

Confirmation Program Packet: Overview | SPRING SESSION

St. George Catholic Church invites all 10th or 11th grade students [and not-yet-confirmed 12th graders] who meet the guidelines for Confirmation into our Confirmation Preparation Program. Between August and January candidates will meet in small groups for lessons, engage in discussion with their sponsors, encounter Christ with their parents/guardians, attend a day-long retreat, and prepare their own hearts to say “yes” to this Sacrament that will mark them, indelibly, as members of the Catholic Church.

Our preparation program is designed to give candidates the tools and knowledge needed to discern Truth, Faith, and God’s will in their daily lives so that they may use the Gifts of the Holy Spirit as God intends.

Guidelines for Candidates of the Sacrament of Confirmation:

- **Each candidate** must have completed Catholic Faith Formation through a Catholic High School or a Parish School of Religion leading up to Confirmation Preparation.
- **Confirmation preparation is separate from and in addition to** the catechesis offered in Catholic High Schools and Parish Schools of Religion
- **Candidates are to be confirmed in their registered Church Parish.** If you are **not** a member of St. George Parish, you must contact your registered parish to receive proper permissions AND written permission must be sent to Mrs. Catherine Broussard
- **Candidates must have received both the Sacraments of Baptism and Eucharist.**

To Register:

- Fill out the online registration form
- Pay the Confirmation Program Fee of \$75.00 (can be paid online upon registration or via a check made out to St. George). *If this fee poses any difficulty, please contact Catherine or Fr. Yi directly so we can assist.*

Additionally, by December 14th the following are required to be turned in:

- Copy of Candidate Baptismal Certificate
- Sponsor Form [all sponsors] and Sponsor Letter [if sponsor is not a St. George Parishioner]
 - See more information in this packet for the strict requirements for sponsors and their obligations.
- Media, Liability, & Communications Release Form
- Candidate Agreement Form

Candidates are required to attend our orientation on December 14th starting in the Church, from 7:15-8:30pm. One parent and sponsors should attend as well. At this meeting we will preview the year, go over the program, answer questions, and give out materials. *If you or a representative do not attend this meeting you will be missing information.* Candidates will meet their small group leaders while Mrs. Catherine previews the year and answers questions with parents & sponsors.

The rest of this packet contains a breakdown of the different components of our program, our full schedule, dress codes, candidate expectations, sponsor information packet, and more.

If there are any questions please contact our Confirmation Director, Mrs. Catherine S. Broussard:

CatherineS@st-george.org | (225) 293-2212 | (225) 349-9632 [cell phone]

Confirmation Program Packet: Components Overview | SPRING SESSION

- **Small Group Sessions:** There are 6 small group sessions over the course of our program, starting in September. Small Groups are 2.75 hours long, offered with a choice of 2 different timeslots. Each includes Mass and either lunch or dinner.
Small Groups will be determined by the Confirmation Director.
We ask that candidates arrive **on time. Sessions this year will begin with Mass in the Church.**
Attendance at every session is expected; however, conflicts are anticipated. *Work with us and we will work with you.* Contact Mrs. Catherine and your small group leaders in the event of a conflict.
 - o **Makeups:** Candidates are expected to contact Mrs. Catherine and their small group leaders if they will not be able to be present at a given small group session. Repeated absences may result in conversations between candidate, a parent/guardian, and Mrs. Catherine. Makeup instructions will go out the week following each Confirmation Small Group Session.
If changing timeslots for a day would allow you to make a session, that is also an option.
- **Encounters:** To encourage parents and sponsors to take a more active role in Confirmation Preparation and candidate's faith life in general, St. George is instituting three kinds of 'Encounters' as part of our program.
 - o **Parent/Sponsor Encounter Options:** Fostering faith discussion, learning, and living for parents and sponsors alike, these offered encounters are our way of extending our reach to families and emphasizing the roles of parents and sponsors in their candidates' faith formation. Parents and sponsors are each asked to attend one of the six options, a schedule of topics will go out prior to the first Encounter on January 11th. These will be in the Church or KAC at the same time as your candidate's small group sessions.
 - o **Sponsor & Candidate Encounters:** Sponsors will lead their candidates through two encounters chosen from the packet provided, on their own time and schedules. **TWO of these encounters** are expected to be completed, with proof of completion emails sent according to the schedule above.
 - o **Parent & Candidate Encounters:** A parent or guardian will lead an encounter with their candidate, chosen from the packet provided, to foster sharing of faith and building of relationship with God through family. A variety of encounter options are provided. **ONE of these encounters** is expected to be completed, with proof of completion email to be sent according to the included schedule.
- **Retreat:** A retreat is key in this process as it gives you the time and place to prayerfully consider what Confirmation means and how your faith will impact your life, always. This year our retreats will take place on St. George campus. Candidates are **required** to attend **one** of our two retreat options. **Signup for retreats will open in February.** They will be first-come, first-serve.
 - o **Diocesan Vocational Discernment Retreats** can count for our Confirmation Retreat; however, this must be **approved by Mrs. Catherine in writing.**
- **Confirmation Essay:** Towards the end of our program, candidates will write an essay that answers the questions of "Why do I desire Confirmation?" and "Why did I choose the Confirmation Name I chose?" This essay should be a minimum of 400 words. See schedule for due date. Full essay details will go out in February.

