: office@sjecarmichael.org

--PARISH OFFICE HOURS - 9:30 AM - 4 PM--

CONFESSION/RECONCILIATION
SATURDAYS from 3:45 PM to 4:45 PM



SCHEDULE OF MASSES

SUNDAY MASS:

SATURDAY VIGIL: 5 PM
SUNDAY: 8 AM, 10 AM & 5 PM

DAILY MASS:

6:30 AM & 8:30 AM (MON-FRI)
8:30 AM (SATURDAY)

HOLY DAYS:

6:30 AM & 8:30 AM; 7:00 PM

HEALING MASS:

1:30 PM - 3RD SUNDAY OF THE MONTH

PARISH CLERGY AND STAFF

Pastor
Parochial Vicar
Pastor Emeritus
Mercy San Juan Hospital Chaplain
Deacon
Deacon
SJE Business Manager
SJE Parish Secretary
Religious Education Coordinator
Director of Music & Liturgy
SJE Pastoral Council Chairperson
SJE Finance Council Chairperson

Fr. Bernardin Mugabo
Fr. Bit-Shing Abraham Chiu
Fr. Thomas Bland
Fr. Alban Uba
Keith Johnson
Jack Wilson
Linda Gospodnetich
Bernadette Hicks
Joanne Giffard
William Becker
Tom Ennis
Mary Ellen Meier

ST. JOHN THE EVANGELIST CATHOLIC SCHOOL

www.stjohnnev.com

5701 Locust Avenue
Carmichael, CA 95608
Phone: (916) 481-8845
Fax: (916) 481-1319
Email: office@stjohnnev.com
Principal: Christie Horton



ST. VINCENT DE PAUL (916) 483-2161

RELIGIOUS EDUCATION (916) 531-5565

Registration/Change of Address: Allow at least 3 months to receive envelopes or for any changes.

I want to register in the parish. I have changed my address; my envelope # is _____

Name: _____

Address: _____ City: _____ ZIP _____

Phone: _____ E-mail: _____



Please enjoy SJE Parishioner Joe Romanazzi's earlier PALADIN Article that he has very kindly "reworked" to relieve me of a very busy couple of days!--God bless, Father Bernardin MUGABO

By: Joe Romanazzi,
SJE Guest Columnist

Socks, Guardian Angels and SJE Parishioners



I was thinking recently that socks would be a good subject for a bulletin article since they are found in the dresser drawers of most SJE Parishioners. At the same time, I was also thinking about doing an article on Guardian Angels. Like socks, every Parishioner has a Guardian Angel, so I decided to combine all three elements and spin this yarn about the interwoven relationships of socks, Guardian Angels and SJE Parishioners.

There are 26 bones in the human foot, 33 joints, 107 ligaments, 19 muscles and tendons. The 52 bones in our feet make up about 25 percent of all the bones in our entire body. Something had to be invented to protect our feet. Enter the idea of what we know as socks today. Sock-like coverings have been around since the Stone Ages and are probably the oldest type of clothing still in use. Wearing socks prevent chaffing and rubbing from shoes and boots while padding the heel and ball of the foot, thereby helping to cushion the foot in high impact activities. In cold environments, socks insulate the foot and decrease the risk of frostbite. Socks also help protect our shoes from our body's perspiration. In addition to the numerous practical roles played by socks, they are also a fashion item, and are available in a myriad of colors and patterns. Some designer socks even come with Biblical scripture sewn into them. For example, *"If we live in the Spirit, let us also walk in the Spirit."* (Galatians 5:25).

Thanks to the genius of our Creator cleverly guiding human hands, socks are generally designed to be worn on either foot and by divine intervention it doesn't matter which one is worn on the left and which one on the right. The garment historically worn for warmth and protection made a move from commodity to fashion piece, with growth over the past few years morphing it into a multi-billion-dollar industry according to global information company, The NPD Group. Interestingly, in a study several years ago, they found that while 73 percent of men wear socks almost every day, this is the case for only 41 percent of women. They also found on average men spend more for a pair of socks than women.

