A Formula for Contentment

By Fr. Byron Miller, CSsR

T ext week we celebrate Pentecost Sunday. On the day of Pentecost, the giddy disciples of Jesus were filled with the Holy Spirit and began to speak about the mighty acts of God in various tongues. "They were all astounded and bewildered, and said to one another. 'What does this mean?' But others said, scoffing, 'They have had too much new wine.' Then Peter stood up with the Eleven, raised his voice, and proclaimed to them, 'You who are Jews, indeed all of you staying in Jerusalem. Let this be known to you, and listen to my words. These people are not drunk, as you suppose, for it is only nine o'clock in the morning" (Acts 2:12-15).

Alleluia! The word itself is so peculiar it sounds like we're either speaking in tongues, babbling like a child, or inebriated. Hallelujah is a transliteration of two Hebrew terms meaning, "Praise the Lord!" It's an attempt to express our inexpressible happiness after a sobering Lenten season. "In the presence of the mystery that we celebrate on Easter, the mystery of our redemption, our usual intelligible vocabulary is inadequate; when faced with the super abundant mercy of God we can only stammer in amazement like children." wrote



Balthasar Fischer in Signs, Words, and Gestures (Pueblo Publishing Co., 1981).

Yet, the sheer repetition of Alleluia throughout the Easter season won't instill happiness in the one uttering it, if a personal experience of God's profound love and mercy is lacking. How can our ecstatic hearts keep from singing Alleluia if to know God is to feel elation? This, of course, begs the question: What makes us happy?

On a trip to Tokyo in 1922, Albert Einstein discovered he was without money to tip a bellboy. Sensing the gravity of the faux pas, he scribbled a formula for happiness on a piece of paper—not as famous as his E = mc2—but isn't it all relative? His handwritten

note read: "A calm and modest life brings more happiness than the pursuit of success combined with constant restlessness." Last year, the note sold for \$1.56 million at an auction in Jerusalem.

Is there a secret formula for happiness? According to Earnie Larsen, "The two deepest desires most people have are: to love and be loved and to believe they are worthwhile and know someone else believes that also. In other words, to be happy we need someone to love, something to do, and something to look forward to." Happiness, then, isn't winning a few bucks in the lottery. It's playing ball with your grandson. Happiness isn't determined by our number of friends on Facebook, but in befriending our Redeemer who tied a towel around his waist, poured water into a basin, and washed his disciples' feet. After performing this service, the master-turned-attendant tipped us with a formula for contentment: "I have given you a model to follow, so that as I have done for you, you should also do" (John



Lord Jesus, show us where to look for you and open our eyes to recognize your presence among us, we pray. Amen! Alleluia!

The Redemptorists

WEEKDAY READINGS

May 22-27

Monday, Easter Weekday: Acts 19:1–8 / Jn 16:29–33 Tuesday, Easter Weekday: Acts 20:17–27 / Jn 17:1–11a

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Wednesday, Easter Weekday: Acts 20:28–38 / Jn 17:11b–19 **Thursday, Easter Weekday:**Acts 22:30; 23:6–11 / Jn 17:20–26

Friday, St. Philip Neri:Acts 25:13b–21 / Jn 21:15–19

Saturday, Easter Weekday: Acts 28:16–20, 30–31 / Jn 21:20–25

Bringing Home the Word
May 21, 2023

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Bringing Home the Word

Ascension of the Lord (A)
May 21, 2023

Where Are You Looking?

By Sr. Dianne Bergant, CSA

A re we, like the disciples, looking in the wrong direction? As they looked up to heaven, they probably realized what they had lost. Jesus was no longer in their midst. But then, the Easter stories all tell us that they never really understood his risen presence with them. And so they were asked: "Why are you standing here looking at the sky?" (Acts 1:11).

Are we also looking up to heaven when we should be looking out to the world? Of course, it is right that we reflect on Jesus' ascension. However, today's understanding of the universe

Sunday Readings

Acts 1:1-11

As they were looking on, [Jesus] was lifted up, and a cloud took him from their sight.

Ephesians 1:17–23

And he put all things beneath his feet and gave him as head over all things to the church.

