A painting of a mountain valley with a river. The mountains are rendered in shades of blue, purple, and brown, with snow-capped peaks. The river flows through the center of the valley, reflecting the sky and the surrounding landscape. The overall style is impressionistic and textured.

I am *blessed*
in the Lord

Soy *bendecido*
en el Señor



Anointing of the Sick a Sacrament of Healing

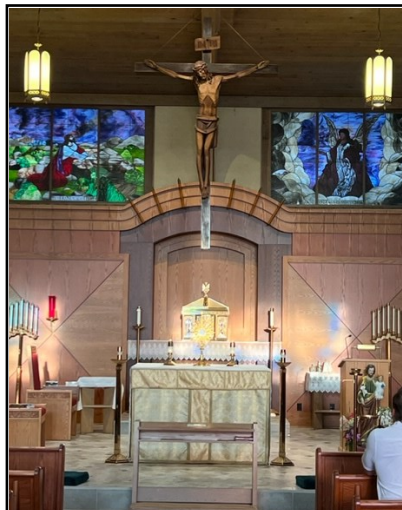
Do you have a family member who is transitioning to Hospice or is homebound and in need of Anointing or Confession? Please contact the Parish Office at 269-925-2425.

Please Pray For Our Sick

Gary Allison
 Gabriel Andersen
 Anna Anderson
 Path Appleton
 Andrew Bain
 The Benson Family
 Pam Blakeman
 Lee Boardman
 Sharon Calahan
 James Carpentier
 Cole Childress
 Jake Costanza
 Grace deBest
 April Dornseif
 Christian Dornseif
 Sally Eberhard
 Sarah Fairthorne
 Sandy Fenderbosch
 Carol Frosolone
 Rose Fuller
 Gabe Galligan
 Steve Gaunder
 Donna Gregg
 Mike Hall
 Anita Hicks
 Philip Hild

David Hines
 Michelle Horton
 Barbara Hosbein
 Martha Hudson
 Fr. Bill Jacobs
 Nancy Johns
 Lynne Jones
 Thomas Jones
 Theda Koshar
 David Liddle
 Philippe Lloren
 Cindy MacDonald
 Betsy Marchi
 Robert Martin
 Janine McDonough
 Mic McDonough
 Jackie Miller
 Ted Mills
 Jeff Mitchell
 Dorthey Myrick
 Larry Olson
 Sam Pantelleria
 Anna Post
 Mary Ann Puchinsky
 Kim Puleo
 Mario Reich

Jolene Richards
 Kristy Schmitt
 Michael Sears
 Ann Shembarger
 Martha Shuler
 Deanna Signor
 Dave Simaz
 Arlene Sisson
 Don Smith Jr.
 Mark Smith
 Mary Smith
 Joseph Stainer
 Ruth Still
Nancy Summerfelt
 The Tezich Family
 James Thomas, Jr.
 Shirley Thomas
 Terry Wallis
 Connie Weaver
 Brian Wilder
 Julie Wilder
 Ruth Ann York
 Mary Zielke
 Lottie Zmyslo
 Special Intentions



Adoration

Mondays St. Bernard's
 9:00 am - 4:30 pm

Fridays St. John's
 8:00 am - 12:00 noon

First Friday of the month
 St. Bernard Church (enter door #8)
 8:00 pm—12:00 midnight

Our goal is to have two people for each hour. Is God asking you to come and be with Him? To sign up, please call **269-925-2425**.

Ministry Schedule



Saturday, January 31, 5:00 pm Mass

Lector.....Marcia Grover
 EMHC.....Laura Bradley & Darla Nickel
 Ushers.....Michael Bradley,
Joe Campbell, & Gary Cecchi

Sunday, February 1, 9:00 am Mass

Lector.....Youth Mass
 EMHC.....Tracy Koshar & Dan Frosolone
 Ushers..... Mike Damico,
Sara Hassle & Tim Hamilton

Sunday, February 1, 11:00 am Mass

Lector.....Rajesh William
 EMHC.....Terri Wallis & Shurlie Rochefort
 Ushers.....Paul Maloney, Jeff Chorny,
Richard Johnson, & Tom Schueneman

Sunday, Febrero 1, 12:30 pm Mass

Lector.....Nohemy Zarco, Yessica y Karina

Saturday, February 7, 5:00 pm Mass

Lector.....Peg Pinkowski
 EMHC.....Laura Bradley & Darla Nickel
 Ushers.....Michael Bradley,
Joe Campbell, & Jim Visin

