



Dear Friends in Christ,

Today we celebrate the Solemnity of the Most Holy Trinity, the central mystery of our Christian faith. We believe in a Triune God: one God, two natures, three persons; Father, Son, and Holy Spirit. The doctrine of the Trinity is not only the “central mystery of [our] faith and life” but is “the source of all the other mysteries of faith” (*Catechism of the Catholic Church*, CCC 234). The whole of the Church’s life flows from this central belief, and it reveals who God is, and how we are meant to be united to him. “God himself is an eternal exchange of love, Father, Son and Holy Spirit, and he has destined us to share in that exchange” (CCC 221).

Christians are baptized in the name of the Father, and of the Son, and of the Holy Spirit. When we make the sign of the cross, we do so using the name of each person of the Trinity. All throughout Mass, the Trinity is invoked: in the Gloria, the collect, at the dismissal, and everywhere in between. Our prayer is addressed to the Father but offered through Jesus Christ *in the unity of the Holy Spirit ... God, forever and ever*. During the Eucharistic Prayer, we will ask the Father to send the Spirit so that our gifts of bread and wine might become for us the body and blood of Christ, his Son.

Most explicitly, the creed we profess is a short course on Trinitarian theology: a belief in one God, who is Father, Son, and Spirit – words signifying not human gender, but divine relationship. We will say God is consubstantial [we used to say “one in being”], meaning that the Father, the Son, and the Holy Spirit all share the same divine substance. The Trinity is eternal, meaning God is outside of time: He always was, and is, and is to come.

The relationship of the divine persons is one of perfect unity and communion. Everything that belongs to one belongs to the other, and yet each is not the same as the other. Our Triune God is three divine persons who are consubstantial and eternal, and who are all adored and glorified. It is through the totality of the Triune God that love and grace flow as a complete whole to us, Christ’s faithful.

In celebrating the Trinity, the Church is not simply laying out a doctrine of complex theology. It is bringing to the forefront what ought to be the foundational principle of our lives: God is love, he made us for love, and he desires that we live in this love with him forever. As John wrote in the Gospel passage we just heard, *God so loved the world that he gave his only Son, so that everyone who*

*believes in him might not perish but might have eternal life.*

This love is so real that Christ was willing to die for us. Further, the Spirit is the gift of the Father and Son to us, teaching and reminding us of that love, and strengthening and consoling us in times of challenge and trial, empowering us to be his disciples.

Are we not invigorated by the greatest of loves, to proclaim to the world that we love God and our neighbor, just as he loves us? Today, let us revel in that divine love and let it permeate our lives.

Yours in Christ Jesus,  
Fr. Marco

**UPDATE NEEDED!** The parish office is finding that much of our information for parishioners is outdated. Please call or email the parish office to update any new home addresses, email addresses, home and cell phone numbers, new family members, or any other parishioner data that may have changed in the past few years. The parish number is 301-863-8144, or you can email our secretary Julián Ortiz at [julian@ihmrcc.org](mailto:julian@ihmrcc.org).

**CAMP CREATION** Camp Maria will offer “Camp Creation” a care for the earth themed summer day camp for youth ages 7-14 years old. Camp Creation offers hands-on experiences for children to be outside together in nature and to have firsthand experiences of God in the beautiful natural surroundings at Camp Maria Retreat Center. Activities include ecosystem awareness, swimming, canoeing, crabbing and fishing off the pier, and arts and crafts. There will be two sessions offered. Session 1 is Monday, July 17 through Thursday, July 20. Session 2 is Tuesday, August 1 through Friday August 4. The Camp is \$215 per session (lunch and snacks provided). For more information and to sign up, go to [www.campmaria.org](http://www.campmaria.org).

**PERPETUAL ADORATION** Did you know our very own Immaculate Heart of Mary offers you the opportunity to participate in Perpetual Adoration? Some may ask “What is Perpetual Adoration?” Perpetual Adoration is a Eucharistic devotion whereby members unite in the adoration before the Most Blessed Sacrament with the goal of adoring The Blessed Sacrament perpetually (24 hours a day). If you are interested, please call our adoration coordinator, Jeff Harmon, at 240-538-5017 or email [adoration@ihmrcc.org](mailto:adoration@ihmrcc.org) for more information.