Our curriculum for Confirmation Preparation is one assembled & written by Ms. Catherine and Fr. Yi. Candidates, you will be given a binder full of content at your first small group meeting in January that is **YOURS. You will take it home and be expected to bring it to each Small Group session.**

It is our goal that this process be one that is challenging but enjoyable, calling you to a deeper understanding of your faith and what it means to live it out.

Confirmation Program Packet: Candidate Expectations

Requirements & Expectations:

Candidates, this program is for you. Our goal is to meet you where you are in your journey of faith and challenged you to dive deeper into it as we work towards the Sacrament of Confirmation.

To be eligible to participate in our program you must meet the Diocesan Guidelines for Candidates of the Sacrament of Confirmation (see page 1).

This Sacrament means you receive the perfection of baptismal grace and, by the Holy Spirit, are more deeply rooted in your identity as Son or Daughter of God. It is not a graduation or an end to learning, but a deepening of that which already is present within you. If you choose to participate in this program, as it must be your own free choice, **this is what is expected of you:**

Attendance at:

- Orientation meeting on December 14th
- 6 Small Group Sessions
- 1 Retreat
- Confirmation Practice & Mass

Completion of:

- Sponsor Selection
- Two Candidate & Sponsor Encounters [using provided options, completed on your own time]
- One Parent & Candidate Encounter [using provided options, completed on your own time]
- Confirmation Essay

Following of:

- All instructions given by Pastor, Confirmation Director, and all adults involved in our program
- Dress Codes (as seen on next page)
- Candidate Agreement Form

If you have any questions about expectations, we encourage you to contact Mrs. Catherine.

Sponsor Selection:

You are expected to choose a sponsor to walk alongside you in your journey to Confirmation. Your sponsor's role is to guide, teach, and support you on this journey and beyond. They are an integral part of the Confirmation process. While they must meet the listed requirements, you should ask someone who you are comfortable talking about your faith with, who is a role model and example to you of what it means to love our faith, live our faith, and encourages you to continue learning about your faith. If one of your baptismal godparents is eligible and able to fulfill this role, it is encouraged that they do so.

You must have your sponsor chosen and all related forms turned in by December 14th.

Sponsor Requirements: (There is also a packet for sponsors with this information & more)

1. Sponsors **cannot** be your parent or stepparent or adoptive parent
2. They must have the qualifications and intention of fulfilling the role of sponsor
3. They must be at least **16 years old**
4. They must have received the **Sacraments of Baptism, Eucharist, and Confirmation**
5. **They must be a registered, active member of a Catholic Church Parish** (regularly participates in Mass on Sundays and Holy Days, regularly receives the Sacraments of Holy Eucharist and Reconciliation.)
6. **They must not be under any canonical impediment.** If your sponsor **is married**, they **must have** celebrated the Sacrament of Marriage in the Catholic Church, had the marriage "blessed" by the Church, or be actively working with a Catholic priest or deacon to have the marriage "blessed."