In Psalm 91 (11-12) it is written that, *"For He will command His angels to guard you in all ways. They will lift you up with their hands so that your foot will not hit a stone."* Socks protect and cushion our feet much like our Guardian Angels protect us from life's mishaps and from the temptations of the Devil. God created Guardian Angels to adore Him in Heaven, to act as His messengers and as guardians of human beings. They pray for us, protect us from evil, and inspire us all to do good. As faithful Parishioners, we are called upon to do many of these same things for the people we serve in our parishes.

This article would not be complete without a sock joke. A man asked his friend, "Why are you wearing one red sock and one black sock? The friend said, I don't know, but I have another pair like this at home."

From the "Office of Readings" (OUR LADY OF LOURDES) February 11

In 1858 the Virgin Mary Immaculate appeared to Bernadette Soubirous near Lourdes in France within the cave of Massabielle. Through this humble girl, Mary called sinners to conversion and enkindled within the Church a great zeal for prayer and charity, especially service to the sick and poor.

From a letter by Saint Marie Bernadette Soubirous (con't from last week)

"The third time I went the lady spoke to me and asked me to come every day for fifteen days. I said I would and then she said that she wanted me to tell the priests to build a chapel there. She also told me to drink from the stream. I went to the Gave, the only stream I could see. Then she made me realize she was not speaking of the Gave and she indicated a little trickle of water close-by. When I got to it I could only find a few drops, mostly mud. I cupped my hands to catch some liquid without success and then I started to scrape the ground. I managed to find a few drops of water but only at the fourth attempt was there sufficient for any kind of drink. The lady then vanished and I went back home.

I went back each day for fifteen days and each time, except one Monday and one Friday, the lady appeared and told me to look for a stream and wash in it and to see that the priests build a chapel there. I must also pray, she said, for the conversion of sinners. I asked her many times what she meant by that, but she only smiled. Finally with outstretched arms and eyes looking up to heaven she told me she was the Immaculate Conception.

During the fifteen days she told me three secrets but I was not to speak about them to anyone and so far I have not."

**STRIKES YOU:**

God reveals Himself gradually as we find it impossible to fully understand God's logic and God's mercy over payback using human logic and human wisdom. Punishment for doing something wrong in the ancient world was often out of proportion to the offense. The Law of Moses required punishment to be proportional, an eye for an eye, but Jesus tells us that we must surrender our pride and ego instead of seeking revenge. Jesus didn't just say that God's way prevails over sin, He demonstrates it in His passion:

When someone strikes you - Jesus did not strike when He suffered the scourging at the pillar

Handing over your cloak - Jesus was stripped of all His clothes on the cross

Pressed to walk a mile - Jesus not only walked but carried His cross to Calvary

Finally – On the cross, Jesus prayed for those who persecuted Him – Father, forgive them ...

How could Jesus' love go that far, only God knows, but we should strive to follow His example.

My homily is necessarily very short today because Bishop Soto has requested that we hear about the Annual Catholic Appeal this weekend. Today we have a video to watch to help us understand how to love our brothers and sisters through our generosity.

Here are the highlights from our 2022 Annual Catholic Appeal:

2022 ANNUAL CATHOLIC APPEAL HIGHLIGHTS

Every time someone found a home and healing, you made a difference. Caseworkers are grateful for the ability to have helped Donna and so many others on the brink of homelessness and struggling with mental illness. Donna was welcomed into NVCSS-owned housing with open arms. Affordable housing and financial assistance provided sustainable, independent living: a precious alternative to homelessness and declining chronic illness. **468 people found affordable housing and support from Northern Valley Catholic Social Service.**