Sunday, February 8, 9:00 am Mass

Lector.....Lia Hartline
 EMHC.....Janet Nahikian & Debbie Dibble
 Ushers..... Mike Damico,
Sara Hassle & Tim Hamilton

Sunday, February 8, 11:00 am Mass

Lector.....Youth Mass
 EMHC.....Judy Steed & Shurlie Rochefort
 Ushers.....Paul Maloney, Jeff Chorny,
Richard Johnson, & Tom Schueneman

Sunday, Febrero 1, 12:30 pm Mass

Lector.....Nora, Sandra y Valeria



Candlemas February 2nd

St. Bernard Church

Join us on Monday, February 2 at 5:30 pm Mass, at St. Bernard Church for Candlemas. Traditionally, Father will bless candles that will be used throughout the year.

Mass Intentions

Saturday, January 31

5:00 pm †Butch Mammina,
by Sharon WheelerSB

Sunday, February 1

9:00 am †Linda Mitchell,
by Dave & Donna Barry.....SJ

11:00 am †Howard Birkenfeld, (birthday)
by Tammy O'BrienSB

12:30 pm (Español) Our Parish Family .SB

Monday, February 2**Mary Seymour**

5:30 pm †Butch Mammina,
by Gina KruckSB

Tuesday, February 3..... **Peter Shaffer**

8:00 am †Craig Campbell, (birthday)
by the Campbell Family.....SJ

Wednesday, February 4..... **Peg Pinkowski**

9:00 am †Linda Heil,
by Matt & Sarah McGough ..SB

Friday, February 6 **Darla Nickel**

8:00 am †Terrance Murphy,
by Eileen Healy.....SJ

Saturday, February 7

5:00 pm †Butch Mammina,
by Darlene MosherSB

Sunday, February 8

9:00 am †Dr. C. Bassett Brown,
by Perla TolentinoSJ

11:00 am †*Jeff Wallis,
by Terry WallisSB

12:30 pm (Español) Our Parish Family .SB

† Indicates Deceased • * Indicates Death Anniversary

Scripture Readings

For the Week of February 1, 2026

Sunday

Fourth Sunday in Ordinary Time - G

Zep 2:3; 3:12-13; Ps 146:6-7, 8-9, 9-10; 1 Cor 1:26-31;
Mt 5:1-12a

Monday

Feast of the Presentation of the Lord - W

Mal 3:1-4; Ps 24:7, 8, 9, 10; Heb 2:14-18;
Lk 2:22-40 or 2:22-32

Tuesday

Tuesday of the Fourth Week in Ordinary Time - G

2 Sm 18:9-10, 14b, 24-25a, 30; 19:3; Ps 86:1-2, 3-4, 5-6;
Mk 5:21-43

Wednesday

Wednesday of the Fourth Week in Ordinary Time - G

2 Sm 24:2, 9-17; Ps 32:1-2, 5, 6, 7; Mk 6:1-6

Thursday

Memorial of Saint Agatha, Virgin and Martyr - R

1 Kings 2:1-4, 10-12; 1 Chr 29:10, 11ab, 11d-12a, 12bcd;
Mk 6:7-13

Friday

Memorial of St. Paul Miki and Companions, Martyrs - R

Sir 47:2-11; Ps 18:31, 47 and 50, 51; Mk 6:14-29

Saturday

Saturday of the Fourth Week in Ordinary Time - G

1 Kings 3:4-13; Ps 119:9, 10, 11, 12, 13, 14; Mk 6:30-34

Boast in the Lord

Fourth Sunday in Ordinary Time

What are you most proud of? What do you like to boast about? Were you top of your class in college? Do you work harder than anyone in your office? Everyone likes to have something they are the best at, or at least very good. But it really is kind of silly to base your own worth on what you accomplish. What truly makes us important is that we are loved by God. Our second reading tells how God uses the foolish, weak, or poorest people to shame those who are wise, strong, and wealthy. Why? Because God loves the poor, the weak, the disabled, the homeless just as much as God loves the important people.

And it's not just the external qualities that are important. Some wealthy people have great love for the poor. Some of the best teachers only work with disabled children. Our Gospel on the Beatitudes today makes that clear if you listen carefully. Blessed are not just the poor, but the poor in spirit; not only the hungry, but those who hunger for righteousness. That's what Saint Paul means when he says, "Whoever boasts, should boast in the Lord" (1 Corinthians 1:31).

So how do we get to be "important" to God? Instead of asking God to make my projects a success, I can ask what God wants me to do. And for all the good that you do, remember to thank the Lord.