If you have trouble finding someone to be your sponsor, let Mrs. Catherine know before December 14th.

Confirmation Program Packet: DRESS CODES

General Code:

- *At all times, how you dress should reveal your inner dignity*
- No tank tops, spaghetti strap tops, or halter tops
- Undergarments must never be visible
- No vulgar or crude language on any article of clothing

For Confirmation Small Groups & Retreats the following dress code should be followed as we will attend Mass & spend time in the Church together:

- **No leggings or shorts**, jeans are recommended
- No sleeveless tops, a comfortable t-shirt with minimal lettering/graphics is recommended
- Shoes you can move around easily in

For Confirmation Practice, as we will be in the Church:

- Church-appropriate attire [no short shorts, heavily ripped jeans, etc.] just be respectful of the House of God.

For Confirmation Mass: Note that we may be asked to use robes for Confirmation, if so, instruction will go out regarding those once we have information.

Out of respect for the solemn occasion of the Sacrament of Confirmation **we adhere to a more formal dress code than any other events of our year.**

Ladies:

- **A dress or skirt that is on or close to the knee line (or longer)** You will be **bowing** before the altar at at least one point in the ceremony, you should be comfortable bowing in what you wear.
 - Pantsuits or jumpsuits are also appropriate if they meet the rest of our code
- The top of a dress (or blouse/top worn with a skirt) can have no cutouts, no cleavage, and it **must have thick straps or sleeves**.
 - If your top/dress is sleeveless, the straps must be at least 4-fingers wide OR you must bring a wrap/sweater for the Mass.
 - **Strapless dresses are not permitted.**
- Dress shoes with little or no heel. **No shoes with platforms.**

Gentlemen:

- Dress shirt that is properly buttoned
- Dress slacks
- Dress shoes (no tennis shoes or sandals)
- Suit or jacket (preferred but optional)
- Tie/bowtie (preferred, but optional)

ALL:

- **Hair should be arranged to NOT cover your forehead** so you can be anointed by the Bishop
- Your nametag must be clearly visible at all times

In all circumstances, if your attire is deemed inappropriate by any member of leadership (director, catechists, pastor, etc.) you will be sent home to change or your parent(s) will be called to bring you appropriate clothing.

Sponsors are required to follow the same dress code as candidates for Confirmation Mass.

If you have any questions or concerns about our dress code, please contact Mrs. Catherine.

St. George Confirmation Preparation Schedule | SPRING SESSION

- 12/14/25 | 7:15-8:45pm | CHURCH | Confirmation Orientation
- 01/11/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 01/11/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 1
- 01/25/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 01/25/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 2
- 02/08/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 02/08/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 3
- 02/09/26 | First Sponsor & Candidate Encounter Completion Email Due
- 03/01/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 03/01/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 4
- 03/15/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 03/15/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 5
- 03/22/26 | 11:30-2:15, 6:00-8:45pm | Varies by Group | Mass & Small Groups
- 03/22/26 | 12:45-2:15, 7:15-8:45pm | Church or KAC | Parent/Sponsor Encounter Option 6
- 03/28/26 | 1:00-9:00pm | KAC & Youth House | Confirmation Retreat Option 1
- 03/29/26 | 11:30-8:00pm | KAC & Youth House | Confirmation Retreat Option 2
- 04/13/26 | CONFIRMATION NAME SUBMISSION & ESSAY DUE
- 04/13/26 | Second Sponsor & Candidate Encounter Completion Email Due
- 04/13/26 | Parent & Candidate Encounter Completion Email Due
- 04/26/26 | 7:15-8:15pm | Church | Confirmation Rehearsal | CANDIDATES & SPONSORS
- 04/27/26 | 7:00pm | Church | Confirmation Mass with Bishop Michael Duca
 - 6:15pm | KAC | Candidates & Sponsors arrive & check-in at KAC

Orientation: Candidates, sponsors, and one parent are required to attend. **Baptismal Certificates, Sponsor Forms, Candidate Agreement, & Liability/Media Release are DUE at this meeting.**

Small Group Sessions: Candidates will attend Mass with their class followed by a shared meal & time for discussion of faith in the KAC, ending with Adoration in the chapel together. Small Groups will be announced prior to orientation.