Every time a family overcame great hardship, you made a difference. Anna agonized over costs to commute to her daughter's monthly blood transfusions and feeding her family. Asking for help was hard. Yet she's grateful to Sacramento Food Bank & Family Services for the physical and emotional support they provided. Today she extends lessons of kindness in her job serving the homeless. **220 organizations partnered with Sacramento Food Bank & Family Services, (including our SAINT VINCENT DE PAUL FOOD LOCKER) to help others feed their families.**

Every time the value of life was upheld, you made a difference. Women and men facing unplanned pregnancy found judgement-free support and resources to make an informed decision about their situation. From shelter for pregnant women with nowhere to go, to comprehensive medical services, support from the Appeal helped devoted organizations to continue their life-saving work. **2,000 pregnancies were supported by Sacramento Life Center, Bishop Gallegos and Mother Teresa Maternity Homes.**

Every time someone learned to make healthy choices, you made a difference. When people are able to provide healthy meals for themselves and their families, their stability in life improves physically and emotionally. Catholic Charities of Yolo-Solano vigorously supported individuals and families with access to food security and nutrition classes that taught how healthy food choices can become a way of life. **4,656 people accessed food, rent and more from Catholic Charities of Yolo-Solano.**

Every time a parish gave love and hope to others, you made a difference. Parishes with St. Vincent de Paul ministries provided basic necessities and much more. Volunteers like Reina, for instance, are paired with women coming out of incarceration. She sees Jesus in her mentees and helps them through the difficulties of rejoining society. Osvaldo, is grateful to his mentor. He now has a full-time job and a plan for the future. "I have the backbone of society on my side." he says. **66,000 people were helped by fifty-two St. Vincent de Paul Parishes in our Diocese. (The hardworking volunteers at our St. Vincent de Paul Society provide help with rent and utility assistance to our parish area from funds from the Annual Catholic Appeal, along with the hardworking volunteers in our SVDEP FOOD LOCKER, we make a difference. Please pray for them.)**

Every time a child could stay in Catholic school, you made a difference. Catholic schools provide faith-based values and innovative education. Schools in economically-challenged neighborhoods cannot make ends meet on their own. Every year, the Appeal helps bridge the gap between the need for tuition assistance and available support. **10 Catholic Schools depend on periodic funding from the Appeal to supplement tuition assistance. (Our Parish supports our own ST. JOHN THE EVANGELIST CATHOLIC SCHOOL through funds we receive from the Annual Catholic Appeal.)**

Every time a seminarian moved closer to ordination, you made a difference. Support from the Appeal helped Seminarian Erik Pereira to become **Father Erik Pereira** this past June. As a newly-ordained priest, his motivation is to help people understand what their vocation is. "I've had a personal encounter with Christ. I want to give that to the people...to be that voice that points others to Christ...to walk with them in their pain and joy."

Christ calls us to radical, active neighbor-love and enemy-love. Aware of the joy and difficulties of this calling, we set our prayers before the God Who hears us.

For the Church: that we may live as God's holy people, manifesting God's love and compassion in this time and place to all who enter our lives. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For peace: that God will transform hardened hearts and closed minds so that bloodshed may end and peace may be established for all who are experiencing conflict and violence, particularly in Ukraine. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For the people of Turkey and Syria: the dead and wounded, those providing emergency response and for all who suffer from this devastating calamity. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For all who depend on our generosity through the **ANNUAL CATHOLIC APPEAL**: for our sisters and brothers who need assistance and for all those who work tirelessly in the charitable organizations and parish outreach ministries that serve them. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For the grace to love as God loves: that we may love others as God has loved us, unconditionally and without expectation. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For healing: that God will heal the sick, give hope to those preparing for surgery, comfort the parents of sick children, and strengthen all who care for the sick. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For all our deceased Parishioners, relatives and friends: that our merciful God may give them eternal rest. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

For these intentions, the intentions shared by this community during the week that we bring to the Altar, and for the intentions that we hold in the silence of our hearts. Let us pray to the Lord.

