



PARISH OF THE HOLY EUCHARIST

FEBRUARY 16, 2020

SIXTH SUNDAY OF ORDINARY TIME



ANOINTING OF THE SICK

Can You Let Go of a Grudge?

LEARN TO FORGIVE
AND GET ON WITH YOUR LIFE

FRANK DESIDERIO
POTHE LENTEN MISSION
MARCH 9TH-11TH, 2 SESSIONS
8:15AM SACRED HEART, 5:30PM HOLY MARTYRS



Father Frank Desiderio, C.S.P., was ordained a Catholic priest in 1983. He is currently on the Presidential Board of the Paulist Fathers. As President of Paulist Productions, he executive produced more than twenty-five hours of television documentaries and movies. Fr. Desiderio's credits include the ABC/Paramount movie "Judas" which aired on ABC Television in 2004. His last film, "The Big Question: A Film About Forgiveness" launched him into a new ministry of retreats on the theme of forgiveness and reconciliation. His latest parish mission topic is The Three Great Loves: Love of God, Love of Neighbor and Love of Self.



KNIGHTS OF COLUMBUS
COUNCIL #15791

Sunday, February 16th Coffee & Pastry Socials following Sunday Masses

Thursday, February 20th Admissions Degree at Holy Martyrs/7:00pm

BECOME A KNIGHT: For more information www.kofc.org/joinus

"We are Catholic men". We live by principles informed by Faith. We are sons, fathers, husbands, and grandfathers. Join us on life's greatest adventure to discover the man God calls you to be.

LIVE IN GOD'S LOVE



Several years ago I took a cruise through the Panama Canal. I was fascinated to see the series of locks in action. The ship would go into the lock and both ends would close. Water was added to allow the ship to enter a lake that was higher than the previous one, or water was taken out to allow the ship to cruise into a lower body of water. Ships of that size are fitted with watertight compartments. In the event of a hull breach, sections of the ship can be closed off to contain the rushing water and hopefully prevent the ship from sinking. Jesus' teaching in this week's Gospel is a kind of spiritual application of these principles. Jesus instructs us that if we wish to avoid grave sin, we often must block off lesser actions and attitudes to protect ourselves. We don't usually wake up and decide to commit murder or adultery. There is usually a period where we allow anger and lust to take over our lives. We find reasons to objectify a person to justify increased antagonism or interest. If we want to live a life of virtue, we often need to shut ourselves off from damaging relationships and poor thinking. When we shut ourselves off from prayer, good relationships, and the sacraments, we make it easier to descend into sin and bad judgement. Practically speaking, we need to be able to monitor our lives. Sometimes we need to close off our past and believe that God's mercy has forgiven us. Perhaps we need to shut down our concern for what the future may hold, so we can concentrate on the present and not live in fear. We need to surround ourselves with good friends and mentors and keep away from people who will bring us down. The more we prevent little sins from cascading into larger ones, the better chance we have to live in God's love. I invite all of us to consider what it will take to elevate our lives more to God, and to avoid sinking further from God. Look at what aspects in your life may need to be isolated and strengthened. Do not just be satisfied that you have avoided the big sins in life. Examine what may be churning under the surface so that those larger sins can always be avoided.

Given the fact that Deacon Dennis is working twenty hours a week now, and in an effort to be more available to the northern part of our parish, I am contemplating adding some office hours at St. Gregory's. This will allow me to meet with parishioners, coordinate visitations, etc. I am currently looking at possible times on Tuesdays or Wednesdays. I am open to suggestions as to whether a morning or afternoon period would be more effective. Please email me in the coming weeks to let me know, or to set something up.

– Father Phil



From February 26 through April 5, you're invited to join other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Maine Family Planning in Augusta, and also to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, contact: Judy Icenogle, 207-872-6558, ricejuice@twc.com. More details can be found on www.40daysforlife.com/augusta-maine.

SUN	MON	TUE	WED	THU	FRI	SAT
THIS WEEK AT HOME						

Sixth Sunday in Ordinary Time

Our Liturgical Color is GREEN
This week's theme: "MAKE PEACE"

Gospel of Matthew 5:17-37

Themes of this Sunday's Gospel:

The Law of Moses contains 613 laws. Some of these laws are "you-shall or you-shall-not" commands and are similar to the Ten Commandments. Some of these laws govern worship. A good many of the 613 laws are "what-if" laws that apply the Commandments to everyday life. In the Gospel, Jesus' New Law asks that while the people follow the laws, they especially follow his new Law of Love.

