## ST. PHILIP'S CHURCH

702 BELTRAMI AVE. NW, BEMIDJI, MN 56601 218-444-4262 email: rector@stphilipsbemidji.org



#### St. Philip's Church

218-444-4262 www.stphilipsbemidji.org

#### **Parish Staff**

Pastor:

Fr. Chuck Huck 441-4901

Parochial Vicar:

Fr. Don Braukmann 441-4902

Deacon/Bookkeeper:

Deacon Kermit Erickson 441-4903

Deacon/Parish Administrator:

Deacon Robb Naylor 441-4904

Director of Stewardship & Development:

Maryhelen Chadwick 441-4906

**Director of Music & Liturgy:** 

Aana Freihammer 441-4905

Director of Preschool & Elementary Faith Formation/Safe Environ. Coordinator:

Kris Jensen 441-4944

Director of Youth Ministry/Middle & High School Faith Formation:

Luke Alexander 441-4908

**Director of Campus Ministry &** 

**Adult Formation:** 

Nancy Goodman 441-4907

**Parish Office Coordinator:** 

Tammy Johnson 441-4900

Facility Maintenance Supervisor:

Larry Mack

#### **Maintenance Support Staff:**

Greg Allen Brad Arel Jim Shaw

#### St. Philip's School Staff

218-444-4938

Principal: Jana No

Jana Norgaard ext. 4941

**School Office Staff:** 

Stephanie Glen 441-4940 Kerry Frauenholtz 441-4942 Camille Moreno 441-4943 Rachel Midgarden 441-4943

#### Sister Parish

St. Charles Pennington

Saturday at 4:00 PM (Fishing Opener to Labor Day)

#### **Newman Catholic Ministries**

BSU/NWTC

Events held at various locations on BSU campus. All sacramental events take place at St. Philip's Church.

#### St. Philip's Clothing Depot

218-444-3835

Tuesday through Saturday 9:30 AM to 3:00 PM

Manager

Norma Himmelright

#### **Diocese of Crookston**

Victim Assistance Coordinator:

Cindy Hulst, LSW 218-281-7895

#### From the Desk of Aana Freihammer, Director of Liturgy & Music

February 11, 2018

Wednesday, February 14<sup>th</sup> is one of the biggest days of the year to celebrate love- Ash Wednesday! That's right, not Valentine's Day, but the beginning of our Lenten season. Yes, yes, I know what you are thinking...Lent is austere, and we all give up something like chocolate, or candy. During this Mass we receive ashes, a sign of death, and those ashes are put into the shape of a cross, another sign of death. Ash Wednesday does not sound romantic, or even fun. What does Ash Wednesday have to do with love?

I highly recommend the Disney movie *Frozen*. I love the humor, heroic women characters, and Norwegian heritage. Most importantly, this is one of the few times Hollywood gave my children an accurate description of love. In the movie, Elsa has a magical power of turning everything into winter, but cannot control the ability. She accidently inflicts her sister Anna with her frozen touch, and only an act of "true love" will heal her. The characters spend the movie trying to find true love to heal Anna, and for Elsa to control her magical powers. There is a moment in the movie when Anna asks her companion, Olaf the snowman "What is true love?" he wisely responds, "true love is when you put others' needs before your own." This is the essence of Lent, and the reason Christ came to earth, to teach us to love God and each other.

This season of love is when that we set aside time to focus on our own love relationship with God. We know that a healthy lifestyle includes fruits and vegetables, brushing our teeth, and exercise. During Lent we ask the question, are we spiritually healthy? Is our relationship with God healthy? Lent is the time to ask questions that you would with any relationship. "God, do we have a healthy and open communication? God do we trust each other? God, does our relationship bring joy and life?"

I like to think of Lent as this training ground of love. We walk this six-week journey to challenge ourselves in small ways to give up the immediate desires for our long-term goal of heaven with God. Lent encourages us to shed our daily conveniences, constant distraction, and busy lifestyles so that we can live life in union with God both here on earth and in heaven. There are few people that have mastered life, and now we have forty days to focus on improving. Lent is this intensive period to teach us to love so that we are ready to give the complete gift of love with Jesus on Good Friday. The Lenten challenge becomes the training ground of love so we can be in that healthy relationship with God.