LORD, HEAR OUR PRAYER

God of love, You Whose Gospel call challenges us to love especially our enemies, hear the prayers of Your people who try so hard to walk in Your way. Enliven our hearts with the Spirit of Your love, that all may know what it means to be Christian through our words and deeds. We ask this through Jesus Christ our Lord. Amen.

SJE WEEKLY OFFERTORY COLLECTION

Weekend of:	Actual (Week):	Budget (Week):	Surplus/ (Deficit):
February 12, 2023	\$11,821	\$10,365	\$1,456

Many thanks for your ongoing generosity to St. John's Church!!

ANNUAL CATHOLIC APPEAL **THIS WEEKEND**

**February 18/19, 2023 - ANNUAL CATHOLIC APPEAL
COMMITMENT WEEKEND**

PARISHIONER UPDATE INFORMATION

We ♥ love
having you as part of our flock

**Keep in touch
with us via
email & text**

- Choose to get updates from groups you're interested in
- Unsubscribe anytime, no spam we promise

PLEASE VISIT OUR
WEBSITE:
www.sjecarmichael.org
OR USE OUR EMAIL:
office@sjecarmichael.org
To update your
address, phone
number and
email address.

WEEKLY ADORATION



Fr. Bernardin invites you to spend an hour/
some private time with Jesus on Wednesdays
& Fridays from 9 am to 5 pm.
Divine Mercy Chaplet and the Rosary are
prayed aloud beginning at 4:10 pm.
Benediction at 5:00 pm. God bless.

CHAPEL KEYPAD INSTALLED!!

SJE BLESSED SACRAMENT CHAPEL is accessible Monday through
Friday from 9 am to 5 pm.
Please call SJE Office (916) 483-8454 for code or admittance.

SACRAMENT OF BAPTISM

**Please Note: BAPTISMS ARE SCHEDULED
MONTHLY.**

For more information and instructions, please visit our
website, www.sjecarmichael.org to download and
complete our **Baptismal Registration Form** or
contact **DEACON JACK** or **DEACON KEITH** through
our "baptisms@sjecarmichael.org" email address
for Baptism and Baptism Class Schedules.



ANNUAL CATHOLIC APPEAL - FEB. 18/19

TODAY we join together through the **ANNUAL CATHOLIC APPEAL** 25% comes back to our Parish for our own outreach to those in need.



We may not all be social workers, yet through the **ANNUAL CATHOLIC APPEAL**, the whole Catholic community leans in to help our Catholic Charities. . . and our own Parish. . . to sustain programs and ministries that help lift our neighbors and friends out of the hardships of poverty.

The **ANNUAL CATHOLIC APPEAL** is dedicated solely to the social mission of the Church here in Northern California. Last year, 380,000 people were helped by Appeal-funded charitable works.

Please be as generous as you can. Every gift makes a profound difference in someone's life.

SJE "HOLY MOMENTS" CHALLENGE

BEST LENT EVER 2023

Join us for FREE inspiration!

Most people live and die without scratching the surface of their potential. Don't let that be your story! Let Holy Moments show you what is possible this Lent.

Join us for the

Holy Moments Challenge

TEXT

23LENT

to 84576



Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View privacy policy & conditions at flocknote.com/bt

OR CONNECT WITH US ONLINE AT:

<https://sjecarmichael.flocknote.com/SJEBestL>

SJE PASTORAL COUNCIL - NEW MEMBERS

THE RESULTS ARE IN!



We have three new members of the SAINT JOHN THE EVANGELIST PASTORAL COUNCIL!

Congratulations to CHRIS CASTELLON, ROB FUENTES, and BOB GREELEY for being selected by their fellow Parishioners to join the Council effective immediately. By the time this is published, they will have attended their first Council meeting on Wednesday, February 15. Thank you, CHRIS, ROB, and BOB for volunteering your time and talent to help our Parish, and thanks to the over 160 Parishioners that voted.

