



The Academy of the Most Blessed Sacrament

785 Franklin Lake Road
Franklin Lakes, New Jersey 07417
Phone: 201-891-4250
ambs.org

Extracurricular Club Sign Up Sheet

Note: If a club is offered for BOTH sessions you *do not* need to sign up for both sessions!

Please place a check mark next to the extracurricular activities your child would like to participate in and return to your child's homeroom teacher!

Wednesday:

TREPS: Grades 5-8; 3:00 - 4:00 PM _____

Choir Club: Grades K-8; 3:00 - 3:30 PM

Thursday:

Sports Club: Grades K-4; 3:00 - 4:00 PM _____

Crochet Club: Grades 3-8; 3:00 - 4:00 PM

Chess Club: Grades 5-8; 3:00 - 4:00 PM _____

Friday:

Literacy Club: Grades K-8; 3:00 - 3:30 PM

Please see the fliers for online registration information for the following clubs:

[illegible]

Mad Science: Grades K-6; 3:00 -4:00 PM: Monday- Super Powered Science



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We are pleased to offer the following extra-curricular/after-school clubs for our students this year!

Please review the descriptions of each club and submit your child's sign-up form by Thursday, September 21st.

Please note: TGA Sports and Mad Science are online registration through the company! Please see the fliers for more information. Dates for these clubs may differ from dates listed below!

Meeting times are listed with each club/activity.

CLUBS WILL MEET EVERY WEEK DURING THE TWO SESSIONS LISTED, WITH THE EXCEPTION OF ANY DAYS THAT SCHOOL IS CLOSED.

FIRST SESSION

Week of...

September 25

October 2

October 9

October 16

October 23

November 6

November 13

November 27

December 4

December 11

SECOND SESSION

Week of...

January 22

February 5

February 12

February 26

March 4

March 11

March 18

April 8

April 15

April 22



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Wednesday Clubs:

TREP\$- Mrs. Brizzolara- Grades 5 - 8

(Club meets FIRST SESSION ONLY) 3:00 - 4:00 p.m.

The TREP\$ Program teaches students how to start their own businesses. Students learn the lessons in the weekly workshops, and apply them at home as they build their business with the help of their families. The whole school community comes out to enjoy the TREP\$ Marketplace, where the young entrepreneurs launch their businesses together, just in time for Christmas!

TREP\$ exposes students to the entrepreneurial skills needed to succeed in the new global climate, as well as helping to develop an entrepreneurial mindset at an early age. By providing practical experience in opportunity recognition, problem solving, innovation, and collaboration, TREP\$ is preparing the leaders of tomorrow.

In addition to experiencing small business ownership, students who participate in TREP\$ learn to make decisions and become empowered, learn leadership skills, gain confidence, have higher self-esteem, grasp how and why to behave professionally, practice social skills, and feel motivated to self-initiate.

Cost: For student books and materials, there will be a \$20.00 cost for this club.

Choir- Ms. Petrillo- Grades K - 8

(Club meets every Wednesday) 3:00 - 3:30 p.m.

Choir students are ambassadors of AMBS for music, to include singing at all school Masses, Christmas and Spring concerts, as well as special liturgical services.

Thursday Clubs:

Sports Club- Mr. Ruebenacker- Grades K - 4

(Club meets BOTH SESSIONS) - 3:00 - 4:00 p.m.

Promote a healthy lifestyle and increase self-esteem while having fun! Learn about and participate in a variety of sports and games.



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Crochet Club- Ms. Wetzel- Grades 3 - 8

(Club meets BOTH SESSIONS) - 3:00 - 4:00 PM

Students will learn how to crochet basic stitch patterns that will enable them to create a project based on their skill or experience level.

Chess Club- Mrs. Brizzolara- Grades 5 - 8

(Club meets BOTH SESSIONS) - 3:00 - 4:00 PM

Chess Club is designed to give students an opportunity to learn the game of chess, improve their chess skills, and to enjoy challenging their peers, while experiencing healthy competition and team spirit.

Friday Clubs:

Literacy Club- Mrs. Tham, AMBS parent - Grades K - 8

(Club meets SESSION ONE) - 3:00 - 3:30 PM

Fall in love with reading and adventure! Students in Grades K-8 will focus on mandatory 30 minutes of assigned reading from each grade level teacher. Students will be able to borrow books from the AMBS library and engage in fun activities based around the books they are reading.



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