The Lutheran pastor Eugene Peterson wrote "Prayers are tools not for doing or getting, but for being and becoming." Liturgy becomes a transformative prayer that unites us to God and each other in love. Use Sunday Mass to improve the health of your relationship with God and the community. Use the routine and the rituals of the Mass to your advantage. The repetition of ritual in the liturgy give us a chance to practice the same action and the same prayer every week. Each time you give your neighbor sign of peace, use this opportunity to genuinely offer him the love of God. When Father says, "let us pray" use the opportunity to think about everything and everyone that needs His love. When Father says, "through him, with him, in him, in the unity of the Holy Spirit, all Glory and honor and is yours," contemplate how God has encompasses everything in this world and the next. If something becomes too routine or boring, take a step back and become curious about the ritual so it can be more enriching. If you don't come to Mass on a regular basis, Lent is a great time to develop the habit of praying with the Church. I hope Lent is a focused and enriching experience where you experience God's love more deeply.

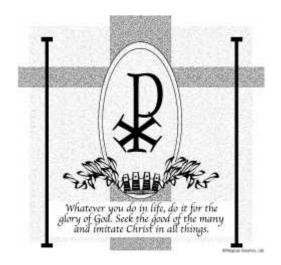
#### **Your Parish Representatives:**

**Parish Council Members:** Ben Baird, Andrew Dondelinger, Kevin Erpelding, Anita Froelich, Jim Gorham, Cynthia Haskin, Rich Marsolek, Mary Scofield

Finance Council Members: Jeff Cwikla, Amy Haskell, Claude Sand

School Council Members: Jaclyn Bergerson, Tiffany Fankhanel, Christine Louvar, James Marcotte, Elizabeth

Mathews, Trudy Peterson, Scott Winter **Trustees:** Hank Krigbaum, Shannon Schmidt



## MASS INTENTIONS

For the Week of February 12 to 18

Monday, Feb 12

8:30 AM Mass: +John Schullo and +Marvin Larson

Tuesday, Feb 13

**6:30 PM Mass:** +Evelyn Schuiling

Wednesday, Feb 14 Ash Wednesday

8:40 AM Mass: + Marcilyn Leier

**12:10 PM Mass:** Special Intentions for Avery Merschman **6:30 PM Mass:** Special Intentions for Dcn. Robb Naylor

Thursday, Feb 15

7:00 AM Mass: Special Intentions for Melanie Richards

10:30 AM Communion Service (Havenwood)

Friday, Feb 16

8:30 AM Mass: Special Intentions for Dcn. Nate Brunn

Saturday, Feb 17

**5:30 PM Mass:** Special Intentions for the Don Kraft Family

Sunday, Feb 18

7:30 AM Mass: +Merlyn Stai 9:00 AM Mass: In Thanksgiving 11:00 AM Mass: For the People

6:30 PM Mass: +Arthur & Pearl Keenan

### DAILY READINGS

For the Week of February 12 to 18

Monday, Feb 12

Jas 1:1-11 Ps 119:67-68,71-72,75-76

Mk 8:11-13

Tuesday, Feb 13

Jas 1:12-18 Ps 94:12-15,18-19

Mk 8:14-21

Wednesday, Feb 14

Jl 2:12-18 Ps 51:3-6a,12-14,17 2 Cor 5:20-6:2

Mt 6:1-6,16-18 **Thursday, Feb 15** 

Dt 30:15-20 Ps 1:1-4,6 Lk 9:22-25 Friday, Feb 16

Is 58:1-9a Ps 51:3-6a,18-19 Mt 9:14-15

Saturday, Feb 17

Is 58:9b-14 Ps 86:1-6 Lk 5:27-32

Sunday, Feb 18

Gn 9:8-15 Ps 25:4-9 1 Pt 3:18-22 Mk 1:12-15

# Sixth Sunday in Ordinary Time

February 11, 2018

Be my protector, O God!

## THIS WEEK IN THE PARISH

Monday, Feb 12

10:00 AM to 9:00 PM Adoration (Chapel)

3:00 PM Little Flowers (Social Hall)

**5:45 PM** Bible Study/Digging Deeper (St. Elizabeth Rm)

**6:30 PM** KC Bible Study (St. Kateri Rm)

Tuesday, Feb 13

6:00 AM to 9:00 PM Adoration (Chapel)

3:00 PM Girls Basketball (Gym)

5:00 PM Folk Group Practice (Church)

5:15 PM First Eucharist Parent Session (Social Hall)

6:00 PM Campus Ministry M&M Night (St. Elizabeth Rm)

**7:00 PM** Men's Basketball (Gym) **7:30 PM** Marian Devotions (Chapel)

Wednesday, Feb 14

9:40 AM Rosary (Chapel)

