

Dear Friends in Christ,

Freedom, strength, leadership... these words can sometimes seem completely in opposition to meekness and humility.

The Jews, who were expecting a strong military type of messiah, may have been disappointed by Jesus who came riding into Jerusalem on a donkey instead of a warhorse – the one who submitted to a violent execution, not one who fomented a violent revolution.

But imagine the strength found in the meekness of Christ! The strength in the humility of the saints and martyrs! Those whose wills are so perfectly united to that of the Father are more free than any of us who have struggled and battled internally.

And how incredible it is that we can look to Christ as an example. If we take up his yoke, we lighten our burden because he shares it with us. When our will is conformed to Christ, we are motivated by love and truth itself.

It may be difficult to overcome temptations, and all of us have our own battles. But as we become more free from these passions, the burdens become lighter. The yoke of Christ is easy because it is Christ who carries it with us.

Christian strength and freedom may seem opposed to the ideas of meekness and humility. But instead consider that great strength, and finding real freedom in Christ, can only happen when our hearts are meek and humble, and we surrender fully to God.

Fr. Marco



**ALMOST IMMACULATE IHM THRIFT STORE** is in need of help! Please stop by the store during operating hours to check out what we do. Then, if you want to help, please contact Deacon Mike at 240-542-8369. We are located in the Kerr House (white building at the street entrance). The thrift store is open Fridays and Saturday from 10 am to 2 pm. Donations (no clothing) accepted during those hours. The thrift shop supports the food pantry and our local community, so stop by and see what you can do!

**PRAYER CHAIN** The Saint Elizabeth Ann Seton Shrine has a prayer line where you can talk and pray with someone over the phone. The prayer line is open Monday through Friday from 10 am to 5 pm. Call 1-866-202-4934.

**THANK YOU!** We are so grateful to everyone who joined us, brought dishes, and lent a hand at the Farewell Potluck for Fr. Ted. The food was abundant and tasty, the company was wonderful and most importantly Fr. Ted felt truly honored by the farewell. Once more **THANK YOU** for your generosity!

**YOUNG ADULT TRIP: HIKE OLD RAG!** Our Lady Star of the Sea's young adult group is hosting a hike on the Old Rag Mountain. The day begins at OLSS Historic Church on Saturday, July 22 at 7 am to then arrive back at OLSS around 7:30 pm. A note from the National Park Service website, "Be sure that you are physically able to complete the hikes on Old Rag Mountain. Most hikes in this area are long, and there is significant elevation change with a strenuous rock scramble that requires good upper body strength." To RSVP or for more details about the day, please call Alison at (410) 326-3535.

**RCIA CATECHISTS NEEDED!** We are each called to be Missionary Disciples. You don't have to go on a mission half-way around the world! Grow where you are planted right here at Immaculate Heart of Mary Parish. The Rite of Christian Initiation ministry is in need of Team members for various positions:

Catechist for Children age 7-12

Catechist for Teens age 13-17

Catechist For Adults

Prayer Team members

Hospitality

Sponsor/Godparent

The Archdiocese of Washington is offering RCIA training on August 5th, at Our Lady Star of the Sea, Solomons, MD. Please Contact Damaritza Ortiz in the Faith Formation Office at (301) 863-8793 to begin this adventure!

**IHM MEN'S GROUP SUMMER SCHEDULE** Join us every Thursday evening, from 6 pm to 7:30 pm in the Large Classroom for Fellowship and Spiritual Growth. Each week we preview the scripture readings for the coming weekend and then watch and discuss a video. For more information contact Mark Baysinger (240-925-2677 or nbay9@hotmail.com).

**GARDEN AND GROUNDS MINISTRY** We have various projects around the church that need to be completed. Any adult or child would be welcome. If you want to volunteer, please contact Martha Davie by phone or text at 240-434-3510. Thank you!

# FOURTEENTH SUNDAY IN ORDINARY TIME



July 10 — July 16

<b>Monday</b>	Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/ Mt 9:18-26
<b>9:00 am</b>	<b>Wilbur Robert Brown (D)</b>
<b>Tuesday</b>	Gn 32:23-33/Ps 17:1b, 2-3, 6-7ab, 8b and 15/ Mt 9:32-38
<b>9:00 am</b>	<b>Katherine Ann Jackson (L)</b>
<b>Wednesday</b>	Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19/Mt 10:1-7
<b>9:00 am</b>	<b>John Flynn (S)</b>
<b>Thursday</b>	Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21/Mt 10:7-15
<b>5:30 pm</b>	<b>Drew Imperial (D)</b>
<b>Friday</b>	Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40/Mt 10:16-23
<b>9:00 am</b>	<b>Corrine Geraty (D)</b>
<b>Saturday</b>	Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7/ Mt 10:24-33
<b>9:00 am</b>	<b>George Walter Thompson (L)</b>
<b>4:00 pm</b>	<b>Corrine Geraty (D)</b>
<b>Sunday</b>	Is 55:10-11/Ps 65:10, 11, 12-13, 14/ Rom 8:18-23/Mt 13:1-23
<b>8:30 am</b>	<b>Mary Anna Stapanon (D)</b>
<b>11:15 am</b>	<b>Fr. Taylor Colwell (L)</b>
<b>1:00 pm</b>	<b>All IHM Parishioners</b>

## Events Calendar

July 10 — July 16

Wed: 10 am  
Sat: 10 am

Bible Study w/ Fr. Taylor  
Angel Seminar w/ Msgr. Carl

**BIBLE STUDY** Fr. Taylor Colwell is leading a bible study about, "Jesus and the Jewish Roots of the Eucharist" The study will be Wednesdays at 10 am in the Large Classroom from July 12 to August 30.

