

# Lent at the Parish of the Holy Eucharist

Knowing, Loving and Serving God  
in the Beauty of Our Faith



**SMALL GROUP  
FAITH SHARING**



**SPECIAL CONFESSION  
EVENINGS**



**CRS  
RICE BOWLS**



**LIVING STATIONS  
PRESENTED BY YOUTH**



**PARISH-WIDE  
MISSION**



**WEEKLY STATIONS &  
SIMPLE MEAL**

**ASH WEDNESDAY MASS TIMES - MARCH 6, 2019**

**HOLY MARTYRS: 7:30AM & 5:30PM**

**ST. GREGORY: 8:00AM**

**SACRED HEART: 8:15AM**

**ST. JUDE: 6:30PM**

**BEST. LENT. EVER.**

This coming week we celebrate Ash Wednesday which marks the beginning of the Church's season of Lent, and falls about 40 days before Easter. The 40 days of Lent represent Jesus' time in the desert and the 40 years the Israelites spent in exile after the Exodus.

**We receive ashes** on our foreheads this Wednesday and wear them as a sign of repentance, humility, and renouncing pride. We don't wear ashes to proclaim our holiness, but to acknowledge that we sin and are in need of Repentance and Renewal. Which is what Lent is all about.

**During Lent**, we focus our attention on three practices:

**Fasting, Giving, Praying**

We **FAST** because depriving ourselves of a basic necessity reminds us of our utter dependence on God. And traditionally, the money saved from our various fasts is intended to be given to the needy.

We **GIVE** because all that we are given by God isn't meant just for us, but rather for us to share with others and for the service of others.

And finally, we **PRAY** because we are not totally self-sufficient. We have a need inside of us that can't be filled by ourselves or others. We have a longing, a holy longing, and must look to God.

During Lent, to help us on our journey, we must also look to the **Community** that surrounds us. Here at POTHE, that is our parish community. Without a community, we cannot be enriched by others or enrich them. Only in the context of community can we continue to find and grow our relationship with God.

**The POTHE Community** has many exciting and fulfilling experiences, events and opportunities planned to help you with your fasting, giving and praying practices for Lent this year. Use this bulletin as a guide, take it home and keep it on hand. And together we really can make this the best Lent ever.

**BEGIN YOUR LENT THE RIGHT WAY**

Once you've gotten your ashes this Wednesday and are ready for your Lenten journey, what's the next step? You're invited to a Parish-wide event to help jump start your Lent. Fr. Dan and staff have invited Paulist Father Steven Bell to host a parish-wide mission. The theme of the mission is

**"Knowing, Loving and Serving God in the Beauty of Our Faith."**

**THE GOAL OF THIS MISSION**

- 1) Is to inspire our community to recapture Catholic culture in the parish as well as at home,
- 2) To deepen our personal and communal experience of God in Christ more fully,
- 3) To invite everyone to go forth as witnesses to this experience so that others may come to desire such an experience in their own lives.

Here's the schedule of events, **Monday to Wednesday, March 11-13**. More information can be found on the back of this bulletin.

<b>Sacred Heart Morning Sessions</b>	<b>Holy Martyrs Evening Sessions</b>
<b>8:15 am: Mass</b>	<b>5:30 pm: Mass</b>
<b>8:45 am: Light Breakfast</b>	<b>6:00 pm: Light Supper</b>
<b>9:15 am: Mission Talk</b>	<b>6:30 pm: Mission Talk</b>

**FORMED CONTENT FOR LENT**

**Journey through Lent with Dr. Tim Gray** Set yourself up for a transformative 40 days with FORMED Lenten Reflections. Get daily videos from esteemed Scripture expert Dr. Tim Gray delivered right to your inbox. Don't miss a day of growing closer to our Lord.

**Not signed up for FORMED?**

Go to [pothe.formed.org](http://pothe.formed.org) to sign up. No code needed!

**SMALL FAITH-SHARING GROUPS**

Personal discovery, deeper friendships, discipleship within your larger community, and growing a connection to your faith: the theology taught at the pulpit becomes fleshed out when we join in conversation with one another. Each week the readings from Mass accompanied with reflection questions will be inserted into your bulletin to help you walk alongside Jesus. The small groups will review the material together and after discussion, watch a 5 minute video that the your parish staff has created. If you are not yet part of a group, please fill out the form on page 4 of this bulletin, sign up on our website ([pothe.org](http://pothe.org)) or contact Annie Iacono, 207.553.7159, [annie.iacono@portlanddiocese.org](mailto:annie.iacono@portlanddiocese.org)

**RICE BOWLS**

Symbolic rice bowls can be found in the back of each church this weekend. The iconic Catholic Relief Services Rice Bowl is a staple on the table of Catholic families across the country during Lent. This simple cardboard box is a tool for collecting Lenten alms—and comes with a Lenten calendar that guides families through the 40 days of Lent with activities, reflections and stories. Lenten donations through the Rice Bowls support the work of CRS in roughly 45 different countries each year. 25% of all donations stay in the local diocese, supporting hunger & poverty alleviation efforts. With the CRS Rice Bowl app, you can put Lent at your fingertips with new daily reflections and recipes, integrated social sharing and a new way to track your Lenten sacrifices! Found on your phone's app store.

**STATIONS OF THE CROSS & SIMPLE MEAL**

On each Friday we celebrate the Stations of the Cross in conjunction with a meatless meal. These times of breaking bread as a community serve to enrich our Lenten journey. Evening meals are held at Holy Martyrs, St. Jude and St. Gregory churches.