**11:00 AM** *Getting Ahead in Bemidji* (St. Elizabeth Rm)

12:45 PM Lenten Soup Luncheon (Social Hall)

4:00 PM Teen Choir Rehearsal (Church)

6:00 PM Lenten Discussion (Church)

Thursday, Feb 15

3:00 PM Girls Basketball (Gym)

**3:15 PM** Bible Study-*Wisdom* (St. Elizabeth Rm)

5:00 PM Soc. of St. Vincent de Paul (St. Elizabeth Rm)

**5:00 PM** LifeTeen Band practice (Church)

**5:30 PM** Street Evangelization Training (St. Kateri Rm)

7:00 PM Blessed Sacrament Prayer Group (Chapel)

7:00 PM Triduum Choir Rehearsal (Church)

Friday, Feb 16 No School Today

**10:00 AM** Bible Study-*A Journey Through Church History* 

(St. Kateri Rm)

6:00 PM Reconciliation (Chapel

6:30 PM Stations of the Cross (Chapel)

Saturday, Feb 17

4:30 PM Reconciliation (Chapel)

Sunday, Feb 18

8:30 AM KC Pancake Breakfast (Social Hall)

8:35 AM Rosary (Chapel)

10:00 AM Liturgy Training (Church)

10:15 AM Rosary (Chapel)

5:30 PM Liturgy Training (Church)

7:30 PM Campus Ministry Mass, Meal, & More (St. Elizabeth Rm)

Be imitators of christ

@Religious Graphics, Ltd.

## SACRAMENTAL LIFE

#### **Baptism Preparation Class**

Parents or prospective parents who wish to present a child for Baptism are asked to attend a baptism preparation class. The next session will be on **March 4.** Please call the Parish Office at 444-4262 to register, or for more information.

St. Philip's extends best wishes to **Joe McCollum and Jaime Kirchofner**, who celebrated the Sacrament of Marriage on February 2.



## PARIJH LIFE

#### **Liturgical Minister Trainings**

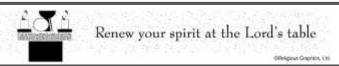
Extraordinary Minister of Holy Communion, Greeter, and Usher trainings are just around the corner, and if you have thought about getting involved in these ministries, it is time to get trained! We need more volunteers at every Mass for these three ministries. We are specially looking for families to join the greeter ministry. This is a great way for an entire family of diverse ages serve at Mass together. We have a convenient online scheduling system, and we work with your availability. If you are interested in helping, please contact Aana Freihammer, afreihammer@stphilipsbemidji.org or 218-444-4262. Trainings start soon!

#### **RACE, RELIGION and CREED**

As part of BSU/NTC's celebration of "Black History Month" in February, come and listen to Jaylani Hussein of the Minnesota Council on American-Islamic Relations (CAIR-MN). Mr. Hussein will speak at 6 PM on Thursday, February 22<sup>nd</sup> at the American Indian Resource Center (Rm 103-Gathering Room). The presentation will be interactive with time for Q & A on the values we share with our Muslim brothers and sisters.

#### **Black and Indian Mission Collection**

Next week, our parish will take up the 134th annual National Black and Indian Mission Collection. Our support of this collection helps build the Church in African American, Native American, and Alaska Native communities from coast to coast. Schools, parish religious education programs, and diocesan ministries depend on your generosity to help them spread the Gospel of Jesus Christ!



#### STEWARDSHIP OF FINANCIAL RESOURCES

#### Weekly Goals

• Goal to meet budget: \$ 17,665.00

• Increase for Roof/AC project (2 yrs to go): \$ 1,722.00

• Increase for maintenance escrow (4 yrs to go):

Total Actual Contributions, Week #31 \$ unavailable (Weekend of 2/4/18)

#### **Fiscal Year to Date:**

Last: unavailable ~ Current: unavailable

#### JTEWARDJHIP ~ A HABIT OF THE HEART

## Lat Week's Mass Attendance

Feb 3	5:30 p.m.	201
Feb 4	7:30 a.m.	<u> 156</u>
Feb 4	9:00 a.m.	311
Feb 4	11:00 a.m.	304
Feb 4	6:30 p.m.	30

#### **Blessed Sacrament Prayer Group**

Come to the Chapel on the first and third Thursdays of every month at 7 PM to take part in charismatic prayer with music. All are invited to participate!

