

HOLY GHOST CATHOLIC CHURCH

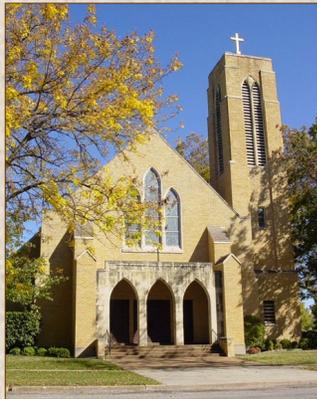
*"One does not live on bread alone,
but on every word that comes forth
from the mouth of God."*

MATTHEW 4:4

FIRST SUNDAY OF

LENT

FEBRUARY 26, 2023



120 W. Sequoyah Avenue
Vinita, Oklahoma
Mass: Sunday 10:00 am
Wednesday 6:00 pm

PARISH STAFF

FATHER MICHAEL E. CASHEN
918.256.2281

DEACON ANTHONY HICKS
918.559.9076

STEPHEN MILLER
COORDINATOR of RELIGIOUS EDUCATION
918.791.5733

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CINDY ALLEN
ADMINISTRATIVE ASSISTANT
918.256.2281

PARISH OFFICE HOURS: Tuesday and Thursday 10:00 am - 4:30 pm

PHONE: 918.256.2281

E-MAIL: holyghostvinita@gmail.com

WEBSITE: holyghostvinita.org

MINISTRIES FOR NEXT WEEK

All ministries temporarily suspended due to coronavirus pandemic.

COFFEE & DONUTS

TEMPORARILY
SUSPENDED



If you, a family member, or a friend is interested in learning more about the Catholic faith, please speak to Fr. Cashen.

SACRAMENTS

CONFESSION: By appointment only during pandemic. Call Father Cashen at 918.256.2281.

BAPTISM: Contact Father several weeks in advance if you have a child or a relative to be baptized.

MARRIAGE: Contact Father six (6) months prior to the wedding. Do not schedule a wedding date prior to talking to Father.

EMERGENCY CONTACTS

Deacon Anthony Hicks

918.559.9076

Cindy Allen, Administrative Asst.

918.244.5707

Fr. Valentine Ndebilie 918.825.4186

St. Mark, Pryor

Fr. Samuel Perez 918.542.5281

Sacred Heart, Miami

Fr. Valerian Gonsalves 918.786.9312

St. Elizabeth, Grove

Fr. Leonard Higgins 918.534.3420

St. Catherine, Nowata

Schedule of Masses & Events

Sun	February 26	10:00 am	MASS - First Sunday of Lent
		<i>After Mass</i>	CCD Classes (CCD Center)
Wed	March 1	5:00 pm	Meditation & Adoration, Confessions
		6:00 pm	Mass
Sun	March 5	10:00 am	MASS - Second Sunday of Lent
		<i>After Mass</i>	CCD Classes (CCD Center)
Wed	March 8	5:00 pm	Meditation & Adoration, Confessions
		6:00 pm	Mass
Sun	March 12	10:00 am	MASS - Second Sunday of Lent
		<i>After Mass (Parish Hall)</i>	Adult Education: "Religious Art" No CCD Classes
Wed	March 15	5:00 pm	Meditation & Adoration, Confessions
		6:00 pm	Mass

Today's Readings

First Reading — The man and the woman ate the fruit of the one tree that God had told them to avoid, and their shame overtook them (Genesis 2:7-9; 3:1-7).

Psalm — Have mercy on us sinners, O Lord (Psalm 51).

Second Reading — Death reigned from Adam to Moses, but now grace and life abound in Christ Jesus (Romans 5:12-19 [12, 17-19]).

Gospel — Jesus was led into the desert by the Spirit and there he fasted for forty days and forty nights (Matthew 4:1-11).

