

St. Joseph Catholic Church & Christ the King Catholic Church

512 South Elm Ave. Owatonna, MN. 55060

205 2nd Ave. NW Medford, MN. 55049

All correspondence for both churches should be mailed to the parish office at 512 S Elm Ave. Owatonna, MN 55060

St. Joseph website: www.stjosephowatonna.org | Christ the King website: www.ckmedfordmn.org



February 1, 2026

Fourth Sunday in Ordinary Time



Please contact the Parish office if... A member of your family is in the hospital. You want communion brought to your home. Your address, phone, email has changed. Your wish to register your family with the Parish.

Office Hours: Mon. - Thurs.: 8:30am - 4:30pm
Friday: 8:30am - 3:00pm

Parish Priest – Fr. Marreddy Pothireddy
pastor@stjosephowatonna.org (507) 451-4845

Assisting Priest – Fr. Miguel Proaños
vicar@sacredheartowatonna.org (507) 214-0196

Parish Secretary – Linda Strand (507) 451-4845
parishoffice@stjosephowatonna.org

Bookkeeping– Erika Starman

St. Joseph Liturgical Music Director -

Christ the King Liturgical Music Director -
Melodie Morris, pennyrose58@hotmail.com

SH/SJ Faith Formation Coordinator – Brittany Boubin
shsjyouth@shsjfaithformation.org
(507) 686-5184

Christ the King Faith Formation Coordinator -
Alyse Miller (507)456-1033
medfordcatholicyouth@gmail.com

Church Maintenance - Dave Oman

St. Joseph Trustees: Cindy Emanuelson, Jon Hanson

St. Joseph Parish Council: Katie Clubb, Samantha Evans,
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Christ the King Finance Council: Carla Brady (Chair),
Eric Finholdt, Lori Maas, Don Novak, Jerry Paschke,
Mary Zabel, Jenna Sammon

Confession at St. Joseph

Saturday 3:00pm - 3:45pm

Mass Schedule: Weekends

Saturday 4:00pm - St. Joseph

Saturday 5:30pm - Christ the King

Sunday 8:00am & 10:00am - St. Joseph

Weekdays and Holy Days

(See schedule in the bulletin)

Confession/Adoration at

Christ the King Church

The first Friday of the month

after 8:00am Mass

St. Joseph Parish would like to restart Children's Liturgy for our preschool and elementary school children. If you are interested helping with this wonderful ministry, please email heatherlenz@charter.net

Faith Formation News

Steubenville-Rochester:

Youth entering 9th grade-12th grade in the fall of 2026 are invited to attend the Steubenville Conference in Rochester, MN from July 10-12.

Here is a student's testimony about her previous experience,
"Steubenville was an amazing spiritual experience that really strengthened my relationship with God. I learned so much about my faith and how to live like a better Christian... it was so moving to see all the other people who also were wanting to strengthen their relationship with God. It felt so good to have deep and fruitful conversations with people who had the same beliefs that I did and were around my age... it changed my relationship with God by making it stronger and was a spiritually moving experience

that I will remember for the rest of my life." - Clara Sennott
The Andrew Lawrence Scholarship fund is going to provide financial assistance to all students who get signed up.

To get signed up with the Diocesan group, please go to <https://dowr.my.canva.site/steubenville#home>.

Join us on Wednesday, February 4th from 5:30-6:20pm for a Faith Formation Pizza and Open Gym evening hosted by the Sacred Heart Parish Council. This event is for all Faith Formation families at both Sacred Heart and St. Joseph. This event is a free-will offering and all proceeds will go to our Faith Formation Program. After people have finished eating, please join us in the St. Mary's Gym. Please RSVP to help ensure there is enough food for everyone by going to <https://shsjfaithformation.flocknote.com/signup/242166>.



OWATONNA KC

SHRIMP DINNERS ARE BACK!

Serving from 6:00-7:30pm at the KC Hall every Friday until February 13.

Take-out available.

**4 or 6 Colossal shrimp,
mashed potatoes w/country gravy,
coleslaw, dinner roll**

Burger baskets w/mac & cheese and coleslaw

Ash Wednesday, February 18, 2026

Mass times at St. Joseph Parish

12:10pm and 6:30pm



Donut Sunday next weekend in Joseph Hall!