#### LENTEN DISCUSSION

Come early to the evening Ash Wednesday Mass to hear from St. Philip's staff members on ways to grow in faith and love during Lent. Join us any time between 6:00 and 6:20 PM.



Lenten study created by FORMED will be offered three times each week, from February 25 through March 22. It will be offered on Sundays, 10-11 AM. (between

the 9:00 & 11:00 Mass); Wednesdays, noon-1:00 PM. (you are welcome to bring your lunch); and Thursday evenings, 6:30-7:30 PM. No preparation is required, but it may enhance your experience. Study guides will be available at each session. Sign up by copying this URL, or clicking the link on St. Philip's webpage, related to "A Lent to Remember." <a href="https://www.SignUpGenius.com/go/5080B44AFAC2BA5FC1-alentto">www.SignUpGenius.com/go/5080B44AFAC2BA5FC1-alentto</a> Please contact Nancy with any questions: <a href="majongodman@stphilipsbemidji.org">ngoodman@stphilipsbemidji.org</a> or 218-441-4907.



#### Grow in faith this Lent! Sign up for daily reflections.

This Lent, get daily reflections delivered right to your email, every day. Reflect on how God's truth applies to your life. Available in both English and Spanish (Disponible en Español)!

#### Watch, Read, and Reflect for just 10 Minutes a Day.

- Watch a beautiful, 5-minute video reflection from Bishop Hying's ECHO series.
- Read an inspiring passage from the Catechism of the Catholic Church.

Sign up on our parish website: stphilipsbemidji.org

# St. Philip's School Staff Spotlight

#### Who am I?

- I was born and raised in Arizona.
- I met my husband, Anthony, 13 years ago and we have been married for 12 years last December!
- I have five daughters (Hikari, Nayeli, Lauren, Melody, and Ariana); four of them attend St. Philip's School.
- We moved to Bemidji in September of 2016.
- My family has moved quite a bit. We have lived in Arizona, California, Oregon, and New York. We have also had the opportunity to travel to places in Texas, Georgia, Oklahoma, Utah, Nevada, and Missouri.
- My favorite colors are shades of purple.
- My favorite foods are pizza and tacos. I could eat those everyday if given the chance. (I mean real tacos, not Taco Bell tacos
- This is my 2<sup>nd</sup> year at St. Philip's School.

## Introducing Camille Moreno, our Teacher Assistant

#### The Gift of a Catholic Education

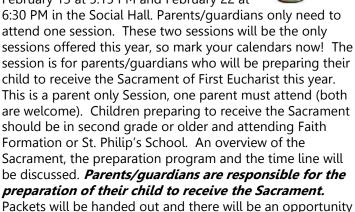
Solid academics. Catholic teachings. Core values. Caring people. Give your child the gift of a Catholic education by enrolling him/her in St. Philip's School, serving students from age four through eighth grade. Registration for the 2018-2019 school year is now underway. Contact the school office at 444-4938 for more information. We are a gift that lasts a lifetime.

## FAITH FORMATION

### FIRST EUCHARIST PARENT SESSION TUESDAY, FEBRUARY 13, 5:15 PM OR THURSDAY, FEBRUARY 22, 6:30 PM

Two opportunities to attend the First Eucharist Parent Session will be offered: February 13 at 5:15 PM and February 22 at

-4944) for additional information.



for questions and discussion. Please contact Kris Jensen (441

## JT. PHILIP'S SCHOOL HAPPENINGS

It's been a busy and exciting last few weeks here at St. Philip's School! Catholic Schools Week was jammed packed with fun and activities. We raised \$2860.04 in our coin drive and "Tape Mr. Fodness to a Chair" fundraiser for ALS research in honor of Fr. Don. Thank you for your contributions! Go to www.saintphilipsbemidji.org and check out pictures from the week.

Last week: We gathered as a school in the parking lot and burned the palms from last year to use as Ash Wednesday ashes; our 8<sup>th</sup> graders registered for 9<sup>th</sup> grade at BHS; our 2<sup>nd</sup> quarter ended~we are half way through the school year & our 3<sup>rd</sup>, 5<sup>th</sup> & 7<sup>th</sup> graders took lowa Basic tests.

Registration for parish families who would like to send their children to St. Philip's School next year is open.

Thank you for your support for our 2018 Catholic Schools Raffle sponsored by Catholic United Financial. Tickets are still available from school families and after Masses on the weekend until February 26<sup>th</sup>.

