

Saint Benedict the Moor Parish



The Holy Rosary, A Journey Deeper in Prayer Opening Prayers of the Rosary

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Leader: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Response: Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

3 Hail Marys

Leader: Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

<u>Response:</u> Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. (Pray three times: for Faith, Hope, and Charity)

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

The **Joyful** Mysteries (Mondays & Saturdays)

- The Annunciation of the Lord to Mary. Mary is chosen to be the mother of Jesus

 Humility
- 2. **The Visitation of Mary to Elizabeth.** Charity (Love of Neighbor)
- 3. **The Nativity of our Lord Jesus Christ.** Jesus is born and laid in a manger. Poverty of Spirit / Detachment from the World
- 4. **The Presentation of our Lord.** Jesus is presented in the Temple of Jerusalem Obedience, Purity of the Heart and Body.
- 5. **The Finding in the Temple at age 12.** Jesus is found discussing God's laws in the temple Piety / Devotion to Duty

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those most in need of Thy mercy.

The **Luminous** Mysteries (Thursdays)

- 1. **The Baptism of Jesus in the Jordan.** God proclaims Jesus is His son- Openness to the Holy Spirit
- 2. The Wedding Feast at Cana. Jesus performs a surprising miracle at a wedding. To Jesus through Mary/Trust in Mary's Intercession
- 3. **The Proclamation of the Kingdom of God.** Jesus calls us to do something important, Repentance & Conversion of Heart
- 4. The Transfiguration. Jesus is gloriously transformed Desire for Holiness
- 5. **The Institution of the Eucharist.** Jesus shares His Body and Blood for our salvation Eucharistic Adoration / Love of the Eucharist

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those most in need of Thy mercy.

The **Sorrowful** Mysteries (Tuesdays & Fridays)

- The Agony in the Garden. Jesus prays when confronted with the sins of the world – Obedience to God's Will
- 2. The Scourging at the Pillar. Jesus is whipped before His execution Purity/
 Mortification
- 3. **Jesus is Crowned with Thorns.** Jesus is mocked with a painful crown of thorns **Moral Courage**
- 4. Jesus is Carried the Cross. Jesus carries the weight of our sins to His crucifixion Patience
- 5. The Crucifixion of our Lord. Jesus Christ dies to save all mankind Perseverance in Faith/Sorrow for our sins

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those most in need of Thy mercy.

The Glorious Mysteries (Wednesdays & Sundays)

- 1. The Resurrection of Jesus Christ. Jesus rises triumphant over death Faith
- 2. **The Ascension of Jesus to Heaven.** As Jesus ascends, He gives us a special task **Hope**
- 3. The Descent of the Holy Spirit. At Pentecost the Church is born Wisdom, Zeal for the Gospel
- 4. The Assumption of Mary into Heaven. The Virgin Mary is gloriously assumed into heaven Devotion to Mary/Grace of a Happy Death
- **5.** Mary is Crowned as Queen of Heaven and Earth. Mary is honored above all creatures. Eternal Happiness/Trust in Mary's Intercession

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those most in need of Thy mercy.

Closing Prayers of the Rosary

After saying the five decades, say the Hail Holy Queen, followed by this dialogue and prayer:

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

- V. Pray for us, O holy Mother of God.
- **R**. That we may be made worthy of the promises of Christ.

Let us pray:

O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle. Be our against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.



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