Temptation has been part of the world from the beginning. In the story of creation, humanity's first home is the garden in Eden, with the forbidden tree right in its center. We hear Adam and Eve succumb to the serpent's wiles in this garden of plenty. In its opposite - a barren desert - Jesus uses God's word to resist the temptations of the devil. Paul tells us that Adam and Eve's disobedience brought death into the world, but Jesus' obedience brought life. Let us listen to how the righteousness of truth can defeat the temptation of lies. - Pastoral Patterns

- Socially distanced seating: Front section to the left of the center aisle (the pews in front of the ambo) is reserved for social distancing.
- Holy Ghost Masses: Enter through west door; exit at both doors.
- Sanitizing procedures in Church occur before each Mass. Hand sanitizing stations are located in each entrance.
- The wearing of masks is voluntary.
- Bulletins and other handouts will not be used.
- The collection basket will remain near the entrance or donations may be mailed to: 120 W. Sequoyah Ave., Vinita, OK 74301.
- Take home any prayer aids, and please do not leave items in pews.
- Rosary, choir, and lay ministries remain suspended at this time.



Thank you for your cooperation!

TREASURES FROM OUR TRADITIONS

In a few weeks' time, at the Chrism Mass of the diocese, fresh sacramental oils will be blessed and chrism consecrated for use in every parish. Olive oil is the main ingredient of chrism, but with some exotic additives that change its character and purpose. Rich balsam and perfumes separate chrism from the pantry. Food no longer, it has a breathtaking aroma that is both alluring and enduring. The prayer of consecration is a good meditation for the coming Lenten season since it focuses us on the goal of our journey, linking it with the olive-bearing dove at the end of Noah's stormy voyage of forty days. The dove signaled the birth of a new world, a society reborn from the wreckage of the old, drowned world of sin. At the end of our Lenten journey, the oil of chrism will be poured down in abundance on the brows of catechumens and infants, as well as on those to be confirmed or ordained. Lent puts us in touch with the hard edges of life in need of salvation, and the chrism of Easter joy redeems and restores.

—Rev. James Field, Copyright © J. S. Paluch Co.

Prayer LIST

Sherry & Dewayne Cornwall,
Jeanette Crowell, Gail Curley,
Desiree & Caleb Curry,
Mae Davis, Ann Geyer,
Karen Janssen, Nancy Keene,
Donna & Micah Koon,
Roseline Brown Sparks,
Alice Nolen-Walston, Debbie Page,
Kevin Pemberton, Jimmie Sooter,
Jimmy Sweeney, Steve Willy

HEARTSWORTH ASSISTED LIVING

Ramona Thornton

HEARTSWORTH NURSING CENTER

Donna Hebda



ADULT EDUCATION

Featuring Diocesan Archivist

Dr. Joey Spencer

Sunday, Mar. 12: "Religious Art"

After Mass in Parish Hall

Sign-up Sheet in West Entrance

PRAY FOR OUR MILITARY



Navy

Jason Williams, Reserve, Mayport
Naval Station, Jacksonville, FL

Air Force

Zerek Alvarez, Tiffany Calabasa,
Sgt. Adam Crane, Cale Schumacher
Michael Ecterhoff, Afghanistan
Eric Wilks, Reserve, Tinker, OK

Marines

Lance Cpl. Gage Gardner, South Korea

IN SYMPATHY

Our prayers are with Debbie Page and family on the passing of her sister, Margaret Ann (Lodes) Mobley on February 15. A Celebration of Life in Vinita will be posted at a later date.



Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen.

CCD Class Schedule

FEBRUARY 2023						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				



MARCH 2023						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2023						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Snack Schedule

Drop off at CCD Center before Mass

2/26: Stecklein 3/05: A. Willy
3/19: Heidlage 3/26: Bires
4/02: Heidlage 4/16: Fimple
4/23: Montana/Sigler 4/30: Cashen

(No CCD 2/19, 3/12, 4/09)

SAINTS & SPECIAL OBSERVANCES

Sunday: First Sunday of Lent
Monday: St. Gregory of Narek; Julian Calendar Lent begins
Friday: St. Katharine Drexel; Abstinence; First Friday; World Day of Prayer
Saturday: St. Casimir; First Saturday

READINGS FOR THE WEEK AHEAD

Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

SIGN-UP SHEETS ARE IN WEST ENTRANCE TO REQUEST YOUR 2022 TAX LETTER!



FIRST SUNDAY OF Lent

FEBRUARY 26, 2023

At that time Jesus was
let by the Spirit into the desert
to be tempted by the devil.