Breakfast is held at Sacred Heart. All are invited to join us.

**Sacred Heart after 8:15am Stations, Holy Martyrs after 5:30 Mass  
St. Gregory & St. Jude after the 5:30pm Stations**

**YOUTH LIVING STATIONS OF THE CROSS**

Come and join our youth as we remember the last days of Christ. Each church hosts the Living Stations once one a Friday during Lent: March 22: Holy Martyrs; March 29: Sacred Heart; April 5: St. Gregory; April 11: St. Jude.

**THE SACRAMENT OF CONFESSION**

Lent is a time for Celebrating the Sacrament of Confession. **The Light is On**, a special week of confession times will occur the week of April 8 to 11, from 6:30 pm to 7:30 pm. Confessions are also heard every Saturday at 3:15pm or by appointment by calling the priest. See the schedule to the right to see when our parish churches are hosting The Light is On.

**LENTEN RESOURCES FROM THE DIOCESE**

A special section has been created on the Diocese of Portland's website featuring resources to assist you during your Lenten journey, including Mass times, special event listings, presentations of the Stations of the Cross, a Lenten calendar, faith formation and Scripture reflections, retreat information, and ways to share your gifts.

[portlanddiocese.org/len-resources](http://portlanddiocese.org/len-resources)



# POTHE LENT 2019 CALENDAR

## ASH WEDNESDAY MASS - MARCH 6

7:30 am: Holy Martyrs  
8:00 am: St. Gregory  
8:15 am: Sacred Heart

5:30 pm: Holy Martyrs  
6:30 pm: St. Jude

## PARISH-WIDE MISSION RETREAT - MARCH 11-13

### Sacred Heart Morning Sessions    Holy Martyrs Evening Sessions

8:15 am: Mass  
8:45 am: Light Breakfast  
9:15 am: Mission Talk

5:30 pm: Mass  
6:00 pm: Light Supper  
6:30 pm: Mission Talk

## WEEKLY PARISH-WIDE STATIONS OF THE CROSS (EVERY FRIDAY IN LENT FOLLOWED BY A SIMPLE MEAL)

8:15 am: Sacred Heart  
5:30 pm: St. Gregory

5:30 pm: St. Jude  
6:30 pm: Holy Martyrs

## LIVING STATIONS PRESENTED BY POTHE YOUTH (SELECT FRIDAY EVENINGS)

March 22: Holy Martyrs, 6:30pm    April 5: St. Gregory, 5:30pm  
March 29: Sacred Heart, 5:30pm    April 12: St. Jude, 5:30pm

## THE LIGHT IS ON FOR YOU - APRIL 8 TO 11 (SPECIAL 6:30PM EVENING TIMES FOR CONFESSION)

Monday, April 8: St. Gregory    Wednesday, April 10: St. Jude  
Tuesday, April 9: Holy Martyrs    Thurs., April 11: Sacred Heart

## SMALL FAITH-SHARING GROUPS

Note Bulletin Page 4 to sign up for available groups and times  
or visit [pothe.org](http://pothe.org) to sign up.

## HOLY WEEK TRIDUUM Holy Thursday, April 18

5:30 pm: Holy Martyrs    6:00 pm: St. Gregory

## Good Friday, April 19

5:30 pm: Holy Martyrs    6:00 pm: St. Gregory  
6:30 pm: Sacred Heart

## Easter Vigil, April 20

5:30 pm: Holy Martyrs    6:00 pm: St. Gregory

## WEEKLY DEVOTIONALS

### RECITATION OF ROSARY (SATURDAYS)

7:45 am: Sacred Heart; 3:25 pm: St. Gregory, 3:30 pm: Holy Martyrs,

### ADORATION AT ST. HOLY MARTYRS

Mondays at Holy Martyrs, 8:00 am to 8:00 pm

Holy Hour for Priests: 12:00pm; Holy Hour for the Sick & Dying: 3:00pm

### ADORATION AT ST. GREGORY

Fridays at St. Gregory, 8:30 am to 12:30 pm

*"God is the friend of silence. We need to find God and He cannot be found in noise and restlessness. See how nature, the trees, the flowers, the grasses grow in perfect silence...see the stars, the moon and the sun, how they move in silence. The more we receive in silent prayer, the more we can give in our active life."—Mother Teresa*

You have a special hour of silence waiting for you at Eucharistic Adoration. Find time to be with Jesus this week in prayer before the blessed sacrament. He waits for you patiently, quietly.

Adoration times are above.

## FASTING & ABSTINENCE DURING LENT

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence from eating meat. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

## DAILY MASS

Consider making the commitment to go to daily Mass during Lent. Beginning on Ash Wednesday, Holy Martyrs offers a special 5:30pm daily Mass, Mondays-Fridays in place of the usual 7:30am M/W/F Mass, as a convenience for those who work during the day.

### POTHE Daily Mass Schedule

**Holy Martyrs:** Monday to Friday, 5:30 pm  
**Sacred Heart:** Tuesday, Wednesday & Thursday, 8:15 am  
**St. Gregory:** Monday & Friday, 8:00 am

## FEBRUARY 2019

### BAPTISMS

2/17 - Viola Grassi  
2/24 - Niklaus Reidelbach  
2/24 - Ambrose DiNapoli

### FUNERALS

2/18 - Robin Clancy  
2/20 - Mary Bosse  
2/20 - Ray Hefflefinger

## Volunteer Appreciation Reception



**Tuesday  
March 5  
5 to 7 pm**  
Holy Martyrs Hall  
Falmouth

We are so grateful to our office volunteers, altar servers, lectors, counters, Eucharistic ministers, catechists, gardeners, musicians, reception volunteers, commission members, decorators, and the list goes on and on....

