

St. Bernard of Montjoux

is the patron saint of alpinists, climbers, backpackers, and skiers. His memorial day is May 28.

As Adventurous Catholics we enjoy fellowship sharing our faith journey while exploring God's creation. He sets a fascinating table to capture our attention inviting us to a deeper relationship with Jesus.

Outings At A Glance

This Month

- † March for Life - Chattanooga
- † Wilderness Hike (8 mi)
- † Wilderness Hike (5mi)
- † Camino de Santiago Anyone?
- † Indoor Climbing

Weekly

- † Mondays - Riverwalk (90 minute)
- † Tuesdays - Feed the Homeless
- † Fridays - Raccoon Mtn Hike (2 hour)

Hopefully February's weather will be kinder to us since there's lot's to do this month.

In addition to two hikes we'll add the March for Life, some indoor climbing and a video conference to discuss planning a pilgrimmage along the Camino de Santiago in the spring.

**March for Life
Saturday January 31st**

Let's show our support for the unborn and join in the March for Life!!

Exhibition @ 11:15am

Rally @ 12:00pm

Walk 1:00 pm

Walker Pavillion - Coolidge Park

120 River Street - Chattanooga

Disclaimer - Be Sure To Read

Gahuti Backcountry Trail - 8 mile Wilderness Hike

Saturday February 14th @ 9am

Let's get a workout at Fort Mountain State Park in Georgia! This **strenuous** 8 mile loop winds around the peak of the mountain with a number of elevation changes that yield a combined 1,581'. The reviews boast of beautiful views but caution that plenty of time should be allotted. **Be sure to bring plenty of water, snacks and lunch!**

NOTE: If you are not a Georgia State Park Pass holder there is a per vehicle day use fee.

If interested, email

AdventurousCatholics@gmail.com to get on the list for notifications of cancellation, changes, etc.



[Click here for Google Map to meeting spot](#)

[Click here for details on AllTrails site](#)

Despite what AllTrails says I expect this hike to take 5 - 6 hours

Benton Falls and Slick Rock Trail Loop - 5 mile Wilderness Hike

Saturday February 28th @ 9am

This moderate loop should offer some nice views and scenic waterfalls. The total length is 5 miles with only 600' elevation gain. The trailhead appears to be inside a campground and it could be confusing to meet up there. Let's plan to meet up 30 minutes earlier at the McDonald's on US64 in Occoee (8:30am) where there should be cell service. We'll caravan from there.

- Be sure to bring plenty of water, snacks and lunch.

NOTE: It is not clear whether there is an entrance fee so bring some cash or a check.



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River Walk - 90 min urban hike

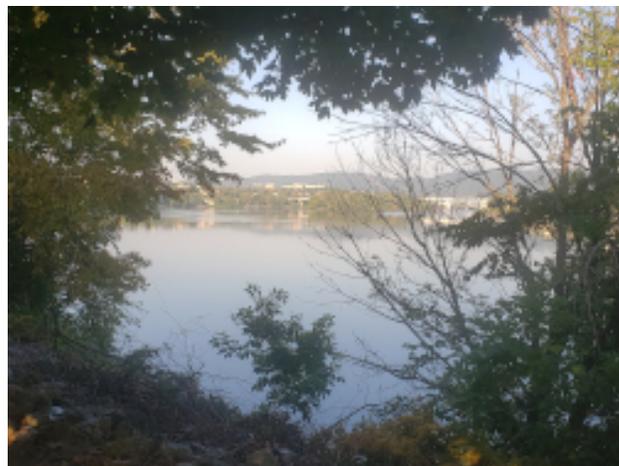
Every Monday at 8am

Start the week off with a brisk walk along the Tennessee river. We are blessed to have such a wonderful resource at our doorstep!

Meet us at the Amnicola Trailhead - Lost Mound Trail Head of the Tennessee Riverwalk Park.

Total time should be just under two hours depending on how long we spend at the midpoint restrooms.

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the list for notifications of cancellation,
changes, etc.**



[Riverwalk Website](#)

[Google Map of meeting spot](#)

Raccoon Mtn - 2 Hour Woodland Path Conditioning Hike

Every Friday at 8am

Experience a bright morning in the woods at one of our local gems.

This moderate wooded path hike is a double loop with the start/end point in the middle. The first loop is 2.3 miles and the second is 3.1 for a total of 5.4 miles.