Matthew 4:1

JESUS' MODEL OF FAITHFULNESS

Ashes and gardens, failings and faithfulness, death and life. As we enter into Lent, we are invited to turn our thoughts, hearts, and lives toward God and God's ways, to turn away from the death of sin, which separates us from God, and to embrace the gift of life offered in Christ, now and into eternity. Eve and Adam listened to the serpent rather than God who had given them a garden filled with beauty and abundance. On the contrary, Jesus stood firm in the face of temptation. This Lent, we ponder the choices we make in our daily lives, trust in God's mercy as we repent from sinfulness, and strengthen our commitment to discipleship, following Jesus' model of faithfulness.

TURN AWAY FROM SIN

Lent is a season in which we resolve to turn away from sin and turn toward Jesus. Turning away from sin requires us to admit that we miss the mark and fail to live as God desires. The first Sunday of Lent always includes a gospel account of Jesus facing temptation in the desert. Notice that it is not generic temptation Jesus meets, nor do we. Our temptations are personal, areas of particular weakness, situations in which, like Eve and Adam, we may rationalize and give in to sin rather than holding firm to what we know is right and just. Jesus gives us a model for meeting temptation: draw on the wisdom and truth found in sacred scripture and the teaching tradition of the Church to know what we must do or not do. Be strong and know that the Lord is with you as you resolve to be faithful.

TRUST IN GOD'S MERCY

"Be merciful, O Lord, for we have sinned." The refrain of today's Responsorial Psalm gives voice to our conviction that God is good and reminds us that we can trust in God's mercy as we face our sin, seek forgiveness, and resolve to avoid sin in the future. The more deeply we grow in relationship with Christ, the more sure of God's love we become. Rooted in this love, we can admit our failings and trust that God always desires to be close to us, drawing us into abundant life. Lent is a good time to seek God's mercy and forgiveness in the sacrament of reconciliation. We can take heart in the assurance that forgiveness awaits our repentant heart.

TODAY'S READINGS

Genesis 2:7-9, 3:1-7
Psalm 51:3-4, 5-6, 12-13, 17
Romans 5:12-19 [12, 17-19]
Matthew 4:1-11

LENT & EASTER

at Holy Ghost Catholic Church

ADULT EDUCATION

Featuring Diocesan Archivist Dr. Joey Spencer

Sunday - February 19

"Angelology": After 10 am Mass in Parish Hall

Sunday - March 12

"Religious Art": After 10 am Mass in Parish Hall

LENT

Ash Wednesday - February 22

Mass: 6 pm

Meditation & Adoration - March 1, 8, 15, 22, 29

Wednesdays: 5 - 6 pm

(Father will also hear Confessions from 5 - 6 pm)

Mass: 6 pm

HOLY WEEK

Palm Sunday - April 2

Mass: 10 am

No Mass - April 5

Holy Thursday - April 6

Mass: 7 pm

Good Friday - April 7

The Passion of the Lord: 3 pm

Holy Saturday - April 8

Mass: 7 pm

Easter Sunday - April 9

Mass: 10 am

No Mass - April 12



2023 Lenten Season: Time to Walk Again with the Lord in a Garden

Lent has arrived, the season of self-evaluation and of preparation for the coming of Easter and the Celebration of New Life, and Life renewed, and the Life we are yet to live for and with Christ.

And so as I was contemplating the "why bad things happen yet again to the baptized in Christ." I was shown the normal response that concerns Christ's justice and mercy. And as usual, I got several additional responses, some I didn't like. But that's to be expected, as I was reminded that I was in my finite, limited and diminished understanding of things and therefore cannot see the entire storyline of what God has created for me, let alone the rest of creation, but to continue to seek the Lord by what is presented to me, to continue to ask that I receive what I truly need.

So it is, that in seeking to understand, that one may choose to act as Christ would and then do so is one of the goods to come from these situations. There are untold blessings from on high that we will never see given during the testing of ourselves, our brothers, and sisters, but they are there.

And this much is certain: For us to grow in Christ, we must have opportunities to do so, and this is done by us spending time on the knees of our hearts. For in the recesses of our hearts is the truth of whom we serve and where we receive the graces with truth, in order to receive God's love and guidance as we put our neighbors' needs of Christ first before ours upon the altar on high.