# SOLEMNITY OF THE MOST HOLY TRINITY



June 5 — June 11

<b>Monday</b>	Tb 1:3; 2:1a-8/Ps 112:1b-2, 3b-4, 5-6/ Mk 12:1-12
<b>9:00 am</b>	<b>Savita Nair (S)</b>
<b>Tuesday</b>	Tb 2:9-14/Ps 112:1-2, 7-8, 9/ Mk 12:13-17
<b>5:30 pm</b>	<b>Dcn. Edward Danko (D)</b>
<b>Wednesday</b>	Tb 3:1-11a, 16-17a/Ps 25:2-3, 4-5ab, 6 and 7bc, 8-9/Mk 12:18-27
<b>9:00 am</b>	<b>CFF Catechists and Students (L)</b>
<b>Thursday</b>	Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a/Ps 128:1-2, 3, 4-5/Mk 12:28-34
<b>5:30 pm</b>	<b>Joseph Hugh Weiland (D)</b>
<b>Friday</b>	Tb 11:5-17/Ps 146:1b-2, 6c-7, 8-9a, 9bc-10/ Mk 12:35-37
<b>9:00 am</b>	<b>Estrella Rusk (S)</b>
<b>Saturday</b>	Tb 12:1, 5-15, 20/Tobit 13:2, 6efgh, 7, 8/ Mk 12:38-44
<b>9:00 am</b>	<b>Rose Marie Weiland (D)</b>
<b>4:00 pm</b>	<b>Donald Jun (L)</b>
<b>Sunday</b>	Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19- 20/1 Cor 10:16-17/Jn 6:51-58
<b>8:30 am</b>	<b>A Private Intention (L)</b>
<b>11:15 am</b>	<b>Louise Maddox (D)</b>
<b>1:00 pm</b>	<b>All IHM Parishioners</b>

**MASS IN THE PARKING LOT** As a reminder, during IHM's weekend Masses we have in-parking lot options available. While parked at IHM, if you tune to 99.7 FM you can hear the Mass broadcast live. If you park in the second, smaller parking lot, we will bring out Communion at the appropriate time if you have your hazard lights on.

**MASS INTENTIONS** may be requested at the parish office during regular office hours (M—F, 8 am—4 pm) in person or by phone (301-863-8144 x11), or by e-mailing [julian@ihmrcc.org](mailto:julian@ihmrcc.org). Your desired date may not be available. We now have the ability to accept Mass intention stipends online (but only **after** the date has been accepted by the office).

**CARENET BABY BOTTLE FUNDRAISER** Pick up a baby bottle at the main entrances of the church and bring it back on Father's Day full of donations for the Southern Maryland CareNet Pregnancy Center. Please be generous to this charity that cares for the mothers and their children in our area.

## Events Calendar

June 5 — June 11

Tues:	9 am	First Tuesday Coffee
Sat:	1 pm	Altar Server Training

**CONGRATULATIONS** To Dcn. Ronnie Chavez for his ordination! The parish community is honored to have you serve us during your formation, and many blessings for your future in ministry!

**ALTAR SERVER TRAINING** IHM will host an altar server training on Saturday, June 10 at 1 pm. To be an altar server, you must have received First Communion.

**CORPUS CHRISTI PROCESSION** On Sunday, June 11, we will have a procession from the church and into the IHM Cemetery for the Feast of Corpus Christi after the 11:15 mass. All are invited to join this ancient church tradition.

**MASS CHANGE** Mass on Tuesday, July 4th will be at 9 am. Happy Independence Day!



If you or someone you know is interested in becoming Catholic or you know a Catholic desiring to learn more about the faith, please contact Tess Crowe via email at [rcia@ihmrcc.org](mailto:rcia@ihmrcc.org) or contact the office at 301-863-8144 to register.

