



**SOME THINGS TO CONTEMPLATE IN THE SILENCE OF YOUR HEART,  
AS YOU SPEND TIME IN SELF-DISCIPLINE BEFORE THE EUCHARIST...**

**Q: WHAT IS MY LIFE LIKE? LOOK BACK 10 YEARS AND...**  
**IF YOUR LIFE SEEMS TO HAVE, NO TROUBLES, NO WORRIES...**  
**IF EVERYTHING SEEMS IN GENERAL TO BE GOING YOUR WAY....**  
**IF YOUR LIFE SEEMS TO BE A RELATIVELY THORNLESS EVENT....**  
**IF THE ROAD IN THIS LIFE SEEMS SMOOTH AND VERY FEW BUMPS...**  
**MAYBE... JUST MAYBE: YOU'RE TOO COMFORTABLE.**  
**PERHAPS YOU NEED TO REALLY ASK THE HARD QUESTION...**  
**HAVE I POSSIBLY SOUGHT AND ARE IN THE PURSUIT OF...**  
**THE WRONG CROWN?!**

**FINALLY, LOOK AT YOUR LIFE EACH DAY.** IT'S PART OF OUR  
 DAILY BREAD. WE PRAY FOR IT... SO WHY NOT PARTAKE OF THE  
 GIFT, **REMEMBER IT'S LIKE MANNA**, ITS GRACE HAS A 1 DAY SHELF  
 LIFE, IT'S FOR THAT DAY TO KEEP YOU SAFE AND BUILD UPON THE  
 NEXT! SO ENJOY YOUR MEAL BY SPENDING A ½ HOUR A DAY IN A  
 SELF HELP CHECK UP. BUT KEEP IN MIND THAT AFTER YOU START  
 MAKING CHANGES, THE ROAD MIGHT HAVE A FEW POT HOLES AND  
 SNIFFING A ROSE MIGHT HAVE A POKE OR TWO INVOLVED WITH THE  
 PROCESS. BUT NO MATTER WHAT HAPPENS, YOU ARE COVERED  
 EACH DAY AS YOU PARTAKE OF YOUR TIME AND MEAL WITH JESUS.  
 TIME SPENT WITH JESUS IN THE GARDEN, WOW WHAT A PRIVILEGE!  
**WHO KNOWS, YOU MIGHT ACTUALLY SLEEP BETTER AT NIGHT.**

This Reflection and Homily is courtesy of **Deacon B.D. Tidmore**.  
 I simply rearranged the format to bring forward the reflection that was lovingly and  
 skillfully woven into the fabric of this Homily. And to gently allude to the mystery  
 within the mystery, that we might have an easier time seeing the Light of Grace  
 within it and perhaps a sprinkle or two of Salt upon us all to flavor the mystery  
 within our own created image and likeness of God to explore.

Thank you for sharing this with me, Deacon Tidmore, and allowing me to share  
 this with others.

Your Brother in Christ,  
 Deacon Hicks

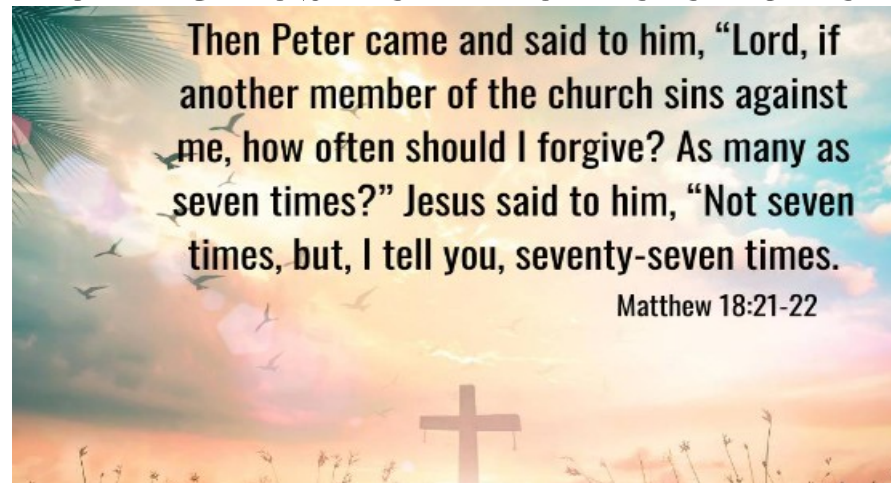
## SACRAMENTS

**Confession:** By appointment only. To schedule, call 918.256.2281.

**Baptism:** Contact Father several weeks in advance.

**Marriage:** Contact Father 6 months prior to wedding. Do not schedule a  
 date before talking with Father.

# HOLY GHOST CATHOLIC CHURCH



Then Peter came and said to him, "Lord, if  
 another member of the church sins against  
 me, how often should I forgive? As many as  
 seven times?" Jesus said to him, "Not seven  
 times, but, I tell you, seventy-seven times.