I have been shown that the Story of Ruth is filled with our daily afflictions and graces to overcome what we don't understand; and thereby grow in the love of God, self, and neighbor. Most people never see the Trinitarian aspect to the way Christ brings forth our lives in respect to the 1st Commandment's loving truths.

In short, speaking to our heavenly family is paramount for each of us. And therefore each of us will be called upon to be focused at times upon and in the sufferings of others, as well as to suffer for others, but in all things it must be done from within the secrets of your heart. Do not let the left hand know what the right is doing.

Our Lady did this as she went through the Passion of her Son and Lord of all creation. Take a moment to be with her as she knows who her son is and why he is here, but must keep it all within her heart. She has no other human to speak to about it, as Joseph is gone. So she pours out her heartfelt pain to God the Father as His daughter. But in all of her love of Jesus, she never entertains the thought to ask God to remove the cup from him, for she knows what must be done as she is in God's will.

Let us pray in a heartfelt family way and ask our heavenly mother's help during this Lenten Season: That we may search our hearts as diligently as she, that we may live out our lives this coming year with a deeper relationship with Jesus, and walk closer to God our Father as we search out our past failures, seek forgiveness and a renewal of our covenant with God as we journey ever closer to our heavenly home and family, that we might also help create a better world here, too.

Deacon Hicks



NOW OPEN: Camp Rother Registration

Resident Summer Camp options are available for Grades 4-5 (July 12-14 mini week), Grades 6-8 (July 17-21), and Grades 9-12 (July 24-28). More details are available at <https://dioceseoftulsa.org/camp-rother>. Contact Sky Creed with scholarship requests or questions at 918.307.4907 or e-mail sky.creed@dioceseoftulsa.org.

January 18 - March 22: Diocesan Women's Bible Study (Tulsa)

...meets at Church of the Madalene to study the Acts of the Apostles. Cost is \$30 for the study, meeting Wednesdays from 9 am - 11:30 am. Bring a brown bag lunch. Contact Mary Hall at 918.284.4747 or e-mail: mnhall74@gmail.com.

February 24-26: Retrouvaille Weekend

Retrouvaille, a retreat for marriages in crisis, is scheduled February 24-26. For more information, call 918.695-7010, e-mail: 2034@retrouvaille.org, or visit <https://www.helpourmarriage.org>. The cost per couple is \$200/weekend.

March 1-4: Directed Lectio Retreat (Tulsa)

Learn to pray with the scriptures, guided by the Benedictine Sisters of St. Joseph Monastery at 2200 S. Lewis Ave. The retreat runs March 1 from 6:30-8:30 pm/March 2 and 3 from 8:30 am - 4 pm/March 4 from 8:30 am - 2 pm. There are times of silence, one-on-one time with a staff companion, prayer with the Sisters, and lunch. For more details and registration, visit: www.stjosephmonastery.org or contact Sr. Barbara Austin, Retreat Director at barbara.austinosb@gmail.com.

March 9: Sewing/Knitting/Crafting Event (Broken Arrow)

The Sewing Sisters at St. Benedict Church and the St. Rose of Lima Quilting Ministry at St. Anne Parish invite all ladies to attend a sewing/knitting/crafting event. It will be held on Thursday, March 9th at 1:00 pm at the Church of St. Benedict, 2200 W. Ithica Street, Broken Arrow. Groups will have their sewing/knitting items on display and will tell us about their ministry. We will also have guest speakers from DVIS, St. Francis Hospital, Madonna House, Crisis Pregnancy Outreach, Birthright, Blue Star Mothers and Jeanne Draughon, RN, BSN. Even if you don't sew or knit, you are welcome to join us. The theme will be St. Patrick's Day, the event is free and refreshments will be served. For more info, contact Meredith at 918-408-3985.

March 10-12: Spanish Marriage Encounter (Tulsa)

The next Spanish Marriage Encounter will be held at the Tulsa Marriott Hotel. For further details, contact Cristina Contreras at cristine.contreras@dioceseoftulsa.org.

March 11: JCYC

All junior high youth, grades 6-8, are invited to attend JCYC from 1-8 pm. This year's theme: COVENANT. Registration is \$25/person and closes March 1. Contact Sky Creed at 918.307.4907 or e-mail sky.creed@dioceseoftulsa.org.