Encounters: *This year St. George is introducing three kinds of “Encounters” for parents or sponsors to encourage involvement in the faith formation process and deepen their own relationships with God.*

- **Parent/Sponsor Encounter Options:** Fostering faith discussion, learning, and living for parents and sponsors alike, these offered encounters are our way of extending our reach to families and emphasizing the roles of parents and sponsors in their candidates’ faith formation. Parents and sponsors are each **asked to attend one** of the six options, a schedule of topics will go out prior to the first Encounter on January 11th.
- **Sponsor & Candidate Encounters:** Sponsors will lead their candidates through two encounters chosen from the packet provided, on their own time and schedules. **TWO** of these encounters are expected to be completed, with proof of completion emails sent according to the schedule above.
- **Parent & Candidate Encounters:** A parent or guardian will lead an encounter with their candidate, chosen from the packet provided, to foster sharing of faith and building of relationship with God through family. A variety of encounter options are provided. **ONE** of these encounters is expected to be completed, with proof of completion email sent according to the schedule above.

Confirmation Retreat Options: Candidates are **required to attend one retreat**. Signups open after our first small group session and fill on a first come, first-serve basis.

Confirmation Essay: Candidates are asked to write a 400-word essay on the following prompt: “Why do you desire the Sacrament of Confirmation?” Details & instructions for turning this in will be provided in February.

Confirmation Practice: Candidates and Sponsors attend practice together. This usually takes 45 minutes or less.

Confirmation Mass: Where the conferral of the Sacrament of Confirmation will take place. *Mass will last approximately 1 ½ hours and a reception will follow.*

Confirmation Program Packet: Sponsor Role

Sponsors, you have been asked to accompany a candidate for the Sacrament of Confirmation as they prepare to receive this Sacrament in April. You are someone they see as a role model or leader to look up to in faith and they are eager to learn from your experience and knowledge of what it means to live out your Catholic faith every day.

Being a Sponsor means you meet the following requirements:

1. You are **not** the parent, stepparent, or adoptive parent of the Candidate
2. You have the qualifications and intention of fulfilling the role of sponsor
3. You are at least **16 years old**
4. **You have received the Sacraments of Baptism, Eucharist, and Confirmation**
5. **You are a registered, active member of a Catholic Church Parish**
 - a. You regularly participate in the Mass on Sundays and Holy Days
 - b. You regularly receive the Sacraments of Holy Eucharist and Reconciliation
6. **You are not under any canonical impediment to serving as a sponsor:**
 - a. If currently married, you celebrated the Sacrament of Marriage in the Catholic Church, had the marriage blessed in the Catholic Church, or are working with a Catholic Priest or Deacon to have the marriage blessed. **If you are married outside of the Catholic Church you may not be a sponsor.**

There are expectations for you in this program, as we believe that having you involved in more ways is better and generates more opportunities for discussion with your candidate. The bullet points below outline what is expected of you as a sponsor:

You must attend:

- Sponsor Orientation on December 14th at 7:15pm in the Church.
- One Parent/Sponsor Encounter [see schedule for dates]
- Confirmation Practice on April 26th
- Confirmation Mass on April 27th
- *If you are unable to attend these it is your responsibility to communicate that with the Confirmation Director and find a suitable proxy and/or discern suitability of being a sponsor.*

You must complete:

- **Sponsor Form (see next page) – due by December 14th at Orientation.**
 - If you are not a St. George Parishioner, you must include a letter of recommendation/eligibility from your registered parish. See last page for a form letter you can turn in and have signed. **This is due with the Sponsor Form by December 14th**
- **Two Sponsor & Candidate Encounters** Completion is proven by submission of a joint email from you and your candidate that tells me a little about what you discussed.