**You're invited!**



The Parish of the Holy Eucharist thanks you for sharing your time & talents with us and invites you to our **Mardi Gras Reception** in your honor!

**All parishioners are invited to attend!**

# THIS WEEK AT HOME

8<sup>th</sup> Sunday in Ordinary Time

Our liturgical season's color is still **GREEN**

**WHICH ONE OF JESUS' 5 QUOTES DO I NEED TO THINK ABOUT?**

Learn Jesus' 5 quotes this week, read this Gospel story with your family: Luke 6:39-45

## GOSPEL BACKGROUND:

Jesus gives us five vivid quotes or sayings to reflect on. Our Catholic Catechism (what our Church believes and teaches), says: "The education of the conscience is a lifelong task. It guarantees freedom and engenders peace of heart. In the formation of conscience the Word of God is the light for our path". Each day is an opportunity for us to exercise our conscience so it grows stronger. Small daily efforts lead to a strong conscience.

## FOLLOW THESE STEPS AT HOME:

**WE PRAY:** "Lord Jesus, help me to open my mind and heart to think about what you are teaching me this week. Help me to be the best person I can be before I judge others. I ask the angels and saints to pray for me and with me. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen".

**WE TALK:** How is our life like a tree which bears good fruit? What quote of Jesus' can I work on this week? What quotes do your parents, or grandparents or other people in your life have? Which one do I really like and why?

**WE ACT:** We will post Jesus' 5 quotes in one common room in our house to think about this week!

**LENT BEGINS THIS WEEK WITH ASH WEDNESDAY, MARCH 6!!**

See the bulletin for Masses in our parish. Bring your children and grandchildren to experience the ashes.

Go to [pothe.formed.org](http://pothe.formed.org) to register for a FREE digital subscription through our parish (like a Catholic Netflix!).

Explore resources for all ages! Follow us on all social media.

## YOUR BEST LENT AWAITS

WITH A POTHE SMALL FAITH-SHARING GROUP

SET TIME FOR SPIRITUAL GROWTH  
PERSONALIZED STAFF REFLECTIONS  
STUDY SCRIPTURE TOGETHER  
INTIMATE GROUP CONVERSATIONS

*Groups still open to new members:*

### SUNDAYS

☐ Francis Fedrizzi—11am— St. Jude Hall

### MONDAYS

☐ Danielle Ogden—6:00pm—Durham

### TUESDAYS

☐ Loreen Kowalski—10:30am—Holy Martyrs Church

### WEDNESDAYS

☐ Annie & Georgette —12pm—Holy Martyrs Church

☐ Raymond Fogg—6:00pm—St. Gregory Rectory

### THURSDAYS

☐ Kim Lovett—9:00am—Sacred Heart Church

☐ Elizabeth Rosquette 10am—Falmouth (Women Only)

☐ Deacon Dennis—6:00pm—St. Gregory's Rectory

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #: \_\_\_\_\_ Cell / Home

*Return to parish leader or place in offertory basket.  
Sign-up is also available online on our parish website.*

## FAITH FORMATION BUZZ

### FLAME RETREAT – CONFIRMATION & EUCHARIST

Saturday, March 2, 9:30 am—12:30 pm, Sacred Heart Church

At least one adult must accompany each child. Snow date is March 9.

### LENTEN-THEMED WHOLE FAMILY FAITH FORMATION

At all 4 churches: Regularly-scheduled sessions on Sunday March 3.  
At Holy Martyrs: Monday March 4.

### INVITATION TO VOLUNTEER CATECHISTS!

**Mardi Gras celebration in honor of you & all our parish volunteers:** Tuesday, March 5, 5pm-7pm open house, Holy Martyrs. Hosted by our clergy and staff. We want to personally thank you!

### WEDNESDAY, MARCH 6 – ST. JUDE FAITH FORMATION

We are gathering for Ash Wednesday Mass at 6:30 pm.

### MEN'S FAITH SHARING THIS SATURDAY

Saturdays, Sacred Heart, 6:30 am

Join fellow men every Saturday at Sacred Heart in Yarmouth.



## UPCOMING EVENTS

### POTHE ACTS Women's Retreat Team Commissioning Mass

Saturday, March 9, 8:15 am, Sacred Heart

The 2019 POTHE ACTS Women's Retreat Team would like to invite all parishioners to their Commissioning Mass. Come and pray for the success of POTHE'S 2<sup>ND</sup> Annual ACTS Women's Retreat.

### 2019 POTHE Womens ACTS Retreat May 30 – June 2, 2019

You are invited to join us for a spiritually uplifting weekend. Set aside some time for God and yourself. Get away from your usual busy schedule and join women, from our parish, like yourself who are seeking God's answers to life, family and eternity. This weekend is an opportunity to strengthen your faith, renew yourself spiritually, and create friendships with some awesome women. All women age 21 and older are encouraged to attend. ([pothe.org/womens-acts-retreat](http://pothe.org/womens-acts-retreat))





## Parish of the Holy Eucharist

Small Group Faith Sharing Material  
1st Sunday of Lent—March 10, 2019  
Sunday Readings

### OPENING PRAYER

Grant, almighty God,  
Through the yearly observances of holy Lent,  
that we may grow in understanding  
of the riches hidden in Christ  
And by worthy conduct pursue their effects.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit  
one God, for ever and ever. Amen.

