



# Sacred Heart Cathedral

1300 Peger Road  
Fairbanks, AK 99709  
(907) 474-9032



Website: [www.sacredheartak.org](http://www.sacredheartak.org) • My Parish App: <http://www.myparishapp.com>

*Most Reverend Chad W. Zielinski, Bishop of the Diocese of Fairbanks*

## Clergy

Fr. Ross Tozzi, Rector: [rector@cbna.org](mailto:rector@cbna.org) Phone: 347-3005

Fr. Simon Jingbe: [sjingbe@cbna.org](mailto:sjingbe@cbna.org)

Fr. Humberto Aristizabal: Phone: 342-9105

Dcn. Robert P. Barnard, LPC-S: [barnardak@acsalaska.net](mailto:barnardak@acsalaska.net)

Dcn. Charles Bowman: [sbow36@hotmail.com](mailto:sbow36@hotmail.com) Ph: 687-3940

Dcn. Paul Perreault, [pvpengineer7@gmail.com](mailto:pvpengineer7@gmail.com)

## Administration

Deborah Leibe, Parish Office: [shcparishoffice@gmail.com](mailto:shcparishoffice@gmail.com)

Tamara Want, Bookkeeper: [shcbookkeeper1@gmail.com](mailto:shcbookkeeper1@gmail.com)

## Education

Michelle Seminario, Religious Education: [shc-re@cbna.org](mailto:shc-re@cbna.org)

Robert Bernard, Youth & Adult Ministry: [shc-yam@cbna.org](mailto:shc-yam@cbna.org)

## Outreach

Ann Nickerson, Stephen Ministry: [ann@cbna.org](mailto:ann@cbna.org) 978-5281

## *Anointing of the Sick*

Please let us know when you or others are sick, going into the hospital, or in a nursing home so they may be included in our prayers and receive a visit upon request.

## Baptism Classes

Baptism class is for parents of infants and children under the age of seven. To register, contact Robert Bernard at [shc-yam@cbna.org](mailto:shc-yam@cbna.org)

## Religious Education & Rite of Christian Initiation Of Adults (RCIA)

RE Classes begin September 19th. See our website or contact Michelle Seminario to register, or for questions. RCIA classes begin Sept. 9, 2021 and will take place on Thursdays from 7:30 to 8:45pm at the Cathedral. Contact: Robert Bernard.

## Marriage Preparation

Please contact Fr. Ross six (6) months prior to the wedding. In preparation for marriage, engaged couples are invited and asked to attend Beloved Classes (once a week for 6 weeks), and an Engaged Encounter weekend.

## Funerals

Contact the parish office at 474-9032 as soon as possible.

## Sunday Masses

Saturday 4:30pm

Sunday 8:00am & 11:00am

Spanish Mass: 1:00pm on Sunday  
St. Mark Mass at SHC: 5:30pm

## Daily Masses

Monday - Friday 7:30am

## Sacrament of Reconciliation

Saturday from 3:00 to 4:00 PM or  
By Appointment

## *ALTAR FLOWER DEDICATIONS*

Altar Flowers can be placed in the sanctuary in front of the ambo in celebration of a special event, in the memory of a loved one, or as an offering of thanksgiving. Please use the signup sheet located on the bulletin board between the offices or call Deborah in the parish office to schedule Mass Intentions.

## *Neighboring Parish Mass Times*

### Immaculate Conception (452-3533)

Saturday Vigil: 4:00pm

Sunday: 7:30am, 10:00am

Weekday: Mon, Tue, Th, Fri: 12:10pm, Wed 5:30pm

### Saint Raphael (457-6603)

Saturday Vigil: 6:00pm

Sunday: 9:30am

Weekday: Tue, Th: 9:30am, Wed 5:30pm

### Saint Nicholas, North Pole (488-2595)

Saturday Vigil: 5pm

Sunday: 9am, & 12pm

Weekdays: Mon, Tue, Th, Fri 9:00am, Wed 6pm

Welcome to Fairbanks and To Our Beloved Parish!