The Sponsor & Candidate Encounters are designed to encourage discussion and sharing of faith between Sponsor & Candidate, emphasizing the lifelong role that a sponsor plays in the faith-journey of their candidate. Sponsors will lead their candidate through 2 of the encounter options over the course of the program, using either Decision Point content from Dynamic Catholic OR provided bible study materials, following each encounter with the writing of a 'proof of completion' email that is due according to the schedule. Full packet with all encounter options will be emailed and posted on our website in September.

Confirmation Sponsor Form | Due to Confirmation Director by 12/14/25

Name of Candidate: _____

Name of Sponsor: _____

Sponsor Information: *Print clearly. This is the information I will use to contact you all year and I am not responsible for misspellings or incorrect information given on this form.*

Full Name: _____

Address: _____ City/State: _____ Zip: _____

Phone: (____) _____ - _____ [Circle one: Home | Cell | Work]

Email Address *that you check regularly:* _____

Catholic Church where you are a registered parishioner:

Church Name: _____

Address: _____ City/State: _____ Zip: _____

Pastor's Name: _____

Sponsor Agreement:

(Read carefully and initial beside each statement. Contact Catherine S. Broussard with questions. [Can. 874 §1-2])

As Sponsor, I declare that:

_____ **I am at least 16 years of age**, a Baptized Catholic who has received the Sacraments of Initiation in the Catholic Church (Baptism, Holy Eucharist, and Confirmation)

_____ **I am a registered member of a Catholic Church Parish.** I regularly participate in Mass on Sundays and Holy Days of Obligation and I receive the Sacraments of Holy Eucharist and Reconciliation at least once a year. If I am married, this Sacrament was celebrated within the Catholic Church.

_____ **I believe what the Catholic Church teaches**, and I make a serious effort to live my life according to the Gospel and worthy of imitation by the person I am sponsoring. I realize this is a great honor and responsibility placed on me before God and the Church in serving as a sponsor.

_____ **I am not the parent, step-parent, or adoptive parent** of the candidate and **I am not under any canonical impediments** which would prevent me from serving as sponsor. (Such as a marriage that is not recognized by the Catholic Church)

_____ **I will provide a Letter of Eligibility** from the parish I am registered in which states that I am a registered and active parishioner who is in good standing and able to fill the role of sponsor.

[Non-St. George Parishioners only. **St. George Parishioners should initial here:** _____]

_____ **I will be present at Orientation, a Parent/Sponsor Encounter, Confirmation Practice, and Confirmation Mass itself.** If I am unable to be present at one or more of these, I will contact the Confirmation Director.

_____ **I will complete two Sponsor & Candidate Encounters** as described in the packet I received, sending proof of completion emails by the dates indicated on schedule and in the packet.

Sponsor Signature: _____ **Date:** _____

Return to Catherine Stewart by mail, email, or dropping off at Church Office by December 14th, 2025

St. George Catholic Church [Attn: Confirmation Director]

7808 St. George Drive | Baton Rouge, LA 70809

Email: CatherineS@St-George.org | **Phone:** (225) 293-2212 [work] (225) 349-9632 [cell]

St. George Catholic Church
Sacrament of Confirmation
Sponsor Eligibility Form

Dear Father,

I am the Confirmation Director at St. George Catholic Church in Baton Rouge, LA. A parishioner of yours has been asked by one of our teens to serve as their confirmation sponsor. I am writing to verify that this individual is an active participant in your parish and is in good standing with the Catholic Church. Your signature below will give us such verification and allow us to proceed with this adult as a sponsor for the candidate.

Thank you for your time in this matter.

Sincerely,
Catherine S. Broussard
Youth Minister/Confirmation Director

Name of Candidate: _____

Name of Sponsor: _____

Sponsor's Email Address: _____

Sponsor's Phone Number: _____

Name of Sponsor's Parish: _____

Parish Street Address: _____

City, State, Zip: _____

Name of Pastor: _____

Pastor's Signature: _____

Date: _____

Affix Church
Seal Here

Return this form to the Confirmation Director:

St. George Catholic Church

Attn: Confirmation Director

7808 St. George Drive, Baton Rouge, LA 70809

Fax: 225-291-8063 | **Email:** catherines@st-george.org | **Phone:** 225-293-2212

Website: <https://www.st-george.org/>