(source: *The Roman Missal, Third Typical Edition*)

### FIRST READING

#### DEUTERONOMY 26:4-10

Moses spoke to the people, saying: "The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the LORD, your God, 'My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the first fruits of the products of the soil which you, O LORD, have given me.' And having set them before the Lord, your God, you shall bow down in his presence.

*The Word of the Lord*

### Commentary on Deuteronomy:

This reading from the Book of Deuteronomy was part of a thanksgiving liturgy that included the ritual offering to God of the first fruits from the land. Moses tells the people to give to the priest these first fruits and place them before the altar. Accompanying the gifts was a retelling of the saving history of the Israelite people from the Egyptian oppression to freedom in the Promised Land. The Israelites were to give the first fruits as a thanksgiving to God for the harvest received from the land they were given by God. This event included an act of humility by bowing in God's presence, showing their belief that all the good they had received came from God.

### Questions for Understanding & Discussion

1. Describe how the Mass finds its roots in the Israelite liturgy of thanksgiving described in today's reading?
2. How do you express your thankfulness for all the good you have received from God?

### RESPONSORIAL PSALM

Ps 91:1-2, 10-11, 12-13, 14-15



**R. Be with me, Lord,  
when I am in trouble.**

You who dwell in the shelter of the Most High,  
who abide in the shadow of the Almighty,  
say to the LORD, "My refuge and fortress,  
my God in whom I trust." **R.**

No evil shall befall you,  
nor shall affliction come near your tent,  
For to his angels he has given command about you,  
that they guard you in all your ways **R.**

Upon their hands they shall bear you up,  
lest you dash your foot against a stone.  
You shall tread upon the asp and the viper;  
you shall trample down the lion and the dragon. **R.**

Because he clings to me, I will deliver him;  
I will set him on high because he acknowledges my name.  
He shall call upon me, and I will answer him;  
I will be with him in distress;  
I will deliver him and glorify him. **R.**

### SECOND READING

#### ROMANS 10:8-13

Brothers and sisters: What does Scripture say? *The word is near you, in your mouth and in your heart*—that is, the word of faith that we preach—, for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. For the Scripture says, *No one who believes in him will be put to shame.* For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him. For "everyone who calls on the name of the Lord will be saved."

*The Word of the Lord*

### Commentary on Romans:

This text from Paul's Letter to the Romans is to be seen against the backdrop of the Jewish understanding of The Law. Paul is addressing the Jewish notion that one is justified and saved by keeping The Law. However, with Christ, salvation is a gift that comes with believing in Jesus



Christ crucified, died and raised. Once one believes, one professes this belief and acts on it. One follows The Law because one believes in the gift given by Jesus. Paul spells out the process of salvation: to believe in the heart and to profess with the lips that Jesus Christ is the Risen Lord. The point is that we must externalize what we believe internally; there has to be an external reality to faith that begins internally. Moreover, this gift of faith and salvation offered by Jesus is now open to all people who believe and live out their faith in Jesus.

### Questions for Understanding & Discussion

1. According to Paul, how is one saved?
2. How is YOUR life different because of your faith?

### GOSPEL READING

### LUKE 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, *One does not live on bread alone.*" Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, "I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me." Jesus said to him in reply, "It is written: *You shall worship the Lord, your God, and him alone shall you serve.*" Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down from here, for it is written: *He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone.*" Jesus said to him in reply, "It also says, *You shall not put the Lord, your God, to the test.*" When the devil had finished every temptation, he departed from him for a time.

*The Gospel of the Lord*

### Commentary on Luke:

Jesus defines his mission by rejecting false versions of what some thought the Messiah would be and do. Each of the three temptations point to false ideas of the messiah and Jesus' win over the temptations speak about the kind of Messiah Jesus is to be. The devil appears at the end of Jesus' time in the desert when he is at his weakest point reminding us that in the weak moments of our lives, temptations to turn from God are at their strongest.

In the first temptation, the devil taunts Jesus by questioning his identity. The evil one says, "If you are the Son of God..." something that was claimed just a chapter earlier at Jesus' baptism when a voice came from heaven that stated that Jesus is the Father's beloved Son in whom He is well pleased." If he is, then he can do all that he wants. Jesus' response is that as the Son of God, He is to do only the will of his Father in heaven. The temptation Jesus faces is

one of distorting the divine mission for his own personal gain. We too face the same temptations to distort our faith for our own personal gain rather than be consumed with doing the will of God in our lives.

In the second temptation, the devil offers Jesus all worldly power and glory if He worships the evil one. This challenges Jesus to exercise power in a secular, political manner to advance himself in this world. Some Jewish people had hoped that the messiah would be a political leader who brought with him a new kingdom of this world. However, Jesus brings God's kingdom not by temporal control and power but by conversion and forgiveness. In this Jesus serves only his Father in heaven, he does not serve the goals of worldly ideals.

In the third temptation, Jesus is told to give proof that he is the Son of God and to force his Father to act on his behalf. In this way, Jesus will exercise his power to dazzle and charm the people. Jesus' response is that he will not test his Father, like the Israelites did in the desert. Instead, he will remain obedient to his Father, trusting in his will for Jesus. It should be noted that in this third temptation, the devil quotes scripture reminding us that God's word can be perverted for one's own benefit.

Luke concludes the temptation scene by stating that the devil left for a time, which hints that he will appear again later in the Gospel. Jesus had won this battle but there is more to come.

### Questions for Understanding & Discussion

1. In what ways do the temptations Jesus faced and his responses to them, help us to correct any false notions we may have of who the Messiah is?
2. What do you do to resist temptations you face to turn away from God?