Matthew 18:21-22



**120 W. Sequoyah Avenue**  
**Vinita, Oklahoma**  
 Mass: Sunday 10:00 am  
 Wednesday 6:00 pm

## PARISH STAFF

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## CONTACT US

Office Hours: Tuesday and Thursday, 10:00 am - 4:30 pm  
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## COVID PRECAUTIONS

The pew section directly in front  
 of the ambo is reserved for  
 socially distanced seating.

## EMERGENCY CONTACTS

Fr. Valentine Ndebilie	St. Mark, Pryor	918.825.4186
Fr. Samuel Perez	Sacred Heart, Miami	918.542.5281
Fr. Valerian Gonsalves	St. Elizabeth, Grove	918.786.9312
Fr. Leonard Higgins	St. Catherine, Nowata	918.534.3420

# THE HOLY POST

**24th SUNDAY IN ORDINARY TIME      September 17, 2023**

## TODAY'S READINGS

FIRST READING: We cannot nourish anger and expect our own sins to be forgiven. *(Sirach 27:30 - 28:7)*

PSALM: "The Lord is kind and merciful, slow to anger, and rich in compassion."  
(Psalm 103)

SECOND READING: Whether we live or die, we do so in Christ.  
(*Romans 14:7-9*)

GOSPEL: Jesus says we must forgive not seven times, but seventy-seven times.  
(Matthew 18:21-35)

Today's readings remind us how important it is to forgive. Furthermore, they teach us to be forgiving people, showing mercy to all who have wronged us, whether in matters great or small. After all, at the end of our lives we believe we will be completely reliant on God's mercy to forgive our own many sins, great and small. Let us resolve to forgive our neighbor, to heal relationships, and to live lives of kindness and mercy.

- *Pastoral Patterns*

## September 28: Silent Auction With Wine & Cheese, Vinita



The women of St. John's Episcopal Church (522 W. Canadian) invite you to their Silent Auction With Wine & Cheese fundraiser on Thursday, Sept. 28 from 5-7 pm. Proceeds support Boys & Girls Club - Vinita, Craig County Neighbors Helping Neighbors, Vinita Day Center, Community Crisis Center, South Grand Meals on Wheels and more! Tickets \$10 purchased ahead or at door. Call 918.323.1261 for ticket info.

## OKTOBERFEST - Saturday, Oct. 14

Indoor vendor spaces are **SOLD OUT.**



Plenty of outdoor vendor spaces are available. Please invite quality crafts vendors to join us this year by contacting the Parish Office.

We still need all sizes of baskets for Silent Auction items, and a few paper sacks for ticket counting. **Volunteer signup sheets are now posted!**

Oktoberfest information is located on our website: [holyghostvinita.org](http://holyghostvinita.org).

## HOSPITALIZED OR HOMEBOUND?

Contact Father or the parish office to continue receiving the pastoral care of the Church.

## PARISH SCHEDULE

SUNDAY Sept 17  
24th Sunday Ordinary Time 10 am  
- *RE Classes in CCD Center*

WEDNESDAY	Sept 20
Weekday Mass	6 pm

**SUNDAY** Sept 24  
25th Sunday Ordinary Time 10 am  
- RE Classes in CCD Center

WEDNESDAY Sept 27  
Weekday Mass 6 pm

**SUNDAY** Oct 1  
26th Sunday Ordinary Time 10 am  
*- RE Classes in CCD Center*

WEDNESDAY	Oct 4
Weekday Mass	6 pm

## PRAYER LIST

Jeanette Crowell, Roben  
Carter, Gail Curley, Desiree &  
Caleb Curry, Mae Davis, Ann  
Geyer, Karen Janssen, Nancy  
Keene, Tate Riney, Roseline  
Brown Sparks, Alice Nolen-  
Walston, Debbie Page, Jimmie  
Sooter, Lynnda Sooter, Jimmy  
Sweeney, Leonard Taylor



Navy: Jason Williams  
Marines: Gage Gardner  
Air Force: Zerek Albarez,  
 Eric Wilks, Adam Crane,  
 Cale Schumacher, Michael  
 Ecterhoff, Tiffany Calabasa

## RELIGIOUS EDUCATION



## Listening to the "Call to Action" in the Gospel of St. Mark

October 14, 2023

*Presented by  
Fr. Thomas Boyer*



- **Religious Education Classes** begin TODAY in CCD Center
- **Snack Signup Sheets** will be posted for parishioners who wish to provide snacks for our classes

Register at [www.monksok.org](http://www.monksok.org),  
 retreats@monksok.org or 405.878.5296  
 Cost is \$30 (if pre-paid), \$35 at the door.



ST. GREGORY'S ABBEY  
DAYS OF REFLECTION

# RELIGIOUS EDUCATION CALENDAR

(1st 3 months)

SEPTEMBER 2023							OCTOBER 2023							NOVEMBER 2023						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
					1	2	1	2	3	4	5	6	7				1	2	3	4
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30		