Matthew 28:16-20

[Jesus said,] "Make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit." helps us realize that the biblical account of Jesus' ascension into heaven may be a way of saying that he is glorified with God. As Paul says, he has been granted the place of honor at God's right hand, "far above every principality, authority, power, and dominion" with "all things beneath his feet" (Ephesians 1:21–22). Jesus, now with God, radiates the full splendor of his resurrection.

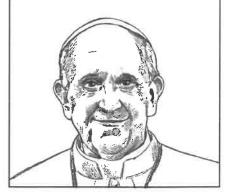
We must turn to the Gospel passage to get the fullness of the story of the ascension. Jesus did not say: "Watch what is going to happen." Instead he told them to go out: "Go, therefore, and make disciples of all nations" (Matthew 28:19). We might know these words so well that we miss their forcefulness. In effect, Jesus is telling them: go out to the whole world and tell them what you have seen and heard. I did what it was for me to do; now it is up to you to do the rest. Don't worry, "I am with you always" (Matthew 28:20). Look where you're going, not where I went. *

Turn to the Gospel passage in Matthew to get the fullness of the story of the ascension.

A Word from Pope Francis

We must ask the Lord...to grant us the gift of wisdom, that wisdom of God that teaches us to see with God's eyes, to feel with God's heart, to speak with God's words. And so, with this wisdom, let us go forward, let us build our family, let us build the Church....

GENERAL AUDIENCE, ROME, APRIL 9, 2014



REFLECTION QUESTIONS GRESTIONS BEEFECTION

- Have I ever missed a blessing because I was too busy looking elsewhere?
- Do I turn my blessings into burdens?



Parish of St. Vincent De Paul

"We as a community rooted in the Catholic faith seek to imitate Christ's Examples of love and service to others and spread the light of our faith to others." Parish phone: 509-234-2262 May 21, 2023 website: stvincentconnell.org Fr. Miguel A. Gustavo Ruiz Juárez 509-318-0295 gruiz@dioceseofspokane.org Deacon Arturo Biebrich parish phone: 509-222-9223 after 5 pm only

Ascension Sunday of Easter

Mass May 21, 2023 Lector: Victoria Ocampo **EUCHARISTIC MINISTERS:** Stacy T. & Eloisa M. **Greeters & Presentation of Gift** Leo & Elida Fernandez

Altar Servers:

Adrian K. & Emmett K.

Pentecost Sunday Mass May 28, 2023 Lector: James Elkington **EUCHARISTIC MINISTERS:** Mary G. & Gred H. **Greeters & Presentation of Gift** Stacy & Olivia Kniveton Family **Alter Servers:** Giselle S. & Aubriel S.

Pope's Prayer intentions:

For church movements and groups

We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.

Mass Schedule

Sunday: 8:00 a.m. @ St. Paul's in Eltopia

10:30 a.m. @ St. Vincent's (English)

12:00 p.m. @ St. Vincent's (Spanish)

Saturday: 7:00 p.m. @ San Juan Diego (Spanish) Wednesday: 8:00 a.m. Adoration @ St. Vincent's

8:30 a.m. Mass @ St. Vincent's Confessions: Wednesdays 6:30 pm @ St. Vincent's

Friday 4:30 pm @ San Juan Diego

Church Secretary: Elida Fernández - secSt.vincent2015@gmail.com

Tues, Weds. Thurs 12:00 pm - 3:30 pm

Elida can be reached at 509-318-0917; 12 pm - 3:30 pm on Tues. Weds. Thurs.

Prayer Chain: Call Carolyn Nordhus @ 509-234-5972

Breezeway Calendar: If you have any parish events or meetings that you would like on the all-parish calendar that is posted in the breezeway please contact

Marla Goade @ 539-5354 wmgoade73@gmail.com

Weekly Bulletin: Please email Elida Fernández secSt.vincent2015@gmail.com by WEDNESDAY EVENINGS for information to be included in the upcoming Sunday bulletin. Elida can be reached at 509-318-0917

Website: To add or send information, pictures or news to the website please email Jaeniffer Kaiser @ jaeniffer 2002@hotmailcom