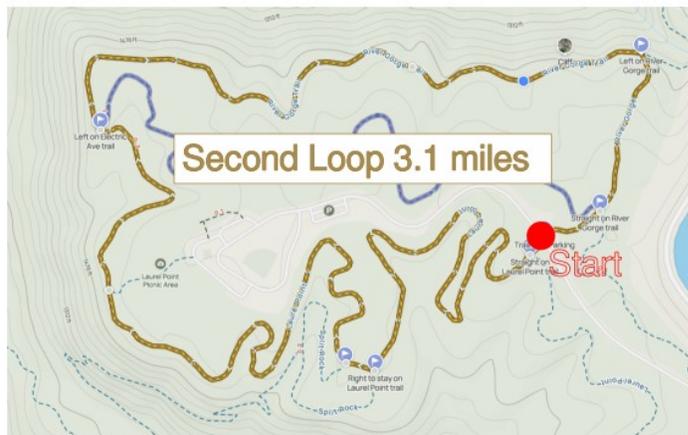
Each loop consists of a clearly marked path over several modest elevation fluctuations for a cumulative gain of 446'.

Join us for one or both loops depending on what your time and ability allow.

Total time for both loops is approximately two hours.

Please be aware the only available bathroom is a single porta-poti (not for the faint of heart) since the restrooms are closed for the season.

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[Google Map of meeting spot](#)

Feed the Homeless @ ChattFoundation

Every Tuesday at 3:15pm

As adventurous Catholics here's an opportunity to participate in corporal works of mercy and stretch ourselves beyond our comfort level! The Chatt Foundation has been serving the homeless and most vulnerable of our community for over 40 years. Started as the Chattanooga Community Kitchen they have fed hundreds of thousands of the hungry and over time they have added numerous other services.

Take 90 minutes out of your afternoon to volunteer as part of our small team of five providing needed resource to plate dinners at the cafeteria. No



experience is necessary, if you can put food on a plate you're good to go. The foundation staff takes care of cooking, handing out the trays and managing the homeless individuals. You will need to read and sign a waiver with the ChattFoundation prior to participating.



The foundation requires a waiver before participating!

so

email AdventurousCatholics@gmail.com for details

[Click here for details about the Chatt Foundation](#)

Camino Anyone? - Video meeting Thursday February 12 @ 7pm

I'm holding a Google Meet video call to discuss plans to do the Camino de Santiago in the Spring. If you think you may be interested or would just like to find out about it please join the meeting. You can access the meeting link via our calendar.

[Click HERE to access the calendar](#)

Indoor Climbing - High Point Climbing & Fitness

Sunday February 22nd at 12:30pm

Let's get a full body workout doing some indoor climbing.

No experience necessary they have a short orientation for first timers.

If you are not already a member you will need to purchase a daily pass.

They also rent the gear you'll need if you don't have your own harness & shoes.

Check their website for rates.

The gym has a Kid Zone with climbs for ages 4 and up!

**[Click here for the High Point website](#)
[219 Broad Street - Chattanooga](#)**

DISCLAIMER

BE SURE TO READ AND ACCEPT BEFORE YOU RSVP OR ATTEND ANY EVENT

You acknowledge that some element of risk is associated with every outdoor activity. Risks may be, but are not limited to, physical injuries such as abrasions, lacerations, broken bones, blindness or death. You should be in appropriate physical condition for the activity in which you plan to participate, consult your doctor or medical professional with any questions you have regarding your ability to participate.

WHEN YOU RSVP AND / OR ATTEND ANY EVENT, YOU WAIVE ALL RIGHTS TO MAKE ANY LEGAL CLAIM AGAINST this group's organizers, the "Adventurous Catholics" group, the "Forever Young Catholic" group, the Basilica of Saints Peter and Paul of Chattanooga, it's officer's or staff or that of the Roman Catholic Diocese of Knoxville TN for any injury or misfortune that occurs related to participation in this event and any activity related to it.

By joining this group and attending this event, you are demonstrating that you understand that **YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY AS WELL AS THE SAFETY OF CHILDREN, PETS OR ANYONE ELSE THAT ACCOMPANIES YOU AND HAVE MADE THEM AWARE OF THE RISKS INVOLVED.**

You further understand that the organizers are not professional guides and **ALL OUTINGS ARE AT YOUR OWN RISK.**

Should you decide to break away from the group for any reason you understand that **YOU ARE RESPONSIBLE FOR YOUR OWN SAFE RETURN.**