

Dear Friends in Christ,

Do not forget the Lord, your God, who brought you out of the land of Egypt, that place of slavery. These words of Moses to the people in today's first reading are both a bit of a reproach, and a compassionate gesture. We encounter Moses after he has just finished giving some specific instructions and prophecies to the people (Deuteronomy 7:1-26). Now he is instructing them to be faithful, and recounting how God has always cared for them, guided them, and provided for them.

Notice, though, that Moses also says that God let them be afflicted with hunger. God was testing them with physical hunger so they might recognize their dependence upon him. Not only does he feed them, he feeds them with *manna, a food unknown to [them] and [their] fathers*. In other words, he offered them something new – something that gave them life and kept them alive.

It was also something that represented, in physical form, the words of promise he had spoken to them: *You have seen how I treated the Egyptians and how I bore you up on eagles' wings and brought you to myself. Now, if you obey me completely and keep my covenant, you will be my treasured possession among all peoples, though all the earth is mine. You will be to me a kingdom of priests, a holy nation (Exodus 19:4-6a).* We are shown that true life comes from listening to every word that comes forth from the mouth of the Lord.

The greatest word that ever came forth from the mouth of the Lord was the Word that became flesh: Jesus Christ. Listening to him and following his commands is the way to eternal life. He is the greatest gift ever given to us, and he says to us every day what is written in today's Gospel: *I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.*

This is what the Church celebrates today in its Solemnity of the Most Holy Body and Blood of Christ: "Corpus Christi." It is a celebration of God's saving grace given to us in his word, promise, and hope for eternal life – all in the person of Jesus Christ. Jesus, who gives us his Body and Blood in the Eucharist, is the perfect satisfaction of all desires and all hunger. He is the satisfaction of hunger for one's life to have meaning, to have forgiveness, and to have acceptance. These are some of our deepest spiritual hungers. They ultimately point to our hunger for God. These hungers can only be satisfied by spiritual

"food" – the food that is ultimately an encounter with God through Christ Jesus. Or as Jesus says in the Gospel, *Whoever eats my flesh and drinks my blood remains in me and I in him.*

What a blessing that the Church provides us with many opportunities to be fed by Jesus. We are fed through the love we share with one another, through our shared acts of service and justice, through our shared prayer, and especially in our sharing of the Eucharist. Let us give thanks for these gifts.

Yours in Christ Jesus,
Fr. Marco

UPDATE NEEDED! The parish office is finding that much of our information for parishioners is outdated. Please call or email the parish office to update any new home addresses, email addresses, home and cell phone numbers, new family members, family members no longer in the household, or any other parishioner data that may have changed since you registered. The parish number is 301-863-8144, or you can email our secretary Julián Ortiz at julian@ihmrcc.org.

CONFESSION TIME NOTICE Confessions will start late on June 17 because the priests will be returning from the ordinations in DC.

CPR CLASS AT IHM There will be a CPR class held on Saturday, June 17 from 9 am to 12 noon at the IHM Hall. IHM parishioners are invited to attend. If you plan to attend please contact Adam Miller at adam.r.miller74@gmail.com to RSVP due to limited capacity for the class.

NEW MASS PARTS! We have returned to Ordinary Time (for "ordinal", or "counted" – there's nothing "ordinary" about it!). When we change liturgical seasons, we change the Mass settings music (that's the music for the Kyrie, Gloria, Holy, Acclamation, Amen, and Lamb of God.). At Immaculate Heart, the congregation knows quite a few settings. During the time of Easter, we had been singing the Celtic Mass. We had also used the Heritage Mass, the Chant Mass, and Mass of Christ the Savior. Starting on June 17/18th, we will begin using the Mass of Renewal. Each week we will replace one of the Celtic Mass parts with a new one from the Mass of Renewal. If you'd like to listen to the Gloria, you can check out this link <http://youtu.be/Jylrv2jAg78>