#### \*Upcoming Dates\*

**Wednesday, February 14**: Ash Wednesday. *Fridays With the Father* students are our Mass Ministers.

**Wednesday, February 14:** Registration opens for the 2018-2019 St. Philip's School year for non-Catholics on a first come, first serve basis as space is available.

**Friday, February 16**: Teacher In-service Day. No School. **Monday, February 19**: President's Day. No School.

St. Philip's Mission Statement:

To Accomplish God's Work



**This coming Saturday, February 17...**3<sup>rd</sup> Saturday of the Month Prayer Hour at Planned Parenthood of Bemidji at 10 AM. Stay for any length of time. The prayer hour is held in conjunction with 40 DAYS FOR LIFE happening February 14 – March 25 worldwide. Questions, call 218-368-9019.

\*Cold weather rule: if the temperature and/or the wind chill is at zero or below, consider the event as canceled.

Bear one another's burdens, and so fulfill the law of Christ. ~Galatians 6:2

#### **Adaptive Faith Formation**

Each child is unique with his or her own special talents and abilities. When a child has special needs, it's even more important to teach to a child's strengths in helping them learn and grow in faith. We offer families *Adaptive Finding God* – Faith Formation for Children in Grades 1-8 with Autism and Special Needs. *Adaptive Finding God* provides the tools and guidance to help all children participate in their faith. Adaptive Learning Kits are available to help prepare children receive the Sacraments of First Reconciliation, First Eucharist and Confirmation. Contact Kris Jensen for additional information on Adaptive Faith Formation.

#### **CAPITOL 101**

Join fellow Minnesota Catholics through the Capitol 101 program sponsored by the Catholic Advocacy Network. Last year several members of our parish were part of the "Catholics at the Capitol" rally...this year a smaller gathering is planned. Those who attend will once again be informed of the many life issues facing our state legislature and meet with legislators to express our concern. Three day long sessions are offered...folks can attend one or all three which are held at different times during the legislative session. Dates include: February 26<sup>th</sup>, March 16<sup>th</sup> and April 17<sup>th</sup>. Contact Fr. Don for more information if interested in attending.

#### CaringBridge Site for Fr. Don

Fr. Don has recently been diagnosed with ALS, or more commonly known as Lou Gehrig's Disease. A caringbridge site has been created so that all of you are able to follow his course of treatment. Simply go to: <a href="https://www.caringbridge.org/visit/fatherdonbraukmann">https://www.caringbridge.org/visit/fatherdonbraukmann</a> to log in. \*You must create a free account (if you are not already registered with *caringbridge*) so you may view the site set up for Fr. Don.

#### **BOX TOPS FOR EDUCATION**

St. Philip's School continues to collect Box Tops for Education... For every 50 Box Tops turned in, our school gets \$5! Just imagine the impact that could make if every one of our parishioners saved Box Tops for St. Philip's! Simply drop them in



the tub on the shelf in the east entrance of the church.

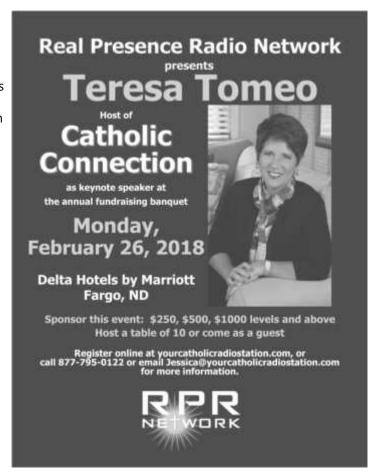
## KNIGHTS OF COLUMBUS



**SUNDAY, FEBRUARY 18** 

ST. PHILIPS SOCIAL HALL 8:30 AM TO 12:30 PM

FREE WILL OFFERING



#### **Eucharistic Adoration at St. Charles**

St. Charles, Cass Lake has Adoration every Thursday from 3 to 6 PM. All are welcome! We are located at 368 Central Ave. in Cass Lake, across from the elementary school.

## YOUTH MINISTRY

- Diocese of Crookston 7<sup>th</sup>-9<sup>th</sup> grade JPII Camp is July 8-12 and 15-19. Registration starts Wednesday, January 24, 2018. This camp fills quickly! Please visit the Diocese of Crookston website to register. Also, if there are high school juniors, seniors, college students that would like to volunteer at this please visit the website as well.
- We are hosting the Middle School Youth Rally on Sunday, March 18. We will need 30 people to volunteer for this event. Job duties such as hospitality crew, meal prep and serving, direct a basketball tournament, directing traffic, clean-up crew etc. Volunteers must be Safe Environment certified.