Join us for donuts, a warm cup of coffee and fellowship after Sunday Mass, February 8th!

4th Sunday in Ordinary Time- February 1st- A

Zep 2-3, 3:12-14, 1Cor 1: 26-31, Mt 1: 1-12

What is the good life which God intends for us? And how is it related to the ultimate end or purpose of life? Is it not our desire and longing for true *happiness*, which is none other than the complete good, the sum of all goods, leaving nothing more to be desired? Jesus addresses this question in his sermon on the mount. The heart of Jesus' message is that we can live a very happy life. The call to holiness, to be saints who joyfully pursue God's will for their lives, can be found in these eight beatitudes. Jesus' beatitudes sum up our calling or vocation - to live a life of the beatitudes. The word *beatitude* literally means "happiness" or "blessedness".

What is the significance of Jesus' beatitudes, and why are they so central to his teaching? The beatitudes respond to the natural desire for happiness that God has placed in every heart. They teach us the end to which God calls us, namely the coming of God's kingdom (Matthew 4:17), the vision of God (Matthew 5:8; 1 John 2;1), entering the joy of the Lord (Matthew 25:21-23) and into his rest (Hebrews 4:7-11). Jesus' beatitudes also confront us with decisive choices concerning the life we pursue here on earth and the use we make of the goods he puts at our disposal.

Jesus tells us that God alone can satisfy the deepest need and longing of our heart. Teresa of Avila's (1515-1582) prayer book contained a bookmark on which she wrote: *Let nothing disturb you, let nothing frighten you. All things pass - God never changes. Patience achieves all it strives for. Whoever has God lacks nothing -God alone suffices.*

The beatitudes which Jesus offers us are a sign of contradiction to the world's understanding of happiness and joy. How can one possibly find happiness in poverty, hunger, mourning, and persecution? Poverty of spirit finds ample room and joy in possessing God as the greatest treasure possible. Hunger of the spirit seeks nourishment and strength in God's word and Spirit. Sorrow and mourning over wasted life and sin leads to joyful freedom from the burden of guilt and spiritual oppression.

God reveals to the humble of heart the true source of abundant life and happiness. Jesus promises his disciples that the joys of heaven will more than compensate for the troubles and hardships they can expect in this world. Thomas Aquinas said: *"No one can live without joy. That is why a person deprived of spiritual joy goes after carnal pleasures."* Do you know the happiness of hungering and thirsting for God alone? Blessings!

World Day of Prayer for Consecrated Life

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. World Day for Consecrated Life will be celebrated in the Church on Monday, February 2, 2026, and in parishes over the weekend of January 31 - February 1. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day – all religious sisters, brothers, and priests. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

Monsignor Cook will celebrate “CandleMass” Monday, Feb. 2nd at 7am (15 minutes earlier than usual) at Sacred Heart Church, and will start in the narthex with the blessing of candles; everyone is invited to join him for the blessing and the procession with lit candles (similar to the Easter Vigil). After Mass you will be invited to take a set of blessed candles home.

Christ the King Church News & Events

Ash Wednesday Mass - February 18th at 6:30pm.

Christ the King Church

No evening Faith Formation classes.

Scan the QR Code for the latest news about church events and Faith Formation on the Christ the King Church website.
ctkmedfordmn.org



Registration forms are available by the church entrance at Christ the King in Medford, in the parish office at St. Joseph Church, Owatonna OR download forms at <https://sttheo.org>

Registration deadline is March 13, 2026

The retreat includes Mass at 11:30am with Bishop Barron. Lunch at 12:30pm.

Adoration & Reconciliation at 3pm.



Register Now! \$50 Per Person
Sponsored by Diocesan Catholic Council of Women

Made for More!

WOMEN'S Retreat
Saturday,
March 21, 2026

St. Theodore Church, 315 E. Clark St. Albert Lea, MN

Keynote speaker, Elizabeth Leon, the retreat leader at the Beloved Conference in November in Janesville, will go deeper with us in the "Made for More" workshop.