SOLEMNITY OF THE BODY AND BLOOD OF CHRIST



June 12 — June 18

Monday	2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/ Mt 5:1-12
9:00 am	Mary Robin McGoldrick (D)
Tuesday	2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16
5:30 pm	Michael J. Stapanon (D)
Wednesday	2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/ Mt 5:17-19
9:00 am	Rev. Marco Schad (L)
Thursday	2 Cor 3:15-4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26
5:30 pm	Cristina Row Jackson (L)
Friday	Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7- 16/Mt 11:25-30
9:00 am	Rev. Michal Sajnog (L)
Saturday	2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12/ Mt 5:33-37
9:00 am	Theresa T. McGuinness (L)
4:00 pm	JP Fenhagen (D)
Sunday	Is 61:9-11/1 Sam 2:1, 4-5, 6-7, 8abcd/ Acts 1:12-14/Lk 2:41-51
8:30 am	Terry George Thompson (L)
11:15 am	Rev. Dcn. Vincent Tinh Vu (L)
1:00 pm	All IHM Parishioners

DRIVE THRU DINNER Sacred Heart in Bushwood is hosting their annual June Drive-Thru Dinner on Sunday, June 25 from 11 am until sold out. The menu includes: fried chicken, crab cakes, country ham, potato salad, cole slaw, green beans, beets, and rolls. Carry-Outs are \$30. There will be a bake tables with treats for sale outside as well.

MASS INTENTIONS may be requested at the parish office during regular office hours (M—F, 8 am—4 pm) in person or by phone (301-863-8144 x11), or by e-mailing julian@ihmrcc.org. Your desired date may not be available. We now have the ability to accept Mass intention stipends online (but only **after** the date has been accepted by the office).

MUSIC RECITAL There will be a Voice and Piano recital of sacred song by Fr. David Beaubien and Janis Nowlan, accompanist, on Sunday, June 25 at 3 pm at St. Aloysius Church, Leonardtown. Selections include vocal pieces by Bach, Mozart, Haydn, Stephen Foster, Scriabin, and Vaughan Williams, with piano pieces by Debussy and Satie. (Free of charge).

Events Calendar

June 12 — June 18

Mon:	7 pm	Parish Council Meeting
Sat:	9 am	Communion Service, not Mass

COMMUNION SERVICE We'll have a communion service in the morning of Saturday, June 17 because of the ordinations that day. Anyone is welcome to attend the ordination at the Basilica of the National Shrine of the Immaculate Conception in DC at 10 am on June 17. We might be getting one of the newly-ordained priests assigned here.

OLSS SUMMER CAMP Our Lady Star of the Sea offers Middle and High School youth an environment where they can totally unplug, grow deeper in authentic and virtuous friendships and have time with our seminarians. Let's face it, teenagers are being pulled in many directions, OLSS's Summer Camp helps our youth grow in virtue and navigate in moral choices. Of course it wouldn't be a summer camp without Volleyball, Water Balloon fights, scavenger hunts, Pie eating contests and much more!! Register at: <https://tinyurl.com/5d298dmt>. The camp is for incoming 6th - 10th grade students and takes place from July 24 through July 28 from 9 am to 1 pm in the Our Lady Star of the Sea - Providence Room. Cost is \$85 and is due before June 23.

PLEASE PRAY FOR

THE SICK

THAT THEY MAY BE RESTORED TO FULL HEALTH

Audrey Somers, Kathleen Floyd, Mary Oliver, Jane Kenyon, Linda F. Gieser, Ralph Gough Sr., Betty LePore, Joseph, Rylee Corliss, Alan Stapanon, Ruby Garcia, Mia Garcia, Matthew Riddell, Marie C. Williams, Kaylee Klier, Wanda Slater, Enedina Melendez, Hector Perez, Josephine, Glenn Thompson III, John Worrell, Jim Makin, Carmen Colby, Gary Green, Grace Miedzinski, Bruce Riddell, Katelyn Corliss, Robert Weaver, Linda Jones, Devlin Rich, Ana Gates, Mike Price, Corrine Geraty, Dennis Berg, Alejandra Spargo, Lisa and Paul Crowe, Adele Bavani, Violette Ghalbouny, Helen Pearson

Please note: names will remain on this list for two months, unless otherwise notified. To keep a name on the list, please resubmit by contacting bulletin@ihmrcc.org, or call the Parish Office.

PAPAL PRAYER INTENTION FOR JUNE

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

Follow us on



JUNE 10 & 11, 2023

QUO VADIS CAMP FOR HIGH SCHOOL BOYS will be held from Sunday, July 23 to Wednesday, July 26. High-school age young men who desire to grow in holiness will have an opportunity for Mass, prayer, and Eucharistic Adoration. There will also be plenty of time for recreation, sports, and fraternity. Bus transportation with stops at Lexington Park, Largo, and Rockville will be available. Online registration is open at <https://dcpriest.org/2023-quo-vadis-camp>.

