



# The Spiritual Exercises of St. Ignatius: Retreat in Daily Life



## *In-Person Retreat Information Sessions*

Not sure about making the Spiritual Exercises retreat? Come to an hour-long information session. Find out more about what the Retreat in Daily Life involves, experience one of the forms of Ignatian prayer that we use in the retreat, and have your questions answered.

In-person information sessions will be held in the Parish Center on the following dates:

Tuesday, July 1 at 9:30 am and 12:30 pm

Thursday, July 3 at 3 pm and 6:30 pm

Saturday, July 19, at 11 am and 2 pm

(Please see the bulletin for the meeting room locations.)

Online Zoom information sessions will be held on the following dates. Please register by clicking on the link:

Monday, June 23 at 6 pm

<https://enkindlingtheheart.zoom.us/meeting/register/dw-mGjiqRKWlsnfMvZWOAg>

Wednesday, June 25 at 10 am

<https://enkindlingtheheart.zoom.us/meeting/register/7sJ8cdzXRFSLzonlemVvaQ>

Wednesday, July 16 at 7 pm

<https://enkindlingtheheart.zoom.us/meeting/register/oZWfvlakRNOIQS4nWWGKiA>

You will receive the Zoom link to join the meeting in a confirmation email after you register.

If you have any questions, please contact Tammy Ezzi at [tammyiezzi@enkindlingtheheart.com](mailto:tammyiezzi@enkindlingtheheart.com).