## PLEASE PRAY FOR

### THE SICK

#### THAT THEY MAY BE RESTORED TO FULL HEALTH

Audrey Somers, Kathleen Floyd, Mary Oliver, Jane Kenyon, Linda F. Gieser, Ralph Gough Sr., Betty LePore, Joseph, Rylee Corliss, Alan Stapanon, Ruby Garcia, Mia Garcia, Matthew Riddell, Marie C. Williams, Kaylee Klier, Wanda Slater, Enedina Melendez, Hector Perez, Josephine, Glenn Thompson III, John Worrell, Jim Makin, Carmen Colby, Gary Green, Grace Miedzinski, Bruce Riddell, Katelyn Corliss, Robert Weaver, Linda Jones, Devlin Rich, Ana Gates, Mike Price, Corrine Geraty, Dennis Berg, Alejandra Spargo, Paul Crowe, Adele Bavani, Violette Ghalbouny, Helen Pearson

*Please note: names will remain on this list for two months, unless otherwise notified. To keep a name on the list, please resubmit by contacting [bulletin@ihmrcc.org](mailto:bulletin@ihmrcc.org), or call the Parish Office.*

### PAPAL PRAYER INTENTION FOR JUNE

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

Follow us on



**QUO VADIS CAMP 2023** will be held from Sunday, July 23 to Wednesday, July 26. High-school age young men who desire to grow in holiness will have an opportunity for Mass, prayer, and Eucharistic Adoration. There will also be plenty of time for recreation, sports, and fraternity. Bus transportation with stops at Lexington Park, Largo, and Rockville will be available. Online registration is open at <https://dcpriest.org/2023-quo-vadis-camp>.

**ALTAR FLOWERS/SANCTUARY CANDLES** If you would like to donate the Altar Flowers or Sanctuary Candles in memory or for special intentions of a loved one, please call the Parish Office or email at [cindy@ihmrcc.org](mailto:cindy@ihmrcc.org).

**BULLETIN DEADLINE** Please email your submission to [bulletin@ihmrcc.org](mailto:bulletin@ihmrcc.org) by Wednesday at 10 am prior to the Sunday of publication. All entries are subject to editing.

**FATHER'S DAY BREAKFAST** Join us in the Social Hall on Sunday, June 18 for a Parish Breakfast celebrating Father's Day from 9 am until 11:30 am.

**CATECHISTS NEEDED** The Faith Formation office is in need of catechists (teachers of the faith) for both the Children's Faith Formation and for the RCIA Teens and Adults. If you have a desire to teach the next generation of Catholics or just want to learn more about this calling, please contact Damaritza Ortiz at 301-863-8793 or [cff@ihmrcc.org](mailto:cff@ihmrcc.org).

**FIRST TUESDAY COFFEE** The next First Tuesday Coffee will be held on Tuesday, June 6 from 9 until 11 am in the Parish Hall. Please bring a friend and a non-perishable food item for the Food Pantry.



**ST. VINCENT DE PAUL OF IHM** Our food pantry provides food to those who need assistance. We'd like to have you help us bag groceries from the food in our food pantry for our clients, or to pick up food from grocery stores in our area that donate to us. We do this throughout the week, excluding weekends. We have meetings just once a month. If you'd like to volunteer in our food pantry, please call 301-863-8193 on Mondays, Wednesdays or Fridays from 8:30 to 11:30 am, which is when the pantry is open. Leave your name and number and we will work to get you started as soon as you'd like.

**LAZARUS COMMITTEE** The Lazarus Committee provides funeral repasts for the funerals of active and registered parishioners. If interested in joining the Lazarus committee or for more information, please contact Pat at 240-925-0021 or Linda at 240-298-5264.

**THE VOICE OF ONE CRYING IN THE DESERT** The Bread of Life Center for Peace is hosting a retreat of this name on Saturday, June 24 at St. Aloysius. The retreat starts at 7:30 am with Mass and includes, several talks, lunch, and a Healing Service in the evening. The speaker is Fr. James Blount, SOLT. Registration is online at: <https://www.eventbrite.com/e/the-voice-of-the-one-crying-in-the-desert-tickets-630527955087>. Eventbrite only allows 1 ticket per donation and requires each attendee to register separately, please keep this in mind when filling out your information. The suggested donation to cover Breakfast and Lunch is \$18 per person. For more information, call (301) 475-7139 for more information or to register over the phone.