ALTAR FLOWERS/SANCTUARY CANDLES If you would like to donate the Altar Flowers or Sanctuary Candles in memory or for special intentions of a loved one, please call the Parish Office or email at cindy@ihmrcc.org.

BULLETIN DEADLINE Please email your submission to bulletin@ihmrcc.org by Wednesday at 10 am prior to the Sunday of publication. All entries are subject to editing.

FATHER'S DAY BREAKFAST Join us in the Social Hall on Sunday, June 18 for a Parish Breakfast celebrating Father's Day from 9 am until 11:30 am.

CATECHISTS NEEDED The Faith Formation office is in need of catechists (teachers of the faith) for both the Children's Faith Formation and for the RCIA Teens and Adults. If you have a desire to teach the next generation of Catholics or just want to learn more about this calling, please contact Damaritza Ortiz at 301-863-8793 or cff@ihmrcc.org.

RCIA CATECHISTS NEEDED! We are each called to be Missionary Disciples. You don't have to go on a mission half-way around the world! Grow where you are planted right here at Immaculate Heart of Mary Parish. The Rite of Christian Initiation ministry is in need of Team members for various positions:

Catechist for Children age 7-12
Catechist for Teens age 13-17
Catechist For Adults
Prayer Team members
Hospitality
Sponsors for Candidates

The Archdiocese of Washington is offering RCIA training on August 5th, at Our Lady Star of the Sea, Solomons, MD. Please Contact Damaritza Ortiz in the Faith Formation Office at (301) 863-8793 to begin this adventure!

MASS CHANGE Mass on Tuesday, July 4th will be at 9 am. Happy Independence Day!

PARISH COUNCIL MEETING on Monday, June 12 at 7 pm in room Phillip.

THE VOICE OF ONE CRYING IN THE DESERT The Bread of Life Center for Peace is hosting a retreat of this name on Saturday, June 24 at St. Aloysius. The retreat starts at 7:30 am with Mass and includes, several talks, lunch, and a Healing Service in the evening. The speaker is Fr. James Blount, SOLT. Registration is online at: <https://www.eventbrite.com/e/the-voice-of-the-one-crying-in-the-desert-tickets-630527955087>. Eventbrite only allows 1 ticket per donation and requires each attendee to register separately, please keep this in mind when filling out your information. The suggested donation to cover Breakfast and Lunch is \$18 per person. For more information, call (301) 475-7139 for more information or to register over the phone.

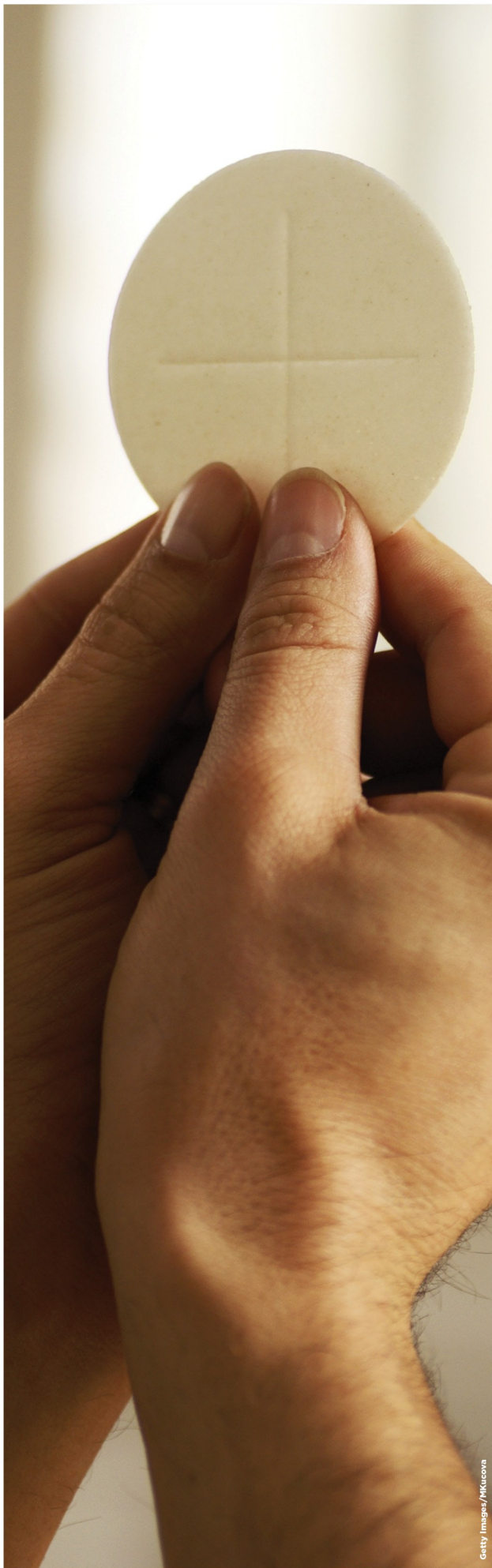
GEAR UP AND DISCOVER CHESTERTON ACADEMY Join us for a self-paced evening with 8 informational stations for current families to gear up for the next academic year and for prospective parents and students to discover Chesterton Academy of St. Mary's in Mechanicsville, MD. Meet Headmaster, Mr. Andrew Pudysz, who will share how a rigorous, classical education benefits students with an opportunity to ask questions about the school. This event is on Wednesday, June 28 from 6 pm to 8 pm.