Tom Schmidt



**MARDI GRAS
FUNDRAISER
DINNER**

Come support the youth of our parish as they fundraise for their summer trips! All for a free will donation of any size.

**Tuesday, February 17th
6:00 - 7:30 PM
St. Bernard Parish Center**

SS JOHN AND BERNARD PARISH

40 HOURS DEVOTION

FEBRUARY 26 -28

JOURNEY WITH JESUS: FROM DEATH TO LIFE
JOIN US IN THE CELEBRATION: CHRIST IS IN OUR MIDST.

THURSDAY, FEBRUARY 26TH

6:00 PM - MASS OF EXPOSITION

7:00 PM - MUSICAL REFLECTIONS AND CONFESSIONS

8:00 PM - VESPERS (EVENING PRAYER)

9:00 PM - EUCHARISTIC LITANIES

10:00 PM - COMPLINE (NIGHT PRAYER)

11:00 PM - DEDICATED FOR PRAYER FOR THE RETURN OF FALLEN AWAY CATHOLICS

FRIDAY, FEBRUARY 27TH

12:00 AM - 4:00 AM - SILENT ADORATION

5:00 AM - EUCHARISTIC LITANIES

6:00 AM - DEDICATED FOR PRAYER FOR HOLY VOCATIONS FOR OUR YOUTH

7:00 AM - LAUDS (MORNING PRAYER)

8:00 AM - HOLY MASS

9:00 AM - THE ROSARY - THE JOYFUL MYSTERIES AND CONFESSIONS

10:00 AM - LITURGY OF THE WORD WITH BENEDICTION

11:00 AM - DEDICATED FOR PRAYER FOR OUR DIOCESAN SEMINARIANS

12:00 PM - THE ROSARY - THE SORROWFUL MYSTERIES AND CONFESSIONS

1:00 PM - EUCHARISTIC LITANIES

2:00 PM - DEDICATE FOR PRAYER FOR OUR PARISH PRIESTS AND DEACON

3:00 PM - THE DIVINE MERCY CHAPLET

4:00 PM - EUCHARISTIC FERVORINO

5:00 PM - STATIONS OF THE CROSS

6:00 PM - VESPERS (EVENING PRAYER) AND CONFESSIONS

7:00 PM - VIA CRUCIS EN ESPANOL - STATIONS OF THE CROSS IN SPANISH

8:00 PM - ADORATION FOR TEENS

9:00 PM - ORACIONES EN ESPANOL - PRAYERS IN SPANISH

10:00 PM - MEN'S ADORATION HOUR

11:00 PM - COMPLINE (NIGHT PRAYER)



SS JOHN AND BERNARD PARISH

40 HOURS DEVOTION

FEBRUARY 26 -28

JOURNEY WITH JESUS: FROM DEATH TO LIFE
JOIN US IN THE CELEBRATION: CHRIST IS IN OUR MIDST.

SATURDAY, FEBRUARY 28TH

- 12:00 AM - 4:00 AM - SILENT ADORATION
- 5:00 AM - EUCHARISTIC LITANIES
- 6:00 AM - DEDICATED FOR PRAYER FOR BISHOP LOSHE AND BISHOP EMERITUS BRADLEY
- 7:00 AM - THE ROSARY - THE LUMINOUS MYSTERIES
- 8:00 AM - LAUDS (MORNING PRAYER) AND CONFESSIONS
- 9:00 AM - LITURGY OF THE WORD WITH BENEDICTION
- 10:00 AM - WOMEN'S ADORATION HOUR
- 11:00 AM - GUIDED REFLECTION
- 12:00 PM - THE ROSARY - THE GLORIOUS MYSTERIES AND CONFESSIONS
- 1:00 PM - FAMILY ADORATION HOUR - FOR FAMILIES WITH LITTLE ONES
- 2:00 PM - EUCHARISTIC FERVORINO
- 3:00 PM - DEDICATED FOR PRAYER FOR THE PEOPLE OF THE PARISH
- 4:00 PM - VESPERS (EVENING PRAYER) AND CONFESSIONS
- 5:00 PM - CLOSING MASS WITH EUCHARIST PROCESSION AND BENEDICTION

PLEASE LET US KNOW
WHICH EVENTS YOU PLAN TO ATTEND
TO HELP US PREPARE MATERIALS
BY USING THE QR CODE BELOW OR CALLING
THE PARISH OFFICE 269-925-2425.



AN EXHIBIT ON EUCHARISTIC MIRACLES WILL ALSO BE AVAILABLE
DURING THESE 48 HOURS.



