



Sponsor Role, Responsibilities, and Selection

The sponsor is an invaluable assistant to parents in transmitting the faith. The sponsor needs to be able to fulfill several requirements.

- The Church requires that the sponsor be an active, practicing Catholic who has already celebrated the sacrament of Confirmation. They must be living in line with the teaching of the Catholic Church (ex: attending Mass weekly, not living with someone, in a valid Catholic marriage).
- It is important that the sponsor be more mature, more informed, and more experienced in the ways of our faith and culture than the candidate.
- The sponsor must be a minimum of 16 years old.
- It is recommended that the sponsor be an older person who has some experience with his or her faith and, hence, a clearer perspective from which to speak.
- The sponsor should be a person who already has a relationship of trust with the candidate.
- The sponsor needs to be willing to meet with the candidate on a regular basis prior to the celebration of Confirmation, and to make a commitment to continue the faith journey after the celebration of Confirmation.
- The sponsor must be willing to attend the rehearsal, if possible.
- The sponsor is one who is willing to share his or her faith with the candidate.
- The sponsor is an assistant to the parents as the primary transmitters of the faith.