

THE SAINT JOSEPH EUCHARISTIC ADORERS ASSOCIATION OF THE BLESSED SACRAMENT

PURPOSE OF THE ASSOCIATION

As we believe Jesus' Sacred Body and Blood to be substantially and truly present under the appearances of bread and wine, we owe our Lord every bit of our most profound respect and every token of worship due to God's divinity, with which it is inseparably united. The Sacred Body of Jesus resides on the altars and in the tabernacles of God, not only occasionally, but continually, that He may never cease bestowing blessings on mankind and console us in all our necessities. The Most Blessed Sacrament of the Eucharist therefore elicits our perpetual gratitude, just as it demands — without interruption — our thanksgiving, love, and homage.

To fulfil this duty is the object of our Association. Since none of us alone can fulfil the debt of perpetual adoration to God (on account of our sinfulness and our unavoidable occupations, cares, and general limitations of human life), we seek together with this Association to worship and honour Jesus Christ in the Blessed Sacrament, an act of each made the act of all, continually commending each member to the gracious mercy and protection of God. In so doing, our members not only enter into a closer union with Jesus Christ but also with the angels and saints and all holy persons throughout the world who likewise acknowledge, adore, and promote belief in the enduring true and real Presence of our Lord in the Eucharist.

MEMBERSHIP, RULES, AND INSTRUCTIONS FOR THIS ASSOCIATION

1. This association is a private association of the faithful open to all baptized Catholics, and thus membership is open to clerics, people in consecrated life, and lay people, married and single. The administration of the Association includes the Moderator/Spiritual Advisor, the Pastor (if he is different from the Moderator), the parish coordinators of Eucharistic Adoration, as well as any other members needed to form an executive committee.

Prospective members should submit themselves to a 33-day preparation period (as set out by the Association) before beginning a first year of discernment, wherein they commit to the requirements of the Association (see below, no. 2). After this discernment year, they should further discern whether or not to take on a lifelong commitment to officially join the Association during another 33-day preparation period and, if so, they are to be admitted in a special

ceremony under the direction of the Moderator/Spiritual Advisor on a regular basis. Their names should be inscribed in a book kept for this purpose.

If a prospective member finishes their discernment year and determines that they are not ready to commit to a lifelong commitment but would like to commit to another discernment year, nothing should inhibit them from doing so.

2. Members *must* agree to:
 - i. At least one Holy Hour once per week in the presence of the Eucharistic Lord (whether exposed or reposed in the tabernacle). *During the discernment year, members are encouraged to keep an uninterrupted Holy Hour, but if unforeseen difficulties arise, splitting this Hour into two Holy half-Hours per week is acceptable (although this should not be a regular practice but exceptional); full-fledged members should keep an uninterrupted Holy Hour;*
 - ii. Recite the prayers of the Association, namely, the Daily Prayer of the Association as well as the Act to Be Made at the Beginning of Each Visit to the Most Holy Sacrament;
 - iii. Include the Association's monthly intentions in your weekly Holy Hour.
 - iv. Go to sacramental confession at least monthly.
3. Members should renew their commitment each year with a 33-day period of reflection, penance, and prayer (to be set out by the Association), either during the time preceding their entrance into the Association or before any of the principal feasts of the Association, as appropriate.
4. Members *are encouraged* to pray daily the Chaplet of Adoration and Reparation.
5. If, for some *weighty and exceptional* reason, a member cannot pass the Hour assigned to them in a church and before the Blessed Sacrament, he/she may perform their religious exercise at home, directing their affections towards Jesus in the Blessed Sacrament wherever the nearest church or chapel may be, adoring Jesus and maintaining their other obligations insofar as they can, additionally using some such prayer as the following:

O Jesus! Permit me to unite my adoration and acts of love to those which You now offer to Your Eternal Father. Accept the tenderness of my love, gratitude, and humble atonement, as You receive the thanksgivings made to You in Heaven, by Your Blessed Mother and the Saints, and by Your faithful adorers on earth.
6. Members ought to embrace every opportunity of manifesting their devotion to Jesus Christ in the Blessed Sacrament, by regularly fulfilling their obligation to the Holy Sacrifice of the Mass on Sundays and Holy Days of Obligation, and whenever else they can; by frequently visiting Jesus in the most Holy

Sacrament; and by accompanying the priest when possible in Eucharistic processions.

7. Members should attend (as far as possible) an annual Adorers Day of Recollection for spiritual growth and formation, at which there should be Mass and adoration held as well as catechesis on the Most Blessed Sacrament.
8. Particular devotion to the Blessed Sacrament is encouraged on every Thursday, in commemoration of the day on which the Holy Eucharist was instituted, as well as on the principal feasts of the Association, namely, (in order of precedence) the Solemnity of Corpus Christi, Holy Thursday of the Lord's Supper, the Most Precious Blood of Jesus (Jul 1), the Solemnity of the Lord's Nativity (Dec 25), the Solemnity of the Annunciation of the Lord (Mar 25), and the Feast of Our Lady of the Most Blessed Sacrament (May 13).
9. Devotion to the Mother of God should likewise be central to the members of the Association as she is Mother of the Eucharistic Christ, Our Lady of the Most Blessed Sacrament, the title under which she is Patroness of our Association.