### WATCH THE VIDEO

Please watch the reflection on the weekly readings prepared by the staff at Parish of the Holy Eucharist. It can be found on the parish website at [www.poth.org](http://www.poth.org) or you may obtain copies of the DVD at the parish office. See [www.POTHE.org](http://www.POTHE.org) to watch the video or use the DVD provided by the parish.

### CREDITS

Opening Prayer. *Missale Romanum, Libreria Editrice Vaticana*, 2008. *Roman Missal*, Catholic Book Publishing Co., New York, 2011.

Readings for Mass. Excerpts from the Lectionary for Mass for Use in the Dioceses of the United States of America, second typical edition © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC.

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## KNIGHTS COUNCIL OF COLUMBUS® #15791

Sunday, March 3 Coffee & Pastry Socials following the Sunday Masses. Serving and set-up help appreciated.

Tuesday, March 5 Monthly Business Meeting at Holy Martyrs, 7pm.

Thursday, March 7 Monthly Officers meeting at St Gregory Hall, 7pm.

Knight of the Month for March 2019 Fr. Daniel Greenleaf

Family of the Month, March 2019 Brother Frank Knight & Wife, Yvette

Birthdays for March 2019 Brother Robin C. Clancy (R.I.P.),

Brother Nicholas A. Corrow, Brother Christopher A. Madden

### KNIGHTS OF COLUMBUS ~ FAITH IN ACTION FOR MEMBERS AND NON-MEMBERS

Your Knights of Columbus are part of the largest Catholic Family Fraternal Organization in the world. Here are several things every Catholic man & his family should know about this organization!

- It all started when a parish priest wanted to help Catholic families. The year was 1882 and anti-Catholic sentiment was running high. Catholic immigrants faced hostility and were thrown into dangerous work conditions which could cause early deaths. So, 29-year-old Fr. Michael McGivney gathered the men of St. Mary Church in New Haven, Connecticut, to establish a lay organization that would unite men of Catholic faith & provide for families of deceased members.
- The Order is the world's largest Catholic fraternal organization. Today, with nearly 2 million members worldwide, the Order is still true to its founding principles of charity, unity and fraternity.
- The Knights have councils in over a dozen countries. Knights are active in the U.S., Canada, Mexico, the Philippines, Dominican Republic, Poland, Panama, Guatemala, Lithuania, Bahamas, Saint Lucia, South Korea, Ukraine and more!
- The Knights stood up to ISIS. The Order produced a 280-page report detailing the genocide against Christians by ISIS, which was decisive in getting the genocide recognized by the U.S. State Department. The Knights are currently saving a Christian town in Iraq that was desecrated by ISIS. They are raising \$2 million to save Karamles, a town recently liberated from ISIS.

### FOOD FOR FAMILIES DRIVE

The Knights of Columbus will be conducting its Annual Food For Families Drive at all Churches in our Parish during the weekend of March 16/17. When you give food to this drive you will help local families beat hunger. Stay tuned for more details.



### COME TO OUR PARISH CAR RACING PARTY!!!

*Sacred Heart, Saturday, March 16, 9:00 am to 1:00 pm*

Join our Parish's new Cub Scouts and Boy Scouts as they race their Pinewood Derby Cars in the inaugural **POTHE PINWOOD DERBY RACES & PARTY**. Are you a former Cub Scout or Boy Scout? Do you have an old pinewood derby car sitting around that you would like to enter in our Open Class Races? Or would you just like to spend time with fellow parishioners and have

a good time watching cars race down the track? Then plan to join us for what promises to be a fantastic and fun new annual parish event. Weigh-in for race cars will be Friday evening, March 15, 6pm-9pm. Racing will begin at 10am on Saturday, March 16 at Sacred Heart. Drinks and popcorn will be provided. Feel free to bring a snack or dessert to share! Contact Tim ([timwinkeler@gmail.com](mailto:timwinkeler@gmail.com)) for more info.

### GRIEF SUPPORT GROUP

*Sacred Heart, Tuesday, March 5, 10:00 am*

Grief can be especially intense in the darkness of winter. Join us for a time of fellowship and caring.

**THE CROSS OF JESUS COMES IN MANY FORMS** w/ Ann Boyle  
*Retreat at Marie Joseph Spiritual Center, March 13, 10am—3:30pm*, Jesus says "Take up your cross and follow me!" As we enter into the Season of Lent, let us contemplate the Cross of Jesus, which can appear in many forms. We experience and know the sufferings personally and also from those around us. What does it mean to carry one's cross? How are we called to help carry the cross of another? The day will include short presentations, prayer, time for personal reflection and sharing. Cost: \$55, includes hot meal. FMI & to register call 284.567.

### A TIME TO MOURN, A TIME TO DANCE w/ Beverly Fournier

*Retreat at Marie Joseph Spiritual Center, March 29-31*

No matter how big or small the loss, the grieving process that follows raises the question: How is it possible to feel God's loving presence in the agony of grief? This weekend of companionship will attempt to respond to that question through sharing, quiet reflection, and healing experiences of prayer. Cost: \$230. More info/to register, call: 284.5671.

### 40 DAYS FOR LIFE

From March 6 through April 14, 2019 you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside of Maine Family Planning in Augusta. Bishop Robert Deeley will be speaking at the 40 Days for Life Kick-Off event on March 9th at 10:00 am in front of Maine Family Planning. For more info, please contact Judy Icenogle at 872-6558 or [ricejuice@twc.com](mailto:ricejuice@twc.com) or visit [40daysforlife.com/augusta-maine](http://40daysforlife.com/augusta-maine).

