

The Marian Medical Clinic at Saint Francis South is now seeing patients!

This clinic is focused on restorative fertility care in line with Catholic teaching. Women and couples struggling with metabolic issues, hormone ailments and subfertility across the menstrual lifespan – teens, women of childbearing years, and women in menopause – are encouraged to seek treatment. Any woman is welcome to set up an appointment, especially those experiencing the following conditions: menstrual cycle irregularities, subfertility, Polycystic Ovarian Syndrome (PCOS), endometriosis, menopause, weight management, cognitive fog, premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), postpartum depression (PPD) or anxiety, perinatal depression, recurrent miscarriage, or migraines (not an exclusive list). Natural Family Planning education is available and encouraged. Located in the Bishop's Building at Saint Francis South, 10507 E. 91st St., Ste. 250, in Tulsa.

Prioritize your health for your family.

Marian Medical Clinic provides healthcare with a focus on the family. The clinical team provides individualized health and wellness education and medical care with an emphasis on restorative reproductive health and natural family planning.

For more information or to schedule an appointment call 918-307-5440.



Saint Francis Hospital - South
Bishops Medical Building | 10507 East 91st St. Ste 250
Tulsa, OK 74133



OKTOBERFEST Saturday, Oct. 14

Vendor registration is open! As you attend craft fairs, farmers markets, etc. this summer, please invite quality vendors to contact the parish office to join us this year.

Oktoberfest information is available on our website at holyghostvinita.org.

We are still in need of paper sacks for ticket counting and all sizes of baskets for Silent Auction items.

We have enough milk jugs!



SACRAMENTS

Confession: By appointment only. To schedule, call 918.256.2281.

Baptism: Contact Father several weeks in advance.

Marriage: Contact Father 6 months prior to wedding. Do not schedule a date before talking with Father.

PARISH MEMBERSHIP

Welcome to our parish! Registration forms are available in each entrance to complete and give to Father.

Please also notify the parish office with any address, phone or e-mail changes.

Thank you!

HOSPITALIZED OR HOMEBOUND?

Contact Father or the parish office to continue receiving the pastoral care of the Church.

HOLY GHOST CATHOLIC CHURCH



JESUS WALKS ON THE SEA

SOLEMNITY OF THE ASSUMPTION



**120 W. Sequoyah Avenue
Vinita, Oklahoma**

Mass: Sunday 10:00 am
Wednesday 6:00 pm

PARISH STAFF

- REV. MICHAEL E. CASHEN, Pastor
918.256.2281
- DEACON ANTHONY HICKS
918.559.9076
- STEPHEN MILLER
Coordinator of Religious Education
918.791.5733
E-mail: holyghostcre@gmail.com
- CINDY ALLEN
Administrative Assistant
918.256.2281

CONTACT US

Office Hours: Tuesday and Thursday, 10:00 am - 4:30 pm

Phone: 918.256.2281

E-mail: holyghostvinita@gmail.com

Website: holyghostvinita.org

COVID PRECAUTIONS

The pew section directly in front of the ambo is reserved for socially distanced seating.

EMERGENCY CONTACTS

Fr. Valentine Ndebilie	St. Mark, Pryor	918.825.4186
Fr. Samuel Perez	Sacred Heart, Miami	918.542.5281
Fr. Valerian Gonsalves	St. Elizabeth, Grove	918.786.9312
Fr. Leonard Higgins	St. Catherine, Nowata	918.534.3420

THE HOLY POST

19th SUNDAY IN ORDINARY TIME

August 13, 2023

TODAY'S READINGS

FIRST READING: Elijah recognized God in the tiny whispering sound.
(1 Kings 19:9a, 11-13a)

PSALM: "Lord, let us see your kindness, and grant us your salvation."
(Psalm 85)

SECOND READING: Paul speaks the truth in Christ. (Romans 9:1-5)

GOSPEL: Jesus walks on the sea. (Matthew 14:22-33)

Today, God's word invites all of us to attune our hearts to recognize the presence of God around us. Sometimes you will find God in the midst of the storminess of life; at other times you will discover Him during moments of tranquility. Our lives can be like a boat tossed about by the waves, leaving us fearful and exhausted. But recall Jesus' final words to those He loved: "I am with you always". Trust in the One who overcame death itself to guide us through the rough waters of life. - Pastoral Patterns

**THE ASSUMPTION OF THE
BLESSED VIRGIN MARY**

**August 15, 2023
Holy Day of Obligation**

TODAY'S READINGS

FIRST READING: A woman is clothed with the sun and crowned with stars.
(Revelation 11:19a; 12:1-6a, 10ab)

PSALM: "The queen stands at your right hand, arrayed in gold."
(Psalm 45)

SECOND READING: Christ is the firstfruits of those who have fallen asleep.
(1 Corinthians 15:20-27)

GOSPEL: As David danced before the ark, so John leaps in his mother's womb in the presence of the Lord in the womb of Mary. (Luke 1:39-56)

At the end of her earthly life, the Blessed Virgin Mary, forever unstained by sin, was brought body and soul to heaven. Since it was through her that God's Son was born, and since her son brought redemption to the whole world, we can assume that our Blessed Mother was taken to heaven to be reunited with her beloved Son. Today we celebrate Mary, the Holy Mother of God, who intercedes for us as the Queen of Heaven, and who stands ready to welcome us to life eternal. - Pastoral Patterns

PARISH SCHEDULE

SUNDAY Aug 13
19th Sunday Ordinary Time 10 am

TUESDAY Aug 15
Assumption of Bl. Virgin Mary 6 pm

WEDNESDAY Aug 16
- No Mass -

SUNDAY Aug 20
20th Sunday Ordinary Time 10 am

WEDNESDAY Aug 23
Weekday Mass 6 pm

SUNDAY Aug 27
21st Sunday Ordinary Time 10 am

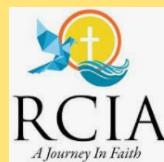
WEDNESDAY Aug 30
Weekday Mass 6 pm
† Park Carter, K.C. Montana Randolph

PRAYER LIST

Jeanette Crowell, Roben Carter, Gail Curley, Desiree & Caleb Curry, Mae Davis, Ann Geyer, Karen Janssen, Nancy Keene, Tate Riney, Roseline Brown Sparks, Alice Nolen-Walston, Debbie Page, Jimmie Sooter, Lynnda Sooter, Jimmy Sweeney, Leonard Taylor



Navy: Jason Williams
Marines: Gage Gardner
Air Force: Zerek Albarez, Eric Wilks, Adam Crane, Cale Schumacher, Michael Ecterhoff, Tiffany Calabasa



If you, a family member, or a friend are interested in learning more about the Catholic faith, please speak with Father for information on joining the next RCIA class.

CCD SIGN-UP SHEETS

...for the 2023-2024 school year are in each vestibule.

**ALSO: COMPLETE & RETURN
A REGISTRATION FORM
FOR EACH CHILD
IN GRADES K-12**

Registration forms are in the vestibules or can be completed online at holyghostvinita.org.



Any person who is a Sophomore or Junior in High School and is presenting himself/herself as a candidate for the

**SACRAMENT OF
CONFIRMATION**

this year must see Fr. Cashen and make their desires known.