Family Prayer: Pray the Lord's Prayer together: "Our Father, who art in heaven..."

Family Gospel Conversations for Youth Faith Development:

Ages 3-4,5-6: Rules give children a way to know they belong. They experience rules by being members of a family or community that keep the same rules they do. Talk about family rules with your child. Share why the rules are important for everyone. Do these rules apply to the world too? Why does God give us the Ten Commandments?

Ages 7-8: with your guidance, your child has already learned to recognize good moral actions. Help your child learn God's Ten Commandments and how they help all to do what is right. Talk about how Jesus' teaching deepens the Commandments, and how the rules you have in your family help all of you make right decisions and care for one another.

Ages 9-11, 12-14: Discuss with your youth the similarity between the Ten Commandments and the rules every family needs to live by; are a family's rules so different from the rules of a healthy society? Why did God establish a moral code for humanity? Ask what difficult situations your youth has faced, when she/he chose to follow her/his conscience and the consequences when she/he did or did not. Talk about how you can apply Jesus' Law of Love to the arguments and conflicts your family might have. Take a few moments to ask one another's forgiveness for hurtful words or actions.

Family Action This Week: Share a Sign of Peace

- Select Adaptions from Pflaum

"Be holy, for I, the LORD your God, am holy."

Is your vocation to holiness to be lived out as a priest or in the consecrated life? Call Father Seamus Griesbach at (207) 773-6471 or write: seamus.griesbach@portlanddiocese.org.



YOUR PARISH-WIDE LENTEN SMALL GROUP FAITH SHARING BEGINS HERE!

Take the first step in carving out your Lenten sacrifice by journeying through Lent with a small group. We grow **tremendously** in our faith when we lean into what we don't know and have a hard time grasping. St. Augustine said, "If you believe what you like in the gospels, and reject what you don't like, it is not the gospel you believe, but yourself." This Lent we will follow the similar structure of our previous studies. Meeting as a group to read, reflect and discuss the upcoming Sunday passages for the 6 weeks of Lent.

LET'S REVIEW HOW TO SIGN UP:

1. The easiest way to sign up for a group is to go to our parish website and register at pothe.org/lentensmallgroups (This gives us an understanding of how much material we will need to print and will allow us to see if you are already part of a group. If you aren't part of a group, this gives us the information to place you in the right spot!)
2. Your group leader/facilitator will receive the materials your group needs. If you are unable to join a group this season there will be materials available for you at each of our churches.
3. If you don't have access to a computer, would like assistance in signing up or need more details of group meetings/locations please provide your full name, number, and email below and place it in the offertory basket and our faith formation team will be in touch to gather the necessary information to get you connected!
4. As small groups form, the meeting dates/times/locations will be updated on the website: pothe.org/lent2020. Call the office at 847-6890 if you need help accessing that information.

NAME: _____

PHONE #: _____

EMAIL: _____

The Parish of the Holy Eucharist is extremely grateful to our volunteers who so generously give their time and talent to the parish. In appreciation...

Please join us at our

Mardi Gras Volunteer Appreciation Reception

**Tuesday, February 25,
5 to 7 pm**

Holy Martyrs Hall, Falmouth

All parishioners are invited to attend!

Our Mardi Gras Volunteer celebration at Holy Martyrs (in honor of YOU!) will have catered entrees but if you have a special recipe/item that you LOVE to prepare & share (appetizers, salads, desserts) please let Kim Palli know kim.palli@portlanddiocese.org so that we can create a list of what folks are bringing.

POTHE NEWS & EVENTS

Lord - When Did We See You In Prison & Visit You? Prison Ministry Orientation, Saturday, March 7th

Bringing Our Lord in Word and Sacrament to women and men in prison is a most rewarding ministry. If you'd like to visit with Our Lord in the Windham prison one Saturday evening each month, attend the next orientation by the prison's volunteer coordinator on Saturday, March 7 at 9:30 am at the Oak Haven Training Facility (white building on High St., across from the prison entrance). A photo ID is required, and the training lasts less than 2 hours. To learn more about Prison Ministry, contact Deacon Frank Daggett at Francis. Daggett@portlanddiocese.org or Roger Lavigne at rlav@live.com.

St Vincent de Paul Ministry

Clothing needs throughout February are for MEN. Also, coats, hats, scarves, gloves are needed for both men & women. Please HELP our clients as best you can. Do not leave USED towels, rugs, bed linens, curtains, tablecloths in the St Vincent de Paul donation area. Threads of Hope in PORTLAND can take these donations. They are located at: 1041 Brighton Avenue, Portland, ME 04102, (207) 781-8555.