SJE CRAFT FAIR JURYING - MARCH 1st



ST. JOHN'S 45TH CRAFT FAIR
DECEMBER 1 - 3, 2023

CRAFT FAIR JURYING will take place WEDNESDAY, MARCH 1st in ST. JAMES' HALL from 9 am to 4 pm.

Potential Vendors are to bring samples of their work, a picture of their booth, and a self-addressed, stamped envelope.

Further inquiries to: stjohncraftfair@stjohnnev.com

ST. JOHN'S GIFT SHOP NEWS



The SJE CHURCH GIFT SHOP is OPEN!!

- LENTEN Supplies are IN STOCK •
- Proceeds benefit St. John's School

SJE CHOIR REHEARSAL

PLEASE JOIN US for our Lent and EASTER SEASON Because of ASH WEDNESDAY and the SJE CHOIR singing at 7pm Mass, Our next Choir Rehearsal is on **Wednesday, March 1st, at 7pm**



For Choir updates and more information please email

BILL BECKER, SJE Choir Director at music@sjecarmichael.org

SJE PRAYER LIST

Please Pray for our sick and their caregivers: Andrea Armstrong, Patrick Bagley, Hazel Balthrop, Richard Michael Blalock, Bob Bodem, Nancy Born, Robert Burns, Chuck Carly, John Carroll, Geoff Carter, Joseph Carter, Melanie Casperson, Ollie Claussen, Alicia Cortez, Sue, Heather & Eric Crawford, Corrine Davidson, Bill & Judy Davis, Russ Davis, Melissa Duran, Brenda Elazier, Kate Ellis, Karen Emmons, Madeline Endres, Debbie Erichs, Teri Erickson, Velia Escalante, James Espinoza, Juanita Estrellas, Ernie Frehe, Anthony Gabriele, Margaret Gallagher, Bob Gibbs, Ella Gomes, Jimi Grant, Alice Guerrero, Steve Guerrero, Donna Harris, Tom Harvey, Margaret Hollatz, Gabe Howser, Jacqueline Huesing, Mary Jeffries, Eduardo Jimenez, Yelena Kanavalchuk, Tom Karras, Hossain Kian, Larry Kraus, Dalice Lee, Ray Lloyd, Angelica & Cheryl Martin, Jennifer Martin, Arielle McLeskey, Pat Minnard, Manuel Molina, Carla Moore, Marie Murillo, Tony Nolasco, Baby Dylan Ochoa, Gilles Ouellet, Mary Pai, Lynn Parry, Julie Paul, Martha Perez, Mike Peterson, Alex Quiroz, Noreen Rademacher, Jeff Reynolds, Sarah Rizzardo, Ray Rodgers, Aida Saca, Ruth Salazar, Monique Sandoval, Kim Schultz, Christopher Scott, Paul Scurti, Aurora Simental, Lili Simic, Carol Smith, Joan Smith, Dolores Stafford, Hank Thompson, Inge Toner, Bob Walker, Katie Walker, Kay Webb, Theresa West, Jacqueline Whittle, Amanda Young.

February 19, 2023

ST. JOHN THE EVANGELIST CATHOLIC CHURCH
RELIGIOUS EDUCATION/CCD/CFE

Grades: Kindergarten through Junior High

Phone: 916-531-5565 Email: ccd@sjecarmichael.org

Our catechists tremendously missed being with our classes on Sunday due to the three-day holiday reserved for Presidents' Day. On Tuesday, February 21, remember to celebrate the Feast Day of **St. Peter Damian**, who was one of the most saintly figures who throughout every year lived a Lenten path of virtue.