## Cathedral Mass Schedule • Mass Intentions • Readings

Day & Date	Mass	Mass Intention	Readings
<b>Sat Sept. 04</b>	4:30pm <b>6:30pm</b>	† Henry & Mary Lou Misiuk <b>Latin Mass (TBA)</b>	Col 1:21-23 · Lk 6:1-5
<b>Sun Sept. 05</b>	8:00am	Cathedral Parishioners	Is 35:4-7a · Jas 2:1-5 · Mk 7:31-37
<b>Spanish Mass</b>	11:00am 1:00pm <b>5:30pm</b>	† Tom Bruemmer Maria Paula Rodriguez (Health) <b>St. Mark Mass at the Cathedral</b>	
<b>Mon Sept. 06</b>	7:30am	† Johnie & Jessie Leabee	Col 1:24—2:3 · Lk 6:6-11
<b>Tues Sept. 07</b>	7:30am	† Cecilia Prada	Col 2:6-15 · Lk 6:12-19
<b>Wed Sept. 08</b>	7:30am	In Thanksgiving	Mi 5:1-4a or Rom 8:28-30 · Mt 1:1-16, 18-23 or 1:18-23
<b>Thurs Sept. 09</b>	7:30am	† Antonio Bautista	Col 3:12-17 · Lk 6:27-38
<b>Fri Sept. 10</b>	7:30am	† Tom Bruemmer	1 Tm 1:1-2, 12-14 · Lk 6:39-42
<b>Sat Sept. 11</b>	4:30pm	Steve Sparrow (B-day)	1 Tm 1:15-17 · Lk 6:43-49

### Sacrament of Reconciliation (Confession)

**Saturday: From 3:00 to 4:00 PM**

### Sacred Heart Live-Streamed Mass Sunday 11:00 AM

Go to Catholic Bishop of Northern Alaska Website at <http://dioceseoffairbanks.org/joomla/>

Click on the Facebook symbol at the top of the page. Scroll down and select “Videos” from the menu on the left. Then click on the Mass you would like to view. Thank you to our Bishop, Priests, and Deacons!

*Thank you so much for your Ongoing generosity!  
Your Contributions keep our parish running!  
And are Very Much Appreciated!*

**August 28 & 29 Collection: \$9,243**

### Mass Intention Requests

The practice of requesting a Mass Intention to be offered for friends or loved ones, living or deceased, is a beautiful part of our Catholic tradition. Just stop by the parish office or call the office at 474-9032 to schedule your Mass Intention.

### Pope Francis Monthly Intention

**“An Environmentally Sustainable Lifestyle. We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.”**

### Adoration of the Blessed Sacrament

Catechism quotes Pope John Paul II: "The Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world."



**"The Eucharist is a priceless treasure: by not only celebrating it but also by praying before it outside of Mass we are enabled to make contact with the very wellspring of grace."**

*~ Pope John Paul II*

### ADORATION TIMES

**Sacred Heart Cathedral**  
Thurs. 8:00am - 12:00pm

**Immaculate Conception Church**  
Wed. 6:00 - 7:00pm  
Adoration with Confessions  
First Friday at ICC  
6:00pm - 6:00am Adoration

**St. Raphael Catholic Church**  
Thurs. 3:00 - 8:00pm  
Second Thurs of the Month

**St. Nicholas Catholic Church**  
M, T, Th, F 8:30am and Wed 6:30pm

**If you have not completed the mandatory training for all volunteers, Serving Vulnerable Adults,” go to the following website and make sure you are up to date: <https://safeandsacred-fairbanks.org> If need help, contact Deborah in the parish office and she will be happy to help you. 474-9032 (Ext 0). All clergy, employees and volunteers are required to take this training.**





**Do you know the  
warning signs of an  
abuser?**

**Be on alert if  
another individual  
does the following:**

- Goes out of their way to spend time alone with your child.
- Prefers the company of children over adults.
- Showers your child with gifts or attention.
- Encourages your child to bend or break rules.
- Offers your child alcohol, drugs, or pornographic materials.



*Report Abuse*

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**Call: Office of Children's  
Services**

**1-800-478-4444**

**AND**

**Local Law enforcement**



## *Parent's Guide for Appropriate Boundaries*

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DIOCESE OF FAIRBANKS  
2021



# How can you help prevent your children from becoming victims?



Here are some tips:

- Talk with your children about appropriate boundaries.
- Let them know they can come to you if a situation makes them uncomfortable.
- Help your child become aware of methods used by those who wish to take advantage of them.
- Children will often tell a friend of abuse or of a situation when boundaries are violated. Talk with your child about how to help a friend who might be in trouble by talking with an adult.
- Let your children know that you will not punish them if they report suspicious or inappropriate behavior.

## If Your Child Discloses Abuse:



- **Stay Calm! Based on your reaction, your child will decide how to feel.**
- **Listen carefully**
- **Tell your child it was not his/her fault and that you love them.**
- **Tell your child they are believed, safe, and did the right thing in telling you.**
- **Report the abuse to local law enforcement and Office of Children's Services. They will get you the help you need.**

## What to Teach your Child

### *1. Teach the names of body parts*

Teaching the anatomical words for body parts lets a child know that it is okay and safe to discuss parts of their body with you. Knowing the correct names for body parts allows a child to express specifically and without ambiguity when a violation has occurred.

### *2. Teach rules about body parts*

It is important to teach children that their genitals are a part of their body that others do not touch or look at, outside of a medical exam when their parent is present. Your child should also be taught not touch or look at anyone else's genitals.

