## AN EXAMINATION OF CONSCIENCE FOR CHILDREN

## Responsibilities to God

- Have I prayed every day?
- Have I prayed my morning prayers and night prayers?
- Have I prayed with my parents and with my family/
- Have I been rebellious about praying and going to Church on Sunday?
- Have I asked the Holy Spirit to help me whenever I have been tempted to sin?
- Have I asked the Holy Spirit to help me to do what is right?

## Responsibilities to Others

- Have I been obedient and respectful to my parents?
- Have I lied or been deceitful to them or to others?
- Have I been arrogant, stubborn or rebellious?
- Have I talked back to my parents, teachers or other adults?
- Have I pouted or been moody?
- Have I been selfish toward my parents and siblings?
- Have I gotten angry at my parents, siblings, teachers, friends or peers?
- Have I gotten so angry I've fought with them?
- Have I held grudges or not forgiven someone?
- Have I treated other children with respect or have I made fun of them/called them names?
- Have I used bad language?
- Have I stolen anything?
- Have I done my chores and homework when being asked?
- Have I been helpful and affectionate toward my family?
- Have I been kind and generous with my friends?