LIKE our Facebook page to get updated posts and information about our parish. You can also see photos of all the activities that have been happening. If you want to post church happenings on Facebook, please email Onna Pollock at olpollock@yahoo.com

UPCOMING EVENTS MARK YOUR CALENDAR

Altar Flowers

June - Altar Society Guild 1 July - Guadalupanas

CONFESSIONS

Wednesday the 7th of June @ St. Vincent Parish 6:30 pm

Confession Schedule

@ St. Pat's -Pasco

Tuesday – Friday 5 pm - 6 pm

@ Sacred Heart- Othello

Wed. @ 5 pm

Connell Food Bank Banco de Comida **Seniors: Tuesdays** 3rd Edad-Tues. / Martes May 23

10:00 am - 11:30 am **General Public:**

El público en general:

Wednesdays / Miércoles May 24

9:00 am - 1:00 pm

5:00 pm - 6:30 pm

Thank You for Your Generous Contributions

Apr. 30, 2023 May 7, 2023 10:30 am - \$656.00 10:30 am - \$1296.00 12:00 pm - \$778.40 12:00 pm - \$654.71 Basin City - \$844.90 Basin City - \$832.15

Rehearsal for Confirmation Mass

Connell: St. Vincent Youth @ 5 pm on Wed. 31st of Mav

Basin City: San Juan Diego Youth @ 5 pm Thurs, 1st of June

A parents must accompany the youth. Confessions after practice for youth.

St. Vincent Parish Office Closed May 21st - May 28th

Office Returns to Normal Hours Tues. May 30th @ 12 pm

Youth Sacrament Mass Schedule

Confirmation / 1st Communion Mass for St. Vincent Youth is Saturday, May June 3 @ 12:00 pm

Please be at church by 11:30 am

Confirmation / 1st Communion Mass For San Juan Diego Mission Youth is Saturday June 3 @ 9:00 am Please be at church by 8:30 am

HOG RAFFLE BY KNIGHTS OF COLUMBUS

Tickets sold on Sundays after Mass \$10 per ticket / \$50 per 6 tickets.

Registration for all Religious Ed Applications will be available on Sunday June 11th after each both Masses. Registration will begin Tues. June 13th All registration will be handled in the parish office with the secretary. Any questions, please speak with Enrique López - Coordinador Rel. Ed. Elida Fernández – Parish Secretary

FR. GUS'S SCHEDULE FOR 2 WEEKS: May 21, 2023 - June 4, 2023

Mon. May 22:

Fr. Gus' Day off

Tues. May 23:

Meeting @ Spokane No Confessions @ Eltopia

No Mass @ Eltopia

Wed. May 24:

8:00 am Adoration @ Connell 8:30 am Mass @ Connell 6:30 pm Confessions @ Connell

Thurs. May 25:

10:00 am Adoration @ Eltopia 10:30 am Mass @ Eltopia

Fri. May 26:

8:00 am Mass @ Prison

4:30 pm Confessions @ Basin City

Sat. May 27:

1:00 pm Quinceanera @ Spokane 7:00 pm Mass @ Basin City

Sun. May 28: Mass

8:00 am Mass @ Eltopia

10:30 am Mass @ Connell

12:00 pm Mass @ Connell

Please Keep Fr. Gus in Our Prayers.

Mon. May 29:

Fr. Gus' Day off

Tues. May 30:

4:00 om Confessions @ Eltopia

5:00 pm Mass @ Eltopia

6:00 pm Meeting with parents @ Basin City

Wed. May 31:

8:00 am Adoration @ Connell

8:30 am Mass @ Connell

5:00 pm Confirmation practice @ Connell

Thurs. June 1:

10:00 am Adoration @ Eltopia 10:30 am Mass @ Eltopia

5:00 pm Confirmation practice @ Basin City

Fri. June 2:

8:00 am Mass @ Prison 4:30 pm Confessions @ Basin City

Sat. June 3:

9:00 pm Confirmation Mass @ Basin City 12:00 pm Confirmation Mass @ Connell 7:00 pm Mass @ Basin City

Sun. June 4: Mass

8:00 am Mass @ Eltopia 10:30 am Mass @ Connell

12:00 pm Mass @ Connell