Our Week at a Glance Un Vistazo ala Semana

Sunday, February 1 • Domingo, 1 Febrero

- 10:30 am Catechesis of the Good Shepherd, St. John School
- 10:30 am Sacramental Preparation (Spanish)
Preparación Sacramental, St. John School
- 2:00 pm Lunch and Games
SS. John & Bernard Parish Center

Monday, February 2 • Lunes, 2 Febrero

- 9:00 am Adoration, Adoración, St. Bernard Church
- 4:30 pm Confession, Confesión, St. Bernard Church
- 5:15 pm Benediction, Bendición, St. Bernard Church
- 5:30 pm Candlemas, St. Bernard Church
- 6:15 pm Parish & Finance Council Meeting,
St. Bernard Social Hall
- 6:30 pm Millions of Monicas, St. Bernard Church,
Enter door number 8

Tuesday, February 3 • Martes, 3 Febrero

- 6:00 pm Youth Group, Grupo de jóvenes
The Rose Center
301 Wayne Street, St. Joseph
- 6:00 pm Legion of Mary, St. Bernard's Classroom

Wednesday, February 4 • Miercoles, 4 Febrero

- 9:45 am 55+ Brunch Bunch, Parish Center at St. Bernard
- 6:00 pm Becoming Catholic, St. Bernard Social Hall
- 6:30 pm St. John Choir Rehearsal, St. John Church

Thursday, February 5 • Jueves, 5 Enero Febrero

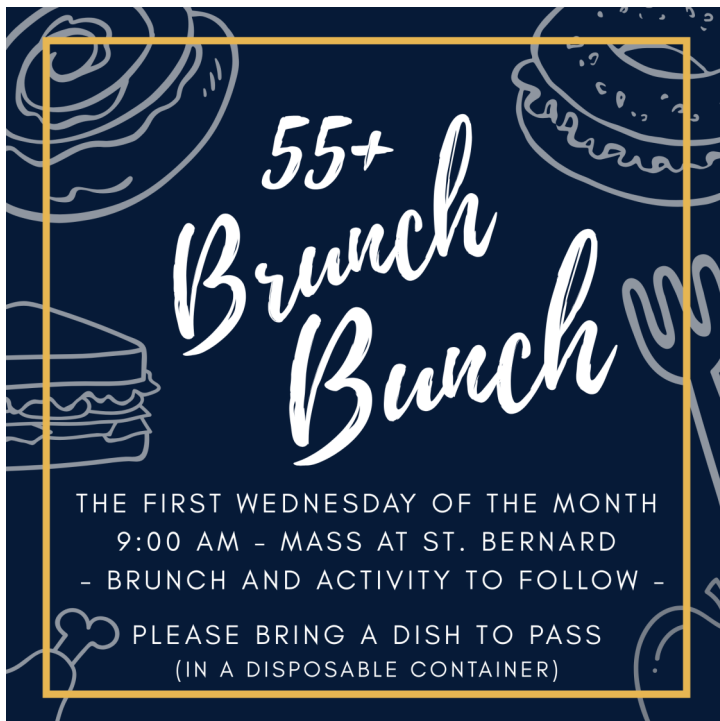
- 4:00 pm Catholic Bible School, St. Bernard Social Hall
- 6:30 pm St. Cecilia Music Rehearsal, St. Bernard Church

Friday, February 6 • Viernes, 6 Febrero

- 8:30 am Adoration, Adoración, St. John Church
- 8:30 am Confession, Confesión, St. John Church
- 12:00 noon Benediction, Bendición, St. John Church

Saturday, February 7 • Sabado, 7 Febrero

- 3:30 pm Confession, Confesión, St. Bernard Church
- 6:00 pm International Food Festival Fundraiser, St. Bernard



International Food Festival Fundraiser

**SS. John & Bernard Parish Center, 6:00 - 9:00 pm
February 7, 2026**

Tickets on sale now! Adults \$20, Children 3-11 \$10, and under 3 free. Water and coffee included in ticket price; beer, wine, and soft drinks available for purchase. 50/50 Raffle as well as other raffle items.

In person sales will be available after Mass on 1/31 and 2/1, as well as at the Parish Office on Wednesday 2/4 and Thursday 2/5 from 9:00 to noon until all tickets are sold out. New this year: buy your tickets online at SS John & Bernard website ssjohnandbernard.org under "Parish News" on the homepage. **If you order your ticket online, be sure to print the receipt page. That is your ticket.** Contact Peggy and Tom Hanley at pegyhanley2@gmail.com for more information or to donate an item for the raffle.