To obtain a Registration Form
Call or email Joanne Tibodeau at 507-373-1646, or
jt@sttheo.org, or download form at <https://sttheo.org>

MASS INTENTIONS

Tuesday, February 3

8:00am: Geraldine Ginther†

Wednesday, February 4

8:00am: NO MASS at St. Joseph

8:10am School Mass at Sacred Heart

Thursday, February 5

8:00am: Modert family living & deceased

Friday, February 6

8:00am: CTK - John Hager†

Saturday, February 7

8:00am: Dick Thamert†

4:00pm: Jim Killen†

5:30pm: CTK - Donald & Dorothy Morgan†

Sunday, February 8

8:00am: Parishioners

10:00am: Silvy Zamboni† and family

Liturgical Ministers Schedule

Saturday, February 7 - 4:00pm

EMs: Julio Letona, Linda Strand, Rose Ann Rypka

Lector: Linda Strand

Sacristan: Julio Letona

Ushers: Amador Ramirez, Scott Yentsch

Joan Erdman, Sue Yentsch

Altar Servers: Julio Letona, *2 Servers needed*

Greeter: Katherine Rypka

Sunday, February 8 - 8:00am

EMs: Sue Heller, Lynn Lattery, Matt Thurnau

Lector: Brad Steffen

Sacristan: Rita Goodnature

Ushers: Doug Phillips, Cindy Phillips

Joel Dulas, Tyler Keller

Altar Servers: Sam & Jacob Dulas, *Server needed*

Greeter: *Greeter needed*

Sunday, February 8 - 10:00am

EMs: Katie Clubb, Ellyn Jardine, Stacey Ginskey

Lector: John Connor

Sacristan: Ruth Broumley

Ushers: Chuck Jurgens, King Jurgens

Jerry Atkinson, Dina Atkinson

Servers: Lucas & Macey Ginskey, Everett Sennott

Greeter: Julie Bosshardt

Mass Readings

Feb. 02 - Mal 3:1-4/Heb 2:14-18/Lk 2:22-40

Feb. 03 - 2 Sm 18:9-10,14b,24-25a,30-19:3/Mk 5:21-43

Feb. 04 - 2 Sm 24:2,9-17/Mk 6:1-6

Feb. 05 - 1 Kgs 2:1-4,10-12/Mk 6:7-13

Feb. 06 - Sir 47:2-11/Mk 6:14-29

Feb. 07 - 1 Kgs 3:4-13/MK 6:30-34

Feb. 08 - Is 58:7-10/1 Cor 2:1-5/Mt 5:13-16



St. Mary's School News

Band and Choir students in 6th, 7th, and 8th grade had a wonderful concert on Thursday, January 15 led by Mrs. Berkley and Ms. Jones. The bands played selections including Go Tell it on the Mountain, Oye Como Va, and Dance of the Snowmen. The choirs sang selections including Parade of the Wooden Soldiers (with a special kazoo surprise), Sweet Silent Night, and White Winter Hymnal. Thank you for your hard work, musicians!



Life Night Youth Gathering - Monday, February 2
Joseph Hall, St. Joseph Church • 6:30pm - 8:00pm
for high school students grade 9 - 12!



Holy Trinity of Litomysl will once again host their Adult Valentine Dinner - Saturday, Feb. 14, 2026.

Social Hour with appetizers will begin at 5:30pm. The dinner featuring

Windsor chops will be served at 6:30pm. Tickets are \$25. Call Mary Ann Rysavy, in Owatonna at 507-390-0618, stop by Hometown Insurance in Blooming Prairie, call Carol Holman at 507-676-0506 or Janet Miller at 507-390-1131.

Ticket sales will close on Sunday, February 8th unless sold out. Come enjoy dinner, music, and door prizes. The event is open to all Adult singles, couples, or groups of friends.

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Help Needed for Meals on Wheels
 St. Joseph Parish is responsible for delivery of meals on Tuesdays for the months of March, July, October and December. Time required is usually less than one hour and you are not required to deliver every Tuesday. Please call Ken Thurnau 507-451-4033 or 507-456-7736 for details.