Peter was born in Ravenna in 1007, and he was the youngest child of a very large and poor family. At a very young age, he lost both of his parents, and one of his elder brothers, who treated him like a slave, adopted Peter. As he matured, Peter was ordered to tend swine. Out of pity, another one of Peter's brothers, Damianus, an arch-priest, enrolled him in several institutes to be formally educated. First, he entered school in Ravenna, then he attended school in Faenza, and finally he enrolled at the University of Parma, where he was observed to be an astute pupil with great scholastic ability. Throughout the year, Peter fasted, prayed continually, and armed himself against feeling pleasure by always wearing a hairshirt under his clothes. He was ordained to the priesthood, and consistently he engaged in almsgiving, and daily he invited poor and hungry people to his dinner table in the evenings, because Peter took great pleasure in serving people using his own hands. At the age of twenty-five, Peter, who earlier had adopted the middle name Damian, was now a master at teaching theology and Canon Law.

In 1035, Fr. Peter Damian resolved to embrace the monastic life. While he was focusing on this life change, two religious monks from Fonte Avellana visited him, and he learned much about their mode of life. Thus Fr. Peter Damian joined their hermitage, and then he lived a life of extreme austerity. His self-mortification in penance affected Fr. Peter Damian's health, and he developed insomnia. Upon his recovery, Fr. Peter Damian spent considerable time becoming well versed in the Holy Scriptures. With the unanimous consent of his fellow hermits, Fr. Peter agreed to govern their community should his superior die. When in 1043 their abbot died, Fr. Peter Damian directed this holy family governing them with great wisdom and purity. Later, he founded five other hermitages, whose priors under Fr. Peter Damian's direction fostered a spirit of solitude, charity, and humility.

Pope Steven IX in 1057 appointed Fr. Peter Damian to become the Cardinal-bishop of Ostia. For the next twenty-five years, the Most Reverend Peter Damian became active in Church synods, and papal diplomatic missions to settle conflicts between numerous bishops and their communities. The Most Reverend Peter Damian fought simony with great vigor, and he upheld clerical celibacy. Always he supported an ascetical life for monks, and he encouraged a more common life for the secular clergy.

As a writer, the Most Reverend Peter Damian was eloquent, and his writing was voluminous. His written works included sixty-seven treatises, numerous letters, sermons, hymns, liturgical texts, and prayers. The Most Reverend Peter Damian's most famous work is *De Divina Omnipotentia*, which discusses the power of God in a very long letter. In this letter The Most Reverend Peter Damian focused on the scope of divine power, and he quoted that God could even annul past history.

The Most Reverend Peter Damian was often chosen as a legate to preside over seriously difficult matters. In 1069, he was chosen by Pope Alexander II to persuade Emperor Henry IV of Germany not to divorce Bertha, his wife. He entreated the king to follow the law of God and the Canons of the Church in this matter. Consequently, King Henry IV ended his plans for a divorce. Soon the Pope permitted the Most Reverend Peter Damian to return to his life of a simple monk, but another emergency developed, and again, the Most Reverend Peter Damian was called upon by the Pope to become a legate to bring peace back to Ravenna in 1072 when Henry the Archbishop of Ravenna had been excommunicated for serious crimes. When the Most Reverend Peter Damian arrived in Ravenna, he soon learned that this archbishop had just died. Thereafter, the Most Reverend Peter Damian imposed penance on the archbishop's accomplices and reconciled the inhabitants of Ravenna.

Enroute back to Rome to report his findings to the Pope, the Most Reverend Peter Damian became sick with a severe fever, and he died on February 22, 1072, on the eighth day of his illness at Faenza while his monks were reciting Matins around him. It was in 1828, that St. Peter Damian was declared a Doctor of the Church. Many of St. Peter Damian's disciples became great lights of the Church including St. John of Lodi, who became St. Peter Damian's successor in the priory of the Holy Cross. Curiously with all the conflicts that St. Peter Damian resolved, he is considered to be the Patron Saint of Headache Sufferers.