#### Pilgrimage to Marian Shrines in MN, WI

Pilgrimage to the Marian Shrines of Minnesota and Wisconsin! Sites include: St. Norbert Abbey, St. Josaphat's Basilica, Shrine of Mary Help of Christians, Shrine of St. Philomena, and the ONLY approved Marian apparition in the United States the National Shrine of our Lady of Good Help. We will travel from Wednesday June 27 through Sunday, July 1 at an all-inclusive price of only \$1,075. We will travel on a deluxe, air-conditioned motor coach and breakfast buffet and dinner included daily.

#### ARE YOU REGISTERED WITH THE PARISH?

There are many parishioners who have been attending St. Philip's Parish for years and did not know that there is an official registration process. If you have not received any mailings or other correspondence from us, there is a good possibility that you are not yet registered with the parish. Please stop by the Parish Office any weekday, or by the *Information Station* on the weekends to fill out a simple card. Thank you!

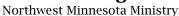
#### **LOW GLUTEN HOSTS**

Low gluten hosts are available at every Mass, daily or Sunday. Sometimes due to a medical condition, individuals are not able to receive the regular hosts that are used in Holy Communion. If you or someone you know needs a low gluten host, ask a greeter, sacristan, information station person, or a priest, we will be glad to assist. In order to receive: enter the communion line that is receiving from the presider. Indicate to the presider you wish a low gluten host. He will present the Body of Christ from a special pyx.

#### Your Help is Needed

Do you know of someone who is ill or homebound that may like a visit from us? We would love to call on them, so please be our eyes and ears so that these folks don't fall through the cracks! Often times, the only way we are notified of a need is through friends and neighbors of the person who is reluctant to notify us themselves. If you know of someone, call the Parish Office, 444-4262 and we will arrange for a visit. Thanks to you for caring about your parish family!

### **Worldwide Marriage Encounter**





Happy World Marriage Day - Feb. 12! Celebrate your sacrament by signing up for a Worldwide Marriage Encounter Weekend. The next available weekends are Apr 13-15, 2018 in Baxter, MN and Sept 14-16, 2018 in Alexandria, MN. Early registration is highly recommended. For more information visit our website at: **northmnwwme.org** or contact Alan & Missy at <a href="mailto:applications@northmnwwme.org">applications@northmnwwme.org</a> or 888-455-3496.

#### **Director of Youth Ministry and Catechesis**

The Diocese of Crookston is seeking a full time Director of the Office of Youth Ministry and Catechesis. This office serves the pastors, parish youth ministers and parish directors of religious education and formation. The candidate is a voice in the diocese for young people. The candidate will coordinate diocesan youth activities (camps, rallies, trainings, etc.) with the assistance of parish employees and volunteers. The candidate will also conduct training sessions for catechesis in parishes. Applicants should have education and experience in the areas of youth ministry and religious education. The qualifying candidate needs to be a practicing Catholic who has an understanding of the teachings of the Catholic Church and the desire to promote them. Send resume and references to: Msgr. Mike Foltz, Diocese of Crookston, PO Box 610, Crookston, MN. 56716 or email: mfoltz@crookston.org. Interviews begin by March 1<sup>st</sup>.

#### **Upcoming Cursillo Weekends**

What a great time of year to take care of your spiritual health! Many in our parish have attended **Cursillo** weekends over the years and give great testimony to the power of such weekends. **Cursillo** is pronounced KER-SEE-O meaning "short course in Christianity."

Weekends are being offered this fall and next spring at Sand Hill Bible Camp, just south of Fosston. The weekends include quiet time, inspirational talks, and most importantly, time to be with Jesus without the many distractions of daily life. Grow closer to Jesus by taking the time to join us. HE will bless your sacrifice of time for HIM.

The weekend starts Thursday evening and ends Sunday afternoon. **The Men's will be held February 22-25. The Women's will be March 15-18.** If you feel called to attend a Cursillo, contact Fr. Don or call the Parish Office, 444-4262.