**CHILDREN'S FAITH FORMATION REGISTRATION** for the 2023-2024 school year will be available after all Sunday Masses during the month of July as well as Sunday, August 6 and Sunday, August 27. Both new and returning students must register! This includes Catholic School students in 2nd and 8th grade preparing for 1st Communion or Confirmation.

**IT SHOULDN'T HURT AT HOME** The Catholic community cares about families experiencing violence and unhealthy relationships. Visit [www.CatholicsforFamilyPeace.org](http://www.CatholicsforFamilyPeace.org) to learn more about this issue, how to help, who to call, and the rich Catholic teaching that supports survivors. If you need help now, contact the National Domestic Violence Hotline, 800-799-7233 (24 hours); 800-787-3224 (TTY); [www.ndvh.org](http://www.ndvh.org) to find assistance near you.

## PLEASE PRAY FOR

### THE SICK

### THAT THEY MAY BE RESTORED TO FULL HEALTH

Audrey Somers, Kathleen Floyd, Mary Oliver, Jane Kenyon, Linda F. Gieser, Ralph Gough Sr., Betty LePore, Joseph, Rylee Corliss, Alan Stapanon, Ruby Garcia, Mia Garcia, Matthew Riddell, Marie C. Williams, Kaylee Klier, Wanda Slater, Enedina Melendez, Hector Perez, Josephine, Glenn Thompson III, John Worrell, Jim Makin, Carmen Colby, Gary Green, Grace Miedzinski, Bruce Riddell, Katelyn Corliss, Robert Weaver, Linda Jones, Devlin Rich, Ana Gates, Mike Price, Dennis Berg, Alejandra Spargo, Lisa and Paul Crowe, Adele Bavani, Violette Ghalbouny, Helen Pearson, John Flynn, Linda Miedzinski, Damaritza Ortiz, Michael Briscoe

*Please note: names will remain on this list for two months, unless otherwise notified. To keep a name on the list, please resubmit by contacting [bulletin@ihmrcc.org](mailto:bulletin@ihmrcc.org), or call the Parish Office.*

### PAPAL PRAYER INTENTION FOR JULY

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

**FORMED** To sign up for Formed, the premier site to access Catholic Media online, go to [www.formed.org](http://www.formed.org) and press "sign up" and then "sign up as a parishioner". Type in the ZIP code of the parish "20653", follow the directions to create an account, and then enjoy!

**MASS INTENTIONS** may be requested at the parish office during regular office hours (M—F, 8 am—4 pm) in person or by phone (301-863-8144 x11), or by e-mailing [julian@ihmrcc.org](mailto:julian@ihmrcc.org). Your desired date may not be available. We now have the ability to accept Mass intention stipends online (but only **after** the date has been accepted by the office).

**CRAFT FAIR AT IHM** Immaculate Heart of Mary will be hosting a craft/vendor fair on Saturday, September 30. If you would like to rent a space or have any questions please contact Martha Worrell at [craftfair@IHMRCC.org](mailto:craftfair@IHMRCC.org). Sign up and payment is available online at [fairvendor.ihmrcc.org](http://fairvendor.ihmrcc.org)

Follow us on



**QUO VADIS CAMP FOR HIGH SCHOOL BOYS** will be held from Sunday, July 23 to Wednesday, July 26. High-school age young men who desire to grow in holiness will have an opportunity for Mass, prayer, and Eucharistic Adoration. There will also be plenty of time for recreation, sports, and fraternity. Bus transportation from IHM will be available. Online registration is open at <https://dcpriest.org/2023-quo-vadis-camp>.

**IN NEED OF FOOD DONATIONS** St. Vincent de Paul of IHM is greatly in need of non-perishable food donations and monetary donations! The number of people in the community that are in need of our services has greatly increased and we are struggling to provide those services and require help. Food donations can be placed in the brown containers at the main entrances to the church. Financial donations can be marked for St. Vincent de Paul of IHM and placed in the collection baskets at the Masses. We thank you for helping us in our mission to provide assistance to those in need in our community.

**MASS AT ST. IGNATIUS CHURCH** On July 30 Mass will be celebrated at 11 am at Historic Saint Ignatius church in Saint Inigoes, Maryland. This Mass is in anticipation of the Feast of St. Ignatius on July 31. Father William George, S.J. will be the celebrant. He will share the history of this historic church which was built on Saint Inigoes Manor, established in 1639. A brief history of the Jesuit property at St. Inigoes is available for visitors at the church. Address: 47750 Villa Road, St. Inigoes MD 20684



**MARRIAGE ENCOUNTER** "But some seed fell on rich soil and produced fruit, a hundred or sixty or thirtyfold." Help your marriage be like the rich soil by taking part in a Worldwide Marriage Encounter

Experience on October 13-15 in College Park, MD and September 22-24 in Herndon, VA. Early sign up is recommended. For more information visit our website at: <https://moments4marriage.org> or contact us at [applications@moments4marriage.org](mailto:applications@moments4marriage.org) or 301-500-0871.