Help is always needed in the St Vincent de Paul Soup Kitchen. Please contact Evelyn Pierce about your interest in volunteering at the Soup Kitchen. Evelyn can be reached at: 447-1086.

Thank you for your donations!



Our St Gregory Sweethearts married for 62 & 52 years were acknowledged with flowers on World Marriage Day last weekend:

Left: John & Ann Cobb, married for 62 years (John not present in photo)

Right: Stanley & Caroline LeRoy, married for 52 1/2 years (but who is counting?)

Wishing you many, many more!!





Saturday, February 15 (World Day of Prayer for the Sick) No Faith Formation, Haiti Door Collection

7:00am SH That Man Is You!
 7:45am SH Rosary
 3:00pm HM,SH,SG Confessions
 3:25pm SG Rosary
 3:30pm HM Rosary

Sunday, February 16 (World Day of Prayer for the Sick) No Faith Formation, Haiti Door Collection

8:00am SJ Choir Practice
 8:30am SG Anointing of the Sick during Mass
 9:30am SJ Anointing of the Sick during Mass
 10:30am HM Anointing of the Sick during Mass
 11:00am SH Anointing of the Sick during Mass

Monday, February 17 (Parish Office Closed for President's Day, No Adoration)

6:30pm SH Boy Scouts Meeting

Tuesday, February 18

9:30am HM Centering Prayer (All are welcome!)
 10:30am HM Friends in Faith
 3:45pm SH Jubilate Schola Rehearsal

Wednesday, February 19

10:30am Mass at Bay Square, Yarmouth
 3:15pm SH Youth Schola Practice
 6:30pm SG Caring Community Meeting
 6:30pm SH Sacred Heart Adult Choir Practice
 7:00pm SG Choir Rehearsal
 7:00pm SH Together with Alzheimer's

Thursday, February 20

8:45am SH Coffee, Conversation & Christ
 11:00am HM Making Music Praying Twice
 5:30pm SH Pastoral Council Meeting
 6:30pm HM Lectio Divina
 7:00pm HM KOC First Degree

Friday, February 21

8:30am SG Adoration (until 12:00pm)

Saturday, February 22 (No Faith Formation)

7:00am SH That Man Is You!
 7:45am SH Rosary
 3:00pm HM,SH,SG Confessions
 3:25pm SG Rosary
 3:30pm HM Rosary

Sunday, February 23 (No Faith Formation)

8:00am SJ Choir Practice
 9:30am SJ Baptism: Ella Beatrice Shean
 11:30am HM Baptisms: Jolene Antonia Brown and Celina Antonia O'Donnell

Mass Schedule & Prayer Intentions

Saturday, February 15

8:15am SH Fr. M Louise Hamilton by Mr & Mrs James Keeley
 4:00pm HM Fr. K James A. McBrady by The McBrady Family
 4:00pm SH Fr. T Mary, Dan & Joseph Murphy by Elizabeth West
 4:00pm SG Fr. M Ronald Sullivan by His Wife, Suzanne

Sunday, February 16

8:00am SH Fr. T Jonathan D. Pierce & Sally W. Pierce by Anonymous
 8:30am HM Fr. D Philip B. Hatch by Lisa & Dan Hatch
 8:30am SG Fr. M Dot Kimball by The Boulos Family
 9:30am SJ Fr. T St of Thanksgiving by Latre Lawson
 10:30am HM Fr. K John F. & Murial C. McDonnell by Joseph & Marta McDonnell
 11:00am SH Fr. M Khanh Trieu by Dr. Jackie Nguyen
 5:30pm HM Fr. K Fran Downey by The Downey Family

Monday, February 17

7:30am HM Fr. T William McPhee III by Karen McPhee
 8:00am SG Fr. K Carol L & Richard Stark Sr. by Anonymous

Tuesday, February 18

8:15am SH Fr. T Lev Agren, Friends & Family of the Agren Family Anonymous

Wednesday, February 19

7:30am HM Fr. T Constance Mulherin by Ken & Anne Clark
 8:15am SH Fr. K Paul & Dorothy Hesse by Joe & Nikki Williams

Thursday, February 20

8:15am SH Fr. K Deceased Members of the Kent Family by Ellen Mora

Friday, February 21

7:30am HM Fr. T Deceased Members of the Walsh Family by Anonymous
 8:00am SG Fr. K Gary & Ed Kisielewski by Fran & Maggie Holnaider