### CARING AND THE CAREGIVER Thursday, March 7, 1pm-2pm,

*Lunt School Senior Center, Falmouth* Catherine Gentile, presents "Caring and the Caregiver, Part 1" Register w/ Kim Doyon, Senior Services Coordinator, Falmouth Town Hall: 781-5253.

### LITTLE BLESSINGS

*Holy Martyrs, Monday, March 4, 10:30am*; Please join our meeting of the POTHE young families group, Little Blessings. Moms & dads of children ages zero to five years old are invited for conversation & fellowship. Feel free to bring your own snacks & toys for the kids to play. For more info, please contact Rachel at [rmmutchie@gmail.com](mailto:rmmutchie@gmail.com) or Alana Barrera at [alanabarrera11@gmail.com](mailto:alanabarrera11@gmail.com).

### LITTLE DRESSES FOR AFRICA

*St. Gregory, Saturday, March 9, 10:00 am*

Sewing ministry meets at St. Gregory to make dresses & shorts for distribution in Africa. Sewers & fabric donations always welcome.

Contact Yvette Knight for more info: [yknight@maine.rr.com](mailto:yknight@maine.rr.com).

### FRIENDSHIP HOUSE DONATIONS FOR MARCH 6

Friendship House is a residence in South Portland for formerly homeless men recovering from substance abuse. The first Wednesday of each month, members of our parish contribute prepared hot and cold dishes (dishes may be purchased and/or donated frozen) and grocery items such as fresh produce, milk, paper products or toiletries. If you would like to donate something for this Wednesday, March 6, please email Deborah Nicklas at [dpnicklas@gmail.com](mailto:dpnicklas@gmail.com). Thank you.

### ST. VINCENT DE PAUL SOUP KITCHEN

Currently accepting clothing donations: warm, clean clothing for men and women is needed and appreciated. Please, no dressy clothing. The soup kitchen is experiencing higher numbers of clients each day including families with small children. They are so appreciative of our generous, warm lunches and take-home food items. Thanks for your help. For more info call Evelyn Pierce, 899.1784.



**Saturday, March 2**

6:30am	SH	Men's Faith Formation
7:45am	SH	Rosary
9:30am	SH	Sacrament Retreat
2:30pm	SH	Women's Schola
3:15pm	HM, SH, SG	Confessions
3:25pm	SG	Rosary
3:30pm	HM	Rosary

**Sunday, March 3****(RITE OF ACCEPTANCE) (RITE OF SENDING)**

8:00am	SJ	Choir Practice
8:50am	SJ	Faith Formation
9:30am	HM, SG	Faith Formation
10:00am	SH	Faith Formation
10:00am	SH	Choir Practice
11:30am	HM	Baptism: Alexandra Deschambault
1:00pm	HM	Connected Catholics
4:15pm	HM	Middle School Faith Formation

**Monday, March 4**

8:00am	HM	Adoration (12pm Priests, 3pm Sick)
10:30am	HM	Little Blessings
4:15pm	HM	Faith Formation
6:30pm	SH	Boy Scouts

**Tuesday, March 5**

9:30am	HM	Centering Prayer Group
10:00am	SH	Grief Support Group
5:00pm	HM	Volunteer Appreciation Party!!!
6:00pm	SJ	Faith Formation
6:30pm	SH	Faith Formation
7:00pm	HM	Knights of Columbus Business Meeting

**Wednesday, March 6 - Ash Wednesday**

3:00pm	HM	Aging With Grace
3:00pm	SH	Youth Schola
4:00pm	SH	Jubilate Schola
6:00pm	SJ	Faith Formation
6:30pm	SH	Choir Practice
7:00pm	SG	Choir Practice
8:15pm	SH	Adult Schola

**Thursday, March 7**

10:30am	HM	Making Music, Praying Twice
1:00pm		"Caring and the Caregiver, Part 1," at Lunt School Senior Center, Falmouth
4:15pm	SH	Cherub Schola
7:00pm	SG	Knights of Columbus Officers Meeting

**Friday, March 8**

8:15am	SH	Stations of the Cross
8:30am	SG	Adoration (Until 12:30pm)
10:30am	HM	Catholic Homeschoolers
12:15pm	HM	Making Music, Praying Twice
1:15pm	HM	Homeschool Apologetics
5:30pm	SG, SJ	Stations of the Cross
6:30pm	HM	Stations of the Cross

**Saturday, March 9****(NORTH AMERICA & BLACK MISSIONS)**

6:30am	SH	Men's Faith Formation
7:45am	SH	Rosary
9:00am	HM or SH	ACTS Training/Planning
9:30am	SH	Sacrament Retreat Snow Date
10:00am	SG	Little Dresses
3:15pm	HM, SH, SG	Confessions
3:25pm	SG	Rosary
3:30pm	HM	Rosary

**Sunday, March 10 (RITE OF SENDING)****(NORTH AMERICA & BLACK MISSIONS)**

8:00am	SJ	Choir Practice
8:50am	SJ	Faith Formation
9:30am	HM, SG	Faith Formation
9:30am	HM	Knights of Columbus Communion Breakfast
10:00am	SH	Faith Formation
10:00am	SH	Choir Practice
4:15pm	HM	Middle School Faith Formation

**Saturday, March 2**

8:15am	SH	Fr. M	Joseph & Liane Marquis by Fr. Paul Marquis
4:00pm	HM	Fr. G	Philomena Frenzilli by Ray & Lisa O'Donnell
4:00pm	SH	Fr. M	Joel York by His Wife
4:00pm	SG	Fr. K	Michael Carrier by Stephen & Cindy Carrier

