Website Resources

- Sudden Death in Athletes http://tinyurl.com/m2gjmvq
- Hypertrophic Cardiomyopathy Association www.4hcm.org
- American Heart Association www.heart.org

Collaborating Agencies

Hamilton, NJ 08619 (p) 609-842-0014 3836 Quakerbridge Road, Suite 108 **New Jersey Chapter** American Academy of Pediatrics



American Heart Association

www.aapnj.org

(f) 609-842-0015

www.heart.org Robbinsville, NJ, 08691 (p) 609-208-0020 1 Union Street, Suite 301



New Jersey Department of Education PO Box 500

(p) 609-292-5935 Trenton, NJ 08625-0500

www.state.nj.us/education/

New Jersey Department of Health P. O. Box 360

(p) 609-292-7837 Trenton, NJ 08625-0360

www.state.nj.us/health



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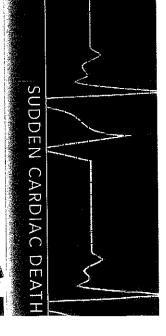




Learn and Live

American Heart

Association



done to prevent this kind of tragedy? What, if anything, can be udden death in young athletes and 19 is very rare. between the ages of 10

in the young athlete? What is sudden cardiac death

is restored using an automated external ultimately dies unless normal heart rhythm collapses, loses consciousness, and pumping adequately, the athlete quickly time) during or immediately after exercise defibrillator (AED). without trauma. Since the heart stops heart function, usually (about 60% of the result of an unexpected failure of proper Sudden cardiac death is the

How common is sudden death in young

about one in 200,000 per year. to any individual high school athlete is very rare. About 100 such deaths are reported in the United States per year Sudden cardiac death in young athletes is, The chance of sudden death occurring

other sports; and in African-Americans than in other races and ethnic groups. in football and basketball than in common: in males than in females Sudden cardiac death is more