Saturday, February 22

8:15am SH Fr. M Mr & Mrs Frederick Gleason by The McBrady Family
 4:00pm HM Fr. T Dr Terry Ward by Margaret Mayers
 4:00pm SH Fr. M Victor Levesque by Marian Clark
 4:00pm SG Fr. K Henry Tanguay by Lawrence & Janet Nowinski

Sunday, February 23

8:00am SH Fr. M Michael McCarthy by His Cousins, John & Leigh McCarthy
 8:30am HM Fr. T Angelina Puopolo by George & Peggy Spino
 8:30am SG Fr. D Peggy Tobin by Robert Grzymala
 9:30am SJ Fr. M Stephen Philomene & Kyriel Dorcas Lawson by Latre Lawson
 10:30am HM Fr. T Don Doane by Anita & Al Stivaletti
 11:00am SH Fr. K Daniel Ziegler by The Ziegler Family
 5:30pm HM Fr. T All Parishoners

PARISH INFORMATION

BULLETIN ITEMS FOR THE BULLETIN ARE DUE 10 DAYS PRIOR TO PUBLICATION. PLEASE SUBMIT INFORMATION TO: Kim.Palli@PORTLANDDIOCESE.ORG

WEBSITE: POTHE.ORG

WISHING TO REGISTER IN THE PARISH PLEASE CONTACT THE PARISH OFFICE OR FILL OUT THE FORM ON OUR WEBSITE

WISHING TO BECOME CATHOLIC PLEASE CONTACT THE PARISH OFFICE AND ASK FOR LIFELONG FAITH FORMATION

SACRAMENT OF THE ANNOINTING OF THE SICK AND PASTORAL CARE TO THE SICK AND HOMEBOUND PLEASE CALL THE PARISH OFFICE WITH THE NAME, CONDITION, ADDRESS, AND PHONE NUMBER OF THE PERSON WHO IS IN NEED

SACRAMENT OF BAPTISM FOR INFANTS PLEASE CONTACT DEACON DENNIS AS SOON AS YOU GIVE BIRTH TO YOUR CHILD

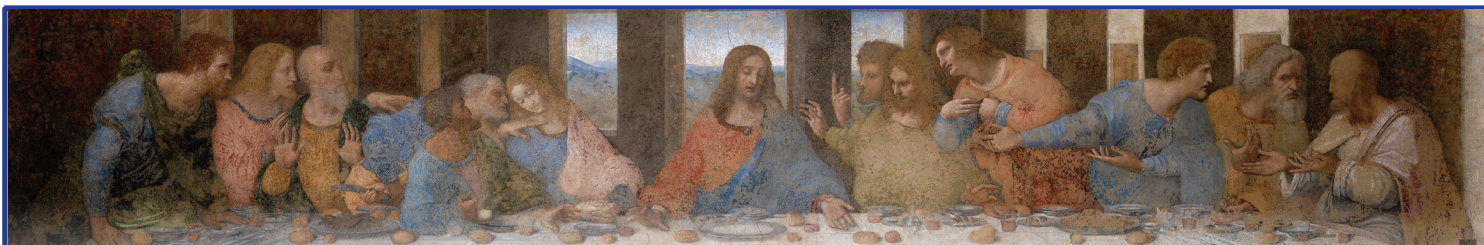
ADULT CONFIRMATION PLEASE CONTACT GEORGETTE IN THE LIFELONG FAITH FORMATION OFFICE

SACRAMENT OF MARRIAGE PLEASE CONTACT THE PARISH OFFICE AT LEAST 6 MONTHS IN ADVANCE OF THE DESIRED DATE OF YOUR WEDDING

SACRAMENT OF CONFESSION HELD EVERY SATURDAY IN HM, SH & SG AT 3:00PM OR AT ANY TIME BY APPOINTMENT WITH THE PRIEST

MASS INTENTIONS CALL THE PARISH OFFICE OR FILL OUT AN ENVELOPE FOUND IN THE NARTHEX

MAKING FUNERAL ARRANGEMENTS PLEASE CONTACT THE FUNERAL HOME, AND THEY WILL ASSIST YOU IN MAKING MAKING ARRANGEMENTS FOR THE CHURCH



We are the Parish of the Holy Eucharist, a Catholic Community called to discipleship, seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's word, and serving all in need.