**Sunday, March 3**

8:00am	SH	Fr. M	Erle & Betrece Dunham by Their Family
8:30am	HM	Fr. G	Parishioners
8:30am	SG	Fr. K	Paul Tracy, Sr. by Patricia Dunn
9:30am	SJ	Fr. M	Andrew Hovey by Louise Gorman
10:30am	HM	Fr. G	Henry & Teresa Desantis & Their Parents by Mary Thiboutot
11:00am	SH	Fr. K	Jean Bott by Gene & Claudie Higgins
5:30pm	HM	Fr. G	GerryAnn Grasso by Kathy Lennon

**Monday, March 4**

7:30am	HM	Fr. G	Mary Folan by the Gilbert Family
8:00am	SG	Fr. K	Betty McInnis by Therese Rouleau

**Tuesday, March 5**

8:15am	SH	Fr. G	Deceased Family & Friends of Mrs. Assunta Fasulo
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**Ash Wednesday, March 6**

7:30am	HM	Fr. G	Ralph Lancaster by Elizabeth Rosquete
8:00am	SG	Fr. K	Deceased Members of the Anderson Family by Carl & Sheila Anderson, Jr.
8:15am	SH	Fr. M	Deceased Family & Friends of Steve & Sally Hunt
5:30pm	HM	Fr. G	Dorothy M. Canty by Patricia LaClair
6:30pm	SJ	Fr. K	Deceased Family & Friends of Kelli Antonson

**Thursday, March 7**

8:15am	SH	Fr. K	Katherine Powers by Keegan & Family
5:30pm	HM	Fr. G	Roger R. Roy by Mark & Rene Roy

**Friday, March 8**

8:00am	SG	Fr. K	Bob & Carol Harriman by Their Family
5:30pm	HM	Fr. G	SI Joshua & Natalie Robertson by Erin K. Robertson, MD

**Saturday, March 9**

8:15am	SH	Fr. M	Deceased Family & Friends of Charles & Mary Belisle
4:00pm	HM	Fr. GM	Barbara Mullin by Jack & Betty Mullin
4:00pm	SH	Fr. K	Clayton Clark by the Clark Family
4:00pm	SG	Fr. G	Ronald Sullivan by His Wife, Suzanne Sullivan

**Sunday, March 10**

8:00am	SH	Fr. K	Frank & Irene Brochu by Their Family
8:30am	HM	Fr. GM	Frazier by Their Family
8:30am	SG	Fr. G	Mary Bosse by Patricia Dunn
9:30am	SJ	Fr. K	Deceased Family & Friends of Marie McCann
10:30am	HM	Fr. GM	Josephine Marr by the Tatarczuk Family
11:00am	SH	Fr. G	Parishioners
5:30pm	HM	Fr. SB	SI Rob Restuccia by the Williams Family

**APOSTOLATE OF PRAYER FOR PRIESTS OF THE PORTLAND DIOCESE**

Saturday, 3/2	Rev. Eugene Gaffey; Rev. Johnson S. Panneer Slevam, HGN
Sunday, 3/3	Bishop Robert P. Deeley, JCD
Monday, 3/4	Rev. John d'Anjou, SJ; Rev. Normand Richard
Tuesday, 3/5	Rev. Richard MacDonough, SS; Rev. Vincent Mellone
Wednesday, 3/6	Rev. Joseph Cahill; Rev. David Raymond
Thursday, 3/7	Rev. Thomas Lee; Rev. Joseph Daniels
Friday, 3/8	Rev. David Affleck; Rev. Robert Levens, SJ
Saturday, 3/9	Rev. Andrew Bisson, OFM; Rev. Augustin Sebasthiyan, HGN
Sunday, 3/10	Bishop Paul Baltakis, OFM

**Pray for those who are ill or recovering from surgery...** Barbara Ann Arnaldo, Patricia Becker, David Maurice, Sharyl Webster, Liz Chandler, Dave Toulouse, Beverly Wyse, Happy Copley, Catherine Heck (daughter of John and Natalie Bonnell), John V., Helen Roberge, Betty Mullin, Bonnie LaChance (wife of Paul LaChance), John Flood, David Smith

**Pray for our seminarians...** Matt Valles, Joshua Maloney, Liam Gallagher, Joseph Moreshead, Alex Boucher, Joshua Guillemette, Than Pham, Hoa Nguyen

**Let us continue to keep in our healing prayers...** Brother Donald Hamalainen, Brother Gary & Diane Potvin, Cynthia, sister-in-law of Brother Chris Madden, Brother Paul Metevier, Father Ray Picard, Anne Theriault, sister-in-law of Brother George Spino, Laurene, wife of Brother Dennis Dempsey, Brother Manen Clements and wife Pat, Brother Mark Bastey, Michael A. Stone, brother-in-law of Brother Frank Lemanski, Brother Gerald Doucette, Nancy, wife of Brother John Walkenford, Yvonne, wife of Brother Chuck Devine, Kerry, wife of Brother Luke Pluto



## PARISH INFORMATION



Fr. Greenleaf  
Pastor



Fr. Kaseta, OFM Cap  
Parochial Vicar



Fr. Marquis  
Parochial Vicar



Deacon Popadak



Melissa Bagdon  
Business Manager



Georgette Dionne  
Faith Formation

### PARISH MISSION STATEMENT

We are the Parish of the Holy Eucharist, a Catholic Community called to discipleship seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's word, and serving all in need.