OUR PRAYER: ALMIGHTY GOD, HELP US TO FOLLOW THE TEACHINGS AND EXAMPLE OF ST. PETER DAMIAN. PLACING CHRIST ABOVE ALL THINGS ESPECIALLY DURING LENT, MAY WE BE EVER ACTIVE IN THE SERVICE OF YOUR CHURCH AND ATTAIN THE JOYS OF ETERNAL LIGHT. AMEN

Yours in Christ,

Mrs. JOANNE GIFFARD, SJE Religious Education Coordinator

ccd@sjecarmichael.org

jkoeckgiffard@aol.com

MASS INTENTIONS

Daily Mass Intentions for the Week of February 20-25, 2023

Monday:
6:30 am Alan (I) and Patty (I) Leatherby
8:30 am Will † and Rosie (I) Cooney

Tuesday: *St. Peter Damian, Bishop and Doctor of the Church*
6:30 am Living and Deceased Members of the Lubecki Family
8:30 am Sr. Mary Brett †

Wednesday: **ASH WEDNESDAY (FAST & ABSTINENCE)**
6:30 am Peter David Heiman †
8:30 am Kryzl Francisco (I)
7:00 pm Lilia Abellanosa (I) and Family

Thursday: *St. Polycarp, Bishop and Martyr*
6:30 am John Lubecki †
8:30 am Donald Lomba †
5:30 pm Intentions of the Blessed Virgin Mary

Friday: **FRIDAY AFTER ASH WEDNESDAY (ABSTINENCE)**
6:30 am Virginia Bispo †
8:30 am Lee Walz (I)
5:30 pm Leonard Zerilli (I)

Saturday: **SATURDAY AFTER ASH WEDNESDAY**
8:30 am Deacon Jack (I) and Jennie (I) Wilson

READINGS FOR THE WEEK

Monday: Sir 1:1-10; Ps 93:1-2, 5; Mk 9:14-29
Tuesday: Sir 2:1-11; Ps 37:3-4, 18-19; 27-28, 39-40; Mk 9:30-37
Wednesday: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 - 6:2; Mt 6:1-6, 16-18
Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sunday: Gn 2:7-9, 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11

MINISTRY TO THE HOMEBOUND RECIPIENTS



If you or anyone you know of is homebound and in need of receiving the Holy Eucharist, please contact **GAIL GUDAHL**, SJE Lead Homebound Minister at homeboundministry@sjecarmichael.org or our **SJE PARISH OFFICE** at (916) 483-8454.

HOLY COMMUNION FOR THE SICK PROCEDURE

For those who bring the Holy Eucharist to our homebound brothers and sisters after Mass, **please place your open Pyx with the unconsecrated Host inside on the Altar prior to the beginning of Mass.**

If you are unable to place the Pyx on the Altar before Mass, please do not approach the Altar once Mass begins. After Mass, you can approach either the Priest or Deacon to obtain our precious Lord, Who will journey with you to be received by our homebound brothers and sisters as soon as possible.

JOKE OF THE WEEK

The man arrived for his counseling session with the Catholic Charities therapist. As he sat in the waiting room, the receptionist watched as the man waved his arms over his head every couple of minutes.

She was used to unusual behavior in the office, but this was the first time she had seen this particular action. After several energetic episodes of the man's waving, she finally asked him, "Is there a fly that's bothering you?"

"No, Ma'am," the patient replied.

"Then, what's with all the waving?" she asked.

"Well," he said, looking around, "It keeps the vultures away." The receptionist chuckled and said, "There's no vultures in this office."

"You're welcome," said the man.

(Mark 4:35-41)

If there is never a storm in our lives, it seems quite impossible to achieve true inner peace and we will not know who Jesus is. Why? Whenever we are trapped in dangers, or risks, or sicknesses, or simply see no hope in the future, we possibly ask God where God is and suspect whether God has forsaken us. Do we ever think of any possibility that God is trying to teach us some precious lessons through the important moments of life? Jesus always teaches us with examples in our life. Today, it is a storm!



When the storm was attacking the boat, Jesus was sleeping comfortably in the stern. The impossibility of such sleep in the midst of a storm indicates that it is there for a purpose. What is this purpose?