Weekend Mass Schedule

Saturday Holy Martyrs, Sacred Heart, St. Gregory: 4:00pm

Sunday Holy Martyrs: 8:30am, 10:30am, 5:30pm

Sacred Heart: 8:00am, 11:00am

St. Gregory: 8:30am; St. Jude: 9:30am

Eucharistic Adoration

Mondays 8:00am - 8:00pm at Holy Martyrs

Fridays 8:00am - 12:00pm at St Gregory

Daily Mass Schedule

Holy Martyrs 7:30am Monday, Wednesday, Friday

St. Gregory 8:00am Monday, Friday

Sacred Heart 8:15am Tuesday, Wednesday, Thursday, Saturday

Weekly Rosary (on Saturdays)

7:45am-Sacred Heart; 3:25pm-St. Gregory; 3:30pm-Holy Martyrs

Confession (on Saturdays or by appointment)

3:00pm: Holy Martyrs, Sacred Heart, St. Gregory



Fr. Tracy
Pastor



Fr. Kaseta, OFM Cap
Parochial Vicar



Fr. Marquis
Parochial Vicar



Deacon
Dennis Popadak



Melissa Bagdon
Business Manager



Kim Palli
Communication Director



Georgette Dionne
Faith Formation Dir.



Kim Lovett
Faith Formation



Annie Iacono
Faith Formation



Jen Runge
Music Ministry Dir.

All staff may be reached by emailing: pothe@portlanddiocese.org or calling the parish office (207.847.6890).

Bulletin item submissions are due 10 days prior to publication. Submit items to kim.palli@portlanddiocese.org.

Holy Martyrs Masses & Adoration are streamed live to our website and Facebook Live. Watch Sunday Mass on TV Channel 1303 at 10am & 4pm.

Find us online: pothe.org & on Facebook, Twitter & Instagram.

Parish of the Holy Eucharist Offices (Hours - Monday-Friday, 9am-4pm), 266 Foreside Rd., Falmouth, ME, 04105, 207.847.6890

Holy Martyrs Church: 266 Foreside Rd., Falmouth

Sacred Heart Church: 326 Main St., Yarmouth

St. Gregory Church: 24 North Raymond Rd., Gray

St. Jude Church: 134 Main St., Freeport

APOSTOLATE OF PRAYER FOR PRIESTS OF THE PORTLAND DIOCESE

Saturday, 2/15 Rev. Kyle L Doustou & Msgr. Paul F Stefanko

Sunday, 2/16 Rev. Fredrick H Morse & Rev. Patrick E Agbodi SMA

Monday, 2/17 Rev. Prabu N Magimaldass HGN, A.N. & Rev. Donald Gagne SM

Tuesday, 2/18 Rev. Selvaraj Kasi HGN & V. Rev. Wilfred P Labbe

Wednesday, 2/19 Rev. Normand P Richard & Rev. Frank J Murray

Thursday, 2/20 Rev. Benedict O Faneye OP & Rev. John F O'Hara

Friday, 2/21 Rev. Robert D Lariviere & Rev. Dominic Savio HGN

Saturday, 2/22 Our Holy Father

Sunday, 2/23 Rev. John D Dickinson & Rev. Apolinary Kavishe AJ

Pray for those who are ill or recovering from surgery...

Roena Zink, Ellie Peters, John Lambert, Tom O'Connor, Mary Collins, Charlie Pinette, David Maurice, Liz Chandler, Dave Toulouse, Helen Roberge, Bonnie LaChance, John Flood, Maryhelen Rice, Gretchen Sayward, Michael & Timothy Rice, Joan Hatt, Barbara McManus, Esther Sedzia, Mike Gleason, Alisson Hincks

Pray for our seminarians... Matt Valles, Joshua Maloney, Liam Gallagher, Joseph Moreshead, Alex Boucher, Joshua Guillemette, Than Pham, Hoa Nguyen

Let us continue to keep in our healing prayers... Cindy, wife of Brother Steve Carrier, Cynthia, sister-in-law of Brother Chris Madden, Brother Paul Metevier, Father Ray Picard, Anne Theriault, sister-in-law of Brother George Spino, Laurene, wife of Brother Dennis Dempsey, Brother Mark Bastey, Michael A. Stone, brother-in-law of Brother Frank Lemanski, Brother Gerald Bose, Nancy, wife of Brother John Walkenford, Yvonne, wife of Brother Chuck Devine, Brother Gary Potvin, Kristine, wife of Brother Peter Rogers

POTHE WEEKLY OFFERTORY THROUGH JANUARY 31**

\$22,409.82

** weekly offertory fluctuates due to those who provide offertory on a monthly, quarterly or annual basis.

Thank you for your generosity!!