**HOLY LAND TRIP** Our Lady Star of the Sea Travel Club in Solomons is hosting a trip to the Holy Land this coming November. Last year's trip exceeded our expectations, so we have decided to offer it again. The trip dates are November 28 (depart the U.S) to December 6 (return home). The per person cost of \$999 includes hotel, daily breakfast and dinner, bus, and all tours with a private guide. Airfare and trip insurance is additional. (Current airfare is around \$900) Please contact Mary Beth Brown at 443-623-6368, or e-mail [marybeth@bytheseatravel.com](mailto:marybeth@bytheseatravel.com) for more information.

**LAZARUS COMMITTEE** The Lazarus Committee provides funeral repasts for the funerals of active and registered parishioners. If interested in joining the Lazarus committee or for more information, please contact Pat at 240-925-0021 or Linda at 240-298-5264.



**IHM MUSIC MINISTRY** If you are interested in sharing your musical talents with the parish, there is a place for you in this ministry! Please email Mary at [mary@ihmrcc.org](mailto:mary@ihmrcc.org).

**ALTAR FLOWERS/SANCTUARY CANDLES** If you would like to donate the Altar Flowers or Sanctuary Candles in memory or for special intentions of a loved one, please call the Parish Office or email at [cindy@ihmrcc.org](mailto:cindy@ihmrcc.org).

**CATECHISTS NEEDED** The Faith Formation office is in need of catechists (teachers of the faith) for both the Children's Faith Formation and for the RCIA Teens and Adults. If you have a desire to teach the next generation of Catholics or just want to learn more about this calling, please contact Damaritza Ortiz at 301-863-8793 or [cff@ihmrcc.org](mailto:cff@ihmrcc.org).

**BULLETIN DEADLINE** Please email your submission to [bulletin@ihmrcc.org](mailto:bulletin@ihmrcc.org) by Wednesday at 10 am prior to the Sunday of publication. All entries are subject to editing.

**LOYOLA ON THE POTOMAC**, A Jesuit Retreat House in Faulkner, MD is open for various retreat weekends, for both men and women. Directed and Private Retreats are also available. See our complete Retreat Schedule at: [www.loyolaonthepotomac.com](http://www.loyolaonthepotomac.com), (301) 392-0800.




## **SPONSOR A NEW CATHOLIC**

A Blessed Sunday to all! As we quickly approach the start of

RCIA it is a good time to consider the work of those who sponsor the catechumen and candidates through to the Easter Sacraments. Although they may select their own sponsor, the preferred method is to have a team of sponsors at the parish ready to serve. The catechumens then choose from among this team. This ensures the sponsors are faithful practicing Catholics who can share their faith with fidelity and love.

If you are interested in becoming a sponsor, please contact Damaritza Ortiz ([damaritza@ihmrcc.org](mailto:damaritza@ihmrcc.org)) or the parish office (301-863-8144). We are anxiously waiting to hear from you!





July 9, 2023

Written by  
THE  
FAITHFUL  
DISCIPLE

## Fourteenth Sunday in Ordinary Time

Zec 9:9-10 | Rom 8:9, 11-13 | Mt 11:25-30

### **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

What does a restful day look like to you? Maybe it's a lazy day poolside with a good book and a cold drink, or perhaps a dark room, cozy blanket, and a good movie. Lazy days like these are hard to come by; truly restful days in our busy world are even fewer and farther between. Although "taking a break" every once in a while from the cares of the world is certainly good for everyone, in today's Gospel Jesus is referring to true rest that only he can provide. Jesus asks us to take up his yoke and learn from him "and [we] will find rest for ourselves." Our burdens will be lighter because he shares them with us. Jesus says: "I am meek and humble of heart." Imagine the strength to be found in that meekness, that humility! We will know true rest when we surrender ourselves to Jesus and live in the freedom only he can provide.

### **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In order to find rest in the Lord, we must remember that "[we] are in the spirit, if only the Spirit of God dwells in [us]," as Saint Paul writes to the Romans. Therefore, Jesus is inviting us into union with him, as well as with the Father and the Holy Spirit. How do we yoke ourselves to Christ? By living out our baptismal promises, celebrating the sacraments, and through our lives of faith, we allow Jesus to work through us and lead the way. Let us make an effort this week to hand over our worries and anxieties to Jesus. And let us never forget that the Holy Spirit dwells within us.

**PRAISE** Share your worries and anxieties with Christ through prayer. Offer a prayer of thanksgiving and praise using today's psalm:

*The Lord is faithful in all his words*

*and holy in all his works.*

*The Lord lifts up all who are falling*

*and raises up all who are bowed down.*

*I will praise your name for ever, my king and my God.*