ALL STAFF MAY BE REACHED BY EMAILING: [pothe@portlanddiocese.org](mailto:pothe@portlanddiocese.org)

#### Clergy

V. Rev. Fr. Daniel Greenleaf, Vicar General, 207.553.7041

Fr. Peter Kaseta, 207.387.8577

Fr. Paul Marquis, 207.233.5914

Deacon Dennis Popadak, 207.553.2023

Seminarian Joseph Moreshead, 207.847.6885

#### Staff

Melissa Bagdon, Business Manager, 207.553.7158

Georgette Dionne, Director Life Long Faith Formation, 207.553.9076

Kim Lovett, Faith Formation Administrative Assistant, 207.553.7042

Annie Iacono, Faith Formation Coordinator, 207.553.7159

Joe Williams, Operations Manager & Communications, 207.553.9075

Patricia Scott, Finance Assistant, 207.847.6877

James McCann, Sexton, 207.653.9784

Dave Therrien, Handyman, 207.847.6890

#### Music Ministry

Jennifer Runge, Director of Music Ministry, 207.847.6884

David Bartoletti, Holy Martyrs, St. Gregory

Chip Carney, St. Gregory

JoJo Kilroy, Holy Martyrs

Ron Siviski, Sacred Heart

Phil Thibault, Sacred Heart

Sharyl Webster, St. Jude

**Social Justice and Peace Contact** Cathy Martin, Committee Chair

**Knights Officers** GK Mike Crowley, Grand Knight; Joe Mathew, OFS Council Faith In Action Director

**Bereavement Ministry** Beth Anne King, 207.749.7974

**Adoration Ministry (St. Gregory)** Cindy Carrier, 207.272.5943; **(Holy Martyrs)** Elizabeth Rosquete

**Parish Office** 207-847-6890

Monday to Friday, 9 am to 4 pm

266 Foreside Rd. Falmouth 04105

**Parish Website:** [www.POTHE.org](http://www.POTHE.org)

**Deacon Dennis' Office Hours at St. Gregory**

Monday 3:00 pm to 6:00 pm

Friday 3:00 pm to 6:00 pm

4th Tuesday of the Month 3:00 pm to 6:00 pm

### OUR CHURCHES

Please check calendar on page 5 for last minute changes to Mass times.

#### Holy Martyrs Church

266 Foreside Rd. Falmouth

##### Mass Schedule

Saturday 4:00pm

Sunday

8:30am, 10:30am & 5:30pm

Daily Mass 7:30am, M, W, F

**Adoration** Monday 8am - 8pm

**Confession** Saturday 3:15pm

**Rosary** Saturday 3:30pm

#### Sacred Heart Church

326 Main St. Yarmouth

##### Mass Schedule

Saturday 4:00pm

Sunday 8:00am & 11:00am

Tu. Wed. Th. Sat. 8:15am

**Confession** Saturday 3:15pm

#### St. Gregory Church

24 North Raymond Rd. Gray

##### Mass Schedule

Saturday 4:00pm

Sunday 8:30am

Monday & Friday 8:00am

##### Adoration

Friday 8:30am - 12:30pm

**Confession** Saturday 3:15pm

**Rosary** Saturday 3:30pm

#### St. Jude Church

134 Main St. Freeport

##### Mass Schedule

Sunday 9:30am

#### Holy Martyrs Masses and Adoration

are streamed live to our website and Facebook Live

#### Watch Sunday Mass on TV

Channel 1303 10am, 4pm

## PARISH INFORMATION

### Bulletin and Website

Items for the bulletin are due 10 days prior to publication. Please submit information to [joseph.williams@portlanddiocese.org](mailto:joseph.williams@portlanddiocese.org).

### Sacrament of Baptism for Infants

Please contact Deacon Dennis as soon as you give birth to your child.

### Sacrament of Marriage

Please contact the parish office at least 6 months in advance of the desired date of your wedding.

### Sacrament of Confession

Held every Saturday in HM, SH, & SG at 3:15 pm or at any time by appointment with the priest.

### Sacrament of the Anointing of the Sick and Pastoral Care to the Sick and Homebound

Please call the parish office with the name, condition, address, and phone number of the person who is in need.

### Adult Confirmation

Please contact Georgette in the Lifelong Faith Formation Office.

### Vocations to the Priesthood or Religious Life

Contact the Pastor, Fr. Daniel Greenleaf.

### Making Funeral Arrangements

Please contact the funeral home, and they will assist you in making arrangements for the church.

### Mass Intentions

Call the office or fill out an envelope found in the narthex.

### Wishing to Register in the Parish

Please contact the parish office or fill out the form on our website.

### Wishing to Become Catholic

Please contact the parish office and ask for the Lifelong Faith Formation Office.

### Ministry to Those in Need

Please contact the parish office and we will refer you to our Social Justice Commission.



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**March 11 thru 13**

Knowing, Loving  
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in the Beauty  
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Fr. Steven Bell



## Morning Sessions at Sacred Heart

Mass 8:15 - 8:45 am; Light Breakfast 8:45 - 9:15 am;  
Mission Talk 9:15 - 10:15 am

## Evening Sessions at Holy Martyrs

Mass 5:30 - 6 pm; Light Supper 6 - 6:30 pm;  
Mission Talk 6:30 - 7:30 pm

**One topic explored each day, repeated each evening**

Day 1: "Knowing God Through the Richness of Our Catholic Culture."

Day 2: "Loving God By Our Worship in Spirit and Truth."

Day 3: "Serving God By Sharing Our Faith and Our Gifts"

<https://pothe.org/parish-wide-retreat>