CONGRATULATIONS! To Donald and Audrey Somers for their 22nd Wedding Anniversary on June 21st! Best loving wishes and good health to the happy couple!

CEMETERY NOTICE Cemetery decorations during grass mowing season (until November 15) are limited to real, cut flowers. Other decorations are being removed.

IN NEED OF FOOD DONATIONS St. Vincent de Paul of IHM is greatly in need of non-perishable food donations and monetary donations! The number of people in the community that are in need of our services has greatly increased and we are struggling to provide those services and require help. Food donations can be placed in the brown containers at the main entrances to the church. Financial donations can be marked for St. Vincent de Paul of IHM and placed in the collection baskets at the Masses. We thank you for helping us in our mission to provide assistance to those in need in our community.

FORMED To sign up for Formed, the premier site to access Catholic Media online, go to www.formed.org and press "sign up" and then "sign up as a parishioner". Type in the ZIP code of the parish "20653", follow the directions to create an account, and then enjoy!



June 11, 2023

Solemnity of the Body and Blood of Christ

Dt 8:2-3, 14b-16a | 1 Cor 10:16-17 | Jn 6:51-58

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Today we celebrate the Solemnity of the Body and Blood of Christ, the true, real, and substantial presence of Jesus Christ under the appearances of bread and wine. As Catholics, we know that the Eucharist is not simply symbolic, but is in fact the body, blood, soul, and divinity of Christ who rose from the dead. Our readings remind us of this. In the Gospel Jesus says: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh ... I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." Although Jesus' words were very difficult for his disciples at the time to understand, we know that the bread and wine that become the body and blood of Jesus satisfy our deepest hunger. This spiritual food is actually an encounter with God through his Son, Jesus. It is a blessing that the Church provides us. Let us celebrate on this solemnity by giving thanks, which is what *eucharist* means!

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

There was a priest at my home parish who could spend *hours* – literally, hours – sitting in eucharistic adoration. If he wasn't out and about serving our parish or in his office for a meeting, you would find him in the adoration chapel gazing at the monstrance which displayed the consecrated host, the Blessed Sacrament. He always would have a small smile on his face, happily losing himself in the Lord. Although everyone has different time pressures on them during the course of a typical week, I think we can all agree that spending only one hour a week with someone is not enough to maintain an important relationship. The same is true with our relationship with Christ. Let's make an effort in the coming weeks to enhance that relationship by spending more time with him. Do you have an hour for adoration? Experience the peace it can bring. Or perhaps now is the time to check the daily Mass schedule in your parish and try to attend once or twice. Jesus offers us his very body and blood under the appearances of bread and wine. Don't squander the opportunity to receive this precious gift.

ACTION As part of the National Eucharistic Revival, many dioceses around the country will hold Eucharistic processions for this solemn feast. This is a family-friendly activity. See what is planned in your diocese.