Unable to control their fears, the disciples woke Jesus up, accusing him of disregarding their safety. Jesus' response was immediate. First, he attended to the physical danger confronting them. Especially his words "Peace! Be still!" were a command, demonstrating Jesus' power over destructive forces. The verb "be still" (pephimōso) means becoming speechless or holding one's peace. Jesus' words resulted in an instantaneous calm falling over the sea. This miracle proved that Jesus was the Lord of the universe. He did change the great storm into the great calm. That is the whole point of the story: nothing could harm us while Jesus is with us.

Noteworthy is that the disciples were the insiders but they remained outside the mystery of Jesus as they asked, "Who then is this, that even wind and sea obey him?" What should we do in order to achieve this inner peace during the storms in our life? We might also ask the same question when we are confronted by storms of life, "Jesus, who are you?"

--Fr. Abraham Chiu

40 DAYS FOR LIFE - 2023



February 22 to April 2
40 DAYS FOR LIFE

HELP SAVE LIVES IN SACRAMENTO

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are the proven results in 30 coordinated campaigns:

- Over 20,000 babies saved from abortion
- Over 200 abortion workers converted
- Over 100 abortion centers closed

Here's how to take part in 40 Days for Life in our community:

- Vigil location: Public sidewalk in front of Planned Parenthood Abortion Business, 201 29th Street, Sacramento
- Vigil hours: Monday through Saturday from 8:00am to 5:00pm
- Local contact: Wynette: 916-955-1577

Get involved! Sign up to come and pray by visiting our website at:

40daysforlife.com/Sacramento

NO FEBRUARY SJE HEALING MASS on This Sunday



St. John's Monthly HEALING MASS will return on **March 19, 2023.**

ST. VINCENT DE PAUL



Our St. Vincent de Paul Conference thanks you for your continued support, which allows us to help the poor and needy in our neighborhood.

In January, 196 households (706 persons) received food from the FOOD LOCKER. Another 16 people were helped with their rent and utilities, thanks to the monetary donations you give to SVDeP!



ANNIE and JASPER want to thank everyone for their generous donations. Some kind person(s) donated what seems like a truck load of dry pinto beans.

It is most appreciated.

The FOOD LOCKER could use a few essentials: spaghetti, spaghetti sauce, top ramen, peanut butter, jelly, and rice.

We are also short on plastic reusable bags and could use whatever you have to donate.

THANK YOU for your support throughout the year, we couldn't do this without YOU.

YOU make a difference! God bless you! Stay safe!

FOR ASH WEDNESDAY - (2-22-2023)



BLESSED PALMS NEEDED!!

Please bring your dried, blessed Palm fronds from last year and deposit them in the wicker baskets on the table in both the Church or Chapel Narthex before or after Mass or Adoration.

Fr. Bernardin will be burning them to make the ashes for ASH WEDNESDAY on February 22nd. Thank you!!

LENT MASS/STATIONS OF THE CROSS SCHEDULE

- † **ASH WEDNESDAY**, February 22nd: 6:30 am, 8:30 am, **7 pm**
- † **Lent Weekday Masses** (Mon-Fri): 6:30 am, 8:30 am, **5:30 pm**
- † **Lent Stations of the Cross** (Fridays): **After 5:30 Mass; approx. 6:15 pm**
- † **Lent Soup (after Stations of the Cross): SVDeP free will donation** **Approx. 7:00 pm**
- † **Lent Saturday Morning Mass:** 8:30 am

GAS LINE UPDATE

WORK IS WELL UNDERWAY AND THE GAS LINE INSTALLATION SHOULD BE DONE BY THE END OF NEXT WEEK PER COAC AIR. SAC COUNTY WILL THEN NEED TO SIGN OFF (APPROVE) THE LINE, TAG IT AND PG&E WILL UNLOCK (OPEN) OUR GAS METER. **THANK YOU FOR ALL YOUR PRAYERS AND DONATIONS TOWARDS OUR NEW GAS LINE AND OUR HEAT BACK ON!!**

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