#### Upcoming Retreats...

#### **CHRIST THE KING RETREAT CENTER**

621 First Ave South - Buffalo, MN 55313

## LENTEN DAY OF CENTERING PRAYER AND LECTIO DIVINA

**Date:** Wednesday, February 21, 2018 9:00 AM – 3:00 PM

Presented by: Fr. James Deegan, OMI and

Sr. Brenda Rose Szegedy, OSF

**Suggested Offering:** \$40.00 per person (includes lunch)

#### **MARRIED COUPLES RETREAT**

**Theme:** "Take Courage!" **Date:** March 2 – 4, 2018

**Presented by:** King's House Preaching Team

Suggested Offering: \$320.00 per couple (includes \$60.00

deposit per couple to reserve a room)

#### **WOMEN'S SILENT MIDWEEK RETREAT**

**Theme:** "Take Courage!" **Date:** March 6 – 8, 2018

Presented by: King's House Preaching Team

**Suggested Offering:** \$160.00 per person/\$100.00 per person for students (includes \$30.00 deposit to reserve a rm)

#### **MEN'S SILENT WEEKEND RETREAT**

**Theme:** "Take Courage!" **Date:** March 9 – 11, 2018

**Presented by:** King's House Preaching Team

**Suggested Offering:** \$160.00 per person/\$100.00 per person for students (includes \$30.00 deposit to reserve a rm)

#### **LENTEN SILENT RETREAT FOR MEN & WOMEN**

**Theme:** "Enoughness, the Cancer of the Spiritual Life"

**Date:** March 16 – 18, 2018

Presented by: Fr. Larry Gillick, SJ

Suggested Offering: \$175.00 per person (includes \$30.00

deposit to reserve a rm)

#### **Grief Support Group**

For those grieving the loss of a spouse or partner.

This support group meets the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month from 4:30 to 6:30 PM at Sanford Health Neilson Place Trillium Conference Room, 1000 Anne St. NW. **No registration or fee is needed.** Call (218) 333-5643 for more information.



## Lent 2018

## School of Prayer: Learn To Fall In Love With Christ Through Prayer

Each year the Church, in her wisdom, offers us Lent, a 40-day period of meditation, prayer, and spiritual renewal. It can be a joyful time for growth and conversion.

We hear on Ash Wednesday Jesus calling us to pray, to fast, and to give alms: "when you pray, do not be like the hypocrites," "when you fast, do not look gloomy," when you give alms, do not let your left hand know what your right is doing" (Mt 6:5, 16, 3).

Our Lord's threefold call to pray, to fast, and to give alms is richly interconnected. In prayer the Holy Spirit, always active in our lives, shows us those areas where we are not free – areas that call for penance – as well as those people who are in need of our care. Through fasting, our spirit becomes more open to hearing God's call, and we receive new energies for performing works of charity. Almsgiving puts us in contact with the needy whom we then bring back to God in prayer.

These three disciplines of Lent are directed toward the nurturing of relationships. Ultimately, the end goal of our Lenten practices is a stronger, more vibrant relationship with God, our neighbors, and ourselves.

Before we start our Lenten journey on Ash Wednesday, let us take some time to understand where we are in our faith lives and where we would like to go during the season.

St. Philip's Church is providing a variety of opportunities to assist you with your prayer, fasting, and almsgiving this Lent. It is not necessary to do everything that is available. God's grace begins to work in small steps.

## Guidelines for Abstinence and Fasting

By refraining from eating, we signify our oneness with the Lord, acknowledge our need for conversion, and give witness to our solidarity with those less fortunate.

#### **Abstinence**

Is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence.

Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain are led to appreciate an authentic sense of penance.

#### Fasting and Abstinence

In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18-59 years. On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Ash Wednesday and Good Friday are days of fasting.

If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.



Read the parish bulletin
every week for more
details about the
PRAYER
FASTING
and ALMSGIVING
opportunities at
St. Philip's Church
during Lent.



## Prayer and Worship Opportunities at St. Philip's Church

In prayer, we encounter and walk with God. During the Lenten season, we are encouraged to make opportunities for individual and common prayer. This can include attending Mass, praying the liturgy of the hours, praying within the family, visiting a chapel, prayerfully reading the Bible, reciting the rosary, or praying before the Blessed Sacrament.