March 24-26: Catholic Engaged Encounter (Tulsa)

The next Catholic Engaged Encounter will be at Holy Family Cathedral March 24-26, for couples preparing for the Sacrament of Matrimony. Register online at <https://tulsacee.org/weekends/march-24-26-2023/>.

April 1: Emmaus Retreat Day for Grieving Parents (Oklahoma City)

Serving the spiritual needs of grieving parents whose children of any age have died by any means, no matter how long ago. Join the Archdiocese of Oklahoma City Retreat Team in a warm and loving place to think, talk, feel and pray at the Archdiocese of Oklahoma City Catholic Pastoral Center, 7501 NW Expressway in Oklahoma City. Pre-registration is required by March 22 for this one-day spiritual retreat on April 1 from 9:30 am - 6:30 pm. Cost is \$20 for morning hospitality, lunch, dinner and retreat materials. Call Alex at 405-709-2755 or Diane at 800-919-9332 for more info.

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BEFORE
NOV 30: \$55

AFTER DEC 1: \$65

STUDENTS: \$39



Heather Khym



Fr. Donald Calloway



Dan & Stephanie Burke

A Day of Silence at the Abbey in preparation for Easter

April 1, 2023

As we prepare to celebrate the Paschal Mystery during Holy Week and Easter, spend some time in quiet reflection on the High Priestly Prayer of Jesus at the Last Supper.

Facilitator- Abbot Lawrence Stasyszen, OSB



ST. GREGORY'S ABBEY

1900 W. MacArthur Street
Shawnee, OK 74804
405-878-5491

As we prepare to celebrate the Paschal Mystery during Holy Week and Easter, spend some time in quiet reflection on the High Priestly Prayer of Jesus at the Last Supper. The day begins with Mass at 8:30 a.m. and ends after adoration around 3:00 p.m. Lunch is included. The cost is \$30 per person (if prepaid, \$35 at the door). Pre-registration is required. To register and pay on-line go to www.monksok.org (see link on home page). To register by phone, call 405.878.5656 or e-mail retreats@monksok.org.



The Eucharistic Revival

Days of Reflection 2023



The Bishops of the United States have launched a three year Eucharistic Revival whose mission and vision is "to renew the Church by enkindling a living relationship with the Lord Jesus Christ in the Holy Eucharist" by inspiring a "movement of Catholics across the United States who are healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and who are then sent out on mission 'for the life of the world.'"

The topics of St. Gregory's Abbey's Spring and Summer, 2023 Days of Reflection will focus on the significance of the Eucharist in the life of the Church.

The Great Sacrifice of Love - February 25th

Presenter- Abbot Lawrence Stasyszen, OSB

Pope Francis reminds us, "In the Eucharist, Christ is always renewing His gift of self, which He made on the Cross. His whole life is an act of total sharing of self out of love." This day will focus on the sacrificial nature of the Eucharist, and explore ways in which we can unite ourselves during Lent to Christ's great sacrifice of love.

A Day of Silence at the Abbey Preparing for Easter - April 1st

Facilitator- Abbot Lawrence Stasyszen, OSB

As we prepare to celebrate the Paschal Mystery during Holy Week and Easter, spend some time in quiet reflection on the High Priestly Prayer of Jesus at the Last Supper.

Transformation in Christ - April 29th

Presenter- Br. Damian Whalen, OSB

Through Baptism we have become adopted children of God who have "put on the new self" and are being "renewed...in the image of our creator." (Col. 3:10). Our participation in the Eucharistic life of the Church provides a significant means to bring about our transformation into the "full stature of Christ." This day will focus on the call to be conformed to the image of Christ.

Registration information:

Each session is \$30 per person (lunch is included) if prepaid, or \$35 if paid at door. Pre-Registration is required at 405.878.5656, retreats@monksok.org, scan QR code below, or go online to www.monksok.org.

Schedule:

Mass in Abbey Church - 8:30 a.m.
Registration (in Conference Center)- 9:15 a.m.
Morning Session- 9:30 a.m. - 11:30 a.m.
Midday Prayer and Lunch - 12:00 p.m.
Afternoon Session- 1:15 p.m. - 2:15 p.m.
Adoration of the Blessed Sacrament- 2:30 p.m.



Scan to register
and pay online.



ST. GREGORY'S ABBEY

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