### *3. Teach what to do if someone breaks the rules*

Reassure your child that if someone else breaks these rules it is never their fault. Your child needs to know they will not be in trouble. Help your child to recognize adults they can go to if these rules are broken. Let your child know that when they tell of a broken rule, you can keep them safe.



## PLEASE PRAY FOR US . . . .

John Baysinger, Deborah Baysinger, Sr. Marita Soucy, Claire Desrochers, Oscar Restrepo, José Guarderas, Fredilma, Carlos y María Gloria, Marco Rodríguez, Socorro García, Felipe Hernández R, Christopher Maldonado H., Gerardo Hernández C., Marín García López, Rafael Almenares, Elsa González, Eliana Acevedo, Jesús Javier Ayal, Guillermina Córdoba, Deyanira Benavidez, Marco Hernando Torres Rodríguez, Ricardo Alfonso Rodríguez Sánchez, Carmen Ramírez, Martha Helena Rodríguez Portillo, Amelia Santander, Deborah Leibee, María Santander, Ingrid Guevara, Miriam Esparza de Torres, María Paula Rodríguez Torres, Gloria Fredricks, Lucila Correa, Rosa Castro, Millie Castro, Mariluz Restrepo Gaviria, Ricardo Rodríguez Portillo, Martha Benavidez, Gina Torres Esparza, Aury Hernández, Cristina Núñez, Aubrey y Christian Hernández, Estelita Hurtado, Protege Marco Torres y Myriam de Torres, Mireya Pérez, Jaime Bustamante Pedroso, Ken Mayfield, Raúl Carvajal Ponce, Familia Restrepo, Gina Torres Esparza, Peggy Mantei, Rose Wages, Marty Moriarty, Mary Sheets, John & Judy Higgins, Randy & Kristie Harris, Rose Marie Bruno, Josie Wooding, Leon Tomasic, Lorraine Salzman, Ashton Ishnok & Family, Rosalie L'Ecuyer, Chick & Carolyne Wallace, Ryan Baum, Winnie Atwood, Philip Klaas, Joe Greenwood, Jason Benigni, Toni Carterude.

## UPCOMING EVENTS

**Mon. Sept. 6: Labor Day:** Cathedral Offices Closed after 7:30am Mass.

**Tues. Sept. 7: SHC Book Club:** 12:30pm to 2:30pm in the Community Room. Book discussion is *The Spear: A Novel* by Louis de Wohl c. 1955.

**Voices of Hope Prayer Group:** 6 to 8:30pm in the Community Room.

**Formación Cristiana (con énfasis en las Sagradas Escrituras),** Por Zoom, 7 - 8pm.

**Wed. Sept. 8: Santo Rosario y Lectio Divina:** 7 - 9pm, Por Zoom

**Thurs. Sept. 9: RCIA Classes Begin:** 7:30 to 8:45pm at Sacred Heart Cathedral.

**Tues. Sept. 14: Voices of Hope Prayer Group:** 6 to 8:30pm in the Community Room.

**Formación Cristiana (con énfasis en las Sagradas Escrituras),** Por Zoom, 7 - 8pm.

**Wed. Sept. 15: Santo Rosario y Lectio Divina:** 7 - 9pm, Por Zoom

**Thurs. Sept. 16: RCIA Class:** 7:30-8:45pm at Sacred Heart Cathedral.

### ***Pray for Vocations***

"He makes the deaf hear and the mute speak." Are you being called to discipleship as a priest, deacon or in the consecrated life? Contact the Vocation Office at (907) 374-9504 or email: [vocations@cbna.org](mailto:vocations@cbna.org)

### ***SOUP KITCHEN NEEDS***

**Last week: 556 Meals — 69 Volunteer hours**

### **VOLUNTEERS ALWAYS NEEDED**

For more information or to help out, visit the webpage at <https://iccfairbanks.org/soup-kitchen> or you can call Soup Kitchen Coordinator, Nick Shamrell at (907) 452-3533.

### ***Religious Educations Begins Sept. 19, 2021***

Religious Education classes begin September 19th and take place on Sundays at the church from 9:30 to 10:45am. You may register online at our website at [sacredheartak.org](http://sacredheartak.org) by clicking on the Religious Ed Button on the home page. There is a fee of \$30 per family which can be made in person. Thank you for being part of Sacred Heart Cathedral and allowing us to help your family grow in their faith formation! Contact Michelle Seminario with any questions or concerns at [shc-re@cbna.org](mailto:shc-re@cbna.org) Also, please let Michelle know if you would like to help with Religious Education.