#### Ash Wednesday Masses at St. Philip's

Wednesday, March 1st at 8:40 AM, 12:10 PM, & 6:30 PM (Soup luncheon to follow the 12:10 PM Mass)

#### Weekday Masses

Monday, Friday 8:30 AM
Tuesday at 12:10 PM (Soup luncheon to follow)
Tuesday at 6:30 PM
Wednesday at 8:40 AM
Thursday at 7:00 AM

#### Adoration of the Blessed Sacrament (Chapel)

Monday from 10:00 AM - 9:00 PM Tuesday from 6:00 AM - 9:00 PM

#### Lenten Fish Fry (Social Hall)

Fridays in March from 4:30 to 6:30 PM

#### Stations of the Cross (Church)

Fridays at 2:30 (if school is in session) & 6:30 PM Living Stations of the Cross - March 21 at 7:00 PM

#### Rosary (Chapel)

Tuesday at 7:30 PM Wednesday at 9:30 AM Sunday at 8:35 AM. & 10:15 AM

#### **Eucharistic Miracles Exhibit**

March 16 through March 18th

## Sacrament of Reconciliation During the Season of Lent

#### Individual Reconciliation - Chapel

- Fridays at 6:00 PM
- J Saturdays at 4:30 PM and 6:30 PM (except Holy Saturday, March 31)
- J Before Masses each Sunday morning
- J By Appointment (call 444-4262)

#### **Deanery Reconciliation Day**

March 16 from 7:00 AM – 8:00 PM

Many priests will be available throughout the day. Come and join the community in prayer and penance.

## Almsgiving Opportunities During Lent

Almsgiving entails giving money or other resources for the benefit of those in need. St. Philip's Lenten almsgiving will be directed to the **Christian Service**. This fund provides emergency food, shelter and clothing needs to the poor through local charities in the Bemidji area. The collections taken at the Ash Wednesday, Holy Thursday and Good Friday Masses are dedicated to this charity.

## St. Philip's Holy Week Schedule

- Holy Thursday, March 29: 7:00 PM Good Friday, March 30: 3:00 PM and 6:30 PM
  - Easter Vigil, Saturday, March 31: 8:30 PM
- Easter Sunday, April 1: 7:30 AM, 9:00 AM and 11:00 AM (NO 6:30 PM Evening Mass)

### MINISTRY SCHEDULE

## Week of February 17/18

	Sat. 5:30 PM First Sunday of Lent	<b>Sun. 7:30 AM</b> First Sunday of Lent	Sun. 9:00 AM First Sunday of Lent	<b>Sun. 11:00 AM</b> First Sunday of Lent
SACRISTAN	Marleen Webb	Judy Stai	Joe Bofferding	Jamie Hoffman
LECTOR	Joanna Ferraro Peggy Neumann	Abby Arel Matthew Arel	Daniel Froelich Marilynne Hodapp	Luke Alexander Evelyn Cordts
INTERCESSOR	Deacon Robb Naylor	Deacon Kermit Erickson	HELP NEEDED	Patty Nagle
ALTAR SERVER	HELP NEEDED Helen Bartlett Ellie Solheim	Abby Myhrer Erin Myhrer Philip Hodapp	Edward Froelich Alex Froelich Emma Frenzel	HELP NEEDED Gwen Youso Nicholas Youso
NOVICE ALTAR SERVER	HELP NEEDED	HELP NEEDED	HELP NEEDED	Zachary Martinez
CAPTAIN	Deborah Millard	Brad Arel	Jim Gorham	Dotty Forrest
ЕМНС	Eileen Gothman Mary Dufault Deacon Robb Naylor Heidi Hiscock Susie Dahle David Narlock HELP NEEDED	Dan Shea Timothy Wiltse Joyce Berg Barry Karpinski April Boucher Deacon Kermit Erickson HELP NEEDED HELP NEEDED	Dan Walter Zach Froelich Larry Mack Kay Mack Theresa Steele Stephen Steele Mike Hougen Trish Brewinski Leslie Downs Sue Young	Luke Alexander Patty Nagle Gary Johnson Jennifer Noble Sarah Glen Yvonne Solheim Jane Wilcox Jamie Hoffman HELP NEEDED
USHER	Dave Hiscock Dick Robinson (sub req.) Dick Lehmann (sub req.) Glen Laginess	Jim Schneider Ron Hendricks HELP NEEDED HELP NEEDED	Mark Froelich Jerry Downs (sub req.) Bob Schlichting Del Hager	Barbara Fitzgerald Frank Homer Hank Imsande HELP NEEDED
GREETER	Kathy LeMoine HELP NEEDED	Fran Petersen Rosemary Petersen	<b>HELP NEEDED</b> Marian Evans	Jan Busch Marilyn Sundrud
INFORMATION STATION	HELP NEEDED	HELP NEEDED	Trish Brewinski	Vickie Johnson Gary Johnson

Would you like to become involved in liturgical ministries at St. Philip's? Call/Email Aana Freihammer afreihammer@stphilipsbemidji.org or call 218-441-4905.



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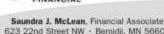
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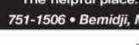
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