**HOLY LAND TRIP** Our Lady Star of the Sea Travel Club in Solomons is hosting a trip to the Holy Land this coming November. Last year's trip exceeded our expectations, so we have decided to offer it again. The trip dates are November 28 (depart the U.S) to December 6 (return home). The per person cost of \$999 includes hotel, daily breakfast and dinner, bus, and all tours with a private guide. Airfare and trip insurance is additional. (Current airfare is around \$900) Please contact Mary Beth Brown at 443-623-6368, or e-mail [marybeth@bytheseatravel.com](mailto:marybeth@bytheseatravel.com) for more information.

**FORMED** To sign up for Formed, the premier site to access Catholic Media online, go to [www.formed.org](http://www.formed.org) and press "sign up" and then "sign up as a parishioner". Type in the ZIP code of the parish "20653", follow the directions to create an account, and then enjoy!

**EUCCHARISTIC PROCESSION** St. Aloysius in Leonardtown is having a evening Candlelight Eucharistic Procession on Thursday, June 8 at St. Aloysius. The event will begin with Mass at 8 pm followed by a Eucharistic Procession to the Leonardtown Square and back, ending with Benediction in the church. The road will be closed for this event.

**IHM MEN'S GROUP** Join us every Saturday morning, from 7 am to 8:30 am in the Large Classroom for Fellowship and Spiritual Growth. Each week we preview the scripture readings for the coming weekend and then watch and discuss a video. For more information contact Mark Baysinger (240-925-2677 or [nbay9@hotmail.com](mailto:nbay9@hotmail.com)).

**PARISH COUNCIL MEETING** on Monday, June 12 at 7 pm in room Phillip.





June 4, 2023

# Solemnity of the Most Holy Trinity

Ex 34:4b-6, 8-9 | 2 Cor 13:11-13 | Jn 3:16-18

Written by  
THE  
FAITHFUL  
DISCIPLE

## **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Last Sunday the Church celebrated the Solemnity of Pentecost: the birthday of the Church and the outpouring of the Holy Spirit into the world. Today we celebrate the Solemnity of the Most Holy Trinity, giving adoration and glory to the three divine persons in our one God: Father, Son, and Holy Spirit – three in unity, or Triune. In the Gospel we heard, John tells us: “God so loved the world that he gave his only Son.” If you’re going to write one Bible verse on a piece of cardboard and hold it up at a football game, this is it! John 3:16 encapsulates a Christian belief: We are loved by the Father beyond measure, and that love is incarnated – takes human flesh – in the divine person of his Son. But there is something deeper within this verse that comes to light much later in the Gospel: Jesus revealed that when he, the Son, returned to the Father, he would not leave us alone. (Jn 14: 26-28) Instead, the Holy Spirit came to be with us and remain with us. This is our God whom we celebrate and give thanks to: one in being, three in person. His love is unceasing and his Spirit dwells within and among us to guide us, advocate for us, and draw us ever closer to himself in that love.

## **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

When it comes to evangelization, you could write a Bible verse on a piece of cardboard, hold it up in a crowded place and hope it piques someone’s interest. But we can take a cue from St. Paul in the second reading as well. He encourages us to mend our ways, encourage one another and “greet one another with a holy kiss.” And then he offers a prayer for the Corinthians: “The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you.” Imagine what the world would be like if we all lived like that – if we worked to mend our mistakes, encouraged each other, and earnestly prayed for the grace, love, and fellowship of God to be upon every person. That would be a true witness to God’s presence in the world.

**PRAY** This week, pray a Holy Trinity novena. The word “novena” comes from the Latin word for “nine,” and they typically include nine days of prayer, asking God for a specific intention, and beginning or ending on a feast or solemnity. Trust in the Triune God who loves you and offer him your heart. You may find the comfort or wisdom you seek.