



...a step ahead in scholarship, service, community, and message

785 Franklin Lake Road
Franklin Lakes, New Jersey 07417
(201)891-4250

The Academy of the Most Blessed Sacrament Allergy Aware Policy

We take allergies, food safety, and student health very seriously. While we cannot guarantee an "allergen-free" environment, we do have an "allergen aware" policy. Your child is less likely to be exposed to allergens at school when we work together to create a management plan for your child. Our goal is to empower everyone. We will work with parents to create an allergy action plan, help children with allergies become aware of what they can and cannot eat, and alert school staff about each student's allergies

How You Can Help

Submit Allergy Forms

Ask your child's healthcare provider to complete the Food Allergy & Anaphylaxis emergency Care Plan as part of the Allergy Action Plan. Once you submit your child's Allergy Action Plan, and it is reviewed, your child will be able to take prescribed medicine at school. Please also fill out and return the form titled "Consent for Administration of Epinephrine by a Delegate."

Teach Your Child

- About their allergy so they know which foods to avoid.
- Not to trade food with other students. Your child also should not eat anything offered at school without knowing what is in it.
- About symptoms of allergic reactions and when and how and when to tell an adult they may be having an allergy-related problem
- How to use an epi-pen by him/herself—if it's age appropriate for them to do so.

Considerations for the cafeteria

- After each lunch period, tables and chairs will be cleaned.



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- There will be a designated peanut/tree nut table, any student wishing to bring in nut products to school for lunch will be asked to sit at the designated table for that day. The student may choose 1 friend (who does not have allergies) to sit with him/her for that day.
- All students will be asked to refrain from sharing food, snacks, drinks and utensils.
- All students will be asked to wash hands before and after lunch.

Considerations for the classroom

The school nurse should work with the classroom teacher so that the teacher understands and is able to initiate the student's Individualized Allergy Action Plan, as necessary.

- A letter will be sent home to parents/guardians of classmates of the food-allergic student (without identifying the student), particularly in lower grades, explaining any prohibitions on food in the classroom.
- Teachers will encourage that classroom snacks be allergen free.
- Substitute teachers will be made aware of the presence of any students with food allergies.
- Discourage the use of food allergens for classroom projects/activities, classroom celebrations, etc.
- Students will wash hands before and after snack time.

Preparing for an Emergency

- Volunteer delegates will be trained by the nurse in the administration of epinephrine.
- Trained delegates will only administer epinephrine in the absence of the nurse (delegate cannot administer Benadryl).
- Epinephrine will be quickly and readily accessible in the event of an emergency.
- Epinephrine will be kept in a secure but unlocked location that is easily accessible to delegated school personnel.