

Holy Trinity Catholic Church

Enter the confessional and kneel or sit on the side of the screen.

Make Sign of The Cross

Bless me Father for I have sinned. This is my first confession.

{State the sins you are truly sorry for, it is with a contrite heart we grow closer to Jesus}

Listen to the advice Father Khanh gives you and accept the penance from him.
Then make the Act of Contrition Prayer below. ↓



Next: Act of Contrition Prayer

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Father Khanh will grant you absolution and then conclude with “The Lord has freed you from your sins. Go in peace.” And **you respond by saying: “Thanks be to God.”**

After you leave the confessional, perform your penance as soon as possible.

Hail Mary	Our Father	Glory Be
Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.	Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.	Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning is now and ever shall be world without end. Amen.

Remember, Jesus loves you. You are designed on the palm of God's hand. You are made for good. You are made for joy. Confession frees us from sin and restores our relationship with Jesus Christ.