### ***RCIA (Rite of Christian Initiation for Adults)***

Interested in joining the Catholic Church or learning more about your faith? Feel called to walk with those growing their faith in Christ? Christian Initiation classes for those interested will be held at Sacred Heart Cathedral on Thursday nights from 7:30 to 8:45pm. The first meeting will be on September 9th. All are invited to attend—there is no commitment required, only an interest in growing your faith.

### ***Youth Group***

High School age youth (at least 14) are invited to join us for another fun, faith-filled year of Youth Group activities. Youth Group will take place on Friday evenings from 7:30 to 9:00pm at Sacred Heart Cathedral. Those interested should contact Youth Ministry Coordinator, Robert at [shc-yam@cbna.org](mailto:shc-yam@cbna.org) Watch the bulletin for updates!

### ***Attention Crafters, Cooks, Bakers!***

This winter, the Hospitality Committee would like to bring back our Christmas Bazaar. We would appreciate any of your creations that you could donate for sale, including but not limited to homemade crafts, ornaments, artwork, baked goods, frozen casseroles, etc. Items will be accepted at the church two weeks prior to the bazaar. The exact date will be announced soon. Please keep an eye on the bulletin for updates. If you have any questions, contact Katerina at 907-451-1015. Thank you!



FOR INFORMATION ABOUT PARISH ACTIVITIES, RELIGIOUS EDUCATION, SACRAMENTS, AND MUCH MORE, VISIT OUR WEBSITE AT [sacredheartak.org](http://sacredheartak.org)



## Ann's Greenhouse

907-479-6921

Started by Ann in 1966  
780 Sheep Creek Road  
Fairbanks, Alaska 99709  
(Mon-Sat 9 to 6; Sun. 12 to 5)

**Fresh vegetables and berries now available.**

**U-pick or we pick. M – Sat 9am – 6pm; Sun 12 – 5pm**

## ASSOCIATES OF THE SISTERS OF ST. JOSEPH

For information on how to become an Associate of the Sisters of St. Joseph (men or women), please email Patty Walter at 374-9536 or [pattywalter@hotmail.com](mailto:pattywalter@hotmail.com). We generally meet once a month on the first Thursday at Sacred Heart Cathedral. The Associates of St. Joseph make an annual commitment to lead lives that strive to work for justice, reach out to those in need, and to build relationships in the spirit of hospitality and simplicity. We have been an active group in Fairbanks since 1987.



*Estate Planning • Wills & Trusts • Probate  
Business Law • Real Estate Law*

## AVERETT & HOLMES

ATTORNEYS AT LAW LLC

Heidi M. Holmes, J.D., LL.M.  
Monroe Catholic High School Class of 2000

Denali State Bank Building  
119 N. Cushman St., Ste. 400 (907) 452-1700  
Fairbanks, AK 99701 [heidi@averettholmes.com](mailto:heidi@averettholmes.com)

## Sacred Heart Cathedral Book Club

**First Meeting: Tuesday, Sept. 7, 2021  
12:30ap to 2:30pm in the Community Room**

**September** - *The Spear*: A Novel by Louis de Wohl c. 1955.

**October** - *Why Catholicism Matters*: How Catholic Virtues Can Reshape Society in the 21st Century by Bill Donohue c. 2012.

**November** - *Because of Our Fathers*: Twenty-three Catholics Tell Us How Their Fathers Led Them to Christ. c.2020.

**December** - Christmas potluck and gift exchange.

## GET FREE CATHOLIC CONTENT ON FORMED.ORG

Our parish has access to a great online resource, FORMED. This site gives parishioners the opportunity to watch quality Catholic full-length movies, lead small group faith formation and Scripture study in their home, download books and listen to CD's on our faith all in one location!

- (1) Log onto: [formed.org/signup](http://formed.org/signup)
- (2) Find our Parish by Typing in Fairbanks and selecting Sacred Heart Cathedral
- (3) Click Next, then fill in your name and email address.
- (4) Start accessing content!

## Little Flower Ministries 92.7 FM

For information please contact: Robin Barrett at 479-5283, Cherie Kelly at 378-7047 or call the KQHE Studio at 451-4868



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Bishop Kaniecki Council No. 13566  
Sacred Heart Cathedral  
Fairbanks, Alaska

## Join the Knights of Columbus

Knights are Catholic men who are committed to making their community a better place, while supporting their Church. Being a Knight is more than camaraderie; it is being involved with your community; it is supporting your local Catholic Church, while enhancing your own faith; it is about protecting and enhancing your family life.



Visit [kofc.org/joinus](http://kofc.org/joinus)

## 3 Reasons to Choose CSF

1. Jesus is at the center of our teachings
2. Academic excellence
3. Your child is known by name



[www.catholic-schools.org](http://www.catholic-schools.org) | 907-313-3062

Please have bulletin articles submitted by Wednesday Noon in order to allow for timely completion and printing of the weekend bulletin. Articles may be edited as needed.