The 5th Way to be Successful in Adoration

Below is the 5th way to be successful in Adoration. Our parish is offering a wonderful opportunity to spend time with our Lord. Plan to spend some time with Him.

5. BE OKAY WITH SILENCE

It's so easy to go a whole day without silence. We get in the car and turn on the radio, we have our phones, with days worth of music, in our pockets, and at the end of the day there's Netflix. Even if we are in a quiet environment, we are usually accustomed to checking our phones—for a text, the latest Facebook drama, the trending hashtag on Twitter, the newest picture on Instagram, the list goes on.

Don't get me wrong, we all fall prey to every one of those habits. Which is why, sitting in adoration, can be difficult to focus. We've become so accustomed to the business of the world, that being truly still, truly silent, can seem uncomfortable, foreign. But that discomfort is ok, good even. In Audrey Assad's "Restless" she sings "And I'm restless, I'm restless, 'Til I rest in You." This sentiment is so true when in adoration. Sure, the first few minutes can be restless as you begin to wind down. But eventually, you are filled with insurmountable peace. Allow yourself to sit in silence and to just be with Jesus.

In an apparition to St. Margaret Mary Alacoque, Jesus spoke these beautiful words: "I have a burning thirst to be honored by men in the Blessed Sacrament." Go to adoration, even if it's just for 5 minutes. Jesus desires to be with you, to have you gaze upon Him, as He so lovingly gazes upon you.

Knights of Columbus

Interested in becoming a Knight? Contact **Grand Knight Joe Peters** for more information 269-338-3640, GK1120@mikofc.org. No time commitment is too small. Insurance-only members are welcome.

Upcoming Events

February 10 • 6:00 pm

K of C Officers Meeting, Knights Room
6:30 pm K of C Rosary, St. Bernard Church
7:00 pm K of C Monthly Meeting, Knight's Room
8:00 pm Council Dinner, SS. John & Bernard Parish Center

February 22 • 9:00 am

Corporate Communion,
St. John Church

February 24 • 11:00 am

American Red Cross Knights
of Columbus Blood Drive
SS. John & Bernard Parish
Center



Our Stewardship

For January 18, 2026

Collections	\$6,164.00
Online	\$2,820.30
Weekly Budget.....	\$10,846.15
YTD Budget	\$314,538.46
YTD Collection.....	\$308,327.37
Shortfall.....	\$6,211.09

BAA 2025 Update

Goal.....	\$100,96.00
Pledged	\$109,659.40
Cash Received	\$99,454.40
Pledge Card Received	241

It's Easy To Give Online

ssjohnandbernard.org
For more information contact
the Parish Office.



Parish Directory

St. John Parish

600 Columbus Ave.
Benton Harbor, MI 49022

St. Bernard Parish

555 E. Delaware Ave.
Benton Harbor, MI 49022

Parish Office Information

580 Columbus Ave.
Benton Harbor, MI 49022
www.ssjohnandbernard.org

Office (269) 925-2425

Fax (269) 925-4678

Tuesday - Friday

8:30 am - 3:30 pm

(Closed for lunch

12:30 - 1:30 pm)

Parish Staff

**Administrator • Father John
Peter Ambrose**
ssjbpastor@gmail.com

Deacon • Deacon Ed Nickel
ssjbdiaconed@gmail.com

**Business Manager
Parish Secretary •
Wendy Maychszak**
ssjbsecretary@gmail.com

Parish

Bookkeeper • Tammy O'Brien
ssjbbookkeeper@gmail.com

**Director of Religious
Education • Seth Collins**
ssjbformation@gmail.com

Youth Ministry • Chad Roden
4churchesym@gmail.com
(269) 983-1575

Parish Pastoral

Council • Gil Michelini
gilmichelini@gmail.com

**Building Attendant
and Caretaker • Chris Visin**
ssjbbattendant@gmail.com

Sacramental Emergency Only

Call (269) 985-7331 and follow the
instructions carefully. Please leave
a message on the emergency line
only, if no one answers, as it is
always monitored.

Catholic Community Center Catholic Charities of Southwest Michigan

(269) 926-6424

Readiness Center • Martha Thieneman

(269) 926-4084

Our Lady of the Lake Catholic Schools

Middle/High School

915 Pleasant Street
St. Joseph, MI 49085
(269) 983-2511

Anna Reed, Principal
areed@ollakers.org

Elementary School

3165 Washington Avenue
St. Joseph, MI 49085
(269) 429-0227

Sherri Kirschner, Principal
skirschner@ollakers.org

Business Office

220 Church Street
St. Joseph, MI 49085
(269) 983-5529