

LUNCH

SEPTEMBER 2022

Monday

Tuesday

Wednesday

Thursday

Friday



Welcome Back to School 4

Welcome Back to School 5

Welcome Back to School 6

Welcome Back to School 7

Welcome Back to School 8

Dino Nuggets
Mashed Potatoes
Corn
Fresh or Chilled Fruit 11

Grilled Cheese Sandwiches
Fries
Mixed Vegetables
Fresh or Chilled Fruit 12

Breakfast for Lunch
Pancakes
Sausage, Hash Browns
Fresh or Chilled Fruit 13

Chicken in Teriyaki Sauce
Rice with corn
Fresh or Chilled Fruit 14

Pompeii Pizza
Caesar Salad
Fresh or Chilled Fruit 15

Chicken Tenders
Fries
Green Beans
Fresh or Chilled Fruit 18

Meat Sauce
With Spaghetti
Diner Roll
Peas
Fresh or Chilled Fruit 19

Breakfast for Lunch
French Toast Sticks
Sausage, Hash Browns
Fresh or Chilled Fruit 20

Ham and Cheese Sandwiches
Lettuce, Pickles
And Chips
Fresh or Chilled Fruit 21

Pompeii Pizza
Cucumber Salad
Fresh or Chilled Fruit 22

Chicken Nuggets
Fries
Mixed Vegetables
Fresh or Chilled Fruit 25

Cheese Burgers
Hamburger
Lettuce and tomato
French Fries
Fresh or Chilled Fruit 26

Breakfast for Lunch
Waffles
Sausage
Hash Brown
Fresh or Chilled Fruit 27

Hotdog on a Bun
French Fries
Green Beans
Fresh or Chilled Fruit 28

Pompeii Pizza
House Salad
Fresh or Chilled Fruit 29

Ham/Cheese, Ham only, Cheese only, PB&J, Fresh Salads, Fruit Salad, All Lunches are served with regular low fat

White or Chocolate Milk, Apple and Orange juice offered only Tuesday and Thursday

Snack: Potato chips \$1.00, Granola Bars \$1.00, Small Water \$1.00 Large Water \$1.50

Chocolate and Sugar Cookies \$0.75, Ice Cream (every day) \$1.50